



betherocc.org/calendar

*Email: info@betherocc.org to sign-up (space is limited)

			*Email: info@betherocc.org to sign-up (space is limited)			
SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	Apr. 01	02	03
AA 2-3 pm Art Expression 4-6 pm Ladies Faith- Based Group 6-7:30 pm	Recovery Yoga 6 – 7:30 pm	12-Step class* Steps 8-10 5 – 6 pm	Grief Class 3 – 4 pm	Drawing Class 5 – 6 pm		All Recovery 4 – 5 pm
			Pound Aerobics Class 5 – 6 pm	All Recovery 7 – 8 pm		AA 8 – 9 pm
04	05	06	07	08	09	10
AA 2-3 pm Art Expression 4-6 pm Ladies Faith- Based Group 6-7:30 pm	Recovery Yoga 6 – 7:30 pm	12-Step class* Steps 8-10 5 – 6 pm	Grief Class 3 – 4 pm	Drawing Class 5 – 6 pm		All Recovery 4 – 5 pm
	7.00 p.m	·	Pound Aerobics Class 5 – 6 pm	All Recovery 7 – 8 pm		AA 8 – 9 pm
11	12	13	14	15	16	17
AA 2 – 3 pm Art Expression	Recovery Yoga 6 – 7:30 pm	12-Step class* Steps 8-10 5 – 6 pm	Grief Class 3 – 4 pm	Drawing Class 5 – 6 pm		All Recovery 4 – 5 pm
4 – 6 pm Ladies Faith- Based Group 6-7:30 pm	7.00 p.m	·	Pound Aerobics Class 5 – 6 pm	All Recovery 7 – 8 pm		AA 8 – 9 pm
18	19	20	21	22	23	24
AA 2-3 pm Art Expression 4-6 pm Ladies Faith- Based Group 6-7:30 pm	Recovery Yoga 6 – 7:30 pm	12-Step class* Steps 8-10 5 – 6 pm	Grief Class 3 – 4 pm	Drawing Class 5 – 6 pm		All Recovery 4 – 5 pm
			Pound Aerobics Class 5 – 6 pm	All Recovery 7 – 8 pm		AA 8 – 9 pm
25	26	27	28	29	30	May 01
AA 2-3 pm Art Expression 4-6 pm Ladies Faith- Based Group 6-7:30 pm	Recovery Yoga 6 – 7:30 pm	12-Step class* Steps 8-10 5 – 6 pm	Grief Class 3 – 4 pm	Drawing Class 5 – 6 pm	The ROCC Yard Sale @ American Legion	The ROCC Yard Sale @ American Legion
			Pound Aerobics Class 5 – 6 pm	All Recovery 7 – 8 pm		All Recovery 4 – 5 pm AA 8 – 9 pm