



Bishop Gallegos Maternity Home

Spring 2026 Newsletter

our website: www.bgmhsacramento.org

MAILING ADDRESS - P.O. BOX 221155, Sacramento, CA 95822

(916) 395-9370

Spring 2026

Letter from our President:

Dear Friends, Family, and Supporters of BGMH,

It's a beautiful spring day, and things are going well at the homes. We're helping mothers and babies thrive and strive every day with the resources and support you, as our donor community, have provided for us. Thank you all.

We have hired two new staff members: Kim and Allie, to assist with the day-to-day needs of our residents. They are working out wonderfully, and are great additions to our BGMH family.

Our annual fundraiser dinner is once again in the planning stages. It will be held on Sunday, September 13, 2026, and will be our sixth year at Armaan's Palace in Elk Grove. As always, the festivities start with cocktails at 5:00 p.m. Our early bird ticket prices are \$100 per person and \$1,000 for a table. Prices will increase 10% after August 1, so order your tickets early. More details to come. Please mark your calendars and spread the news to family and friends.

We are once again excited to be a part of Big Day of Giving, our region's largest philanthropic campaign, for the third time! The Big Day of Giving is May 7, 2026, but you don't have to wait until May to donate. Please consider donating any time starting today. (<https://www.bigdayofgiving.org/organization/Bishop-Gallegos-Maternity-Home>)

Thank you for all your support and prayers, and may God bless you,
Jim Rengstorff, President



Current Resident: Jessica

Five months ago, I was 5 months pregnant and living in my van. No job or income, stressed, uncomfortable, lost and not knowing what I was going to do. I had called every resource I was given and was on every waitlist I could be on, just waiting for a call back. Waiting for a miracle. Minutes turned into hours, to days, to weeks. Finally on a cold rainy day in November, I got into a warming center for the night at Hope Cooperative. I was scared, tired, hungry, and praying for a miracle. After lights-out a staff member noticed I wasn't sleeping and asked if I was ok. I told her I was pregnant and uncomfy. She went and got a spare cot for me to sleep on. The next day when they did my intake I was given a bed in the women's dorm. Finally, out of my van. I was there a few weeks until I was transferred to a different shelter where I remained for another week. There my case worker helped get me on the list for BGMH. Praying harder than I've ever prayed before for a call back from the maternity home. On day 7 I got the life changing call I was praying for from BGMH.

Tuesday morning, I went for my tour and to fill out the paperwork. They informed me I could move in the following day. I arrived at 10am exactly the next morning and some student nurses came out to help me bring my things in from my van. I moved into my new room. I didn't have many things. I unpacked my clothes and books, then I laid in the big comfy bed with my bible, thanking God for providing this blessing for me. For the first time in months, I didn't have to worry how I was going to use the bathroom or shower or wonder how I was going to eat a hot meal. I was warm, comfortable and SAFE. I could really relax. My mind and body felt safe and at peace.

During my pregnancy at BGMH they helped me get a routine and allowed me to do what I needed to do. Now that my twins are here, BGMH continues to support me with a safe space/home, help from wonderful caring staff and nursing students to help with care questions for my children and myself. They also help me maintain balance in my everyday life and support me to keep up daily tasks such as cleaning my room, laundry, showering, and cooking. I am so beyond grateful for BGMH and staff, for without this home and staff, I would be depressed, hopeless, and I wouldn't have my babies.

Today I am hopeful, grateful, blessed, safe, warm, and loved, all thanks to BGMH, their staff, and everyone who make it possible for women like me to pass through your doors. From the bottom of my heart, thank you so very much.

Jessica Mello & twins – Reagan & Rally



Letter from our Executive Director:

Dear Friends of BGMH,

Spring has sprung and we are so thankful! I ran across a quote recently, “Spring reminds us that no matter how long the Winter, renewal and growth are always possible.” What a beautiful and appropriate phrase for the season and our program at BGMH. One must acknowledge that Winter is necessary to experience Spring, and oh what a Winter it has been! Winter came early, as we lost several longtime supporters and our dedicated volunteer of over twenty years and Knight of Malta, **Andrew St. Mary**. Not only was he a fixture at our monthly Family & Friends Day, but he was always available to lend a hand on a project and to advise and/or mentor any of us in need. Because of Andrew’s gentle and joyful spirit, he is remembered fondly by both former residents and staff, and his memory and spirit will continue at BGMH in the playroom that was created and dedicated in his honor. This wonderful space is a place that our residents can visit with their older children to read stories, play pretend, do a craft, perform a puppet show, or even watch a movie away from the hustle and bustle of the other residents and babies. Like Andrew, this space has been a fantastic addition to our program.

Our winter got even darker in December when we lost our former Director and pro-life advocate, **Lenore Mullarkey**. I will never forget my first day shadowing Lenore at BGMH when she invited me to pray the Rosary with her. As many of you know, she was a lioness of the unborn, her children, grandchildren and the thousands of women and babies she welcomed through the door at BGMH. She will always be remembered as “Grandma” and while no one will ever be able to fill her shoes; everyone at Bishop Gallegos Maternity Home is dedicated to continuing the work, and we are blessed that she is now one of our program’s **Guardian Angels**. In honor of Lenore and her dedication to our Blessed Mother and devotion to the Rosary, we have designed a Marian Garden. We relocated the rose tree Lenore planted in honor of her mother when she passed so that it is to the left of Mary, and the rose tree we selected for Lenore stands to Mary’s right. We are all awaiting with great anticipation to see Lenore’s Memorial Marian Garden in full bloom and will share a photo in the next newsletter.

Our homes have also physically struggled this winter (once again). We had two major roof leaks in two of the three houses that needed immediate attention and upon inspection for the repair of one roof we found out that the third house’s roof will not last another season. So that is a major upcoming expense for our program. We are confident that the Lord will provide because a shelter isn’t a shelter without a roof.

We completed another improvement to our homes this winter, a new security gate. Many of you may be unaware of the numerous incidents over the last couple years that were increasing in frequency to warrant such a change. One morning the office doormat was saturated with urine, staff encountered a woman bathing (fully naked) with the garden hose in the parking lot, a man asleep (coming down from something) at the office door, and a resident was assaulted by her former boyfriend (just to recall a few). I know this addition for those generous folks who drop by with donations is inconvenient. We have installed a doorbell and camera at the pedestrian gate to help detect arrivals. As a reminder, our staff are few and we are serving a 24/hour a day, 7/day a week program. We have a large campus, and we provide residents with transportation to appointments. I encourage donors to call to set up a drop-off time, so that we can be certain that staff is available to help unload and provide you with a receipt. We thank you for your patience, understanding, and cooperation in keeping our staff and residents safe.

For our residents, many have endured life’s long winter for years and for some most of their lives. I pray through your continued support, BGMH can be their Spring. A place of renewal, refreshment, blossoming and growth. In the past few months, we welcomed many babies including TWO SETS OF TWINS, celebrated birthdays, a new driver (helping someone learn to drive is both frightening and joyful), and phlebotomy certification!

Our goal at BGMH is not just to help during a vulnerable moment in a mother’s life, but to provide her with the time she needs to make that moment a catalyst to generational change. I cannot thank you enough for your continued prayers and support. Without your donations Bishop Gallegos Maternity Home could not be the spring for these mothers so that they can break the cycles of their long desperate Winters and enjoy the warmth and fruits of Summer in their lives and in the lives of their children.



I pray the Lord bless each of you
and your loved ones!
Light, love, and blessings,
Paulette Wyllie

(Celebrating,
a new driver on the road)

(Reagan,
Rally’s twin sister.)





**Bishop Gallegos Maternity Home
Board of Directors**

- President Jim Rengstorff
- Vice President Lane Mayberry
- Secretary Deacon Dan Patterson
- Treasurer Diane Alexander
- Member Kathy Baxter
- Member Kevin Riley (*Temp Leave*)
- Member Cathi Fisher
- Spiritual Director Fr. Lawrence Kithinji
- Director Paulette Wyllie

P.O. Box 221155 • Sacramento, CA 95822
(916) 395-9370

Bishop Gallegos Maternity Home's
 * 2025* Baby Scoreboard - 9 boys / 5 Girls = 14
 * 2026* Baby Scoreboard So Far - 3 Boys, 2 Girls

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Boys	2	1	0									
Girls	1	1	0									

Girls 2 Boys 3

Spring 2026 Memorials ~ Thanks for your Support!

In Memory of:

Charles H. Cuny by Linda Cuny • Terri Jennings Ellis by Pete & Becky Jennings • Beverly B. Deary by Sam & Billee J. Kanelos • Barbara Monroe by Denise Yoshikawa, Keith & Cathy Yarbrough, Eleanor Ford, Guadalupe Ramirez, Dan C. Wong, Maria & Craig Miglas • Betty Opichka by Dan Opichka Soledad Voss by Maria Eugenia & Jay Cosper • Virginia V. Miller by Margaret R. Reilly
 Sgt. Brian E. Dunlap by Dorothy Telles • Baby Sanders by Jackie Sanders • Ronald Bernard McCoy by Janet B. McCoy • Lena Bordisso by Sam & Billie J. Kanelos • Bob & Jean Brine by Beth & Sam Tatge • Marilyn Bernard McCall by William F. McCall • Jane Kong by Ronald Kong • Deacon Jim and Joan Healy by Brian T. O'Hearn • Devota Gilles by Gregg Gilles • Father Patrick Lee by Paula Belen • Lenore Marie Mullarkey by Maris J. Will, Carol Schoner • In Memory of Mother's death by Joyce Pope Frederick J. Puzio by Roberta Puzio • Patrick Gerald Piacentini by Rose Piacentini • Karen Juten by Christopher Juten • John Payne by Effie Payne • Jean Neff, Mattie Hart, Lorraine Bowler by W.B. Bowler • Jeff Boyle by Joseph A. Ignoffo • Robert A. Shadley Jr. by Mary Shadley • Ray Wilderma, Janeen Yelchak by Gene Wilderman • Richard White by Susan F. Ambrose • Andrew St. Mary by James & Christine Hine, William & Christine Avritt, David & Ginette Holtz Ito, Wayne & Lynn Kurahara, Brian & Doreen Lear, Ronald Lee, Jack & Judith McDonald, Ruby & Thomas Okamoto, Gloria E. Reese, Cameron & Maureen Robertson, Levy J. St. Mary, John & Sonia Vilorio, JS Yoshikawa, Fernando & Teresinha Silva; John & Alberta Rocha; Joe Rocha & Josephine Rocha; Joe, Mary & Thomas Silveira; Frank & Isabel Azevedo; Augusto, Ana & Wayne Azevedo; Manuel, Mary, Phil & Dennis Azevedo • Lourdes Avila & Gloria Avila by Craig & Germana Suderman • Steve Tholcke, Father Art Wehr, S.J., Valeria Taylor •

In Honor Of:

Father Dan Madigan by Bruce & Joan Barber • Roberta Puzio by Laura Puzio Lofgren • Steve Farwell by Father Dan Madigan • Steve Huhn by James Huhn • Baby McKee by Sharon Whiteley • Duarte M. Silva, Craig & Germana Suderman, Fred Silva, Anne Silva & Clara Silva, Albertina Silva Costa & Family, Germain A. Rocha by Craig & Germana Suderman

57th Wedding Anniversary Wishes to John & Rosalie Atilano by John A. Atilano

BIRTHDAY WISHES

Marcella Ritchie by Mr. & Mrs. William Geary • Gina LaPalm and Christina LaPalm by Grant Thomas
 Father Dan Madigan by Eileen Sapnaro

SPECIAL PRAYERS FOR:

Bishop William K. Weigand, Darlene Skou, Bessie Arena, Jimmy & Aimee DeCarlo, Daniel Pskowski, Richard DeCuir, Jim and Laura Boyle, Louis & Aleyda Salvatore, Maureen Daley, The Bardin Family, Alisa Papotto, Gina Goveas, Hands of Our Lady group, Mary Negrete, Golden Quilt Guild, Mike & Caren Corgiet, Shaun Kelish at Bogle Vineyards, Joyce Swartz, Helen Parra, Michael Vasquez, St. Ignatius Parish - Quilting for a Cause

Thank you to:

Kaiser Roseville Labor & Delivery, Hear Your Story & Judith Husted for sponsoring at BGMH!

We are very appreciative of those who have made donations to BGMH in the memory of, or in honor of a loved one. This is a special way of remembering someone significant to you, while helping young mothers choose life for their babies.



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P.O. Box 221155 Sacramento, CA 95822

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HOW YOU CAN HELP... PUT YOUR GIFT TO WORK IN VARIOUS WAYS!



CASH OR CREDIT CARD welcomed

MATCHING GIFTS: If your employer matches gifts, please enclose a "Matching Gift Form" with your donation.

UNITED WAY DONATIONS: Earmark your donation for BGMH by calling "United Way": 916-368-3000. Our Code # is 29694. You can do this at any time.

NAME YOUR DAY: It costs \$900.00 per day to operate BGMH. By donating \$900.00 yearly or \$75 monthly, we will name a day of your choice, for you or anyone, honoring an anniversary, birthday, memorial or other special occasion.

ESTATE PLANNING: For gifts of securities, stocks, bonds or real estate, please call: 916-395-9370.

BECOME A PLEDGER: To become a monthly or quarterly pledger, please complete the coupon to the right or via the website – www.bgmhsacramento.org.

BE A VOLUNTEER: We always need volunteers for mentoring, transportation to and from medical appointments, and help around the home, office or yard.

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● **Become a Pledger for** ●

● *Bishop Gallegos Maternity Home* ●

● If you want to become a monthly or ●

● quarterly Donor, please fill out this coupon ●

● & return it in the attached envelope with ●

● your first pledge check. ●

● **I/We pledge: _____ monthly.** ●

● **I/We pledge: _____ quarterly.** ●

● Those who pledge, will be sent ●

● a supply of envelopes. Thank you. ●

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