# DIFFERENT APPROACH SOBER LIVING

REMOVING BARRIERS
AND CHANGING
LIVES

DIFFERENT APPROACH SOBER LIVING

### **Organization Mission:**

At Different Approach Sober Living, our mission is to provide a safe, supportive, and structured environment where individuals in recovery can rebuild their lives with dignity and purpose. We are committed to fostering personal growth, accountability, and a strong foundation for long-term sobriety. Through community, compassion, and a tailored approach to recovery, we empower residents to develop the life skills, resilience, and

confidence needed to transition into independent, substance-free living using a Different Approach.

## **Mission Description:**

Through personalized case planning, peer mentoring, and strategic partnerships with entrepreneurs, service providers, and community organizations, we equip our residents with the resources they need to rebuild their lives. From credit recovery assistance and vital document acquisition to job training, transportation, and access to independent housing, we ensure that every individual has the tools to transition successfully into a stable and fulfilling future.

At Different Approach, we use case planning to eliminate barriers that stand in the way of our clients' success. Common challenges include housing, transportation, employment, and debt. By providing a safe, sober living environment where clients can connect with others facing similar struggles, we foster accountability and support their journey toward becoming law-abiding, self-sufficient individuals.

To address transportation needs, we have several vehicles and plan to hire a transportation specialist as soon as possible. In the meantime, our program director has been assisting clients by providing rides to essential appointments. Additionally, we've supplied bus passes to several individuals and guided them in navigating the public transit system.

Employment is another key focus. Through partnerships with local businesses, we've helped many clients secure stable jobs. We also collaborate with a credit recovery manager who has assisted clients in improving their credit, enabling them to rent or even purchase homes. Furthermore, we provide support in navigating the court system, particularly with child support and other legal matters that may hinder their progress. Our holistic approach ensures that clients have the tools, resources, and support they need to build a stable, successful future.

One of the most powerful ways to inspire lasting change is by modeling positive behavior. Through peer mentoring, we don't just tell our clients how different their lives can be—we show them. With a Program Director who has lived experience, clients witness firsthand the transformative power of hard work and dedication, reinforcing that a better future is within their reach.

At Different Approach, our mission is to uplift every individual who walks through our doors. We strive to help them become the best version of themselves by providing guidance, support, and encouragement. We recognize that life after incarceration can feel overwhelming, but through mentorship and reassurance, we help our clients develop the mindset and skills needed to navigate life's challenges with confidence. No one has to face this journey alone—we walk beside them every step of the way.

### **Overview:**

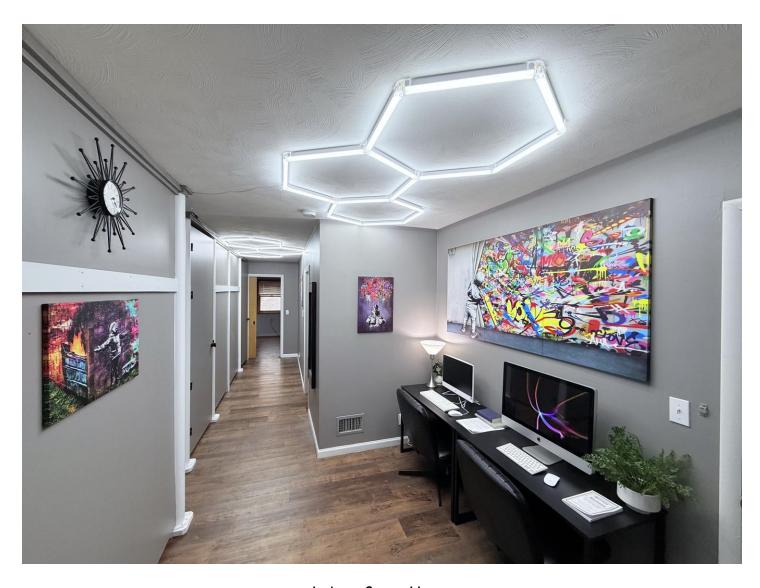
Our program addresses financial barriers by providing safe, affordable housing, helping clients establish a rental history that will support future housing opportunities. For clients on parole, stable housing makes it easier to comply with the conditions of their supervision, further contributing to their success. Different Approach does not discriminate based on the crimes individuals have committed and offers two houses specifically dedicated to clients who have committed sexual offenses.

Different Approach's service delivery method begins while the client is still incarcerated. Clients work closely with their Re-entry Officers to determine whether Different Approach is the right fit for their needs. Our target population consists of individuals who are assessed as high-risk during their time in the institution, however we are willing to work with the entire incarcerated population.

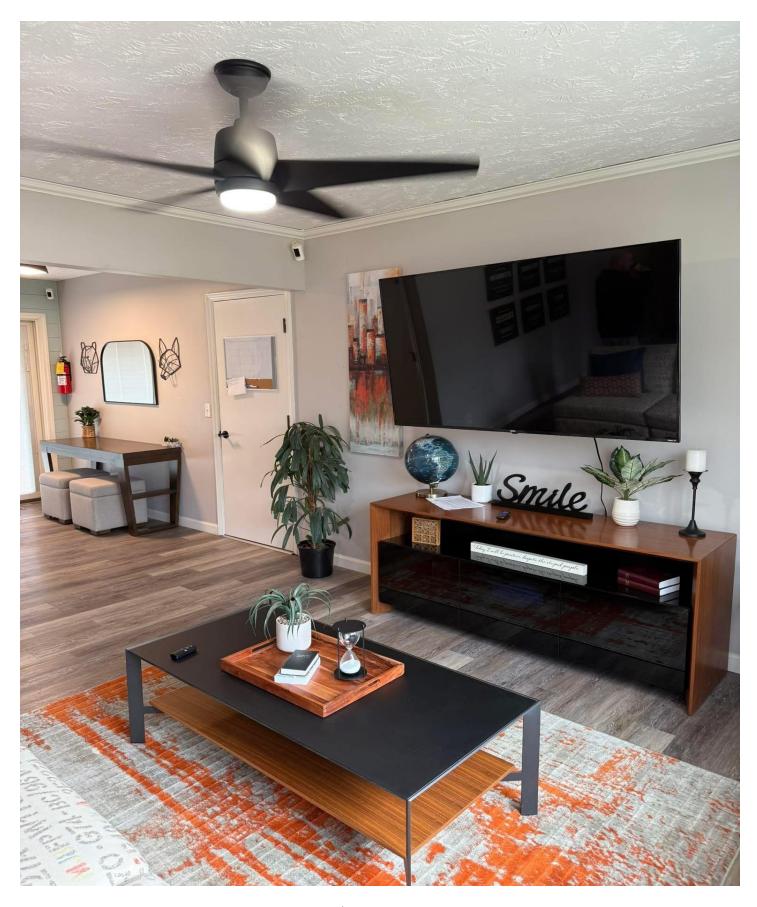
Several Different Approach houses are conveniently located within two to three miles of the Omaha Parole Office, making it easier for clients to attend their appointments and required programming. All Different Approach houses are located very close to the Metro Area Transit bus routes.

Current Different Approach house locations:

- I. South 29th Street Location
- 2. Jackson Street Location
- 3. North 77th Street Location
- 4. South 52nd Street Location
- 5. Chicago Street Location
- 6. Marcy Street Location
- 7. South 21st Street Location
- 8. North 48th Street Location
- 9. Frederick Street Location
- 10. Hascall Street Location
- 11. North 43rd Street Location
- 12. 60th Street Location
- 13. 41st Street Location
- 14. Lafayette Ave Location
- 15. Lafayette Ave Location
- 16. Grant Street Location
- 17. NW Radial Hwy Location



Jackson Street House



77<sup>th</sup> Street House

### **Expectations:**

All Different Approach residents are required to attend weekly house meetings and submit to Urinalysis at the discretion of Different Approach staff. Residents are asked to complete chores in order to maintain cleanliness of the home. Residents are expected to abide by all household rules and curfew. It is the expectation that all clients will obtain employment, remain substance free and maintain respectful and appropriate behaviors at all times. Different Approach Sober Living has a zero tolerance policy for the use of drugs, alcohol or any other mind-altering substance and use of the same will result in immediate termination. Leadership has the right to access personal areas and conduct searches to ensure compliance with house rules. Clients are responsible for managing their financial obligations, including timely payment of fees associated with living in the facility. Rental assistance can be available on a case-by-case basis, however it is the clients responsibility to maintain financial obligations until such assistance can be accessed. As a client of Different Approach Sober Living, you will be required to agree to the rules set forth as above.

### **Assistance:**

Our strongest partnership is with the Metropolitan Community College 180 Re-entry Assistance Program (180 RAP), which offers a range of valuable services to our clients. These services include digital literacy courses, financial literacy courses, rental assistance, resume building, employment counseling, education options, tools, hygiene, and clothing.

In addition to 180 RAP, we've built solid relationships with several other organizations in and around the Omaha area. Some of our key partners include Nissan of Omaha, RISE, Rosso Realty, BMO Bank, Community Alliance, Valley Hope (O'Neill, NE), Project Reset, Together Inc., Inroads to Recovery, Omaha LADC providers, local artists, local upholstery apprenticeships and many more. Through these partnerships, we've been able to help clients with credit recovery, debt reduction, purchasing vehicles and homes, financial literacy, budgeting, and opening bank accounts.

Beyond financial and employment support, we also collaborate with organizations that provide substance abuse treatment and mental and physical health services to ensure our clients receive well-rounded care throughout their journey.

There are several perks to choosing Different Approach Sober Living as your home after incarceration. At Different Approach, we believe you should **WANT** to spend time at home. That's why every client has their own fully furnished bedroom equipped with a bed, bedding, dresser and TV. All of our homes are fully furnished and move in ready. Some of the perks we offer are credit repair/recovery, access to gym memberships, online booking for services like; transportation, job seeking, reentry services, one on one mentoring and more.

### **Next steps:**

Once a client completes a digital referral, they can schedule a telephone interview with either the Program Director or Assistant Program Director. If accepted into the program, the client is entered into our software called Sobriety Hub, as an incoming client. Upon release from incarceration, the client contacts Different Approach and is directed to meet at our Jackson Street location for their orientation.

During the orientation, clients identify two short-term goals and outline action steps to achieve them. Following the orientation, they are assigned to a house that best suits their needs. Clients are then taken to 180 RAP to access a variety of re-entry services. This includes signing up for resume building, job readiness programs, and any educational courses they're interested in, such as CDL preparation, Forklift Training, Construction Academy, OSHA Training and Culinary Training.

After enrolling in courses at 180 RAP, Different Approach staff take the time to understand each client's unique needs and goals. We recognize that every client faces different challenges, and we work to help them overcome those barriers to ensure their success.

Thanks to our staff's extensive knowledge of community resources, we can guide clients to the right services and support to address any obstacles they may face. Clients can schedule transportation and peer support through the Different Approach website, and staff collaborate with Parole Officers to create a tailored transition plan, helping each client successfully move into their next home.

### **Becoming Independent:**

Different Approach Sober Living offers a unique and structured approach to transitional housing. Our program is designed around different housing levels, each tailored to meet the specific needs of our clients. These houses are labeled A, B, C, and D, with each level representing a stage in the client's journey toward stability and independence.

For instance, an A House is designated for clients coming directly from incarceration who face the highest level of need and barriers to success. These clients often require more intensive support. At the A House, staff members are more involved, offering greater accountability and assistance in securing employment, clothing, driver's licenses, and vehicles. A House clients also undergo weekly random drug testing and participate in mandatory house meetings. The expectation is that clients will stay in an A House for approximately 45 days, after which they are expected to have obtained employment, maintained sobriety, and achieved a level of stability that will allow them to transition to a B House.

The B House is a step down, housing 5-6 clients, with biweekly drug testing and slightly less staff supervision. Clients in B Houses typically stay for around 60-90 days as they continue to work on their goals. Upon completing this phase, clients move to a C House, where there are around 4-5 clients and monthly drug testing. C Houses provide more flexibility, allowing clients to stay longer as they focus on long-term goals and next steps.

The final stage is the D House, which offers either an apartment or townhome on a self-pay basis. This phase provides clients an opportunity to build rental history in preparation for eventually renting or purchasing their own property. The duration of stay in a D House typically ranges from six months to a year, depending on the client's individual progress.

This structured, tiered approach ensures that each client receives the right level of support at the right time, helping them build the foundation for lasting success and independence.

# Find out more at www.differentapproachomaha.org