

NIAGARA FALLS COMMUNITY SERVICES

Information Niagara - 905-356-4636

www.informationniagara.com

Community Info Directory - 211

Directory for municipal, provincial and federal services.

Project Share - 905-357-5121

4129 Stanley Ave. NF Unit #2.

Service responsible for getting non-perishable food and other support to families in need.

Community Kitchen - 905-354-1640

4865 St. Lawrence Ave. near Morrison.

Soup kitchen with hot and ready meals

Out of the Cold - 905-371-3763

4865 St. Lawrence Ave near Morrison

Overnight Shelter, including hot meal and breakfast.

Only open Nov. – Mar. April – Oct. Call 905-354-6893

Meals on Wheels - 905-356-7548.

For a fee, delivery of hot or frozen meals.

Y.W.C.A. - 905-357-9191 6135 Culp St.

Short term housing for Women and Children.

Housing Emergency Link Program -

905-682-1854 (Niagara Region)

Assists individuals and families who are homeless or at risk of becoming homeless find or maintain housing.

Nova House Women's Shelter - 905-356-5800

905-356-3933 (administration office)

24 hour crisis line (collect calls accepted)

Boys and Girls Club Nightlife Emergency Youth

Centre. - 905-358-3678

5207 Victoria Ave. near McRae.

Family and Children Services – Children's Aid

905-937-7731 8158 Lundy's Lane

Canadian Mental Health Association (CMHA)

905-641-5222 905-354-4576

Walk-ins – Wednesday afternoons 12:00 – 6:00 pm

Contact Niagara - 905-684-3407

Help with local resources for children with emotional/behavioral issues

Niagara Regional Public Health

905-688-2854 Ext. 7353

Provides help for anxiety issues, trauma etc

Pathstone Mental Health

905-688-6850 Crisis (24hrs.) 1-800-263-4944

Various mental health services for children up to 18 years.

Child Advocacy Centre for Abused Children

905-937-5435

Addictions – (CASON) 905-684-1183

60 James St. St. Catharines

Walk in service 3 mornings per week

Gambling Support 905-682-6411 Ext 63849
(24 hrs.) or 905-684-1859

Family Mental Health Support Network

905-894-6808

For people with mentally ill relatives

Niagara Victim Crisis Support

905-682-2626

For victims of tragedy or crime

Design for a New Tomorrow

905-684-1223 Ext. 1

Adults in abusive relationships

Mental Health Helpline

1-866-531-2600

Kids Helpline

1-800-668-6868

Credit Counselling 905-684-9401

Graycliff Manor - 905-354-5542

Assisted Living Facility

Women's Place Shelter

905-684-8331 905-704-4556

24 hr crisis line, call collect

Niagara Celebration Church

310 Scott St. 905-646-5310

Provides food pantry and special services for children & youth

YWCA – 905-988-3528

183 King St. St. Catharines

Short term housing for Women & Children

Salvation Army Booth Ctr - 905-684-7813

184 Church St. St. Catharines

Overnight shelter for adult men, also meals to anyone in need.