



SEASONAL IMMUNE PROTECTION WITH THESE KEY SUPPLEMENTS*

Did You Know? An allergy is an immune system response to substances in the environment, and weather changes can affect it.

Since many allergy medications can cause side effects such as drowsiness or dry mucous membranes, people with allergies sometimes consider using alternative solutions like dietary supplements.

VITAMIN C



Vitamin C is a potent antioxidant that may support the immune system. Vitamin C may promote balanced histamine levels, and protects our cells from the excessive inflammation that occurs with allergies.*

VITAMIN D

Vitamin D plays a crucial role in regulating the immune system. It may potentially support seasonal immune function through a variety of mechanisms including effects on immune cells, inflammation response, respiratory health, and lung function.*



NAC



NAC is a natural amino acid derivative that supports detoxification and may help to break down and thin out mucus so the body can expel it more easily. May support lung and respiratory health.*

FISH OIL

EPA and DHA, the omega-3 fatty acids found in fish oil, may be considered to have potential benefits for allergies due to their inflammation response properties in the body.*



TURMERIC



Turmeric is a spice that may support seasonal allergy symptoms because it contains curcumin, which may support inflammation response.*

ZINC

Zinc deficiency may contribute to allergies. Zinc has inflammation response properties and may support the seasonal immune function.*



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.