



Did You Know? Deficiencies in certain vitamins and minerals can affect your immune system.

GET YOUR SEASONAL IMMUNE PROTECTION WITH THESE KEY SUPPLEMENTS\*

### **VITAMIN C**



Vitamin C is a potent antioxidant that may support the immune system. It may help protect and support respiratory health, immune cell functions, and inflammation response.\*

### **VITAMIN D**

Vitamin D plays a crucial role in regulating the immune system. It may potentially support seasonal immune function through a variety of mechanisms including effects on immune cells, inflammation response, respiratory health, and lung function.\*



#### **ZINC**



Zinc is an important mineral that may support immune cell development and function. Zinc has inflammation response properties and may support the seasonal immune function.\*

### **MAGNESIUM**

Magnesium may play a crucial role in immune health, acting as a cofactor for various immune functions, including immunoglobulin production, T-cell function, inflammation response, and oxidative stress.\*



## **MULTIVITAMIN**



Obtaining adequate amounts of vitamins and minerals is important to maintain overall good health and a strong immune system. With a multivitamin you get everything you need in one pill.\*

# **VITAMIN B-12**

Vitamin B12 may offer critical immune system support. It is integral to red blood cell production, ensuring the immune system gets the oxygen it needs.\*



\*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.