

Dear Fit For Her Family,

As many of you have already heard, Governor Stitt has announced that gyms will be able to open back up on May 1, 2020. This is great news!

How we will be required to implement this has not been completely worked out. I am sure all of us, members and staff, will play a vital role in implementing the re-opening of Fit For Her!

We have been given some guidelines as it relates to social distancing and sanitizing and we will, of course, strive to go above and beyond to meet whatever standard is required of us.

Our number one concern is your safety, health, and wellbeing.

We will be providing you with updates as quickly as we have them.

Please continue to monitor our Facebook Page, Instagram, and website for future updates.

As always, we appreciate your patience and loyalty and look forward to seeing all of you very soon.

