



It is with great sadness, as a result of Governor Stitt's Executive Order regarding COVID-19, we, unfortunately and temporarily, are required to close Fit For Her, effective 3/25/2020 at close of business. We are aware of the essential role this facility has in many of your lives, and we will re-open as soon as possible. Please watch our social media for updates, workouts, and communication relating to our status. We will be back soon!

-Jason and Adana Gittelman,  
Owners of Fit For Her!