

Dear Fit For Her Family,

Phase 3 begins June 1, 2020. All services will continue with the following modifications:

- We ask our members to sanitize equipment before and after usage, with the provided hospital grade virucide/sanitizer.
- Masks are not required but are recommended per CDC guidelines.
- If you are feeling ill, or feel as though you have been exposed to COVID-19, please refrain from utilizing the facility,
- No appointments are required to access the Fit For Her facilities, first or second floor. (Usage of the second floor is during non-class times only. Please remember there is cardio equipment in this space as well.)
- All classes have resumed, per our regular schedule, as posted on the Fit For Her website. We will, however, continue utilizing the scheduling platform for classes, allowing us to limit class sizes. You will find a link to this on our social media platforms, and our website. Sign-ups will be available 24 hours in advance. Class sizes will be limited to **22** participants for the time being. In the short term, please only utilize 1 class per day and members only, for classes. The exception to this is you may sign up for more than one class or as a guest within one hour of the desired class time. This will allow us to evaluate class sizes and provide you with the highest level of service. Classes will be **50 min.** in length in order to egress participants and allowing time to clean between classes. Please do not come into the studio more than five minutes prior to your scheduled class time and until the previous class has exited.

We are trying hard to create an environment that respects all our members concerns while still providing the high level of customer service and care you all deserve and have come to expect.

We appreciate everyone's help in making this work. Thank you once again for your patience and understanding.

~Your Fit For Her Team~