Dear Fit For Her Family,

As a result of the Owasso City Council action today, 03/20/2020, we are required to limit access to Fit For Her Facilities. We want to behave in the spirit of what our leaders are trying to accomplish with these restrictions and will cooperate in a fashion above and beyond what is asked of us.

For the time being, to access the facility you will need to make an appointment via the link provided on the website and on our social media. Please only choose one time slot per day. We will only allow 8 members at any given time slot. Unfortunately, we will have to restrict this to our office hours only, 10:00 am - 8:00 pm Monday-Friday and 10:00 am - 3:00 pm Saturday. This is to maintain our strict cleaning standards, to protect you, our loyal members. We ask you all to please help us keep our doors open, by following the above guidelines. We are working hard to maintain some level of access for you, and we are grateful for the opportunity to do so!

Access privileges are only for members. No guests or day passes will be allowed in order to serve our loyal members, as best we can.

~J&A~