

With each new year, we have a great chance for a new beginning. This year is exciting for us in many ways. Our temporary chapel is quickly becoming a reality. We are so thankful to all of you who helped in any way to bring this new chapter to life. It is great to see the progress and look forward to the future.

I'm also eagerly anticipating our new retreats this year, especially Looking Good, Feeling Good. The title of the retreat may bring images of pride or vanity, but this retreat will explore how we can live life to the full. I am so grateful for God's blessing of health. I was in a rut of negative thinking, believing my healthiest days were behind me. I had lost hope, thinking I would only get more out of shape, sicker, and have less energy as I got older. God opened the door to reverse many of the illnesses that were keeping me from doing his will, from being joyful and living the life God intended for me, and he showed me that I was to be his living testament of health. When we look good and feel good, we can be that example of his joy and his life. As he promises us in Psalms 92:14-15:

"Planted in the house of the LORD, they shall flourish in the courts of our God.

They shall bear fruit even in old age, they will stay fresh and green"

Maybe, like me, you have already started seeing your doctor more than your family. Maybe you don't even know why you can't resist things you know are harm-



ful to your health. You can feel like you're in a downward spiral, and you can't even imagine being able to come to this retreat. Don't let Satan scare you away. I was overweight, over-stressed, and addicted to sugar and sweets. I was plagued with fatigue, head-

aches, acid reflux, and arthritis from inflammation in my joints. I was always sick or tired, or both. I was a chronic dieter, and it felt overwhelming and like I would never overcome, but God has delivered me and shown me keys to healing.

I do little things each day to care for my body and soul (God's temple), and let God be my constant companion on this journey. Now I feel great, I accomplish more and do it with the joy, passion, and freedom that God intended us to live with every day. It's your birthright to have this, and I hope you'll join with me as we take up our spiritual hammers and begin your restoration. Begin your journey, one day at a time, and join me in this retreat January 25-27. Hope to see you then!



December construction progress included the addition of the roof on the Louis Constancio Life Center.



Looking across the interior which will include conference room, rest rooms, and kitchen.

AFM Ministries
LOUIS LIFE CENTER RAFFLE 
Prize • 1979 FIREBIRD PONTIAC
VALUE APPROX. \$30,000
MAY 5, 2019 DRAWING AT NOON
MACHO MAN RETREAT
SHALLOWATER, TEXAS
\$100.00 PER TICKET
Drawing AT RETREAT • Winner Need Not Be Present

Maximum of 600 tickets will be sold.

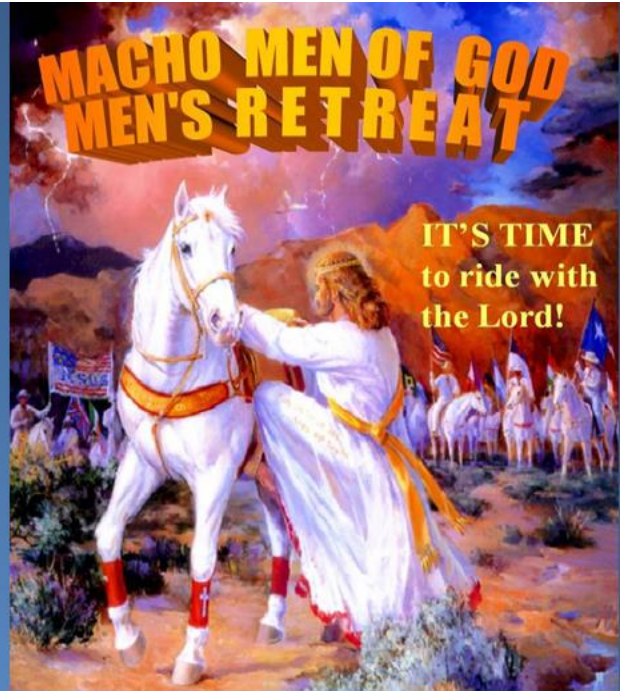
Tickets may be purchased by stopping by the ministry or by calling Kathy Gloria at 806-445-1440 or by calling Howard Huntzinger at 806-831-3176. or Howard Huntzinger



87th Men's Retreat

February 8-10, 2019

- How to walk as a man of God
- Why prayers are not answered
- You and your family being set free of fear
- Understanding the plan God has for my life
 - What Pleases God
 - Becoming a Son of Mercy!
 - Overcoming Addictions



**Join us
For a weekend
that will
change your life!**

Women of Power Retreat

February 22-24, 2019

Possible Topics Include:

- How Wonderfully God Created Women for His Purpose
- How Does Jesus Want Us to Act?
- When You Are Lined Up with Jesus, Peace of Jesus Comes
- How is the Peace of Jesus Different from the Peace of the World
- Exchanging a Mean Spirit for the Medicine of Mercy

For while your obedience is known to all, so that I rejoice over you, I want you to be wise as to what is good, and simple as to what is evil; then the God of peace will quickly crush Satan under your feet.

Romans 16:19-20



Featured Speakers Include:



Mary Constancio



Jessica Mendez



Brenda Garcia



Corina Constancio



Carolyn Huntzinger



Kathy Gloria

Looking Good, Feeling Good Retreat January 25-27, 2019

For a long time I felt desperate every time I tried to lose weight. I wanted so much to look and feel better. I tried and tried, being strict with myself, with exercising, but exercise was no use, all the time feeling so angry and guilty that it wasn't working. The methods that worked in the past no longer helped. I had cried out to the Lord, because I was so frustrated I was ready to give up and die with my obesity. And every day my health got worse along with my weight.

Maybe you can relate. My back hurt. Sometimes I couldn't bend or walk because of the pain. I had severe headaches, where the pain was so intense, I vomited. I had difficulty walking, and I had lost hope of again feeling good again. At night I had trouble sleeping due to acid reflux, so I'd often sit up until the wee hours of the morning, getting a late start the next day because I needed to sleep. I was tired all the time. I was more and more limited with my physical abilities every day, and, of course, my fatigue kept me from spiritual growth, too. All this started interfering with my ability to serve in the ministry, so I needed help. That was just me.

My husband's diabetes was out of control. Even with medication, his blood sugar levels were like a roller coaster trip: Sometimes his glucose level was so high that he was irritable and jittery, and then crashed to low levels that were scary, with his blurred eyesight and his body off balance. We both took prescription drugs to relieve our symptoms, but that didn't help the cause. And then the door opened to healing. Thank you, Lord!

Come hear how I lost 65 pounds and my husband and I reduced or totally eliminated our medications. We both feel great and are so thankful. We have found a new grace to control the illnesses that tried to kill us, and I have a deep desire to help others claim this healing, too.

If you are tired and frustrated with chronic pain, inflammation, headaches, diabetes, high blood pressure, or any number of chronic illnesses, you've got to hear the good news, you, too, can receive this grace. Start 2019 with Hope!



Before New Way of Eating



After 65 lbs. weight loss

The cost of this retreat is \$200.00 per person. Pay by January 20 and receive \$25 discount!



The Louis Constancio Life Center

Much progress has been made on the new annex. The pictures show the siding (the skin) of the building going on.

The current schedule will have both the siding and the roof completed by the end of December. Go to the website to see more pictures and building floor plan.

www.flameofmercy.com/new-center



Mercy of the Holy Trinity Retreat



"Come and learn what this means: 'I desire mercy and not sacrifice,' for I did not come to call the righteous, but sinners." Mt 9:13

- Come receive the love of God the Father!
- Come receive the healing of God the Son!
- Come receive the empowerment of God the Holy Spirit!

February 26-28, 2019

Join us as we honor the Holy Family, Father, Son, Spirit, and our Blessed Mother

This retreat starts on a Tuesday and ends on a Thursday.

The Ambassadors' Retreat Schedule - 2019

Register today online:

www.flameofmercy.com,
or call Carolyn @ 806.773.5147

Full Registration Early Registration

☀	Resurrection of the Self Image Retreat	January 12-14, 2019	<input type="checkbox"/> \$175.00	<input type="checkbox"/> \$150.00
Pay in full by Jan. 7 and the Registration fee is only \$150.00 (save \$25.00)				
☀	Looking Good, Feeling Good Retreat	January 25-27, 2019	<input type="checkbox"/> \$200.00	<input type="checkbox"/> \$175.00
Pay in full by Jan. 21 and the Registration fee is only \$175.00 (save \$25.00)				
☀	Macho Man of God Retreat	February 8-10, 2018	<input type="checkbox"/> \$175.00	<input type="checkbox"/> \$150.00
Pay in full by Feb. 4 and the Registration fee is only \$150.00 (save \$25.00)				
☀	Women of Power Retreat	February 22-24, 2019	<input type="checkbox"/> \$175.00	<input type="checkbox"/> \$150.00
Pay in full by February 18 and the Registration fee is only \$150.00 (save \$25.00)				
☀	Mercy of the Holy Trinity Retreat	February 26-28, 2019	<input type="checkbox"/> \$175.00	<input type="checkbox"/> \$150.00
Pay in full by February 22 and the Registration fee is only \$150.00 (save \$25.00)				

The Ambassadors of the Flame of Mercy

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Weekday Hours

10:00 a.m. – 5:00 p.m. CDT

Phone: 806-832-4243 or 806-773-5147

Website: www.flameofmercy.com

