

The Paper Trail

By: Carolyn Huntzinger

A friend of mine told me, "Getting older is like coming to the end of a roll of toilet paper. The older you get, the faster it rolls." And it really does. My youngest brother died recently, which prompted me to take stock of my life, too. He was a kind, thoughtful man, and he had the great grace as he faced Alzheimer's to connect with his family before his memory was gone. He made sure we had a chance to say goodbye to him while his mental faculties still allowed closure. Wow! He was brave.



As Lent is upon us, let's take stock of our lives in Christ and bravely look to what change is needed. If, as in scripture, you look at life as a race, how are you doing? As in 1 Cor. 9:24 says, *"Do you not know that the runners in the stadium all run in the race, but only one wins the prize? Run so as to win."*

Do you feel as though you are a winner in your life? If not, what is blocking you from living your life with joy and freedom?

A change in my life that has brought great energy and hope is in my health. It's like reinventing myself. As God has given me the grace of discipline in this area, it has increased my ability and drive to do His will. I had forgotten how great it feels to feel good. This is also true in the life of the spirit. The more we can reject worldly burdens like pride, unforgiveness, and fear, God can renew our lives with joy. Being bogged down by depression, hopelessness, and guilt overshadows His joy for us and it becomes a new normal to be sad. Don't let Satan keep you under his thumb by sucking all the life out of you. Let God reinvent you, the real you He created. Using the spiritual muscles of prayer, discipline, and grace, we can get back in the running to true joy.

I'm challenging you, brothers and sisters, to fast from unforgiveness this Lenten season. Forgive and live your life to the fullest. Let go of the boulder on your shoulder and let God deal with whoever has hurt you, even yourself. He alone

knows the heart and will justly work out their salvation. For your part, fill your lamp with the oil of forgiveness, one drop at a time. Beg for the grace to be able to forgive. As our Mother encourages us in this private meditation, *"Think today of who owes you by hurting you. Give them to me. Forgive as though your life depended on it, because it does. I desire that you may be the truest example of my mercy. Hold no one back from me. Treat each child of mine as though I am loving through you. Desire more to love than to be loved. The eyes of mercy see beyond judgment, beyond condemnation, beyond your eyes of selfishness, beyond your eyes of self-reliance. I wish that you would decide today to be disciples of mercy. Hold not back love or forgiveness."*

Maybe you're having trouble with knowing how to forgive, or even wanting to forgive. Come to our retreat on the 13th of this month, Healing Physically and Spiritually through the Power of the Holy Spirit. You'll leave with a new heart.

Maybe your marriage feels like a ball and chain instead of a love-boat. Come to our Marriage Retreat the 27th of this month. You'd be surprised at what God can do when you give him your heart and your time to retreat from the world and receive His love.

What would it feel like to wake up as our nighttime prayer says, *"that we may awake refreshed and joyful ready to do the will of God,"* instead of facing another day with problems like mountains we just can't climb alone.

Don't wait till the toilet paper falls off the roll. Ask the Lord for grace and desire to live in joy and to share His light and love again. May He renew your heart, and rejoice over you, saying: *'Well done, my good and faithful servant. Since you were faithful in small matters, I will give you great responsibilities. Come, share your master's joy.'* Mathew 12:23

Private Retreats

AS INSTRUMENTS OF THE HOLY SPIRIT, WE ARE CALLED TO PROVIDE A SAFE HAVEN, AS IN THE WOMB OF THE BLESSED MOTHER, FOR THE HOLY SPIRIT TO HEAL, FORM, AND TRANSFORM GOD'S CHILDREN WITH HIS LOVE, TRUTH, AND POWER. AT THE AMBASSADORS OF THE FLAME OF MERCY, WITH GOD'S GRACE, WE USE THE GIFTS OF THE HOLY SPIRIT TO BRING SPIRITUAL GROWTH AND PHYSICAL AND EMOTIONAL WELL-BEING.

Call to arrange your own individual retreat with us. We'll pray for you and with you for your specific needs. Come just for the day or stay as long as a week. We're ready to soak you in God's healing love. Call the office to make arrangements at 806-832-4243.

HEALING THROUGH the POWER (Physical & Spiritual) of the HOLY SPIRIT RETREAT March 13-15, 2020



**Register by March 9 and save! \$25 discount
for Early Registration and Groups of 10 or
more**

Possible Topics:

- *Get out of Depression and Into the Joy of the Spirit*
- *Rest in the Spirit and Let God's Love Pour Over You*
- *Be Renewed & Transformed by the Healing Power of the Word*
- *Be Set Free from Your Chains of Guilt & Rejection*

...how God anointed Jesus of Nazareth with the holy Spirit and power. He went about doing good and healing all those oppressed by the devil, for God was with him. Acts 10:38

INVEST IN YOUR FUTURE!

Retreat Topics Include:

Communication: Is your spouse getting angry when you communicate?

Intimacy: Has romance left your marriage and bitterness set in?

Forgiveness: Do you have a hard time forgiving your spouse because you think things won't change?

Prayer: Do you want to know why your prayers are not being answered?

Interference: Are people, jobs, in-laws or other things interfering in your marriage?

Children: Are your children controlling your marriage?

Role models: Have you had no model to base your marriage?

Ex-Spouses: Are situations with your ex-spouses, child support, children from a previous relationship affecting your marriage? Do you feel your spouse loves ex-spouse's children more than yours?
...and many more topics!



THE MARRIAGE RETREAT March 27-29, 2020



*The cost of this retreat is \$325.00 per Couple
Register by March 23 and Registration is \$300.00*

Ambassadors of the Flame of Mercy Ministries

ONE DAY HEALING RETREAT
April 4, 2020 10 am - 5 pm



Henry
Constancio



Mary
Constancio



Ralph
Mendez



Jessica
Mendez



Howard
Huntzinger



Brenda
Garcia

Where:
895 Hardy St.
Houston, Texas

- Learn about the obstacles to healing.
- How to keep your healing.
- How to operate in the faith God has given you.

Resurrection of the Self-Image Retreat

**You are a unique,
one-of-a-kind,
masterpiece, child
of the Most High
Living God. Come
into the fullness of
what God has
planned for you!**



"I have seen persons come to a retreat broken, hurt, lost or confused. But when it's time to go home at the end of the retreat, you see the transformation in them that you know in some way God touched their hearts to get closer to Him and/or received some kind of healing - physical or spiritual. Highly recommend this place!" Nina Torres August 31, 2018 (from Facebook)



Register Today and Save!
April 17-19, 2020

Practical teachings on healing, forgiveness, mercy, family, and understanding the love of God!

The Ambassadors

Louis Life Center Entering into Next Phase of Construction

It is amazing when you look below at the photos of the new Louis Life Center, and over the past three years, this facility has been built primarily by two dedicated men: Isidore Martinez and Manuel Constancio. This 7,300 square foot building will hold the new conference center, which can hold 120 persons, contains a new chapel, office, and gift shop.

As of the end of February, the welding of the main building structure has been completed, and inside the building, the framing of the restrooms, kitchen, and conference room has begun. During the month of March, work will move to the completion of the building siding, and internally we will start wiring for the electrical, sound, and building lights.

The Ambassadors are hoping to hold its first retreat in the building on the weekend of September 4, 2020, which will be the Macho Men of God Retreat. Your financial support is needed to meet this goal. And as always, keep us in your prayers



March 2018



September 2019



February 2020

Building Frame Complete!



Restrooms Framing up!

2020 RETREAT SCHEDULE

- **Healing thru the Holy Spirit Retreat**
March 13-15, 2020
- **Marriage Retreat**
March 27-29, 2020
- **Houston Mission**
April 4, 2020 details to be announced
- **Resurrection of the Self Image Retreat**
April 17-29, 2020
- **Macho Men of God Retreat**
May 1-3, 2020
- **Women of Power Retreat**
May 15-17, 2020
- **Celebration of the Feast of the Assumption**
August 14-15, 2020 (No charge to attend)
- **Macho Men of God Retreat**
September 4-6, 2020 (Labor Day Weekend)
- **Women of Power Retreat**
September 18-20, 2020

Retreat Registration Fee: \$175.00

Register today online: www.flameofmercy.com, Email: Admin@flameofmercy.com,
or call the office at 806-832-4243

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P.O. Box 1707
6927 Hwy 84
Shallowater, Texas 79363

Phone: 806-832-4243
Email: Admin@flameofmercy.com
Website: www.flameofmercy.com

