

Expectation Fixation part 2

Last month I talked about the expectation fixation and how this keeps us in disappointment. The Lord has continued to help me see where my expectations have stolen my joy and not allowed me to love others according to His holy will. In the message of "Disciples of Mercy" Mama tells us that as a Disciple of Mercy we become lovers of the soul where we see all and still choose mercy. As most of you know, mercy is love and forgiveness in action. The problem is that my definition of love does not always match up with God's definition of love. Unfortunately, when I try to love my way there is lots of control and manipulation that goes into it because I expect that person to love me back according to my definition. The problem with that is that God knows what kind of love I need. Therefore when I control and manipulate or "train" others to love me my way, the healing and fulfillment that God wants to bring through that person is then bound up and cannot come forth.



During our last retreat, God gave me the shocking revelation of my "control issues". I was so shocked that my entire world seemed upside down. I didn't even know who I am in the Lord because I realized that many of the actions that I did were to control my surroundings so that I could feel loved. I wanted to keep my husband close to me always and not allow him to be free because of a deep rooted fear that he would not love me on his own terms. I felt that I had to place boundaries for him in order to make sure

that he would love me. What I didn't realize is that in doing this, I was not allowing him to love me the way that God

called him to love me. The result was that I was fixated on what I *felt* he should be doing and not on what God was *actually doing through him*. Because I was so focused on what I wanted and expected, I could not be grateful for who God has made him to be.

Reflect on this wonderful meditation of Mary Constancio from our Blessed Mother:

Lack of joy causes ungratefulness. Being ungrateful only sees what you do not have and expects the world to give you what you need: this is a total lie of Satan to distract you from seeing God's plan for your life is much more than you could ever, ever give yourself!

When your life is in God's hands, only expect the most perfect of gifts for your life, for your soul.

Embrace today every good thing in your life, even if it seems to your eyes to be disappointing and painful.

My children, how I wish that you would open your hearts to receive the joy for your journey with us.

Have you found yourself in this situation? I pray that you would consider joining us on one of our weekly zoom meetings or at one of the upcoming retreats so that God can bring healing to your heart and help you to be fixated on His love for you rather than your expectations of others.

Thank you for taking time to read these words, I pray that they bless you and help you to grow in your awareness of God's unending love for you. Until our eyes meet again, may the Blessed Mother cover you in her mantle and reveal all the expectations that are keeping you and those around you in bondage.

Article by Jessica Mendez

HEALING (Physical & Spiritual) THROUGH the POWER of the HOLY SPIRIT RETREAT

December 4-6,
2020

For Both Men and Women

Possible Topics:

- *Get out of Depression and Into the Joy of the Holy Spirit*
- *Rest in the Holy Spirit and Let God's Love Pour Over You*
- *Be Renewed & Transformed by the Healing Power of the Word*
- *Be Set Free from Your Chains of Guilt & Rejection by the Power of the Holy Spirit*



... how God anointed Jesus of Nazareth with the holy Spirit and power. He went about doing good and healing all those oppressed by the devil, for God was with him. Acts 10: 38

Testimony!

Our recent Self Image Retreat was a great blessing, at least for me. We learned how many ways we can sabotage our own image by our fears, our past hurts, and our walls we build to order to defend our behaviors. Learning to love yourself, who God created, and how he sees you can bring such peace in your life, but we have to uncover our old ways of thinking and acting to truly live in this image. Remember, he sees you as you can be, as he made you to be. Put on the eyes of mercy for yourself and look in the mirror to see his loving eyes looking back at you.



Here is a testimony from our friend in Fort Worth, Mayela Muñoz. May it bring you and yours healing, and encourage you to know how much God loves you!!

“Have you ever wondered why God made you or how he made you? Well, I have! I always wondered why he made me. When I thought I knew it all, I was wrong. That is why I thank God today for all that I went through and still am, because had I not gone through it, I would not be writing this testimony. Also, I thank God for AFM Ministries, because what I now know I learned through this ministry: God’s true love and mercy and his powerful word.

I thought of his true love and why he made me.

God made me because he loves me!
He made me with so much love!

God made me to love him above all!

He made me in his image!

God made me to love the way he loves me.

I want you to know that he loves you, too!! Very much!

And writing this letter makes me cry!! Because of his true love for me, for you, and why he made us.

But how to love him the way he loves us, and how to love others the way he loves us? Well, I had to learn to love myself first, because loving myself (his image) is loving him, too. I had to also forgive myself. I realized that most of not loving myself had to do with unforgiveness of myself.

The roots that I carried from my childhood affected me much in the way I loved and treated others. And in the midst of that love, I hurt my husband, children, family members, friends, and people who have yet to make me aware that I hurt them...but most importantly, God!!

Does this mean I wouldn’t hurt anymore? No. By no means, because everyday is a battle when you choose to live in righteousness with God.

But I now choose to love willingly because to love God is to forgive endlessly and love unconditionally...for Jesus says in his

word: *“So faith, hope, love remain, these three; but the greatest of these is love.”!!*
1 Corinthians 13:13”



Update!

Progress continues both inside and out of the new Louis Life Center.

Lighting for interior and exterior of the building is being installed and operational!

Pictures from top:

- 1.Exterior Security Lighting Louis Life Center;
- 2.Interior lighting at West side of Center



The Holy Spirit is CALLING YOU TO The 93rd Macho Men of God Retreat

November 6-8, 2020

- ACCEPTING THE PURPOSE FOR WHO GOD CREATED ME TO BE AS A MAN
- THE KNOWLEDGE OF HOW TO BRING HEALING TO YOUR FAMILY AND TO YOU
- THE KNOWLEDGE OF HOW TO OVERCOME DEPRESSION AND PHYSICAL SICKNESS
- THE KNOWLEDGE OF HOW TO REMOVE BITTERNESS IN YOU AND YOUR FAMILY
- CONQUERING ADDICTIONS OF ALL KINDS WITH THE HOLY SPIRIT
- EXPERIENCE THE LIFE-CHANGING EMPOWERMENT OF THE HOLY SPIRIT



*Join us
For a weekend
that will
change your life!*



**PLEASE NOTE:
DUE TO COVID 19, RETREAT SPACE IS LIMITED!
NO WALK-INS!
REGISTRATION PAYMENT IN ADVANCE IS REQUIRED!**

Women of Power Retreat *A Precious Instrument of God*

November 20-22, 2020



Possible Topics Include:

- Knowledge of How to Be God's Instrument
- Knowledge of How to Increase Your Faith
- The Power of a Grateful Attitude
- Receiving the Empowerment to Bring Healing to You and to Your Family
- Receiving the Empowerment to Break Satan's Strongholds in You and Your Family
- Being Set Free from the Spirit of Grief

**Featured
Speakers
Include:**



Mary
Constancio



Jessica
Mendez



Brenda
Garcia



Corina
Constancio



Carolyn
Huntzinger



Kathy
Gloria

STAY CONNECTED WITH US ON SOCIAL MEDIA



Keeping connected is a great way to share God's encouraging Word without leaving home. Post this schedule on your fridge to keep our Zoom meetings on your calendar!

The web link and password to

Zoom meetings will be available on the day of the meeting at flameofmercy.com by clicking on the Video Teachings tab at the top. YouTube videos may be accessed on YouTube.com by searching for Ambassadors of the Flame of Mercy. When you subscribe to our YouTube channel, you'll be notified of future live videos. We would love to see you there! Our weekly schedule is:

Sundays 6 pm CST

School of Mary: English: (hosted by Mary Constancio)

Tuesdays 10 am CST: (A different host and subject alternates every other week)

Spanish Bible Teaching: (hosted by Jessica Mendez) – every other week

School of Mary Spanish: (hosted by Mary Constancio) – every other week

1st and 3rd Thursday of each Month 7:30 pm CST

Women's Spanish Sharing Group 7:30 pm CST: (hosted by Kathy Gloria)

Fridays 8:30 pm CST

Living Faith and Mercy: English/Spanish: (hosted by Henry Constancio)

2nd & 4th Saturdays 7:30 pm CST

Spanish Couples Sharing Group: (hosted by Kathy Gloria)

Please remember we are only a phone call away. Call Carolyn @ 806-773-5147, or Kathy Gloria for those who prefer speaking in Spanish @ 806-445-1440.



2020 RETREAT SCHEDULE

A NOTE ABOUT OUR NEXT SCHEDULED RETREATS:

DUE TO COVID 19, RETREAT SPACE IS LIMITED! NO WALK-INS! REGISTRATION PAYMENT IN ADVANCE IS REQUIRED!

NEXT SCHEDULED RETREATS:

- **Macho Men of God Retreat**
November 6-8, 2020
- **Women of Power Retreat**
November 20-22, 2020
- **Healing thru the Power of the Holy Spirit**
December 4-6, 2020

Retreat Registration Fee: \$195.00, early registration \$175.00

Register online: www.flameofmercy.com

Email: Admin@flameofmercy.com,
or call the office at 806-832-4243

PRAYER TO WALK IN MERCY **DAILY**

Blessed Mother, Queen of Mercy, remind me every day of your grace of mercy: knowing and seeing all about my brothers or sisters, their good and their faults and to still be able to choose mercy. My beloved mother you have said you are only a prayer and thought away: take me into your arms when you see my thoughts going astray and give the grace to flee temptation, gossip, or to judge immediately. Please mother I want to do what God wants of me. Amen. *Prayer by Mary Constancio*

Ambassadors of the Flame of Mercy Ministries



The Ambassadors of the Flame of Mercy is a 501© (3) non-profit, tax-exempt Christian organization
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