

HOLY FAMILY PRAYERS

A Daily Prayer Book

3RD EDITION

Howard A. Huntzinger Jr.

Refection on cf. Wisdom 6:12-16

Resplendent and unfading is Jesus, and he is readily perceived by those who love him and found by those who seek him. He hastens to make himself known in anticipation of their desire; Whoever watches for him at dawn shall not be disappointed, for they shall find him sitting by his gate. For taking thought of Jesus is the perfection of prudence, and whoever for his sake keeps vigil shall quickly be free from care; because he makes his own rounds, seeking those worthy of him, and graciously appears to them in the ways, and meets them with all solicitude.

That God May Enlighten You

“I wish to bless all reading this today to receive extra grace to take the light into the darkness.”

“I have come to bring you the light. I have come that you may believe that this light has brought the Word, which is a lamp unto your feet, a light, a way of your life. My children, the Everlasting Light will bring to light all the darkness in your life. There is so much darkness in this world, my beloveds, but you who will open your hearts and souls and minds - that God - may enlighten you to see and understand beyond your understanding into the hearts of men: not that you may judge, but that you may pray.”

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May I receive the indulgences that come with these prayers to remove the effects of my sins and to heal the effects of my sins to those around me so that I may walk in deeper holiness and work in unity. I would also ask to apply these indulgences to the souls in purgatory. Amen.

“LORD, ...all that I have
accomplished you have done for me.”
Isaiah 26:12

Morning Prayer

Thank you, Father, for safely taking us through the dark of night into the light of this morning. Father, as we face this new day, we ask that all I do bring us closer to You. May all our actions, words, thoughts, and deeds of this day be pure and filled with Your love and mercy. Help us use the graces, blessings, resources, skills, and talents, all the treasures you have given us to your glory and honor.

Dear Father, send us today those you want us to touch, those who need your words to be spoken to them today. Speak through us and use us this day for Your glory and honor.

Dear Father, send your holy angels to help us follow the path you have laid out before us, that together your holy angels may work in unity, by the power of the Holy Spirit, to glorify you and honor you. May your holy angels enlighten us, guard us, guide us, and rule us. Give them the authority to protect me, my family, and my extended family today. And, dear Father, when we stumble and fall on our journey today, may your holy angels gently lift us up and place us back on the path to you. Let us live this day in the fullness of your call to be ambassadors of mercy to all of God's people. May we live this day as though this is our last day, and if, dear Father, you call us home today, may we be prepared to meet You joyfully face to face. Amen.

Prayer for the Intercession of **Saint Joseph**

To you, O blessed Joseph, do I come in my tribulation, and having implored the help of your most holy spouse, I confidently invoke your patronage also.

Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, I humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid me in my necessities. O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from me and my family every contagion of error and corrupting influence; O our most mighty protector, be kind to us and from heaven assist us in our struggle with the power of darkness.

As once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may be able to live piously, to die in holiness, and to obtain eternal happiness in heaven. Amen.

Saint Joseph, pray for us.

Saint Joseph,
Patriarch of Laborers

O Glorious St. Joseph, model of all those who are devoted to labor, obtain for me the grace to work in the spirit of penance in expiation of my many sins; to work conscientiously, putting the call of duty above my many sins; to work with thankfulness and joy, considering it an honor to employ and develop, by means of labor, the gifts, and treasures received from God; to work with order, peace, prudence, and patience, never surrendering to weariness or difficulties; to work, above all, with purity of intention, and with detachment from self, having always death before my eyes and the account which I must render of time lost, of talents wasted, of good omitted, of vain complacency in success so fatal to the work of God. All for Jesus, all for Mary, all after your example, O Patriarch Joseph. Such shall be my motto in life and death. Amen.

Litany of Saint Joseph

Lord, have mercy,
Christ, have mercy,
Lord, have mercy,
Christ, hear us,
Christ, graciously hear us,

God the Father in heaven,	have mercy on us.
God the Son, Redeemer of the world,	have mercy
on us.	
God the Holy Spirit,	have mercy on us.
Holy Trinity, one God,	have mercy on us

Holy Mary,	pray for us.
Saint Joseph,	pray for us.
Illustrious son of David,	pray for us.
Light of Patriarchs,	pray for us.
Spouse of the Mother of God,	pray for us.
Guardian of the Redeemer,	pray for us.
Pure Guardian of the Virgin,	pray for us.
Provider for the Son of God,	pray for us.
Zealous defender of Christ,	pray for us.
Servant of Christ,	pray for us.
Minister of Salvation,	pray for us.
Head of the Holy Family,	pray for us.
Joseph, most just,	pray for us.
Joseph, most chaste,	pray for us.
Joseph, most prudent,	pray for us.
Joseph, most brave,	pray for us.
Joseph, most obedient,	pray for us.

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Joseph, most loyal,	pray for us.
Mirror of patience,	pray for us.
Lover of poverty,	pray for us.
Model for workers,	pray for us.
Glory of family life,	pray for us.
Guardian of virgins,	pray for us.
Cornerstone of families,	pray for us.
Support in difficulties,	pray for us.
Comfort of the sorrowing,	pray for us.
Hope of the sick,	pray for us.
Patron of exiles,	pray for us.
Patron of the afflicted,	pray for us.
Patron of the poor,	pray for us.
Patron of the dying,	pray for us.
Patron of those who ask your help,	pray for us.
Terror of demons,	pray for us.
Protector of the Holy Church,	pray for us.
Lamb of God, you take away the sins of the world, spare us, O Lord.	
Lamb of God, you take away the sins of the world, hear us, O Lord.	
Lamb of God, you take away the sins of the world, have mercy on us.	

God made him master of his house,
and ruler of all his possessions.

Let us pray, O God, who in your inexpressible providence were pleased to choose Saint Joseph as spouse of your most holy mother, grant, we pray, that we, who revere him as our protector and patron on earth, may be worthy of his heavenly intercession. Who live and reign for ever and ever. Amen.

Saint Joseph - help me surrender all.

Saint Joseph, come and help me surrender all that holds me back from reaching the Kingdom of God, all that keeps me from serving God with my whole heart. Help me surrender my total being to Jesus. Help me trade my will for God's will. Help me surrender my knowledge for the wisdom of God. I raise this prayer in the Name of Jesus Our Lord.

A Total Surrender of Will

Jesus, annihilate my will and replace it with your Holy Spirit.

Invitation to the Holy Spirit

Divine Breath of Life, fill me to the extent that I will never be the same.

Prayer of Surrender

Today, Father in heaven, my Father, I surrender my total being: my soul, my strengths, and all my will to the omnipotent creator. To you all of me I give, all of who I am and all of whom you want me to be, all my strength and all my weaknesses, everything that I can see, and all that I can't. All control I think I have I give over to you my Lord, that all my desires be yours Father, for I know now that all you want for me is more than I could ever want for myself and all of my family. As I surrender everything, now the Almighty can take care of it better than my hand in it. Thank you, my Father, for wanting me as your child.

MANTLE Prayer

Mother of Mercy,

Arm of strength and gentleness,

Net of salvation,

Tears of joy and sorrow,

Love of God,

Eradicate and erase the power of darkness.

Sirach Prayer

Bless-ed Mother, my mother, bless me, a son of the Handmaid, by the power of the Holy Spirit. Apply the rod of discipline to my mind, ward off the unholy passion of my heart and place an effective seal over my lips that I may not fail by them, lest my failings increase, and my sins be multiplied; lest I succumb to my foes, and my enemies rejoice over me. Teach me how to use the graces, blessings, resources, skills, talents, and treasures given to me by God so that I may glorify and honor the LORD, God and Father, the Master of my life. I pray all of this through Jesus Christ, my Lord. Amen.

The Memo are-ree

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided.

Inspired by this confidence, I fly unto you, O Virgin of virgins, my mother; to you do I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Angelus

The Angel of the Lord declared to Mary:
And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners. Send forth the grace of your flame of love to all mankind, now and in the hour of our death. Amen.

Behold the handmaid of the Lord:
Be it done unto me according to Thy word.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners. Send forth the grace of your flame of love to all mankind, now and in the hour of our death. Amen.

And the Word was made Flesh:
And dwelt among us.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners. Send forth the grace of your flame of love to all mankind, now and in the hour of our death. Amen.

Pray for us, O Holy Mother of God:
that we may be made worthy of the promises of
Christ.

Let us pray: Pour forth, we beseech Thee, O Lord, thy

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grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.

Prayer for Mercy

Holy Father, you who art in heaven, be merciful to us, your servants, who are also sons and daughters of all that is promised to those who keep your commandments. Be merciful to those who do not.

I pray thee that, through our petitions and prayers, your love may shine over all of those for whom I pray, that our petitions may be made worthy by your son, Jesus' blood and covenant with us.

I pray for this through the most Sacred Hearts of Jesus and with our mother, Mary Most Holy. Amen.

Pardon Prayer

My God, I believe, I adore, I hope, and I love you! I beg pardon for those who do not believe, do not adore, do not hope and do not love you. Amen.

Angel's Prayer from Fatima

O Most Holy Trinity, Father, Son, and Holy Spirit, I adore you profoundly. I offer you the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.

Daily Prayer of intercession

Almighty Father, creator of heaven and earth, creator of all, we plead now for an outpouring of the grace for the desire to follow you to do your will. Pour out your Holy Spirit of love that your beloved ones would want more, thus seeking you and the source of where to be filled. We call on all the warriors of God to quench the arrows of Satan on God's people, thus allowing your people to say "yes" to you. We pray this with our beloved mother through Christ our Lord. Amen.

Prayer for Family Unity

Father in heaven, you know the hearts of your children, how they are so far away from you. I pray for a desire to come closer to you. I pray that I may unite with all of those that are praying for salvation of souls, and I pray for the salvation of families.

My dear Mother, I call on your motherly love and mercy to shower upon us so that we may love and be patient and wait on you as you bring my brothers and sisters closer to you. I pray that you remove the cobwebs from eyes and hearts that we may all seek God as one family.

Holy Family, pray for us. Holy Family, strengthen us in faith. Holy Family, shower us with your love that we may be as you. Teach us how to love. Teach us how to persevere. Teach us how to show mercy in action.

In the name of Jesus Christ our Lord, name above all names, name most favored by God, name of abundant blessing, powerful name of Jesus, write this name upon our hearts and souls that we may truly know that we are yours.

Prayer for Our Children

In the name of the Most Holy Trinity, I pray Most Beloved Mother, Queen of Mercy, mother sent by God; I call upon you as my mother to send your loving protection, the protection of your mantle that is covered with the blood and cross of your son, Jesus; that you would protect and hide your children from the wiles of the enemy, more than ever from the traps of this world's empty promises. Allow not the delusions of this world to mock the innocent and the vulnerable into sin. Remove all illusions from the trusting eyes of the faithful ones so that we may see clearly the darkness and the evil plans for the downfall of God's children, the plot that lurks to destroy their purity and their soul. Under your mantle, they will find shelter where no weapon formed against them will prosper, and no harmful armament can penetrate the mercy guarding them.

To you, oh Mother of Mercies, I call and anxiously plead for your help and your protection. Unto your arms, oh mother, I fly to whisper in your heart my gratefulness for answering my petitions. Thank you, mother. Amen.

Litany of AFM Saints,

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Queen of Mercy.

Saint Joseph.

Saint Rita of Cascia.

Saint Thomas Aquinas.

Saint John Paul II.

Saint Stephanie .

Saint Augustine.

Saint Faustina .

Saint Padre Pio.

Saint Francis of Assisi.

Saint Anthony of Padua.

Saint Elizabeth Ann Seton.

Saint Francis Xavier Cabrini.

Saint Isidore.

Saint Eligous.

Saints Peter and Paul.

Saint Brigid of Ireland.

Saint Carlo Acutis.

Saint Matthew.

Saint Martha.

Rita Marie Huntzinger.

Steven Constancio .

Louis Constancio .

Freddy Rios .

Xavier Arce .

Arturo Gloria.

Pray for us,

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Veronica Luna de Garciaa	Pray for us,
Deacon Richard Thompson.	Pray for us,
Deacon Vernon Butler.	Pray for us,
Father Paul Meaden .	Pray for us,
Father Clarence Wetegrove .	Pray for us,
Father Robert DeGrandis .	Pray for us,
Miguel Vigil .	Pray for us,
Mary Denzer .	Pray for us,
Gerald Mote .	Pray for us,
Donnie Tanaka .	Pray for us,
Frank Schmit .	Pray for us,
Esther Quintanilla .	Pray for us,
John Kratochvil .	Pray for us,
Toby Constancio .	Pray for us,
Melvin and Mary Jo Webb .	Pray for us,
Howard Sr and Bernedette Huntzinger.	Pray for us,
Gus and Nora Page.	Pray for us,
Joseph and Claire Huntzinger.	Pray for us,
Grace Smith .	Pray for us,
All the Huntzinger children in Heaven.	Pray for us.
All you saints in heaven I was allowed to intercede for.	Pray for us.
All you Holy Angels and Saints.	Pray for us.

Almighty Father, through your son's passion, death, resurrection, and ascension into heaven, you have opened the doors for the intercession of the saints. Hear the prayers of those you have called to yourself through your mercy, that through their intercession, we too might receive your mercy and help on our journey. We pray this in the Name of Jesus and through Mary's Most Immaculate Heart.

Dressing for Daily Battle in the Armor of God

Lord God, as I start this day, I dedicate myself fully to your service. Equip me not only to stand my ground, protecting my heart and soul in your holy name but also to go forth and set others free from captivity and bondage as you did.



I clothe myself in the following armor:

- **Gratitude** I place into my heart for all God has given me, and for all you have called me to do.
- **The garment of humility** to protect and cover my heart and soul, with the understanding that all grace comes only from you, my Lord, and no good action can be accomplished without you.
- **The thigh armor of stability and perseverance** to hold my ground against the enemy's wiles and walk a straight path, not veering to the right or the left to reach the goals God has set for me.

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- **The belt of truth** surrounding me with the truth, to securely hold the other virtues close to me, and used to holster and carry the sword, which is the Word of God.
- **The breastplate of justice, righteousness, and mercy** to protect and guard my heart and soul against the blows Satan would throw against me, and to show mercy to my brothers and sisters who come against me.
- **The winged shoes and footgear of mercy to propagate the gospel of peace** so that I might bring the Good News to God's people, taking mercy, showing mercy, talking mercy, teaching mercy, the mercy of God.
- **The sleeves of comfort** on my arms that I might embrace those hurting in pain caused by lack of love.
- **The gloves of gentleness and kindness** on my hands to work miracles of conversion of the heart through the hands of healing.
- **The mouthpiece of joy and praise** over my mouth that I may declare the goodness of the Lord and conquer Dominions through the praise of God that can bring down the ruthless and insincere of heart.
- **The eyes of mercy** to melt stony hearts and pierce souls so they may not be afraid to love

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again, to set the captives free from bondage.

- **The helmet of salvation** to protect the mind of Christ and the wisdom God has granted me.
- **The shield of faith** to defend me from this world's actions and the lies of Satan.
- **The sword of the Spirit** is the Word of God that can cut chains of prisoners, set free the captive, and bring healing to the sick and poor.
- **The Mantle of Love** over my shoulders is the authority with which God covers me as a citizen of the Kingdom.

Come, Holy Spirit, for you have empowered me with this holy spiritual armor to stand my ground and to go forward to set others free from captivity and bondage. Therefore, lead the holy angels that come with this armor and me to where we can bring healing, mercy, and freedom to those waiting to be rescued by you. I ask all this in the name of Jesus Christ, my Lord, and through Mary's Immaculate Heart. Amen.



Prayer for My Wife

Dear Heavenly Father,

Thank You for blessing me with such an amazing wife who I deeply cherish and desire. Please physically protect her as she pursues her work for the day. Watch over her as she engages in a hurting world of crazy people. When she is attacked by the enemy, by the Holy name and blood of Jesus Christ, I pray all oppression is muted and bounded, and that she feels the safety and protection of resting in your eternally all-powerful arms.

Help her be focused, authentic, engaging, and loving as she interacts with people throughout the day. Help us both submit to the guiding love and light of the Holy Spirit as we relate with each other, family, friends, and strangers.

When she feels inadequate, unattractive, insignificant, insecure, unsure, overwhelmed, exhausted, secluded, or unimportant, help her be able to identify those as lies from Satan and run to you for defining herself by and resting in her identity as a holy daughter of the creator of the universe. Help her deeply desire you. Nudge her to spend time reading the Bible, talking with you, and worshiping you. Help her seek strength, mission, and fulfillment in you.

Thank you for the relationships in our lives that affirm us as a couple and thank you for the friends

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you have blessed her with that affirm her and hold her accountable. Please provide her with more Godly women to surround her, mentor her, listen to her, appreciate her, that she can lead, and that will love on her. Thank you for her desire to serve you, our church, and your people.

Please keep our minds pure in our desire and attraction for each other. Help us spiritually, physically, romantically, and emotionally pursue and pour into each other with our thoughts, words, and touch.

Please continue molding me into the man she deserves and that humbly pursues the noble responsibility of modeling Christ's submission and servanthood to the church. Empower me with wisdom to lead her and our household as I submit to You.

Help me joyfully serve her in all I do. Help me remember to thank and affirm her as she serves and blesses me in so many ways, from genuinely caring about my day, to housework, to how she pursues you, to how she serves others in her life.

As I get fearful about her mortality, help me remember that you have merely loaned her to me for the entirety of our life. Thank you for allowing me the privilege of loving her and learning about you throughout our relationship with you and each other.

Thank you, God, for who you are, who my wife is,

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who you are creating her to be, and the blessing of our marriage.

I pray these things in the name of Jesus Christ whom you sacrificed on the cross so we may be in direct relationship and communion with you for all eternity.

Amen

Daily Prayer Covering

By Fr. Robert Degrandis

Dear Heavenly Father, I pray this prayer in the power of the Holy Spirit. In the Name of Jesus Christ I bind, rebuke and bring to no effect: all division, discord, disunity, strife, anger, wrath, murder, criticism, condemnation, pride, envy, jealousy, gossip, slander, evil speaking, complaining, lying, false teaching, false gifts, false manifestations, lying signs and wonders, poverty, fear of lack, fear spirits, murmuring spirits, complaining spirits, hindering spirits, retaliatory spirits, deceiving spirits, religious spirits, occult spirits, witchcraft spirits (including Jezebel, Delilah, Apollyon, and Absalom), and spirits of Antichrist.

I bind and renounce all guilt and all curses that have been spoken against me. I bless those who curse me and pray blessings on those who spitefully use me. I bind all spoken judgments made against me and judgments I have made against others. I bind, renounce and render useless all prayers not inspired by the Holy Spirit; whether psychic, soul force, witchcraft or counterfeit tongues that have been prayed against me.

I am God's child. I resist the devil. No weapon formed against me shall prosper. I put on the whole armor of God. I take authority over this day, in Jesus

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Name. Let it be prosperous for me and let me walk in your love.

The Holy Spirit leads and guides me today. I discern between the righteous and the wicked. I take authority over Satan, all his demons, and all people influenced by them. I declare Satan is under my feet and he shall remain there all day. I am the righteousness of God in Christ Jesus. I am God's property. Satan you are bound from my family, my mind, my body, my home, and my finances. I confess that I am healed and whole. I flourish, am long lived, stable, durable, incorruptible, fruitful, virtuous, full of peace, patience, and love. Whatsoever I set my hands to do shall prosper, for God supplies all my needs. I have all authority over Satan, all demons, and beasts of the field.

God, I pray for the ministry you have for me. Anoint me for all you have called me to do for you. I call forth divine appointments, open doors of opportunity, God ordained encounters and ministry positions.

I claim a hedge of protection around myself, spouse and children (name) throughout this day and night. I ask you God, in the name of Jesus, to dispatch angels to surround me, my spouse and children today and to put them throughout my house and around our property, souls and bodies. I ask angels to protect my house from any intrusion and to protect me and my family from any harmful demonic, physical or mental attacks. I ask this prayer in the name of Jesus. Amen.

Only for today!

So here are ten tips from Pope John XXIII about how to live a better life, day to day:

1. **Only for today**, I will seek to live the livelong day positively without wishing to solve the problems of my life all at once.
2. **Only for today**, I will take the greatest care of my appearance: I will dress modestly; I will not raise my voice; I will be courteous in my behavior; I will not criticize anyone; I will not claim to improve or to discipline anyone except myself.
3. **Only for today**, I will be in the certainty that I was created to be happy, not only in the other world but also in this one.
4. **Only for today**, I will adapt to circumstances, without requiring all circumstances to be adapted to my own wishes.
5. **Only for today**, I will devote 10 minutes of my time to some good reading, remembering that just as food is necessary to the life of the body, so good reading is necessary to the life of the soul.
6. **Only for today**, I will do one good deed and not tell anyone about it.
7. **Only for today**, I will do at least one thing I do not like doing; and if my feelings are hurt, I will make sure that no one notices.
8. **Only for today**, I will make a plan for myself: I may not follow it to the letter, but I will make it. And I will be on guard against two evils: hastiness and indecision.
9. **Only for today**, I will firmly believe, despite appearances, that the good Providence of God cares for me as no one else who exists in this world.

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10. Only for today, I will have no fears. In particular, I will not be afraid to enjoy what is beautiful and to believe in goodness. Indeed, for 12 hours I can certainly do what might cause me anxiety or dismay were I to believe I had to do it all my life.