

Fostering Excellence: NMCSD's Proud Legacy

Welcome to the 4th edition of the Balboa Beacon.

Highlights from the Navy reception during ATS on 5/19/2024 at Ballast Point.



NMCSD Pulmonary and Critical Care Division Update

We have maintained good staffing levels during the past year. Christopher Stafford (2004 grad) rejoined our faculty after a twelve-year sabbatical in the civilian sector. He is a welcome addition to our training program. Russel Miller (2014 grad), our Interventional Pulmonologist is completing his third year as our fellowship Program Director. He remains an active leader in the Society of Bronchology and Interventional Pulmonary, chairing three committees and co-writing several society guidelines for that organization. At the recent CHEST 2024, he served as the Co-Chair for AABIP sessions. Our fellowship continues to do well under the leadership of Russel Miller. Our program continues to be fully accredited by the ACGME with a hundred percent first Board pass rate for our graduates during the past decade. We currently have six fellows in training. During their three-year fellowship, our fellows thrive during rotations at Balboa, UCSD, Scripps, National Jewish, Arrowhead Regional Medical Center, and Intermountain Health in Salt Lake City. Our academic output remains robust. At CHEST 2024 our faculty and fellows presented several posters as well as several podium presentations. Our fellows are planning to present five posters at the May 2025 ATS Meeting in San Francisco. Current active research protocols at Balboa include Swimming Induced Pulmonary Edema (SIPE), Bronchiectasis, and early Detection of Lung Cancer (DECAMP). Although the deployment tempo has decreased during the past two years, there is still lots of demand for our PCCM graduates. As we have done since 2007, our staff continue to deploy in support of Pacific Partnership missions. Two of our staff are slated to deploy with the Mercy on the Pacific Partnership 2026 Mission. Bobby Trentacosta (2022 grad) will be onboard that mission in the role of Director of Medical Services. CAPT Jonas Carmichael, (2013 grad) will deploy to CENTCOM in 2025 as an OIC.

Our fellowship is not all work! In September we had a program first, when two of our fellows Daniel LaMorte and Kathryn Hughes were united in marriage during a wonderful ceremony in Avalon. Eleven faculty and fellows managed to set aside their clinical tasks long enough to attend the wedding and reception on Catalina Island. It was a wonderful weekend for all who attended.



Back row left to right: A Alex (2021), Stacy Chow (2025), Jonas Carmichael (2013), Russ Miller (2014), Sean Foley(2024), Derek Booth(2026), Stephen Hughes (2023). Front row left to right: Krysta Landingin (Program Assistant), Kathryn Hughes (2026), Daniel Lamorte (2025)

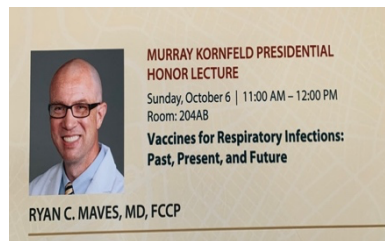
PCCM foundation support for our fellowship has been very helpful. During the past year our fellows have benefited from foundation travel grants to support attendance at Local and National Conferences, Courses, and Workshops. This support has helped us to continue to produce outstanding clinicians.

Submitted by: JS Parrish



Balboa Alumni at CHEST 2024 (Boston)

Ryan Maves (2014) receives the Murray Kornfeld Honor Lecture!



I received the Murray Kornfeld Memorial Founder's Award from CHEST, awarded annually for a leader in infection and inflammation in respiratory disease. I am not entirely clear why CHEST decided to give this award to me, but I accepted it with gratitude, and I am very aware that it is

the training, mentorship, and friendship that I received at NMCSD that made this possible. My honor lecture was titled "Vaccines for Respiratory Diseases: Past, Present, and Future." In the lecture, I discussed the current impact of respiratory infections on morbidity and mortality in the US and globally, reviewed the underlying science and emerging technologies of vaccination, and discussed barriers to vaccination and ways forward for our society. I was especially thankful to see so many Navy friends at my honor lecture, and it was the time spent catching up with our Balboa crew that made CHEST 2024 an especially special time for me. I am honored to still be counted among your number.

After CHEST, I had the privilege to travel to Geneva, Switzerland, where I participated in an international panel sponsored by the Society of Critical Care Medicine and the World Health Organization. Our group conducted a Delphi process to review the available data and develop guidelines for the care of patients with sepsis in low-resource settings. Although the automatic (and reasonable) assumption about such a process is that it is intended to improve care in developing countries, it is important to recognize that "low-resource" settings occur in rich countries as well, such as the numerous critical access hospitals in the US where our Navy colleagues deployed during the COVID-19 pandemic, as well as in the operational military environment where CAPT Mike Kavanaugh, CAPT (ret) Mike Tripp, and I have worked to develop guidelines on sepsis care in the shipboard and field combat settings. As an aside, I do think there are lessons for us to learn in the US about sepsis in low-resource settings as well. Many of the interventions we make in the ICU are likely of limited use to our patients, but there is ambiguity about what those low-value interventions are. To paraphrase Dr. Charles



Sidney Burwell, half of what we do is wrong; the problem is that we don't know which half it is. Hopefully, in working to improve sepsis care in low-resource settings, we can also learn to prioritize which parts of our own care are truly critical and which parts are merely theater.

Asha Devereaux (1999)- At CHEST 2024, I shared our experiences from California with medical supply constraints during disasters, based upon my work with the State of California's medical assistance teams. We provided medical care to firefighters, COVID patients, and evacuees from a variety of disaster situations with limitations of supplies-including oxygen! Our work has been published in Disaster Medicine and Public Health Preparedness. Additionally, Denny Amundson and I have collaborated on a chapter in an upcoming book by the Am. Pub Hlth. Association regarding the Pandemic response. When not responding to disasters, I work in my private practice located in Coronado, Ca. Didn't stray far from Balboa following my Navy-duty. Can't believe it has been 22 years!



Carla Lamb (1999) is the chair of the IP program at Lahey and shared her patient experiences with the audience at CHEST. Two patients were part of the patient centered panel and fielded questions ranging from reducing stigma toward patients with tobacco histories, life-saving benefits of CT Lung Screening, thoughts about bronchoscopy, navigating a new lung cancer diagnosis, moving forward in life as lung cancer survivors, and the importance of communication along the way in all aspects. Carla has continued her leadership in the field as President of the AABIP.





J Biberston (2020), Ryan Maves (2014), Mike Kavanaugh (2015), Brian Tran (2022), Mike Tripp (2008), Patrick Moon (2020), Charles Volk (2019) Nick Rohrhoff (2023) at CHEST 2024

Alumni buzz from Denny & friends:

Had lunch with **Steve and Sheila Baez**- doing well with family here in SD - so often here for babysitting and enjoying the retirement life.

Chris Lewis and wife Elizabeth are ensconced in Pensacola Fla where he still does clinic work for the Navy there. He gets together frequently with other retired military docs and seems to have a robust group of retirees that bond. **Al Roberts** remains at Georgetown and maintains tight relationships with the local pulmonary group and alumni friends.

Kevin Murray: I'm still very active in the church, spending as much time in Washington with our family there, and enjoying regular hikes in the Cuyamaca mountains with the "KRAP" hikers (Kaiser Retired Association of Physicians)! I can never seem to find time to join George Luiken at golf!

In Memoriam Fair winds and following seas to NMCSD's pioneers:

Dr. John Fraley. March 2023: <https://daycarter.com/tribute/details/4453/Dr-John-Fraley/obituary.html>



Dr. Joseph D. Bloom. July 2024: <https://obituaries.tridentsociety.com/obituaries/san-diego-ca/joseph-bloom-11891457>

We look forward to receiving any alumni news items for future Balboa Beacons at: foundation@pccmre.org. Please email us if you would like to become more involved with the Foundation.

We hope that you will consider a contribution to help support the next generation of Navy PCCM fellows and staff. Donations to the tax deductible 501.(c)(3) foundation can be sent to: **PO Box 34487, San Diego, California, 92163** or via e-pay: <https://pay.pccmfoundation.com> The PCCM Foundation is a 501.c registered non-profit organization that was established in 2015 with the stated mission goal of providing support for trainees to acquire the necessary skills to excel in the practice of Pulmonary and Critical Care Medicine anywhere, anytime, under any conditions. PCCM Foundation grants have supported advanced mechanical ventilation training, a comprehensive ultrasound course, and development of the NMCSD ICU Handbook. The foundation's current and future success is dependent upon the contributions of program alumni, industry donations, and course fees collected by our teaching faculty.



NMCSD PCCM Fellowship Graduates

- | | | |
|-------------------------|--------------------------|-----------------------------|
| 1. Joseph D Bloom* | 39. J. Scott Parrish | 78. Ryan Maves |
| 2. John Joseph Bouvier* | 40. Dom Rascona | 79. Michael Kavanaugh |
| 3. George Henry Barbier | 41. Joseph Mondschein | 80. Mike Powers |
| 4. Robert Bondurant | 42. Russell Gilbert | 81. Alex Perry |
| 5. Thomas Cassidy | 43. John Perri | 82. Evan Butlin |
| 6. Victor Iacovoni | 44. Peter Marco | 83. Garrett Harp |
| 7. Thomas Farrell* | 45. Carla Lamb | 84. Patricia Hogan |
| 8. Robert S Conte* | 46. Asha Vyas Devereaux | 85. Michael Monson |
| 9. James Boddicker | 47. Richard Mahon | 86. Charles Volk |
| 10. John Beamis | 48. Christopher Lewis | 87. Patrick Moon |
| 11. Robert Sarlin | 49. Suzanne Timmer | 88. Jeff Biberston |
| 12. Theodore Georges | 50. Samuel El Halawani | 89. Neil Partain |
| 13. Robert Calloway | 51. David Murphy | 90. Ashley Alex |
| 14. Richard Blevins | 52. William Gill | 91. Paul Cusmano |
| 15. Edward Ebert | 53. David Norton | 92. Bobby Trentacosta |
| 16. Richard Pesce | 54. Christopher Stafford | 93. Brian Tran |
| 17. Tony Warren | 55. Matthew Boland | 94. Evan Ewers |
| 18. Daniel Nader | 56. Bruce Ludwig | 95. Nick Rohrhoff |
| 19. Leslie Smith | 57. Gregory Ruff | 96. Steve Hughes |
| 20. Stephen McAdams | 58. Tony Han | 97. Sean Foley |
| 21. John Newcomer | 59. Frank Grassi | 98. Kimberly Boyd |
| 22. Stephen Baez | 60. Ken Eisenberg | |
| 23. Robert Chin | 61. Lisa Jones | Current Fellows |
| 24. John Fraley* | 62. Edward Pak | 99. Stacy Chow |
| 25. Kevin Murray | 63. Gregory Matwiyoff | 100. Daniel LaMorte |
| 26. Webster Bazemore | 64. Michael Tripp | 101. Derek Booth |
| 27. Frank Maguire | 65. Alok Shah | 102. Kathryn Hughes |
| 28. Peter Bagley | 66. Steven Escobar | 103. Erin Hourigan |
| 29. Dennis Amundson | 67. Konrad Davis | 104. Joseph Boone |
| 30. James McCarrick* | 68. Gilbert Seda | |
| 31. John Connolly | 69. Thuy Lin | Key PCCM Faculty who |
| 32. Allen Roberts | 70. James Prah | graduated from other |
| 33. Richard Summa | 71. Jose Gomez | programs: |
| 34. Nathan Mull | 72. Steven Praske | Donald Reid* |
| 35. Scott Sageman | 73. Jonas Carmichael | Donald C. Kent* |
| 36. Bart Gumpert | 74. Richard Hedelius | Richard Schillaci* |
| 37. David Bradshaw | 75. Russel Miller | Tom Walsh |
| 38. Charles Martin | 76. Justin Stocks | Jeff Miller |
| | 77. Justin Reis | Richard Kanak |



David Stroh
Steven Crawford
Lin Weaver
Lonnie Rouben
Mark Chung
Tim Quast
Jesse Sherratt
Nikunj Bhatt
Dean Gubler
James Harrell

Notes:

***Deceased**

*Training records from the initial years of the fellowship program are sparse. At this point we are unsure of the exact date that the fellowship program was initiated (circa 1967) and we are unsure of the initial program graduates. If you have any insight into the initial history please reach out to **Scott Parrish**. jscottpccm@gmail.com*

