



LET'S TALK!

Email: triadpeoria@gmail.com

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Since 1999: The goal of Peoria County TRIAD is to promote working relationships between seniors, law enforcement, and civic & business leaders: in order to provide educational and training venues which address the crime, health and safety issues that affect our senior citizens and the communities they live in.

Our members include:

Advocates for Access, Alzheimer's Assoc., CEFCU, Center for Prevention of Abuse, Center for Youth & Family Services, Central Illinois Agency on Aging, Heartland Health, Hult Center, Humana, OSF, Oak Street Health, Peoria County Sheriff, Prairie State Legal, SeniorNet and more....

To schedule one of our speakers.....simply pick a topic (approximately 30 minutes each) from the following pages, and send an email request to triadpeoria@gmail.com. Your request should include your contact info, organization, date of presentation, and the presenter/topic you'd like. Your email request will be confirmed within a few days.

Alzheimer's Association Illinois Chapter

- Healthy Living for Your Brain and Body: Tips from the Latest Research
- Dementia and Alzheimer's: What it is and what are the warning signs
- The Empowered Caregiver
- Advancing the Science: The Latest in Alzheimer's and Dementia
- 10 Warning Signs of Alzheimer's
- New Advances in Alzheimer's Treatment
- Understanding Alzheimer's and Dementia
- Dementia Conversations
- Managing Money: A Caregiver's Guide to Finances

CEFCU

- Learn about Scams that Target People in Central Illinois
- Protect your Credit and Debit Cards from scams and fraud
- Protect Yourself from Check Fraud
- Understanding your Credit Bureau

Center for Prevention of Abuse

- Elder Abuse
- Self-Neglect
- Aging Sensitivity
- Human Trafficking
- Domestic Violence
- Sexual Assault
- How to Obtain an Order of Protection or a Stalking No-Contact Order
- Body Safety/Healthy Relationships for School-aged Children or Adults with Disabilities
- The Long-term Care Ombudsman Program

Central Illinois Area Agency on Aging

- General Overview about Informal/Family Caregivers Support Services
- What is Respite Care and How can that be Beneficial
- Overview of Mental Health Symptoms and Behavioral Disorders Common Among People Who Provide Care either Professionally or Personally
- Overview of Services for Senior Grandparents Raising Grandchildren
- Safety Tips for Making a Home more Accessible for Persons with Disabilities

Health Alliance

- Your Emotional Health (Celebrating You!)
- Downsize and Declutter
- Time of Your Life...Healthy Aging
- Speaking Up for Your Health
- Medicare and Veterans Affairs Benefits
- Understanding Your HealthCare Options

Peoria County Sheriff's Office

Aimee Shinall provides support, crisis intervention, hospital and court advocacy and referral services for violent crime victims. The Peoria County Sheriff's Office can bring a medication dispenser to collect unused medications to your talk.

- Scams that we are seeing in the Peoria Area Right Now!
- Which Payment Options are Best? Cash, Credit or Checks?
- Door-to-door Scams and how to Protect Yourself from Becoming a Target
- Crime Victimization: Intervention and Recovery Resources

Peoria County Supervisor of Assessments

- Senior Homestead Exemptions and the Property Tax
- How Do I Qualify for Senior Exemptions?
- How do Senior Exemptions Affect my Property Tax Bill?

Peoria Public Library

- General Library Information and What's Happening at the Library
- Outreach Library Services - Home Delivery of Books, Talking Books, and other Non-Traditional Library Services
- Local History

Prairie State Legal

- Power of Attorney, Wills, and More
- Guardianships
- Divorce
- Housing - Issues with Rent, Foreclosure, Liens, Etc.
- Grandparents Raising Grandchildren

SeniorNet

- AI Talk for Seniors: A Beginner's Guide
- What is AI?
- How AI Works
- AI and Technology

Synergy Homecare of Peoria

- How to Stay Healthy at Home
- Statistics on Homecare Versus Nursing Home Care
- Respite Programs for Family Caregivers
- Fall Prevention Tips
- How to Manage Chronic Conditions

West Peoria Neighborhood Watch

- “Building a Stronger and More Resilient Neighborhood: The Role of Community Engagement”
 - Fostering a sense of community and looking out for neighbors
 - Emergency preparedness and how Neighborhood Watch can play a role in local response
 - Identifying and addressing quality-of-life issues in the neighborhood
 - Collaborating with other community organizations and initiatives in West Peoria
 - How getting involved in Neighborhood Watch empowers residents to make a difference