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| --- | --- | --- | --- | --- | --- | --- |
|  | Gymnastics Camp | | | | | |
|  | | Monday | |  | Tuesday (Theme: Dress up like a celebrity. Best dressed wins a prize.) | |
|  | | Level 4-9 & XP/XD | Level 2-3, XB/XS/XG & REC |  | Level 4-9 & XP/XD | Level 2-3, XB/XS/XG & REC |
| 8-9:00 | | Before Care | Before Care | 8-9:00 | Before Care | Before Care |
| 9:00 | | Stretch/Conditioning | |  | | --- | | Stretch/Conditioning | | In/Outdoor Activities | | 9:00 | Stretch/Conditioning | |  | | --- | | Activities | | In/Outdoor Activities | |
| 10:00 | | Gymnastics | Gymnastics | 10:00 | Gymnastics | Water Play |
| 11:00 | | Lunch- Change | Lunch- Change | 11:00 | Gymnastics | Lunch- Change |
| 11:30 | | Leave for trip | Leave for trip | 12:00 | Lunch- Change | Stretch/Conditioning |
| 1:00 | | |  | | --- | | Thrillz | | In/Outdoor Activities | | Thrillz | 1:00 | |  | | --- | | Walk to Pool | | In/Outdoor Activities | | Gymnastics |
| 2:00 | | Leave Thrillz | Leave Thrillz | 2:00 | Pool | Gymnastics |
| 3:00 | | Camp Dismissed | Camp Dismissed | 3:00 | Camp Dismissed | Camp Dismissed |
| 3-4:00 | | After Care | After Care | 3-4:00 | After Care | After Care |
|  | | Wednesday | |  | Thursday | |
|  | | Level 4-9 & XP/XD | Level 2-3, XB/XS/XG & REC |  | Level 4-9 & XP/XD | Level 2-3, XB/XS/XG & REC |
| 8-9:00 | | Before Care | Before Care | 8-9:00 | Before Care | Before Care |
| 9:00 | | Stretch/Conditioning | |  | | --- | | Activities | | In/Outdoor Activities | | 9:00 | Stretch/Conditioning | |  | | --- | | Activities | | In/Outdoor Activities | |
| 9:15 | | Gymnastics | Activities | 10:00 | Gymnastics | Water Play |
| 10:00 | | Gymnastics | Lunch- Change | 11:00 | Gymnastics | Lunch- Change |
| 11:30 | | Lunch- Change | Stretch/Conditioning | 12:00 | Lunch- Change | Stretch/Conditioning |
| 12:00 | | |  | | --- | | Activities | | In/Outdoor Activities | | Gymnastics | 1:00 | |  | | --- | | Walk to Pool | | In/Outdoor Activities | | Gymnastics |
| 12:30 | | Activities | Gymnastics | 2:00 | Pool | Gymnastics |
| 2:00 | | Camp Dismissed | Camp Dismissed | 3:00 | Camp Dismissed | Camp Dismissed |
| 3:00 | | After Care | After Care | 3-4:00 | After Care | After Care |
| 3-4:00 | | After Care | After Care |  |  |  |
|  | |
|  | | Friday | |
|  | | Level 4-9 & XP/XD | Level 2-3, XB/XS/XG & REC |
| 8-9:00 | | Before Care | Before Care |
| 9:00 | | Stretch/Conditioning | |  | | --- | | Activities | | In/Outdoor Activities | |
| 10:00 | | Gymnastics | Activities |
| 11:00 | | Gymnastics | Lunch- Change |
| 12:00 | | Lunch - Change | Stretch Conditioning |
| 1:00 | | |  | | --- | | Activities | | In/Outdoor Activities | | Gymnastics |
| 2:00 | | Activities | Gymnastics |
| 3:00 | | Camp Dismissed | Camp Dismissed |
| 3-4:00 | | After Care | After Care |