



BAKED Banana

* B R E A D *

ingredients

Dry stuff

1 + 2/3 Cups all-purpose flour
1 TSP baking soda
1/4 TSP ground cinnamon
1/2 TSP salt

Wet stuff

2 eggs
1 Cup sugar
2 TBSP milk
1 TSP vanilla extract
3 -4 bananas, dotty
1/2 Cup Disty butter

**2/3 Cup chopped, toasted nuts (optional)*

****See recipe for 1/2 Cup Disty Butter**

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method

Step 1 Preps

Pre-heat oven to
350 degrees F.
Grease loaf pan
Mash up dotty
bannanas

Step 2 Make Disty Butter

Step 3: Sift
together the dry
stuff

Step 4: Beat eggs and cream until light
and fluffy, about 3-5 minutes; Add vanilla +
mashed bananas; Beat for 2 minutes; Add
Disty Butter; Mix it well to incorporate all of
THC evenly. Stir in dry ingredients about 3
separate times.

Step 5

Pour into your greased loaf pan.
Bake about 45 minutes.
Toothpick test it.

Step 6

Let it cool completely.
Cut and figure your dosage
(Divid THC mgs by # Servings)
Label and store in fridge.