



33rd Annual Meeting of the Musculoskeletal Ultrasound Society

San Jose, Costa Rica

October 27-29, 2025

Annual Meeting Program

Monday, October 27, 2025

Opening and General Session

Time	Session	Presenter
07:00 - 08:00	Registration	
		Dr. A. Bouffard (USA)
08:00 - 08:20	Opening Session	Dr. M. van Holsbeeck (USA)
		Dr. L. Chavarria (Costa Rica)
08:20 - 08:40	US MSK Indications	Dr. L. Chavarria (Costa Rica)
08:40 - 09:00	US MSK Terminology	Dr. M. van Holsbeeck (USA)

SHOULDER SESSION

09:00 - 09:20	High-Definition Shoulder Sonoanatomy	Dr. M. Soto Gomez (Costa Rica)
09:20 - 09:40	How does the Shoulder Become Painful?	Dr. P. Kolowich (USA)
09:40 - 10:00	Rotator Cuff Tears	Dr. A. Bouffard (USA)

Time	Session	Presenter
10:00 - 10:30	Coffee Break	
10:30 - 10:50	US Frozen Shoulder	Dr. D. Lee
10:50 - 11:10	Update on Arthroscopic Surgery	Dr. P. Kolowich (USA)
11:10 - 11:30	Dynamic Evaluation of Shoulder Impingement	Dr. L. Pari (Peru)
11:30 - 11:50	US of the Postoperative Shoulder	Dr. M. van Holsbeeck (USA)
	LUNCH BREAK	
12:00 - 13:30	Live Demonstration: Shoulder, Elbow, Wrist & Hand <i>Sponsored by</i>	Dr. A. Bouffard (USA)
13:30 - 13:50	US of Brachial Plexus Injuries	Dr. A. Zamora (Guatemala)
13:50 - 14:10	Entrapment in the Upper Extremity	<i>Presenter TBA</i>
14:10 - 14:30	Differential Diagnosis of Nerve Disease by US	<i>Presenter TBA</i>
14:30 - 14:50	The Biceps, One Muscle but Two Tendons	Dr. A. Bouffard (USA)
14:50 - 15:10	The Triceps, a Layered Approach	Dr. F. Jimenez (Spain)
15:10 - 15:30	Dynamic Assessment of the Elbow by Ultrasound.	Dr. B. Sagastegui (Peru)
15:30 - 16:00	Coffee Break	
16:00 - 16:20	High-Definition Sonoanatomy of Wrist and Hand	Dr. M. Soto Gomez (Costa Rica)
16:20 - 16:40	US of the Tendon System of the Hand	Dr. N. Silva (Venezuela)
18:30 - 21:00	Welcome Reception	

Tuesday, October 28, 2025

HIP, THIGH & KNEE SECTIONS

Time	Session	Presenter
08:00 - 08:20	High-Definition Sonoanatomy of the Hip	Dr. M. Soto Gomez (Costa Rica)
08:20 - 08:40	Assessment of Sports Injuries of the Hip	Dr. P. Kolowich (USA)
08:40 - 09:00	Sonoanatomy of the Posterior Thigh	Dr. N. Silva (Venezuela)
09:00 - 09:20	Groin Ultrasound a Systematic Approach	Dr. G. Arancibia (Chile)
09:20 - 09:40	Greater Trochanteric Pain Syndrome	Dr. A. Bouffard (USA)
09:40 - 10:00	Ultrasound Assessment of Hip Impingement	Dr. M. van Holsbeeck (USA)
10:00 - 10:30	Coffee Break	
10:30 - 10:50	The role of the Anterior Hip Capsule in Pain	<i>Presenter TBA</i>
10:50 - 11:10	Ultrasound Findings of Hip Osteoarthritis	Dr. L. Pari (Peru)
11:10 - 11:30	Abdominal Wall Injuries in Athletes	Dr. R. Bujan G. (Costa Rica)
11:30 - 11:50	Role for Ultrasound in Deep Gluteal Syndrome	Dr. G. Arancibia (Chile)
	LUNCH BREAK	
12:00 - 13:30	Live Demonstration: Hip & Knee <i>Sponsored by</i>	Drs. M. van Holsbeeck (USA) Dr. P. Kolowich (USA)
13:30 - 13:50	High-Definition Sonoanatomy of the Knee	Dr. F. Jimenez (Spain)
13:50 - 14:10	US in Knee Joint Pathology	Dr. N. Silva (Venezuela)
14:10 - 14:30	Approach Anterior Cruciate Ligament	Dr. L. Chavarria (Costa Rica)
14:30 - 14:50	Sonographic Diagnosis OF THE Medial Meniscocapsular Separation.	Dr. B. Sagastegui (Peru)

Time	Session	Presenter
14:50 - 15:10	Ultrasound of the "Tennis Leg": Classification, findings and prognosis	Dr. G. Arancibia (Chile)
15:10 - 15:30	<i>Topic TBA</i>	<i>Presenter TBA</i>
15:30 - 16:00	Coffee Break	
16:00 - 16:20	Osteoarthritis vs. Rheumatoid Disease	Dr. G. Arancibia (Chile)
16:20 - 16:40	Popliteal Pathology Sonography	Dr. A. Zamora (Guatemala)

Wednesday, October 29, 2025

ANKLE- NERVES – INTERVENTION SESSIONS

Time	Session	Presenter
08:00 - 08:20	Differentiate High and Low Ankle Sprains	Dr. A. Bouffard (USA)
08:20 - 08:40	Achilles Disease from Diagnosis to Treatment	Dr. K. Gutreiman (Costa Rica)
08:40 - 09:00	The Dynamics of Peroneal Tendon Disease	Dr. L. Pari (Peru)
09:00 - 09:20	<i>Topic TBA</i>	<i>Presenter TBA</i>
09:20 - 09:40	Spectral Doppler Evaluation of Compartment Syndrome	Dr. G. Arancibia (Chile)
09:40 - 10:00	Sprains Ankle	Dr. G. Azulay (Argentina)
10:00 - 10:30	Coffee Break	
10:30 - 10:50	Tarsal Tunnel and Baxter Neuritis	Dr. F. Jimenez (Spain)
10:50 - 11:10	Plantar Fascia Ultrasound: What do you need to know?	Dr. I. Quiros (Peru)
11:10 - 11:30	Ultrasound-Guided Procedures for Plantar Fascitis	Dr. L. Pari (Peru)
11:30 - 11:50	Foot Masses	Dr. A. Bouffard (USA)
	LUNCH BREAK	
12:00 - 13:30	Live Demonstration: Pediatric Hip, Spine & Ankle <i>Sponsored by</i>	
13:30 - 13:50	Post-Surgical Hip Intervention	Dr. G. Azulay (Argentina)
13:50 - 14:10	<i>Topic TBA</i>	<i>Presenter TBA</i>
14:10 - 14:30	Peripheral Nerve Hydrodissection	Dr. I. Quiros (Peru)
14:30 - 14:50	Update on US-Guided Blocks in Painful Shoulder	Dr. L. Pari (Peru)

Time	Session	Presenter
14:50 - 15:10	Hip & Peritrocanteric Echoghuided procedures	Dr. I. Quiros (Peru)
15:10 - 15:30	The Most Common Ultrasound-Guided Procedures in The Upper Limb	Dr. F. Jimenez (Spain)
15:30 - 16:00	Coffee Break	
16:00 - 16:20	Ultrasound Guided Intervention Upon Anatomical Spaces	Dr. F. Jimenez (Spain)
16:20 - 16:40	Value of the Lidocaina Test by Ultrasound	Dr. G. Azulay (Argentina)
16:40	Closing Ceremony	