

Member Survey

March 2026

23

Total respondents

87%

Formally diagnosed

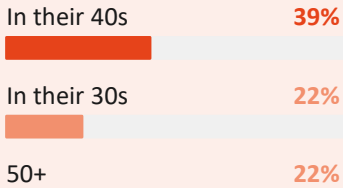
61%

Diagnosed after 40

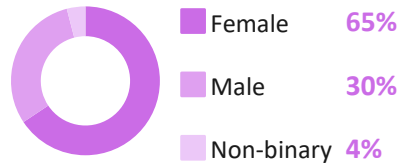
43%

of members are aged 45–54
with a further 26% aged 35–44

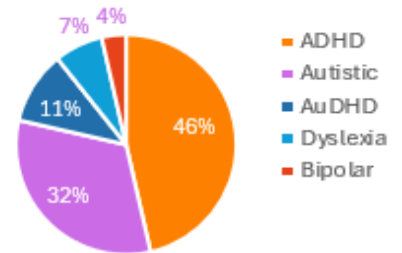
61% received their diagnosis after age 40



GENDER



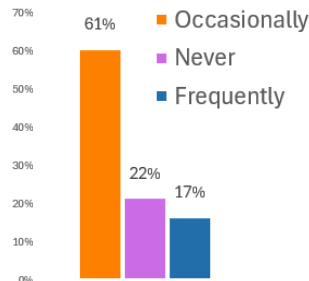
NEURODIVERGENT IDENTITIES REPRESENTED



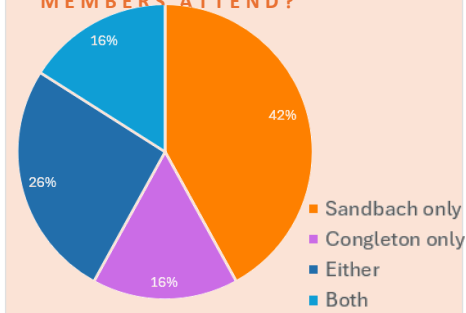
22% of respondents selected more than one ND identity

78% said discovering their neurodivergence helped them understand themselves better

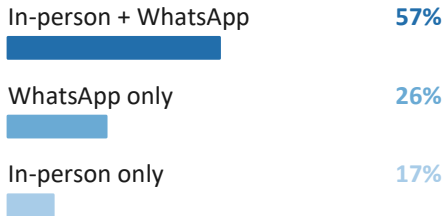
MEETING ATTENDANCE



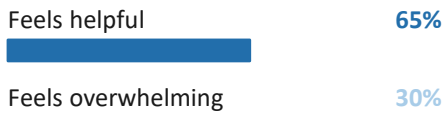
WHICH MEETINGS DO MEMBERS ATTEND?



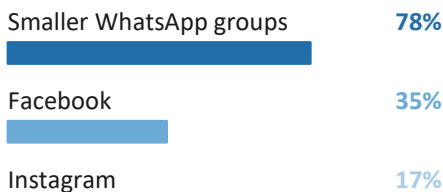
HOW MEMBERS ENGAGE



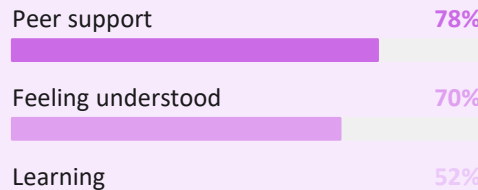
WHATSAPP EXPERIENCE



PREFERRED COMMS CHANNEL



WHAT DO MEMBERS GET OUT OF THE GROUP?



83%

value social connection from the group

FUTURE AREAS OF INTEREST

