

Frozen Yogurt Pops



**This is one of the easiest treats we have ever made...
and just look how cute!**

**We found this adorable mold at Joann Fabric -
but you can use any type of mold you would like.**

Ingredients:

- 1 cup plain yogurt (greek or coconut yogurt)
- 1/2 cup blueberries, fresh or thawed frozen
- 1/2 cup strawberries, fresh or thawed frozen
- 1 banana, ripe

Instructions:

- 1) Use your blender to puree all the ingredients
- 2) Pour the mixture into plain ice cube trays or any type of silicone mold (we like to put any molds on a sheet pan before pouring so it is easy to lift)
- 4) Freeze the treats for 3 hours or overnight
- 5) Let your pup enjoy! We like to drop on in a food bowl so they can lick at it and it doesn't make a mess :)