

GLUTEN-FRIENDLY MENU

TAKE OFF

These items are naturally gluten-free, however are prepared using a fryer that is shared with items that contain gluten. *GLuten-free sauces: bbq, buffalo, raspberry chipotle, sweet chili, garlic parmesan, mango habanero, honey mustard, hot honey.*

CRISPY GARLIC BRUSSEL SPROUTS

11

crispy brussels, garlic aioli, balsamic, lemon + parsley

BONE-IN WINGS

10 / 16

BONELESS WINGS

13

*served with ranch or bleu cheese
bbq, buffalo, raspberry chipotle, sweet chili,
garlic parmesan, mango habanero,
honey mustard, hot honey*

BURGERS

Request to sub gluten-free bun.

includes your choice of side: fries, sweet potato fries, coleslaw, cottage cheese, house salad (+3)

sub black bean patty | sub gf bun | add bacon (+2)

No topping substitutions, please.

THE FOUNDATION

16

*double smash burger, cheddar cheese, bacon
(webster city, ia), caramelized onions, romaine, lettuce,
tomato + mustard aioli*

\$1 FROM EVERY FOUNDATION BURGER IS DONATED TO THE BALLARD EDUCATION FOUNDATION, SUPPORTING OUR LOCAL SCHOOL DISTRICT'S TEACHERS + STUDENTS.

THE CLASSIC

15

*double smash burger, cheddar cheese,
romaine lettuce, tomato + garlic aioli*

MUSHROOM SWISS

16

*double smash burger, swiss cheese, sauteed
mushrooms, romaine lettuce, tomato +
black pepper aioli*

BEVERAGES

***coke products
kiddie cocktail
picket fence milk
barn town root beer
coffee***

****free refills on coke products***

ALLERGEN GUIDE



FLIGHT FAVORITES

Request to sub gluten-free bun.

Includes your choice of side: fries, sweet potato fries, coleslaw, cottage cheese, house salad (+3)

sub gf bun + bun | add bacon (+2)

No topping substitutions, please.

PATTY MELT

16

double smash burger, swiss cheese, caramelized onion, 1000 island + rye

BRISKET MELT

17

pit-smoked brisket, cheddar cheese, caramelized onions, bbq + sourdough

CHICKEN SANDWICHES

Request to sub gluten-free bun.

includes your choice of side: fries, sweet potato fries, coleslaw, cottage cheese, house salad (+3)

sub gf bun + bun | add bacon (+2)

No topping substitutions, please.

GRILLED CHICKEN

14

grilled chicken breast, caramelized onions, romaine lettuce, tomato + garlic aioli

FRESH GREENS

Our salads are naturally gluten-free. Request gluten-free croutons. Gluten-free dressings: ranch, chipotle ranch, balsamic, bleu cheese, french, thousand island, italian, Caesar.

grilled chicken (+3) | smoked salmon (+6)

COBB SALAD

12

romaine, bacon, bleu cheese, egg + tomato

AUTUMN SALAD

14

romaine + kale dressed in sage balsamic, fried brussels, sweet potato, feta, pepitas, tri-color quinoa + cranberries
Brussels and sweet potato are prepared using a fryer that is shared with items that contain gluten.

CAESAR SALAD

12

romaine dressed in caesar, shaved parmesan + croutons

PILOT IN TRAINING

includes your choice of side: fries, sweet potato fries, coleslaw, cottage cheese, house salad (+3)

GRILLED CHEESE

6

