

October 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b>	<b>2</b> <b>Breakfast:</b> Waffles & Syrup Fruit <b>Lunch:</b> Pizza <b>Snack:</b> Fruit Snacks & Water	<b>3</b>
<b>4</b>	<b>5</b> <b>Breakfast:</b> Blueberry Pancakes & Syrup Fruit <b>Lunch:</b> Fish Sticks Tater tots Peas <b>Snack:</b> Cheez-its & Water	<b>6</b> <b>Breakfast:</b> Bagel & Cream Cheese Fruit <b>Lunch:</b> Chicken Patties Sweet Potatoes Broccoli <b>Snack:</b> Animal Crackers & Water	<b>7</b> <b>Breakfast:</b> English Muffin Fruit <b>Lunch:</b> Spaghetti Bread <b>Snack:</b> String Cheese, Crackers & Water	<b>8</b> <b>Breakfast:</b> Cinnamon Toast Fruit <b>Lunch:</b> Beef Goulash & Carrots Corn Bread <b>Snack:</b> Pretzels & Water	<b>9</b> <b>Breakfast:</b> Waffles & Syrup Fruit <b>Lunch:</b> Pizza <b>Snack:</b> Fruit Snacks & Water	<b>10</b>
<b>11</b>	<b>12</b> <b>Breakfast:</b> French Toast Sticks & Syrup Fruit <b>Lunch:</b> Spaghetti & Meatsauce (Beef) <b>Snack:</b> Yogurt & Water	<b>13</b> <b>Breakfast:</b> Cinnamon Toast Fruit <b>Lunch:</b> Grilled Cheese Tomato Soup Fruit <b>Snack:</b> Applesauce & Water	<b>14</b> <b>Breakfast:</b> Cheerios/Milk Fruit <b>Lunch:</b> Chicken Patties Tater tots <b>Snack:</b> Pretzels & Water	<b>15</b> <b>Breakfast:</b> Hardboiled eggs Toast Fruit <b>Lunch:</b> Baked Ziti Salad <b>Snack:</b> Teddy Grahams & Water	<b>16</b> <b>Breakfast:</b> Waffles & Syrup Fruit <b>Lunch:</b> Pizza <b>Snack:</b> Fruit Snacks & Water	<b>17</b>
<b>18</b>	<b>19</b> <b>Breakfast:</b> French Toast Sticks & Syrup Fruit <b>Lunch:</b> Spaghetti & Meatsauce Peas <b>Snack:</b> Yogurt & Water	<b>20</b> <b>Breakfast:</b> Blueberry Pancakes & Syrup Fruit <b>Lunch:</b> Chicken Nuggets Mac&Cheese String Beans <b>Snack:</b> Fruit Snacks & Water	<b>21</b> <b>Breakfast:</b> Hardboiled eggs Toast Fruit <b>Lunch:</b> Baked Ziti Salad <b>Snack:</b> Teddy Grahams & Water	<b>22</b> <b>Breakfast:</b> Cheerios/Milk Fruit <b>Lunch:</b> Chicken Patties Tater tots <b>Snack:</b> Pretzels & Water	<b>23</b> <b>Breakfast:</b> Waffles & Syrup Fruit <b>Lunch:</b> Pizza <b>Snack:</b> Fruit Snacks & Water	<b>24</b>
<b>25</b>	<b>26</b> <b>Breakfast:</b> Cheerios/Milk Fruit <b>Lunch:</b> Chicken Salad Crackers <b>Snack:</b> String Cheese, Crackers & Water	<b>27</b> <b>Breakfast:</b> French Toast Sticks & Syrup Fruit <b>Lunch:</b> Spaghetti & Meatsauce (Beef) <b>Snack:</b> Carrots w. Veggie Dip & Water	<b>28</b> <b>Breakfast:</b> Cinnamon Toast Fruit <b>Lunch:</b> Grilled Cheese Tomato Soup <b>Snack:</b> Applesauce & Water	<b>29</b> <b>Breakfast:</b> Pancakes & Syrup Fruit <b>Lunch:</b> Fish Sticks French Fries Carrots <b>Snack:</b> Cheez-its & Water	<b>30</b> <b>Breakfast:</b> Waffles & Syrup Fruit <b>Lunch:</b> Pizza <b>Snack:</b> Fruit Snacks & Water	<b>31</b>