



Ph: 541 252-1675

Email: michelle@pacificrootscounseling.com

Website: <https://pacificrootscounseling.com/>

Professional Disclosure Statement

Michelle Hamm, Marriage and Family Therapist Intern/Associate
LMFT Associate (Beginning June 2027)
Full LMFT Licensure Anticipated Late 2027 / Early 2028
Pacific Roots Counseling – Oregon

Professional Status

Beginning June 2026, I will practice as a Marriage and Family Therapy Intern in the State of Oregon. As of June 2027, I will practice as a Licensed Marriage and Family Therapist Associate (LMFT Associate) registered with the Oregon Board of Licensed Professional Counselors and Therapists (OBLPCT).

Full LMFT licensure is anticipated in late 2027 or early 2028 upon completion of all required supervised hours and board requirements.

As an intern and associate, I practice under the clinical supervision of James E. Brown, LMFT, LPC, as required by Oregon law. My clinical supervisor's name, license number, and contact information will be provided prior to the start of services.

Education & Clinical Orientation

I will earn my Masters degree in Marriage and Family Therapy In June 2027 from Oregon Institute of Technology. My graduate training includes supervised clinical experience working with individuals, couples, and families.

My clinical orientation is relational, trauma-informed, and grounded in systems theory.

Philosophy & Approach

At Pacific Roots Counseling, I believe healing happens in safe, attuned relationships. I integrate Emotionally Focused Therapy (EFT), Cognitive Behavioral Therapy (CBT), Narrative Therapy, Solution-Focused Therapy, and attachment-based interventions.

With academic experience in substance use recovery counseling and long-term personal recovery, I bring a compassionate, nonjudgmental perspective to concerns related to addiction, shame, anxiety, trauma, and life transitions.

Services Provided

I provide therapy for:

- Anxiety and depression
- Trauma and PTSD
- Relationship and marital concerns
- Family conflict
- Parenting challenges
- Life transitions
- Substance use recovery support
- Social anxiety and ADHD-related concerns

Services may include individual, couples, and family therapy under supervision until full licensure is obtained.

Fees

Individual Therapy (50–60 minutes): \$150

Couples/Family Therapy (50–60 minutes): \$170

Extended Sessions (90 minutes): \$225

A sliding Scale option is available upon request.

Payment is due at the time of service. At this time I am not currently accepting insurance, however I can provide a detailed, itemized receipt (a superbill) as an out-of-network mental health provider. This allows you, the client, to seek reimbursement from your insurance. Your receipt will include my information, your diagnoses, procedure codes, and costs. Oregon also has strong laws protecting clients from "surprise billing" (balance billing) for out-of-network care. You are responsible for understanding your benefits, deductibles, and coverage limits.

Supervision

As an intern and associate, I receive ongoing clinical supervision.

Your case may be discussed in supervision for training and quality-of-care purposes. All identifying information is protected in accordance with confidentiality laws.

Confidentiality

Your privacy is protected by law. Information shared in therapy is confidential except in the following situations:

- Suspected abuse or neglect of a child, elderly person, or vulnerable adult
- Imminent risk of serious harm to yourself or others
- Court order or legal requirement
- Professional consultation or supervision

Electronic Communication

Email and text messaging may be used for scheduling purposes only and are not secure for clinical discussions.

Telehealth (remote clinical sessions via a computer video program) is available if meeting in person is not possible.

Emergencies

I do not provide 24-hour crisis services.

In an emergency, call 911, 988 (Suicide & Crisis Lifeline), or go to the nearest emergency room.

Client Rights & Complaints

You have the right to:

- Be treated with respect and dignity
- Ask questions about your treatment
- Refuse any intervention
- Request a referral
- End therapy at any time

Complaints may be directed to:

Oregon Board of Licensed Professional Counselors and Therapists
(OBLPCT) 3218 Pringle Rd SE, Suite 250
Salem, OR 97302
Phone: (503) 378-5499
Website: www.oregon.gov/oblpc

Consent to Treatment

I have read and understand this Professional Disclosure Statement and consent to treatment.

Client Name: _____

Client Signature: _____ Date: _____

Therapist Signature: _____ Date: _____