

TEMPOROMANDIBULAR DISORDERS (TMDs)

DISABILITY BENEFITS QUESTIONNAIRE NAME OF PATIENT/VETERAN PATIENT/VETERAN'S SOCIAL SECURITY NUMBER IMPORTANT - THE DEPARTMENT OF VETERANS AFFAIRS (VA) WILL NOT PAY OR REIMBURSE ANY EXPENSES OR COST INCURRED IN THE PROCESS OF COMPLETING AND/OR SUBMITTING THIS FORM. Note - The Veteran is applying to the U.S. Department of Veterans Affairs (VA) for disability benefits. VA will consider the information you provide on this questionnaire as part of their evaluation in processing the Veteran's claim. VA may obtain additional medical information, including an examination, if necessary, to complete VA's review of the veteran's application. VA reserves the right to confirm the authenticity of ALL questionnaires completed by providers. It is intended that this questionnaire will be completed by the Veteran's provider. Are you completing this Disability Benefits Questionnaire at the request of: Veteran/Claimant Other: please describe Are you a VA Healthcare provider? Is the Veteran regularly seen as a patient in your clinic? Yes No Was the Veteran examined in person? Yes No If no, how was the examination conducted? **EVIDENCE REVIEW** Evidence reviewed: No records were reviewed Records reviewed Please identify the evidence reviewed (e.g. service treatment records, VA treatment records, private treatment records) and the date range.

	SECTION I - DIAGNOSIS				
1A. DOES THE VETERAN NOW HAVE OR HAS HE OR SHE EVER HAD A TEMPOROMANDIBULAR JOINT CONDITION? YES NO (If "Yes," complete Item 1B)					
1B. PROVIDE ONLY DIAGNOSES THAT PERTAIN TO TEMPOROM.	ANDIBULAR JOINT CONDITIONS:				
Diagnosis # 1:	ICD code:	Date of diagnosis:			
Diagnosis # 2:	ICD code:	Date of diagnosis:			
Diagnosis # 3:	ICD code:	Date of diagnosis:			
1C. IF THERE ARE ADDITIONAL DIAGNOSES THAT PERTAIN TO TEMPOROMANDIBULAR JOINT CONDITIONS LIST USING ABOVE FORMAT: SECTION II - MEDICAL HISTORY 2A. DESCRIBE THE HISTORY (including onset and course) OF THE VETERAN'S TEMPOROMANDIBULAR JOINT CONDITION (Brief summary):					
2B. DOES THE VETERAN REPORT FLARE-UPS OF THE TEMPOROMANDIBULAR JOINT? YES NO IF YES, DOCUMENT THE VETERAN'S DESCRIPTION OF FLARE-UPS IN HIS OR HER OWN WORDS:					
2C. DOES THE VETERAN REPORT HAVING ANY FUNCTIONAL LO REPETITIVE USE)? YES NO IF YES, DOCUMENT THE VETERAN'S DESCRIPTION OF FUNCTION	ONAL LOSS OR FUNCTIONAL IMPAIRMENT IN HIS OR HE	ER OWN WORDS:			
SECTION III - INITIAL RANG	GE OF MOTION (ROM) AND FUNCTIONAL LIMITA	TIONS			
NOTE - For VA Compensation purposes, the normal maximum unassisted range of vertical jaw opening is from 35 - 50 millimeters.					
There are several separate parameters requested for describing functions that can be ascribed to any documented loss of range of motion a Subsequent questions take into account additional factors such as pai important to understand whether or not that pain itself contributes to fulflare up, however, this is not always feasible.	and unlike later questions, does not take into account the nur n, fatigue, weakness, lack of endurance or incoordination. If	merous other factors to be considered. there is pain noted on examination, it is			

Information regarding joint function is broken up into two subsets. First is based on repetitive use and the second functional loss associated with flare ups. The repetitive use section initially asks for objective findings after three or more repetitions of range of motion testing. The second portion provides a more global picture of functional loss associated with repetitive use over time. The latter takes into account medical probability of additional functional loss as a global view, taking into account not only the objective

Optimally, description of any additional loss of function should be provided as what the degrees range of motion would be opined to look like in these given scenarios. However, when this is not feasible, a clear as possible description of that loss should be provided. This same information (minus the three repetitions) is asked to be provided

findings noted on the examination but also the subjective history provided by the claimant as well as review of available medical evidence.

TMD Conditions Disability Benefits Questionnaire Released March 2021

with regards to flare ups.

SECTION III - INITIAL RANGE OF MOTION (ROM) AND FUNCTIONAL LIMITATIONS (Continued)					
3A. INITIAL ROM MEASUREMENTS RIGHT TMJ	LEFT TMJ				
Unable to test Not indicated	Unable to test Not indicated				
If 'Unable to test" or "Not indicated", please explain:	If 'Unable to test" or "Not indicated", please explain:				
Inter-incisal distance: greater than 34mm 30 - 34mm 21 - 29mm 11 - 20mm 0 - 10mm					
Right: Lateral excursion: greater than 4mm 0 - 4mm	Left: Lateral excursion: greater than 4mm 0 - 4mm				
If ROM is outside of "normal" range, but is normal for the Veteran (for reasons other than a temporomandibular joint condition, such as age, body habitus, neurologic disease), please describe:	If ROM is outside of "normal" range, but is normal for the Veteran (for reasons other than a temporomandibular joint condition, such as age, body habitus, neurologic disease), please describe:				
If abnormal, does the range of motion itself contribute to a functional loss? Yes No If yes, please explain:	If abnormal, does the range of motion itself contribute to a functional loss? Yes No If yes, please explain:				
Description of Pain (select the best response): No pain noted on exam Pain noted on exam on rest / non- movement If noted on examination, which ROM exhibited pain (select all that apply): Mouth opening Right lateral excursion	Description of Pain (select the best response): No pain noted on exam Pain noted on exam on rest / non- movement If noted on examination, which ROM exhibited pain (select all that apply): Mouth opening Left lateral excursion				
Pain noted on exam but does not result in / cause functional loss Sthere evidence of pain with chewing (mastication)? Yes No No	Pain noted on exam but does not result in / cause functional loss Pain noted on examination and causes functional loss Is there evidence of pain with chewing (mastication)? Yes No				
Is there objective evidence of localized tenderness or pain on palpation of the joint or associated soft tissue? Yes No	Is there objective evidence of localized tenderness or pain on palpation of the joint or associated soft tissue? Yes No				
Is there objective evidence of crepitus or clicking of joints or soft tissue of the right TMJ? If yes to crepitus or clicking above, describe including location, severity, and relationship to condition(s).	Is there objective evidence of crepitus or clicking of joints or soft tissue of the left TMJ? If yes to crepitus or clicking above, describe including location, severity, and relationship to condition(s).				
3B. OBSERVED REPETITIVE USE					
RIGHT TMJ	LEFT TMJ				
Is the veteran able to perform repetitive-use testing with at least three repetitions? Yes No If no, provide reason:	Is the veteran able to perform repetitive-use testing with at least three repetitions? Yes No If no, provide reason:				
Is there additional loss of function or range of motion after three repetitions? Yes No	Is there additional loss of function or range of motion after three repetitions? Yes No				
Select all factors that cause this Pain Fatigue Weakness functional loss: N/A Lack of endurance Incoordination	Select all factors that cause this Pain Fatigue Weakness functional loss: N/A Lack of endurance Incoordination				
ROM after 3 repetitions: Inter-incisal distance: greater than 34mm 30 - 34mm 21 - 29mm 11 - 20mm 0 - 10mm					
Right: Lateral excursion: greater than 4mm 0 - 4mm	Left: Lateral excursion: greater than 4mm 0 - 4mm				

3C. REPEATED USE OVER TIME				
RIGHT TMJ	LEFT TMJ			
Is the Veteran being examined immediately after repetitive use over time? Yes No	Is the Veteran being examined immediately after repetitive use over time? Yes No			
If the examination is <i>not</i> being conducted immediately after repetitive use over time: The examination is medically consistent with the Veteran's statements describing functional loss with repetitive use over time. The examination is medically inconsistent with the Veteran's statements describing functional loss with repetitive use over time. The examination is neither medically consistent nor inconsistent with the Veteran's statements describing functional loss with repetitive use over time. If the examination is medically inconsistent with the Veteran's statements of functional loss, please explain:	If the examination is <i>not</i> being conducted immediately after repetitive use over time: The examination is medically consistent with the Veteran's statements describing functional loss with repetitive use over time. The examination is medically inconsistent with the Veteran's statements describing functional loss with repetitive use over time. The examination is neither medically consistent nor inconsistent with the Veteran's statements describing functional loss with repetitive use over time. If the examination is medically inconsistent with the Veteran's statements of functional loss, please explain:			
Does pain, weakness, fatigability or incoordination significantly limit functional ability	Does pain, weakness, fatigability or incoordination significantly limit functional ability			
with repeated use over a period of time?	with repeated use over a period of time?			
Yes Unable to say without mere speculation	Yes No Unable to say without mere speculation			
If unable to say without mere speculation, please explain:	If unable to say without mere speculation, please explain:			
The state of the s	The state of the s			
Select all factors that cause this N/A	Select all factors that cause this N/A			
functional loss: Pain Fatigue Weakness	functional loss: Pain Fatigue Weakness			
Faill Fallyue Weakness	Fall Falligue Weakiless			
Lack of endurance Incoordination	Lack of endurance Incoordination			
Are you able to describe in terms of Range of Motion?	Are you able to describe in terms of Range of Motion? Yes No If no, please describe:			
Inter-incisal distance: greater than 34mm 30 - 34mr	m 21 - 29mm 11 - 20mm 0 - 10mm			
Right: Lateral excursion: greater than 4mm 0 - 4mm	Left: Lateral excursion: greater than 4mm 0 - 4mm			
3D. FLARE UPS				
RIGHT TMJ	LEFT TMJ			
Is the examination being conducted during a flare up? Yes No	Is the examination being conducted during a flare up? Yes No			
If the examination is <i>not</i> being conducted during a flare up: The examination is medically consistent with the Veteran's statements describing functional loss during flare up. The examination is medically inconsistent with the Veteran's statements describing functional loss during flare up. The examination is neither medically consistent nor inconsistent with the Veteran's statements describing functional loss during flare up. If the examination is medically inconsistent with the Veteran's statements of functional loss, please explain:	If the examination is <i>not</i> being conducted during a flare up: The examination is medically consistent with the Veteran's statements describing functional loss during flare up. The examination is medically inconsistent with the Veteran's statements describing functional loss during flare up. The examination is neither medically consistent nor inconsistent with the Veteran's statements describing functional loss during flare up. If the examination is medically inconsistent with the Veteran's statements of functional loss, please explain:			

3D. FLARE UPS (Continued)				
RIGHT TMJ	LEFT TMJ			
Does pain, weakness, fatigability or incoordination significantly limit functional ability with flare ups? Yes No Unable to say without mere speculation	Does pain, weakness, fatigability or incoordination significantly limit functional ability with flare ups? Yes No Unable to say without mere speculation			
If unable to say without mere speculation, please explain:	If unable to say without mere speculation, please explain:			
Select all factors that cause this functional loss: N/A Pain Fatigue Weakness Lack of endurance Incoordination	Select all factors that cause this functional loss: Pain Fatigue Weakness Lack of endurance Incoordination			
Able to describe in terms of Range of Motion?	Able to describe in terms of Range of Motion?			
If no, please describe:	If no, please describe:			
Inter-incisal distance: greater than 34mm 30 - 34mm	21 - 29mm 11 - 20mm 0 - 10mm			
Right: Lateral excursion: greater than 4mm 0 - 4mm	Left: Lateral excursion: greater than 4mm 0 - 4mm			
3E. ADDITIONAL FACTORS CONTRIBUTING TO DISABIITY RIGHT TMJ	LEFT TMJ			
In addition to those addressed above, are there additional contributing factors of disability? Please select all that apply and describe:	In addition to those addressed above, are there additional contributing factors of disability? Please select all that apply and describe:			
None	None			
Less movement than normal (due to ankylosis, limitation or blocking, adhesions, tendon-tie-ups, contracted scars, etc.)	Less movement than normal (due to ankylosis, limitation or blocking, adhesions, tendon-tie-ups, contracted scars, etc.)			
More movement than normal (from flail joints, resections, nonunion of fractures, relaxation of ligaments, etc)	More movement than normal (from flail joints, resections, nonunion of fractures, relaxation of ligaments, etc)			
Weakened movement (due to muscle injury, disease or injury of nerves, divided or lengthened tendons, etc.)	Weakened movement (due to muscle injury, disease or injury of nerves, divided or lengthened tendons, etc.)			
Swelling	Swelling			
Deformity	Deformity			
Atrophy of disuse	Atrophy of disuse			
Other, describe:	Other, describe:			
SECTION IV - DIETA	ARY RESTRICTIONS			
NOTE: For VA compensation purposes, mechanically altered foods are defined as altered by blending, chopping, grinding or mashing so that they are easy to chew and swallow. There are four levels of mechanically altered foods: full liquid, puree, soft, and semisolid foods. To warrant elevation based on mechanically altered foods, the use of texture-modified diets must be recorded or verified by a physician. 4. DOES THE VETERAN REQUIRE A MECHANICALLY ALTERED FOODS DIET, WHICH HAS BEEN PHYSICIAN VERIFIED OR DOCUMENTED, DUE TO THE TEMPOROMANDIBULAR DISORDER? YES NO IF YES, INDICATE THE RESTRICTIONS BELOW: Dietary restrictions to all mechanically altered foods, to include full liquid, puree foods, soft foods, and semi-solid foods Dietary restrictions to soft and semi-solid foods				
SECTION V - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS AND/OR SYMPTOMS				
5A. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS RELATED TO ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE? YES NO IF YES, DESCRIBE (brief summary):				

SECTION V - OTHER PERTINENT PHYSICAL	FINDINGS, COMPLICATIONS, CO	NDITIONS, SIGN	IS AND/OR SY	MPTOMS (Continued)		
5B. DOES THE VETERAN HAVE ANY SCARS (surgical or otherwise) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?						
YES NO						
IF YES, ARE ANY OF THESE SCARS PAINFUL OR UNSTABLE; HAVE A TOTAL AREA EQUAL TO OR GREATER THAN 39 SQUARE CM (6 square inches); OR ARE LOCATED ON THE HEAD, FACE OR NECK?						
YES NO						
IF YES, ALSO COMPLETE VA FORM 21-0960F-1	, SCARS/DISFIGUREMENT.					
IF NO, PROVIDE LOCATION AND MEASUREME	NTS OF SCAR IN CENTIMETERS.					
LOCATION:	MEASUREMENTS: length	cm X width _	cm	1.		
NOTE: An "unstable scar" is one where, for any reason, there is frequent loss of covering of the skin over the scar. If there are multiple scars, enter additional locations and measurements in Comment section below. It is not necessary to also complete a Scars DBQ.						
5C. COMMENTS, IF ANY:						
NOTE: The diagnosis of degenerative arthritis (osteoarthritis	SECTION VI - DIAGNOSTIC TES		lies Once such	arthritis has been documented no		
further imaging studies are required by VA, even if arthritis		ica by imaging stat	ines. Once such	artificis has been documented, no		
6A. HAVE IMAGING STUDIES OF THE TMJ BEEN PERFOR	MED AND ARE THE RESULTS AVAILAB	BLE?				
YES NO						
IF YES, IS DEGENERATIVE OR TRAUMATIC ARTHRITIS DO	OCUMENTED?					
YES NO						
IF YES, SIDE AFFECTED: Right Left Bo	oth					
6B. ARE THERE ANY OTHER SIGNIFICANT DIAGNOSTIC T	EST FINDINGS AND/OR RESULTS?					
YES NO						
IF YES, SIDE AFFECTED: Right Left Bo	oth					
IF YES, PROVIDE TYPE OF TEST OR PROCEDURE, DATE	AND RESULTS (Brief summary):					
	SECTION VII - FUNCTIONAL IMP	PACT				
7. DOES THE VETERAN'S TEMPOROMANDIBULAR JOINT	CONDITION IMPACT HIS OR HER ABIL	LITY TO WORK?				
YES NO						
IF YES, DESCRIBE THE IMPACT OF EACH OF THE VETER	AN'S TEMPOROMANDIBULAR CONDIT	IONS PROVIDING	ONE OR MORE	EXAMPLES:		
	OFOTION VIII DEMARKS					
O DEMADIC (if any):	SECTION VIII - REMARKS					
8. REMARKS (if any):						
	IX- PHYSICIAN'S CERTIFICATION					
CERTIFICATION - To the best of my knowledge, the	he information contained herein is a	eccurate, complet	e and current.			
9A. PHYSICIAN'S SIGNATURE	9B. PHYSICIAN'S PRINTED NAME			9C. DATE SIGNED		
9D. PHYSICIAN'S PHONE AND FAX NUMBER	9E.MEDICAL LICENSE NUMBER & ST	TATE	9F. PHYSICIAN	L N'S ADDRESS		
	L					