

Blessings Children of God

Star's Cartel Presents

Becoming the Proverbs 31 Woman

I pray the messages and testimony of this
book blesses you



Star's Cartel

**Becoming
the
Proverbs 31
Woman**

First and foremost I want to give praise to my Heavenly Father as without Him I am nothing and nobody. I am overly grateful to have the opportunities that have been laid out for me and the gifts that God bestowed upon me. Second I would not be able to give any advice to you all if it were not for God seeing fit to save me time and time again despite my hardheadedness and disobedience. I cannot count how many times I found myself in trouble and God came through for me. Next I dedicate this book to my baby boy James who brings joy to my heart and my world .

Third I want to thank each and every person who takes out the time effort and energy to watch my channel, subscribe, comment and share my videos I love you all bunches.

Proverbs 31 : 10

- 10 A wife of noble character who can find?
She is worth far more than rubies.
- 11 Her husband has full confidence in her
and lacks nothing of value.
- 12 She brings him good, not harm,
all the days of her life.
- 13 She selects wool and flax
and works with eager hands.
- 14 She is like the merchant ships,
bringing her food from afar.
- 15 She gets up while it is still night;
she provides food for her family
and portions for her female servants.
- 16 She considers a field and buys it;
out of her earnings she plants a vineyard.
- 17 She sets about her work vigorously;
her arms are strong for her tasks.
- 18 She sees that her trading is profitable,
and her lamp does not go out at night.
- 19 In her hand she holds the distaff
and grasps the spindle with her fingers.
- 20 She opens her arms to the poor
and extends her hands to the needy.
- 21 When it snows, she has no fear for her household;
for all of them are clothed in scarlet.
- 22 She makes coverings for her bed;
she is clothed in fine linen and purple.
- 23 Her husband is respected at the city gate,
where he takes his seat among the elders of the land.
- 24 She makes linen garments and sells them,
and supplies the merchants with sashes.
- 25 She is clothed with strength and dignity;
she can laugh at the days to come.

- 26 She speaks with wisdom,
and faithful instruction is on her tongue.**
- 27 She watches over the affairs of her household
and does not eat the bread of idleness.**
- 28 Her children arise and call her blessed;
her husband also, and he praises her:**
- 29 “Many women do noble things,
but you surpass them all.”**
- 30 Charm is deceptive, and beauty is fleeting;
but a woman who fears the Lord is to be praised.**
- 31 Honor her for all that her hands have done,
and let her works bring her praise at the city gate.**

Finding Peace in Singleness

Some of you may look at the heading of this chapter in confusion but in reality it is highly important to understand you will not be able to be happy with any relationship until you find peace in the relationship you have with yourself. This is something I used to have a hard time with. I used to feel as though I wasn't having fun unless I was out at some kind of club, party or event. I would fill my calendar with meaningless events thinking it meant my life was important and fulfilling.

Sometimes society will pressure us into believing being a homebody is boring and a lonely way to live but I now realize it's what truly builds character. When you surround yourself with other people you allow yourself to become influenced by their desires wants and needs ignoring your own. When I made friends I would dive in becoming one with my friend I would find myself doing things I truly didn't enjoy simply for the sake of not wanting to be alone. Then one day I woke up and realized I was sacrificing my peace, joy and happiness to hang out with people who didn't even like me. I almost took it personal but with further alone time I realized they didn't like each other either.

The moment my friends turned on me was heartbreaking, my best friend whom I've known since birth confessed that she and several of our friends deliberately slept with my ex. She announced it so proudly while I was disgusted, horrified and heartbroken. In that moment I needed someone to lean on but instead I was met with hate

coming from someone I always shown love to. I went home and decided I would be taking control of my life for the better. I made the announcement, and everyone I knew found it hilarious. I removed my presence from social media and began to plan my life. It took months of planning, crying, praying and fasting but eventually I looked up and was the proud owner of my own business. In that moment I realized going out and chasing relationships was never helping me if anything it was holding me back. My friend made me feel like I was a burden on her but I realized she was a burden on me.

I always felt like being single was depressing, boring and meant I was undesirable. I never enjoyed sleeping alone or the thought of living alone. Once I was single and without friends I thought I would be bored but baby I realized I no longer had to ask anyone if it was ok for me to have a spa day, there was no one to say they didn't want to watch a chick flick again, and I didn't have to stop what I was doing to make way for someone else's plans.

In my 20s I was a hard drinker and I embraced it as a part of me. When I finally was alone I realized I'm actually a social drinker and I only want a drink when I'm surrounded by other people who are drinking. I realized not only do I dislike the taste of liquor but I hate the effects of alcohol.

Lastly I realized social pressures influenced me to date the wrong people . I ended up in bad relationships because I was too concerned with what my friends and society would think. I realized the guys that my "friends" claimed would be a perfect match for me were actually demons. 90% of the time they were trying to set me up through the demon. They always say keep your enemy's close and I didn't realize how ironic it was that I always had trouble in paradise when I had a falling out with a so called friend. I

didn't realize my "friends" were calling texting and sleeping with my "man" behind my back.

I know you're probably thinking Star what does this have to do with becoming a proverbs 31 woman? How can you become a blessing to your husband and children without being a blessing to yourself first. Give yourself the opportunity to figure out who you are first and what's best for you first before you bring someone else into the mix. It would be a pity to meet Mr. Right just for a jealous hateful friend to come and try to snatch him away behind your back. Even if he is a faithful man who is deeply devoted to you some women are devious and untrustworthy and surely don't need to be around your family.

Singleness can sound scary at first but dating yourself can certainly be refreshing and rewarding.

Meeting Yourself

Stop thinking of your singleness as a burden and find out who you really are before adding someone else to the picture.

Being single opens up the new opportunity of being able to find out who you really are. As I talked about in the last chapter I didn't really get to know myself until I was truly alone. When I first heard of dating yourself I thought it sounded crazy then I realized how many things I thought were weird or lame but I actually enjoy doing. As many of you already know gardening is my hobby. When I started gardening I was in a state of wanting something to do to free my mind. While I was in my singleness stage I realized I loved tea and wanted to learn to grow my own as the herbs I wanted were expensive and hard to find in stores. I sowed my first seeds and fell in love with the thought of not only being able to grow pretty flowers to change my surroundings but also being able to grow food I could eat for healthier choices at a far cheaper price.

This stage is not just for you to be alone and you shouldn't think of it in a negative light but more so alone with God.... alone in good company. Being alone in good company is far better than being surrounded by a group of people who don't wish you well. I personally would much rather spend my evening watching reruns than realizing my friends have been plotting against me and I'm surrounded.

From someone who has been in this position understand it's not fun. I also prefer being single over being in a relationship with a man who secretly wants to force me into prostitution/sexual slavery. When we insist on being in relationships God has warned us about and are bent on going places that we know are not good places to go we put ourselves directly in position to be caught in a trap of the enemy.

The waiting period is only torture if you make it that way just because your single doesn't mean you can't get out the house. Restaurants won't shun you and movie theaters still play movies even if you show up one deep. Being single is an opportunity ... an opportunity to travel, find a new hobby or to take some cooking classes. Make the best of your time alone instead of convincing yourself God is punishing you. Think of it as you having an opportunity to really do what you want before you are locked down and connected to someone else for the rest of your life. Remember forever is a long time so what's the big rush.

Use this time to get closer to God. Sometimes we are in such a rush to be married we don't realize God has things for us to accomplish by ourselves before we wed. We have been conditioned to believe if a woman is not married with children she is not fulfilling her purpose to society and we completely throw out the idea that sometimes our journey is a tad bit more complicated then simply graduating getting married and making babies.

Now don't get it twisted I'm in no shape, form or fashion saying you should use this as an opportunity to thot it up. Being single does not equal promiscuity it is simply embracing the time before you meet your designated spouse and not rushing the process. Why stress yourself out trying to convince a guy you're the one for him when

you could be on a beach watching the sun set. Regardless to if you chase the dreamy guy after God has asked you not to or if you decide to go on the vacation what's meant to be is going to be regardless right? So why force it? It would be better to spend your time single becoming the woman you desire to be, then when it's time for you to be with your kingdom spouse you won't feel the need to change anything about yourself for them.

Lastly if you are approached by a counterfeit you will not only realize it immediately but you will dodge them and their nonsense effortlessly.

Building Healthy Relationships

Healthy relationship building doesn't start when you meet your kingdom spouse, it begins when you are born.

When you surround yourself with toxic people you begin to believe toxic behavior is normal. Going back over what we discussed earlier having toxic friends around a healthy relationship can cause tiny problems to turn into massive ones. I once had a friend in middle school that wanted my boyfriend, given we were kids it wasn't a serious relationship and in reality none of this matters ... however she went behind my back and told him he should break up with me because I didn't comb my hair everyday and he did. Was she lying yes, I couldn't help being a girly tomboy nor that they actually expected us too workout in pe class. Did he get with her afterwards no, she literally did that for the satisfaction of knowing she broke up my relationship. When I confronted her about it she acted confused. Long story short if somebody shows you they are toxic believe them the first time. Don't make yourself believe that a toxic friend who has went out their way to show you how toxic they are won't go out their way to make your life uncomfortable or less enjoyable again.

We are naturally social creatures, this is something I hear often when I tell someone that I enjoy being alone. Sometimes people take offense to my preference of me time but in reality its a defense mechanism. If I'm alone not only will I easily be able to accomplish every task I want to

with ease and grace I also don't have to worry about the heartache of someone I love backstabbing me.

When you do get ready to build healthy relationships start slow. That goes for friends and potential spouses. This is why it is dangerously important to get to know yourself first. When you believe you're unworthy of love and healthy relationships or when you're simply desperate for companionship you set yourself up for friends and spouses who turn out to be envious and counterfeits.

Have healthy standards and set up boundaries. Don't give up too much or any personal information to strangers. Give someone the opportunity to earn your trust don't just give it away. If you know you like a particular show or you have a certain time set for prayer, don't allow anyone to overstep that. Some narcissists love to do this. They will study your schedule and deliberately mess up your plans in an attempt to force you to stop what you're doing for them. However if you put up healthy boundaries beforehand you won't have to stress or worry yourself about dealing with a narcissist, you let them know out the gate that is your prayer hour and they will have to call you back ... you tell them you were busy and simply don't take calls at a certain time. If they try to punish you by not calling you for a few days block them they want to control you and that's unhealthy toxic behavior.

As you get to know someone on a deeper level you can start opening up to them slowly. The world is changing and satan is running rampant, don't get caught up being too friendly to someone who seemed nice. Some people truly are excellent at hiding their true intentions but this is why we must always pray for discernment when making decisions. Sometimes we build a relationship with someone and get so used to them being around that we become co-

dependent upon them. This is once again why it is important to enjoy being alone that way you won't feel as though you have no choice but to settle for someone's toxic behavior. I use to find myself wanting to stop being friends with people I knew were up to no good but then I would say to myself who else will you go out with? What will people think if you're out eating alone? I finally had had enough and went out alone and it was so uplifting! I felt like I was finally free.

Focusing On Your Goals and Dreams

Too many people rush into their forever or happily ever after before they've had an opportunity to build themselves into a suitable match for the spouse they desire...

What is so inspiring about the proverbs 31 woman? She certainly has her life in order and that's not something that happens overnight.

So why do so many of us believe if we just get married everything else will magically fall in place. Now this chapter is not intended to shatter your dreams but to wake you up. Getting married does not make things that you didn't have in the first place appear. In fact upon getting married most women feel they're under a lot of pressure. Not only do you still have whatever prior responsibilities but you now have a husband who will require lots of your attention.

We all have at least seen one video of men complaining about wanting a woman who is a full time housewife and a full time professional. Most men refuse to clean up and are messy, they don't want to or simply don't know how to cook and act like babies when anything goes wrong . I'm not saying this to deter you from marriage but more so to say if you think you will be able to accomplish your dreams after marriage I'm here too tell you while it is possible it's hard.

However if you accomplish your dreams prior to your wedding you won't have to deal with the pressure or feelings of regret after. God wants you to be able to give your hubby the attention he wants and you simply cannot do that if you are trying to accomplish your goals at the same time. This is not only about him however you don't want to burn yourself out. Being burnt out can cause you to become frustrated and aggressive all the time hence the male complaint of women not being friendly. If you take out the time to build yourself to becoming who you want to be prior you will be more cheerful.

Many woman complain of feeling unhappy and bored however these are symptoms one feels when they are forced to think about what if's. Your dreams can become nightmares if you find yourself unable to accomplish them. Your husband is meant to be your best friend but you won't get along well if you're constantly grumpy because you want to travel and they don't.

After you have found your peace being alone and have found joy getting to know yourself it is best to set your goals and accomplish them so that when you get married you can cheerfully be content with your husband and children. It's basically like reading a book you don't skip ahead to the next chapter before you finish the one you're on. Accomplish your goals and dreams so when you get married you can create new ones with your spouse.

Celebrate Your Accomplishments

It isn't necessary to put up with someone who cheats on you because they buy great apology gifts, when you can simply get the gift for yourself

Don't become that person who gets angry when someone doesn't throw a party for you every time you do something right. We all have bad days and while your husband can't expect you to center your world around him he won't always be able to center his world around you. While you are single and checking your goals off your checklist throw yourself a party, go out to eat celebrate your accomplishment you don't necessarily need to have a bunch of people surrounding you in order for you to feel appreciated. Sometimes we can be contempt with acknowledging ourselves.

While this chapter may seem weird it is important as it is intended to help you be ok with not receiving praise or approval. As I stated earlier sometimes we end up with the wrong friends or in counterfeit relationships because we want approval. This way you simply cut out the need to receive approval from others and therefore protect yourself from bad decisions. All praise is not good narcissists love bomb themselves into peoples hearts, therefore if you let yourself know that you're great and acknowledge your accomplishments you cut out the feeling of having to hear it from someone else. Therefore not feeling guilty blocking

the creepy guy who was following you home just because he was nice and said you were pretty.

Becoming One with God

Your relationship with God is the most important relationship you could ever have...

Being single is not a punishment it is the perfect opportunity to give our Heavenly Father your undivided attention. Use this time to grow closer to Him. Chase after the commandments He's given us. Study your bible more, pray more and understand He is always with you. Anytime something is removed it is not a punishment or a sentence. It is much better to be single in God's company than to be playing pretend with a counterfeit. Accept God's protection for what it is and thank Him in advance because He has someone for you.

Waiting

The waiting game is only frustrating when you are solely focused on what you're waiting for...

The scariest thing about being single and the desire to become the proverbs 31 woman is waiting. Understand you don't have to be married to become the proverbs 31 woman. Many of her tasks take lots of practice, effort and work. Don't wait until you say I do to start a business or learn how to sew start now. Don't become idle it will cause your waiting to be filled with sadness when you should be busy preparing and building yourself to become who you desire to be. We begin to judge ourselves, blame ourselves and fall into a place of insecurity. The words in this book are intended to pull you out of that mindset. It's not a matter of if you'll meet your someone but a matter of when. Seek the kingdom of God first.

About the Author



Tamara Willis Thank you for reading. It was surely a joy to write a book for you all. I pray that it helps those that it is meant to reach and may the good Lord bless you.