



Before We Decide

A conversation guide for parents

Before talking about what to do next, give yourselves 10 minutes.

The goal isn't to agree.

The goal is to understand each other first.

Me

Right now, what am I most worried about?

What am I hoping for?

You

What are you most worried about?

What are you hoping for?

Before we decide...

Do we understand each other better than we did 10 minutes ago?

☐ Yes

☐ A little more

☐ Not yet

What feels clearer now?

Our next best step

You don't have to figure everything out today.

You only need enough clarity to take the next step.