



REVESBY HEIGHTS JRLFC

Have You "Herd"?

Revesby Heights Rhinos JRLFC Newsletter



Vol .56 No.2

14th March 2019

Rhino Chatter

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THE START HAS BEGAN!

Our 2019 Season has begun for most of our Rhinos. Training has started! There are some sore legs out there, but we are loving it.

Some Highlights from our Superstars over the last weeks.

The amazing Hunter Children; Brooke & Cooper, feature in the TORCH for their achievements at the State Track & Field Championship 2019. Representing Revesby Workers Little Athletics, Copper for the Boys U9 Discus and Brooke for Girls U12 Shotput. Also, Brooke, Cooper & Khloe in the Sydney South West Regional Swimming Carnival, Representing Panania Public School.

Maxximus Defina also representing Panania Public School in the Sydney South West Regional Swimming Carnival



Two of our Lucky Rhinos were picked to represent the Revesby Heights Rhinos at the Canterbury Launch Photo Shoot. Elijah Biuvanua-Heather (U9) and Fasha Mustafa (U10). What a day!!!! Good Luck Doggies for 2019.



This could be you?

Enquire now.

admin@revesbyrhinosnrl.com.au

Dates to Remember

- BBQ Day ANZ Stadium 25th March
- GALA Day – May 4th
- First game – Saturday 6th April
- No Games Saturday 20th April
- No Games Saturday 13th July
- Final Game Saturday 10th August



Noah our U12, has advanced through to the NSWCP selection in Rugby League (11yrs). We wish him all the best in his next trial in May in Canberra.

Well Done !



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CONGRATULATIONS !!!!

Stephanie Antoniou (U12) has won the draw in the Coin Toss for the Dogs first game of the Season – Dogs V Parramatta held on Sunday 24th March. Let's support Steph and head down the game !!

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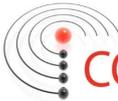


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NOTE FROM SPONSORS

Angela's Hair & Beauty is offering all Rhinos Children a discount rate of \$10 for a Hair Cuts

REMEMBER

If you wish to be a volunteer of our club, you can do so via registering ->

<https://membership.sportstg.com/v6/regofrm.cgi?alD=75&nfEntityTypeID=3&nfEntityD=11486&clD=11486&formID=53845>

Each volunteer gets **FREE BULLDOGS MEMBERSHIP**. An initiative and incentive given to us from the NRL Bulldogs.

Also, for all TRAINERS, they will be supplied with these AWESOME shirts based on qualif.



♥ ♥ YELLOW SHIRT - LEAGUESAFE

A Trainer who is qualified to deliver water and messages only. LeagueSafe Trainers are NOT qualified or trained to assess or treat injuries to any players.

♥ ♥ BLUE SHIRT - LEVEL 1

A Trainer who is qualified to assist and assess basic player injuries and to determine if a player is safe enough to be moved from the field or requires further treatment.

♥ ♥ ORANGE SHIRT - LEVEL 2

A Trainer who is qualified further in sports injury management and prevention and may take the lead to ensure leadership and control a serious event.

- Training is every Tuesday & Thursday

- U5-U9 5-6pm
- U10-13 6-7pm

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