### **Revesby Heights Rhinos JRLFC**



### COVID-19 Safety Plan

### 1. Introduction

The purpose of this COVID-19 Safety Plan (Plan) is to provide an overarching plan for the implementation and management of procedures by Revesby Height Rhinos (the club) to support NSWJRL and its members and participants in the staged resumption of community sport and club activities.

The plan also ensures that all those responsible for this process have the information required for the club to be prepared and have the ability to resume community sport and club activities at Neptune Park.

The guidance and requirements contained within this document is designed to prevent the transmission of the COVID-19 virus amongst participants, coaches, club officials, administrators, volunteers, spectators and the community at large.

The plan provides the framework to govern the general operation of the club, any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at club facilities.

This Plan includes, but is not limited to, the conduct of:

- Staged training and competition activities (sport operations); and
- Facility management and supporting operations (facility operations).
- At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

The club will ensure that it adheres to Governments COVID-19 Safety Plan for community sports (https://www.nsw.gov.au/covid-19/industry-guidelines/sports-recreation-and-gyms).

### 2. Key Principles

All the requirements are based on the information provided previously by the AIS (Framework for Rebooting Sport in a COVID-19 Environment), the National Government (National Principles for the Resumption of Sport and Recreation Activities) and the amendment to the NSW Government Public Health Order of Friday 22nd May.

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on the NSWRL Return to Training and Playing guidelines;



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- The club must assess the suitability of their current facilities and develop appropriate plans to implement the hygiene protocols, social distancing measures and other requirements in order to minimise the risk of transmission of the disease; and
- Training cannot resume until the club has completed and implemented the Safety Plan requirements. This includes submitting the plan to Canterbury Bankstown JRLFC and has had the plan approved by the NSWRL.

Everyone must share some responsibility in adhering to the framework and ensuring the safety of all concerned.

In this fluid environment, the advice and requirements of government are continually being updated. Therefore the club and its members should be aware that the requirements in this document may require updating on a regular basis and should be prepared to meet any new conditions in a timely manner.

As at 17 July 20, the NSW State Government has updated the community sports procedures from the government that reinforces COVID-19 Safety plans to include:

- No participants who have been in Victoria in the last 14 days,
- No participants who have visited the reported case locations, and
- Take all reasonable steps to minimise the number of spectators attending community sport events.

### 3. Roadmap to a COVIDSafe Australia

The club will also comply with the Australian government's Roadmap to a COVIDSafe Australia, which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

AIS Activities	Level A:  Training in no more than pairs.  Physical distancing required.	Level B: Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		Level C: Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
Roadmap Activities	N/A	Step 1:  No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.	Step 2: Indoor/outdoor sport up to 20 people. Physical distancing (density 4m²).	Step 3:  Venues allowed to operate with up to 100 people with physical distancing.  Physical distancing (density 4m²)  Community sport expansion to be considered consistent with AIS Framework.	Further steps TBC

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### 4. Roles and Responsibilities

Responsibilities and duties throughout NSWRL are as follows:

### **NSWRL**:

- Responsible for liaising with the appropriate Government departments and developing the framework in line with the advice provided;
- Developing resources and distributing them appropriately to all Regions and Districts in order to provide education and information on the framework requirements;
- Updating framework document based on changing government advice;
- Manage the approval of Safety Plans for all clubs; and
- Manage the archiving of all records of attendance for Major Competition club's training and playing activities.

### NSWRL Regions and Districts:

- Regions and Districts are responsible for ensuring the educational material and resources required within the framework have been distributed to each club within their boundaries; and
- Approving the Safety Plan provided by each individual club within its boundaries.

### Clubs:

- Appointing a person to act as the club COVID-19 Safety Officer who act as a point of contact for information relating to the outbreak, monitor and deliver the safety plan and NSWRL Framework throughout training and playing sessions;
- Revise the Safety Plan as required to ensure it reflects up to date information in the NSWRL Framework and Government advice; and
- Clubs are responsible for ensuring all participants, members and volunteers have received training on the NSWRL COVID-19 Education materials.

### COVID-19 Safety Officer:

- Oversee the development and implementation of the Covid-19 Safety Plan for their club in order to safely return to sport;
- Review the effectiveness of the COVID-19 Safety Plan and update accordingly; and
- Act as the contact point for the clubs registered participants, officials and volunteers particularly around questions relating to the steps the club has taken to return to be COVID- safe.

### Participants/Coaches/Officials/Volunteers:

- Ensure they're aware of the NSWRL Framework and the requirements contained within;
- Understand and act in accordance with the club Safety Plan to ensure that all Framework requirements are met, and they can participate in a safe environment;
- Comply with the health directions of Government and Public Health authorities at all times; and

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 Monitor their health and take all precautions required by law with regard to the reporting of potential symptoms and self-isolation.

### 5. Approvals

The club must obtain the following approvals to allow a return to training:

- NSW Government Public Health Order permits a return to Sporting Complexes,
- Local Government approval to training at the venue, where required,
- NSWRL District or Region to return to training and playing, based on the submitted plan,
- Club Board approval for returning to training, and
- Appropriate Insurance arrangements are in place in order to cover training.

### 6. Club Responsibilities

The Club will oversee:

- Education of individual participants, volunteers and officials at the club on NSWRL Framework;
- Provision and conduct of hygiene and social distancing protocols, as per the NSWRL Framework;
- Operation of the facilities in accordance with the requirements of the NSWRL Framework;
- Maintaining a record of attendance for all participants, coaches and club officials at training, playing and other club activities; and
- Submitting that record of attendance to their respective Districts or Regions for archiving.

The club retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this plan.

The Committee is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Committee has appointed the following person as the club's COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this plan:

Name	Peter Wunderlich
Contact Email	peter@cqmc.com.au
Contact Number	0433 478 882

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The club expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by [Association/Club];
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

### 7. Employees and Volunteers

The Club will:

- Ensure a COVID-19 safe workplace is provided at all times;
- Educate volunteers and staff on safe work practices;
- Facilitate COVID-19 education sessions, using resources provided by NSWRL, for all volunteers and administrators; and
- Ensure volunteers and employees stay at home if they report sickness or a high temperature, or are caring for a sick family member.

### 8. Facilities

The club will provide details on how the facilities will operate, in accordance with the NSWRL Framework requirements.

These should cover, but aren't limited to:

- What parts of the facility will be open while operating under Step 1 and Step 2 of the NSWRL Framework:
- What access will be provided to toilets, medical facilities and communal spaces such as meeting rooms, canteen, bar or changing rooms;
- How will that access be limited and what are the hygiene and cleaning protocols for those spaces? Do they comply with the requirements included in the NSWRL Framework?
- What social distancing measures will be implemented within shared facility spaces such as bar, canteen, toilets, spectator viewing areas;
- Readiness to allow bar/canteen operations, including:
  - Can social distancing be maintained while queuing;
  - Are the appropriate cash handling and food and beverage handling procedures in place;
  - Implement lower risk menu options; ie those that can be served quickly and require less direct food handling or customer contact; and
  - Implement hygiene measures including hand sanitiser at point of sale.

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 Where will the appropriate health and safety equipment and hygiene cleaning solutions be stored?

Toilets will remain open, however the club will provide sufficient soap and hand sanitizer to ensure that club members and visitors are safe. A regime will be in place for the periodic cleaning of toilets.

Until restriction are lifted, access to the club rooms will be restricted to essential personnel and the change rooms will be closed until further restrictions are lifted; canteen operations will remain closed until restrictions are lifted to accommodate safe operations.

The club will also be providing literature around the club and the grounds to ensure that the club members and public are fully reminded and aware of the COVID-19 management requirements. The Committee at this stage will keep the change rooms closed until restrictions are lifted as the club support team does have sufficient bandwidth at this stage to ensure that change rooms can be managed according to COVID-19 management requirements.

### 9. Hygiene and containment

The club will adhere to the COVID-19 social distancing requirements and will ensure that literature and signage is available to ensure that club members and visitors are reminded of their obligations. Only essential spectators allowed, parents limited to 1 per child. Spectators should maintain social distancing of at least 1.5m and the COVID-19 Officer will ensure that all club members and visitors adhere to the requirements.

To reduce the probability of cross-contamination of COVID-19, the club will provide sufficient and suitable hand wash, and sanitizer for club members and visitors using the toilet facilities. A routine inspection and clean of the toilets will be included to ensure that hygiene is maintained as best possible practice.

There will be sufficient signage to ensure that members and visitors remain aware of their obligations. By reducing access to particular areas of the club, will reduce the probability of cross contamination of COVID-19.

All club members and visitors playing at the field are to adhere to protocols of not sharing water bottles, shirts, equipment or any other item which has body contact. Participants are also reminded not to spit on the ground or cough unless it is in line with protocol - into the elbow.

Benches will be wiped down after each game where used on game day. All strapping and rubbish are to be placed into the bins provided.

Players and team members are encouraged to wash and sanitize hands before and after each game. Sanitizer will be made available at the ground. The ball being used will be sanitized after each game and where appropriate - such as half time.

The club will provide barriers and stickers to ensure that those wanting to purchase from the canteen, can do so in a safe manner. The club also has a cash free payment option and will provide notice to all those wishing to purchase from the canteen, that the preferred method of payment is by card, in the event that cash must be accepted, the canteen person receiving the money must wear appropriate PPE and dispose of the PPE once the cash has been transferred. This will include end of the day cash

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handling management. The canteen will also adhere to the cleaning requirements for COVID-19 and PPE will be worn where applicable.

All visitors to the grounds will be recorded as per NSWRL requirements.

Guidance for travel arrangements to and from training, particularly for anyone using public transport will adhere to the NSW Government requirements.

The club will provide literature and information at the grounds, on social media and its website to remind and enforce the requirements for COVID-19 compliance. As part of each game pre-start all participants will be asked if they;

- Respiratory symptoms (no matter how mild) such as cough, sore throat, shortness of breath, runny nose or fever or gastrointestinal symptoms (eg diarrhea or vomiting) or loss of smell and/or taste or other flu-like symptoms such as muscle aches or fatigue or other possible signs of Covid19.
- If they have been in contact with a known case in the past 14 days or have travelled internationally or been exposed to a person with COVID-19 in the preceding 14 days.

### 10. Management of unwell participants

Where a club member or participant is identified or shows signs of possible COVID-19 infection, the club Officer will advise all interested parties of the situation and apply the appropriate PPE to reduce the possibility of infection. The person requiring isolation will be placed into the referee change room and a sign place outside stating - restricted area and the COVID-19 Officer will remain with the person until such time as either an ambulance or a nominated person arrives to take that person to a hospital to undertake a formal COVID-19 check.

The COVID-19 Officer will either leave directly with the possible infected person or as soon as practicable to seek the outcome of the diagnosis by a medical practitioner. An incident report will be raise as soon as practicable to inform NSWRL and a general notice to all ground attendees at that time, ensuring that they are aware of the outcome and whether those attendees must seek a COVID-19 test also.

### 11. Training

Team Managers or coaches will contact all players and parents prior to the game/training session asking them to confirm via return email or text that they have not been in Victoria within the last 14 days.

Training of teams will be capped at 10 players per session and a maximum of 4 groups allowed on the field at any time as per CB Council requirements, until restrictions are further lifted. The COVID-19 Officer will liaise with team managers to ensure that all participants at the field will be recorded and sent back to NSWRL for record purposes.

The club will develop a suitable roster for training of teams and adjust the training days and times accordingly to meet the requirements. Scheduling details of training sessions, includes the number of groups, length of sessions and time between sessions in accordance with advice in NSWRL Return-to-Play document.

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The COVID-19 Officer will manage the attendance register and will follow up with all coaches and trainers to ensure that all attendees are recorded. The records will be passed back to NSWRL.

The club will adhere to the AIS Principle of "Get in, train, get out" will be applied to each team and training session.

Equipment will be sanitised before and after each training session during Step 1 and Step 2 of the framework to ensure minimal cross contamination can occur.

### 12. Match days

The club will take all reasonable steps to minimise the number of spectators attending community sport events through ground announcements that will be played at regular intervals to all spectators, participants and officials, reminding them of this requirement.

If sufficient numbers to field teams cannot be achieved, prioritise delaying the event rather than substituting with people from other teams or from the community and will ensure only the regular registered team members are playing games. NSWRL Amended Community Competition rules will be enforced where it dictates that any game unable to be played due to COVID restrictions will be deemed as a draw and points awarded for both sides. Games will not be replayed or alternative players permitted in in order to fulfill a fixture.

### 13. Club Compliance

Submission of this safety plan will be the basis for seeking final approval to recommence training and matches for the club at Neptune Park, Revesby.

The club has collated relevant information to support the plan and will use NSWNRL literature to support this plan. All Committee members and volunteers will undertake the Government COVID-19 online training prior to commencement of training 1 July 2020.

The COVID-19 Officer for the club will undertake HLTINF001 Comply with infection prevention and control policies and procedures to ensure compliance with Government requirements. Further training will be provided to Committee members and volunteers to ensure understanding of the COVID-19 requirements.

All club members will receive an email regarding the COVID-19 requirements prior to 1 July 2020, to ensure that the club is transparent with the requirements for managing safety precautions. The club will also be providing information on social media platforms as well as the clubs website.

The NSWRL attendance register will be altered to include a declaration that any spectator in attendance confirms they have not been in Victoria within the last 14 days.

The club will ensure processes are in place to exclude participants (including spectators and officials) if they have attended any of the reported case locations listed on the NSW Health website (<a href="https://www.nsw.gov.au/covid-19/latest-news-and-updates">https://www.nsw.gov.au/covid-19/latest-news-and-updates</a>). This will include the use of email, SMS, social media and signage at the ground.

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All relevant documentation will be uploaded to the website for information. On game day visiting clubs are required to attend the ground manager table to liaise with the COVID-19 Officer to register team attendance.

### 14. Recovery

When public health officials determine that the outbreak has ended in the local community, the club will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. The club will also consider which protocols can remain to optimise good public and participant health.

On return to full access, the club will ensure sufficient warning and signage to ensure that social distancing rules remain in place until a complete release of restrictions apply.

At this time the committee will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

Peter Wunderlich

P. Wunderlich
Club Vice President
18 July 2020