



CAPE HAZE RESORT CORONAVIRUS PROCEDURES

Based on recommendations from the Centers for Disease Control and consistent with national, state and local measures to limit the spread of the coronavirus, the Board of Directors of the Cape Haze Community Association takes the following steps effective at noon on 17 March 2020.

1. Gatherings of residents and guests should be kept to the maximum size recommended by the Centers for Disease Control or Florida authorities.

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Florida: <https://www.floridaleagueofcities.com/coronavirus-resources>
2. Board meetings will continue to be held with board members attending or using the Zoom videoconferencing system. Owners are asked to use the Zoom system to attend, rather than attend in person.
3. **All persons using the common facilities at Cape Haze Resort MUST maintain a minimum distance of six feet distance from each other at all times and follow CDC COVID-19 prevention guidelines.** Failure to observe this requirement may result in (1) ejection from the facility where the violation occurs, (2) suspension of residents' privileges to access and use the common facilities, or (3) closure of facilities where disregard of the rule is unchecked.
4. Residents who are ill with fever, cough, fatigue or other symptoms of coronavirus disease should remain in their units and notify their physician. If residents must go out, a facemask should be worn.
5. Surfaces in all common areas (clubhouse, office, gathering area bordered by the pool, office and clubhouse) will be cleaned daily with any Clorox, Lysol or other effective product by personnel wearing gloves.
6. The pool, clubhouse, fitness center and other common facilities will remain open as long as government authority permits and as long as residents follow COVID-19 safety protocols. Your compliance with these procedures is essential if we are to avoid a shutdown.
7. These procedures will be posted on all Cape Haze Bulletin boards and on the Home Page of the web site.

17 March 2020

Revised 4 September 2020



CURRENT INFORMATION FROM THE CDC

Virus Spread

The best way to prevent illness is to avoid being exposed to this virus.

- The virus is thought to spread mainly from person-to-person.
 - Between people who are in close contact with one another (within about 6 feet).
 - Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. The droplets can also land on commonly touched surfaces (tables, cell phones, light switches, door handles etc). See disinfection recommendations on page 3.
- Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

Preventing Infection

- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- **It is especially important to wash:**
 - Before eating or preparing food
 - Before touching your face
 - After using the restroom
 - After leaving a public place
 - After blowing your nose, coughing or sneezing
 - After handling your mask
 - After changing a diaper
 - After caring for someone sick
 - After touching animals and pets
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.

Social Contact

Inside Your Home

- **Avoid close contact** with people who are sick. If possible, maintain 6 feet between the person who is sick and other household members



Outside Your Home

- **Put 6 feet of distance between yourself and other people** and people who don't live in your household. This is especially important for people who are at higher risk for getting very sick (most of the residents of Cape Haze Resort).
- **Remember that some people without symptoms may be able to spread the virus.**
- **Stay at least 6 feet (about 2 arms' length) from other people.**
- Keeping distance from others is especially important for people who are at higher risk of getting very sick (i.e. most residents of Cape Haze Resort).

Cover your mouth and nose with a mask when around others.

- You could spread COVID-19 to others even if you do not feel sick.
- The mask is meant to protect other people in case you are infected.
- Everyone should wear a mask in public settings and when around people who don't live in your household, especially when other social distancing measures are difficult to maintain.
 - Masks should not be placed on children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- Do NOT use a mask meant for a healthcare worker. Currently, surgical masks and N95 respirators are critical supplies that should be reserved for healthcare workers and other first responders.
- Continue to keep about 6 feet between yourself and others. The mask is not a substitute for social distancing.

Cover Coughs and Sneezes

- **Always cover your mouth and nose with a tissue** when you cough or sneeze or use the inside of your elbow and do not spit.
- **Throw used tissues in the trash.**
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Clean and Disinfect

- **Clean and disinfect** frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets and sinks.
- **If surfaces are dirty, clean them.** Use detergent or soap and water prior to disinfection.
- **Then, use a household disinfectant.** Most common EPA-registered household disinfectants will work.



Monitor your health daily

- **Be alert for symptoms.** Watch for fever, cough, shortness of breath or other symptoms of COVID-19. This is especially important if you are running essential errands, going into the office or workplace, and in settings where it may be difficult to keep a physical distance of 6 feet.
- **Take your temperature** if symptoms develop. Don't take your temperature within 30 minutes of exercising or after taking medications that could lower your temperature, like acetaminophen.
- **Follow CDC guidance if symptoms develop.**

If You Are Sick, please see your caregiver as soon as possible.