

LUNCH MENU: SEPTEMBER 15 - 19

	Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE	Manicotti in Marinara Sauce	General Tso's Chicken w/Brown or White Rice	Chicken with Creamy Herb Sauce	Beef Fajitas w/Flour Tortillas	Broccoli Cheese Quiche* (GF)
VEGAN ENTRÉE	Baked Ziti	Sweet & Sour Tofu w/Brown or White Rice			
GLUTEN FREE ENTRÉE	Baked Ziti			Garbanzo and Tofu with Creamy Herb Sauce	Soy Curl Fajitas w/Corn Tortillas
SIDE	Broccoli (GF)(V)	Green Beans (GF)(V)	Roasted Baby Baker Potatoes (GF)(V)	Black Beans & Rice (GF)(V)	Maple Sweet Potato (V)(GF)
SIDE	Breaded Zucchini Sticks	Spring Rolls (V)	California Vegetables (GF)(V) <i>(Broccoli, Cauliflower, Carrots)</i>	Key Largo Vegetables (GF)(V) <i>(Green Beans, Orange & Yellow Carrots, Red Peppers)</i>	Capri Vegetables (GF)(V) <i>(Carrots, Green Beans, Yellow Squash, Zucchini)</i>
SIDE	Garlic Texas Toast	Potstickers (V)	Dinner Rolls (V)	Refried Beans (GF)(V)	Breaded Green Beans
SIDE				Yucca Fries (GF)(V)	
Soup/Chili	Minestrone	CHILI (GF)(V)	Roasted Red Pepper & Gouda Smoked Bisque	CHILI (GF)(V)	