FRIED BANANAS

In a large frying pan, heat coconut oil on medium high heat. While pan is getting hot, slice bananas to about ½ inch thickness. Place sliced bananas in hot pan and fry until they are golden brown (just a couple of minutes on each side). Remove from heat when done and sprinkle with cinnamon to taste.

- 2 bananas, peeled (slightly green)
- 2 TBSP coconut oil
- Cinnamon (to taste)