

FRUIT AND VEGGIE ICE POPS:

Add all ingredients to a blender. Blend on high until completely smooth. Pour into ice pop/popsicle molds. Freeze for at least 3 hours.

- ½ green apple, cored
- 1 full lime, peeled
- 1 large handful of spinach
- ½ inch fresh ginger, peeled
- ½ ripe banana
- 1tsp stevia