

OAT COCONUT CHOCOLATE DELIGHT

Mash banana with a fork, set aside. Grate a dark chocolate bar on a cheese grater to get small flakes. Mix all ingredients together and serve raw.

- ¼ cup shredded coconut flakes – unsweetened
- ½ banana
- ½ cup uncooked oats
- 2 TBSP dark chocolate (at least 70% cacao)
- ¼ tsp stevia or 1T raw honey or 1T agave