



THE 5 PILLARS

of the Living Stones Framework

These 5 pillars work together to support lasting change. While we may focus on different pillars at different times, each one plays an important role in building a life that is rooted in truth, strengthened by faith, and equipped to weather life's challenges.

Name: _____

Date: _____



As you come to him, the living Stone—rejected by humans but chosen by God and precious to him—you also, like living stones, are being built into a spiritual house to be a holy priesthood, offering spiritual sacrifices acceptable to God through Jesus Christ.

1 PETER 2:4-5



TRUTH

WHAT I BELIEVE

Building on God's truth to renew my mind, replace lies, and see life through His perspective.



Reflection:
What truths is God teaching me right now?

What I'm learning:

Next faithful step:



IDENTITY

WHO I AM

Discovering my true identity in Christ and building self-worth that isn't based on circumstances.



Reflection:
How is God shaping the way I see myself?

What I'm learning:

Next faithful step:



RELATIONSHIPS

HOW I CONNECT

Learning to build healthy relationships and set boundaries that reflect God's design and honor my values.



Reflection:
What patterns are God inviting me to change in my relationships?

What I'm learning:

Next faithful step:



GROWTH

HOW I CHANGE

Developing new skills, habits, and coping strategies to walk in freedom and make wise choices.



Reflection:
What skills or habits is God helping me build?

What I'm learning:

Next faithful step:



MISSION

WHY I'M HERE

Living with purpose and using my story, strengths, and passions to glorify God and bless others.



Reflection:
How is God calling me to live out my purpose?

What I'm learning:

Next faithful step:



INTEGRATING THE PILLARS

How do you see these five pillars working together in your life right now?



A PRAYER FOR MY JOURNEY

Use this space to write a prayer as you continue building on these five foundations.



For by a single offering he has perfected for all time those who are being sanctified.

HEBREWS 10:14

