



AAROGYA HOMOEOPATHIC MEDICAL COLLEGE
&
HOSPITAL

COVID-19 Guidelines

#StopTheSpread

An Awareness Campaign by Shri Vinayak Education Group, Naila

www.shrivinayakeducation.org

Do you have these symptoms?

- Fever
- Cough
- Colds
- Headache
- Diarrhea
- Shortness of breath
- Sore throat
- Joint and Muscle Pain

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Have you had Exposure?

- Travelled to **other States** in the past **14 days**
- Exposure to a **confirmed** COVID-19 patient
- Travelled to, reside, or work in **local areas** with **reported** COVID-19 cases
- Exposure to a **Person Under Investigation (PUI)** for COVID-19

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With Exposure + With Symptoms:

- **If young (<60 years old)**, with no other illnesses and mild symptoms: Conduct home quarantine.
- **If elderly (>60 years old)**, with other illnesses and/or severe symptoms: Proceed to the Emergency Room for assessment.

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With Exposure + No Symptoms:

- Conduct **home quarantine** for 14 days and monitor symptoms.
- Should symptoms start to develop, proceed to the **Emergency Room** for **assessment**.

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No Exposure + With Symptoms:

- Manage symptoms accordingly.
- Proceed to the **Emergency Room** for **assessment.**

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For further assistance, please contact:

Aarogya Homoeopathic Medical college & Hospital

Covid19 Awareness Department

+91-9928356257 / +91-9636268373

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