

NO-BAKE PEANUT BUTTER BARS

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Ingredients

- 2 Sticks Unsalted Butter, melted
- 2 Cups Animal Cracker Crumbs or Vanilla Wafers, Graham Crackers, etc
- 2 Cups Powdered Sugar
- 1 1/2 Cups Creamy Peanut Butter

Topping

- 1/4 Cup Peanut Butter
- 10 oz Semi-Sweet Chocolate Chips

Directions

1. Combine the first four ingredients until smooth. Spread into a baking pan.
2. For the topping, melt the chocolate and peanut butter together in the microwave for 1 minute. Stir. If not completely melted you can heat in 10 second intervals until smooth. Spread over the top of the peanut butter layer.
3. Chill dessert in the refrigerator for about an hour, or in the freezer for 15 minutes. Cut into bars and serve.

Nutrition Fun Facts

Peanut butter is an excellent source of plant-based protein and monounsaturated fats, which aid in heart health.