

NEUROTOXIN/NEUROMODULATOR & DERMAL FILLER

How do neuromodulators/neurotoxins work?

Botox®, Dysport®, Xeomin® and Daxxify® injections are the most popular medical-cosmetic treatment in the world. Botox®, Dysport®, Xeomin® and Daxxify® are used to reduce the appearance of fine lines and wrinkles on the face by temporarily paralyzing the underlying muscles. When injected into facial muscles, they work by blocking the release of acetylcholine, a neurotransmitter that triggers muscle contractions. This causes the targeted muscles to relax, smoothing out the overlying skin and reducing the appearance of wrinkles.

What to expect at your neuromodulator appointment

All appointments begin with a consultation with a certified medical professional. Neuromodulator appointments take approximately 30 minutes. Neuromodulator procedures use extremely small needles to insert product into the muscles in your face that cause wrinkles to form. This process can be uncomfortable, but most people do not consider it to be painful. There is zero downtime, and you can even receive neuromodulators during your lunch break.

Neuromodulator Pre-Treatment Instructions:

- Avoid taking aspirin or other NSAIDs such as naproxen and ibuprofen for 3-4 days prior to your appointment. If you are taking any of these medications under the direction of a medical provider, do NOT stop taking without consulting your prescribing provider.
- Avoid alcoholic beverages for 24 hours prior to your appointment. Consuming alcohol prior to your appointment can increase bruising risk.
- If possible, come to your appointment without makeup. If needed, we can remove makeup prior to treatment.

Neuromodulator Post Treatment Instructions:

- Avoid touching or rubbing the treated area(s) for 24 hours after your appointment to prevent the spread of toxin to other areas of the face.
- You may gently touch the treated area(s) while cleansing the area.
- Avoid alcoholic beverages for 24 hours post treatment.
- Avoid strenuous activity or exercise for at least 24 hours after treatment.
- Do not lie down for at 4 hours after treatment to prevent toxin spread to unintended areas.
- Attend any follow-up appointments as directed by your treating provider to ensure the treatment has been effective and for best results.

How do dermal fillers work?

Dermal fillers are a hyaluronic acid gel that instantly plump areas in your face that are experiencing volume loss. Fillers lift and fill your imperfections instantly. Dermal fillers are different from Botox, which relaxes the muscles that cause wrinkles. Dermal fillers fill in the unwanted crevices, making it appear as if those crevices were never there. Dermal fillers also add volume to desired areas. Most dermal fillers last about a year. We do have a couple of products that last 1.5 and even 2 years. Hyaluronic acid is a substance that your body naturally produces and has a very good safety profile. Your body slowly breaks down this product over time. Individual results may vary. If you are unhappy with your results, dermal fillers can be dissolved.

What to expect at your dermal filler appointment

All appointments come with a complimentary consultation. We will discuss your goals and recommend your treatment plan. Dermal filler appointments are typically 1 hour for one area treated and 2 hours for multiple areas. We use ultra-fine needles to deliver this product, instantly lifting deep crevices and other areas of volume loss. We numb your skin with a topical numbing agent to ensure maximal comfort. Many clients state that this procedure is uncomfortable but not painful. There is no downtime to this procedure, and you may return to work immediately. Sometimes bruises and swelling can occur, these can be covered up with makeup if desired.

Dermal Filler Pre-Treatment Instructions:

- Avoid taking aspirin or other NSAIDs such as naproxen and ibuprofen for 3-4 days prior to your appointment. If you are taking any of these medications under the direction of a medical provider, do NOT stop taking without consulting your prescribing provider.
- To minimize bruising, avoid alcohol for 24-48 hours prior to appointment.
- Please come to your appointment with a clean face and no makeup on. We can remove makeup prior to treatment if needed.

Dermal Filler Post Treatment Instructions:

- Avoid exercise for 24 hours treatment.
- Don't lie down for 4 hours after treatment.
- When sleeping, if possible, it is best to not lie on the treated area(s). Back sleeping for the first week is best.
- Avoid alcohol for 24-72 hours after treatment.
- Avoid excessive pressure or massaging of the treated area(s). Washing your face, applying skincare and makeup are ok, just avoid firm pressure.

