



NURSING ASSISTANT PROGRAM OUTLINE

IN-CLASSROOM LEARNING

PROFESSIONAL INSTRUCTION • HANDS-ON TRAINING • REAL-WORLD SKILLS

This program is taught entirely in the classroom and laboratory. Students receive instructor-led lectures, hands-on practice, and competency evaluations to build confidence and prepare for a successful career in long-term care.



PROGRAM SCHEDULE (IN-PERSON CLASSROOM)



Week 1

- Chpt 1 The Nursing Assistant I Long-Term Care
- Chpt 2 Ethical and Legal Issues
- Chpt 3 Communication Skills
- Chpt 4 Communication Challenges



Week 2

- Chpt 5 Diversity and Human Needs and Development
- Chpt 6 Infection Prevention and Control
- ✓ Skill Checklist
- Chpt 7 Safety and Body Mechanics



Week 3

- Chpt 8 Emergency Care, First Aid, and Disasters
- ✓ Skill Checklist
- ✓ Quiz 1 (Chapters 1–6)
- Chpt 9 Admission, Transfer, Discharge, and Physical Exams
- ✓ Skill Checklist
- Chpt 10 Bedmaking and Unit Care
- ✓ Skill Checklist



Week 4

- Chpt 11 Positioning, Moving, and Lifting
- ✓ Skill Checklist



Week 5

- Chpt 12 Personal Care
- ✓ Skill Checklist



Week 6

- Chpt 13 Vital Signs
- ✓ Skill Checklist
- Chpt 14 Nutrition and Fluid Balance
- ✓ Skill Checklist



Week 7

- Chpt 15 The Gastrointestinal System
- ✓ Skill Checklist
- Chpt 16 The Urinary System
- ✓ Skill Checklist
- ✓ Quiz 2 (Chapters 7–14)



Week 8

- Chpt 17 The Reproductive System
- Chpt 18 The Integumentary System
- ✓ Skill Checklist
- Chpt 19 The Circulatory or Cardiovascular System
- ✓ Skill Checklist



Week 9

- Chpt 20 The Respiratory System
- ✓ Skill Checklist
- Chpt 21 The Musculoskeletal System
- Chpt 22 The Nervous System
- ✓ Skill Checklist



Week 10

- Chpt 23 The Endocrine System
- ✓ Skill Checklist
- Chpt 24 The Immune and Lymphatic Systems and Cancer
- ✓ Quiz 3 (Chapters 15–22)
- Chpt 25 Rehabilitation and Restorative Care
- ✓ Skill Checklist



Week 11

- Chpt 26 Subacute Care
- ✓ Skill Checklist
- Chpt 27 End-of-Life Care
- ✓ Skill Checklist
- Chpt 28 Your New Position
- ✓ Quiz 4 (Chapters 23–27)



Week 12

- Review & Competencies
- Final Exam
- Submit Prometric Application
- Graduation

PROGRAM FEATURES & BENEFITS



IN-CLASSROOM LEARNING

All lectures and laboratory training are conducted in our state-of-the-art classroom and skills lab.



HANDS-ON LABORATORY TRAINING

Students receive guided practice with equipment and procedures to build confidence and competence.



REAL-WORLD SKILLS

Gain practical experience to provide quality, compassionate care in long-term care facilities and healthcare settings.



COMPETENCIES EVALUATION

Skills and knowledge are evaluated throughout the program. Competency evaluations mirror the Prometric CNA Exam.



PROMETRIC CNA EXAM PREPARATION

Course content is aligned with the Prometric Certified Nursing Assistant (CNA), Level II exam.



GRADUATION

Graduate upon successful completion with 80% or above.

PROGRAM INCLUDES

- ✓ Instructor-Led Classroom Instruction
- ✓ Hands-On Laboratory Training
- ✓ Skill Checklist & Competencies Evaluation
- ✓ Study Materials & Resources
- ✓ Prometric CNA Exam Preparation
- ✓ Graduation Ceremony



YOUR SUCCESS IS OUR PRIORITY

Skill checklist and competencies evaluation mirroring the Prometric CNA Exam.

Level II Background Check is required.

**Graduate with 80% or above
successful completion.**



COMPASSIONATE
CARE



SUPPORTIVE
LEARNING ENVIRONMENT



CAREER-FOCUSED
TRAINING



PREPARED FOR
SUCCESS

**TRAIN TODAY.
MAKE A DIFFERENCE.**