

FAST Score

Stage	Stage Name	Characteristics	Expected Untreated AD Duration (months)	Mental Age (years)	MMSE (score)
1	Normal Aging	No Deficits whatsoever	--	Adult	29-30
2	Possible Mild Cognitive Impairment	Subjective functional deficit	--		28-29
3	Mild Cognitive Impairment	Objective functional deficit interferes with a person's most complex tasks	84	12+	24-28
4	Mild Dementia	IADLs become affected, such as bill paying, cooking, cleaning, traveling	24	8-12	19-20
5	Moderate Dementia	Needs help selecting proper attire	18	5-7	15
6a	Moderately Severe Dementia	Needs help putting on clothes	4.8	5	9
6b	Moderately Severe Dementia	Needs help bathing	4.8	4	8
6c	Moderately Severe Dementia	Needs help toileting	4.8	4	5
6d	Moderately Severe Dementia	Urinary incontinence	3.6	3-4	3
6e	Moderately Severe Dementia	Fecal incontinence	3.6	2-3	1
7a	Severe Dementia	Speaks 5-6 words during day	1.8	1.25	0
7b	Severe Dementia	Speaks only 1 word clearly	1.8	1	0
7c	Severe Dementia	Can no longer walk	1.2	1	0
7d	Severe Dementia	Can no longer sit up	1.2	0.5-0.8	0
7e	Severe Dementia	Can no longer smile	1.2	0.2-0.4	0
7f	Severe Dementia	Can no longer hold up head	1.2	0-0.2	0