

PALLIATIVE PERFORMANCE SCALE (PPS)

%	Ambulation	Activity Level Evidence of Disease	Self-Care	Intake	Level of Consciousness	Estimated Median Survival In Days		
						(a)	(b) (c)	
100	Full	Normal No Disease	Full	Normal	Full	NIA	NIA	108
90	Full	Normal Some Disease	Full	Normal	Full			
80	Full	Normal with Effort Some Disease	Full	Normal or Reduced	Full			
70	Reduced	Can't do normal job or work Some Disease	Full	As above	Full	145		
60	Reduced	Can't do hobbies or housework Significant Disease	Occasional Assistance Needed	As above	Full or Confusion	29	14	
50	Mainly sitting	Can't do any work Extensive Disease	Considerable Assistance Needed	As above	Full or Confusion	30	11	41
40	Mainly In Bed	As above	Mainly Assistance	As. above	Full or Drowsy or Confusion	18	8	
30	Bed Bound	As above	Total Care	Reduced	As above	8	5	
20	Bed Bound	As above	As above	Minimal	As above	4	2	6
10	Bed Bound	As above	As above	Mouth Care Only	Drowsy or Coma	1	1	
0	Death	-	-	-	-			

(a) Survival post-admission to an Inpatient palliative until, all diagnoses (Virik 2002)

(b) Days until inpatient death following admission to an acute hospice unit, diagnoses not specified (Anderson 1996).

(c) Survival post admission to an Inpatient palliative unit, cancer, patients only (Morita 1999).