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Effectiveness of cannabis in autism: Two surveys show positive results

Health

Effectiveness of cannabis in autism: Two surveys show positive results



admin @ 1 week ago



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“This is wonderful news for fathers, mothers and family members who care for families with autism every day. ”

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Dr. Jaime Claudio announced that evidence of the safety and efficacy of cannabis in autistic patients is accumulating. In two recent studies * the safety and efficacy of cannabis plant extract products, products with THC / CBD in 100 people with autism spectrum disorders (ASD) were evaluated. The study found that all three formulations had general benefits.

The symptoms that participants reported that improved most frequently were similar for all three treatments: the greatest degree of improvement occurred in symptoms related to calm, including improvements in anxiety (58-71% of participants), irritability (46-65%), aggression / agitation (43-58%), falling asleep (30-58%), staying asleep (32-46%), hyperactivity (26-39%) and sensory sensitivity (28-32%).



autism every day. In collaboration with Mieko Pérez, spokesman for Tikun Olan in the US and one of the first mothers who struggled to have access to medical cannabis for her son, a campaign for the evaluation and incorporation of this therapy to the integral management of the autistic patient will be underway. Puerto Rico. Tikun Olan is the largest supplier of medical cannabis in Israel and developed a high strain on CBD, Avidekel, which has proven effective in relieving pain and managing symptoms of agitation and anxiety in autistic children, "said the well-known doctor and teacher.

There were also reported improvements in thought-related symptoms, including improvements in cognition (32-46%) and attention (26-42%). There were some reported improvements in the central symptoms of ASD, including social interaction (26-42%), and greater use of language (26-38%). There were also some reported improvements in depression (16-41%), mainly for whole cannabis extracts and those with THC / CBD.

"This survey suggests that whole-plant cannabis extracts, THC / CBD and CBD products may have a wide range of benefits for people with Autism, with minimal adverse effects for THC / CBD and CBD, and minimal adverse effects / mild for complete cannabis extracts. More research is needed to confirm these preliminary results of the survey and that will certainly come, "added the specialist in cannabis medicine.

Claudio emphasized that the management of autism has to occur in the collaborative context of a team of health professionals and medical cannabis has to be integrated into the rest of the therapies and kept informed to the rest of the treatment group. "It is important to be clear about the goals or expectations of improvements that parents and family members want regarding problem behaviors. The discovery of the optimal dose took up to two months, it was not overnight, and the dosage range was wide: from one drop three times a day to 20 drops three times a day of the same product, "said Dr Claudio Villamil.

After a month, the treatment team contacted the parents to monitor the progression of the treatment. At six months, the patients underwent an additional evaluation of the intensity of symptoms, side effects and quality of life.

Early diagnosis of autism spectrum disorder (ASD) along with rapid, evidence-based and effective intervention will result in the best possible prognosis for the child. We integrate



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