

# schaefer | emersion DESIGN

The Bigger Picture | Insight from America's First CLT Hotel  
Doug Steimle, PE – Adam Luginbill, RA, LEED AP, NCARB

Rebuild 10-12-2023



1450° C

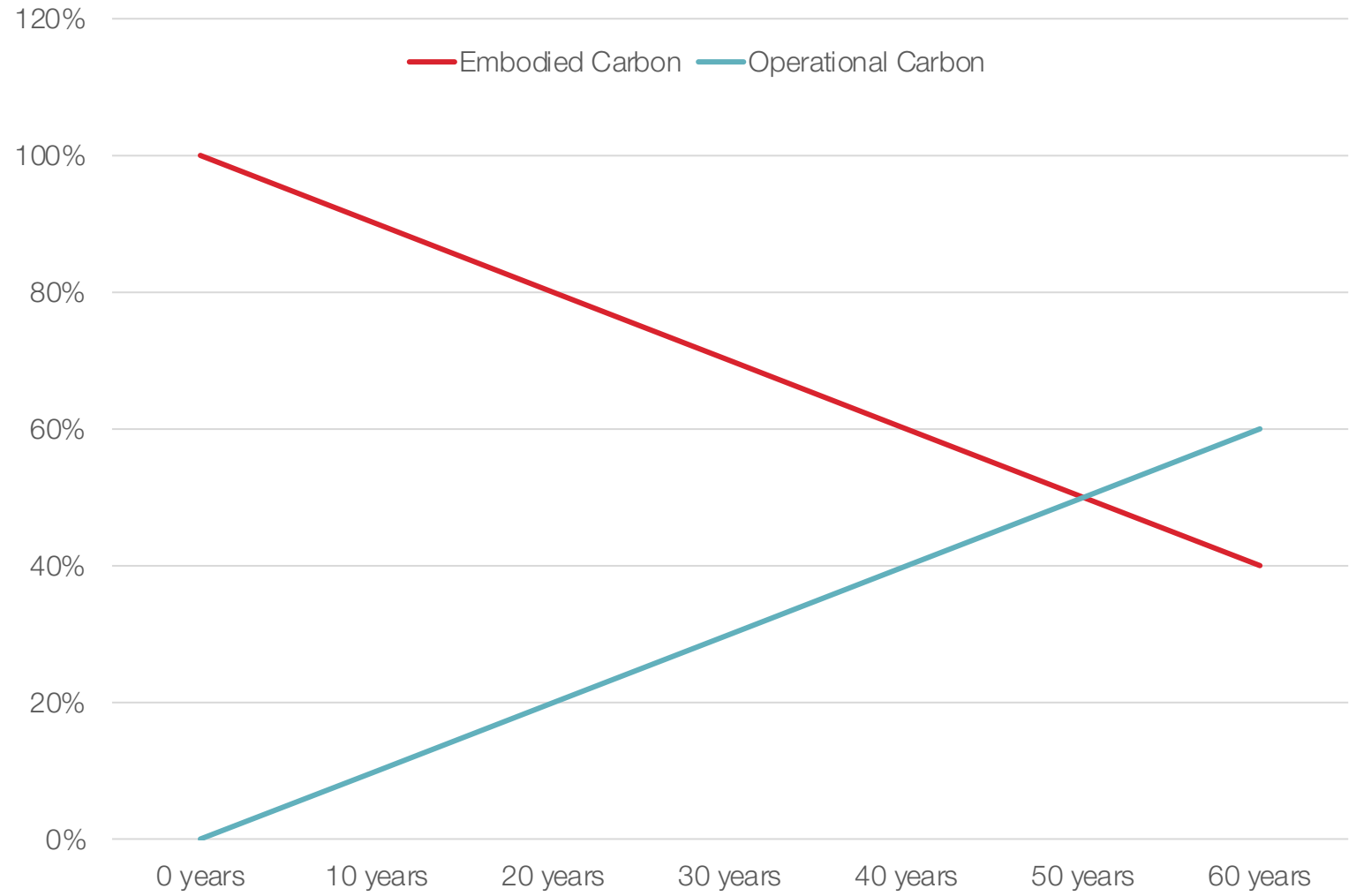
*Building operations are half of the picture*

ACCORDING TO ARCHITECTURE 2030, TOTAL ANNUAL GLOBAL CO<sub>2</sub> EMISSIONS INCLUDE:

BUILDING OPERATIONS: 27%

CEMENT, IRON/STEEL, AND ALUMINUM PRODUCTION: 15%

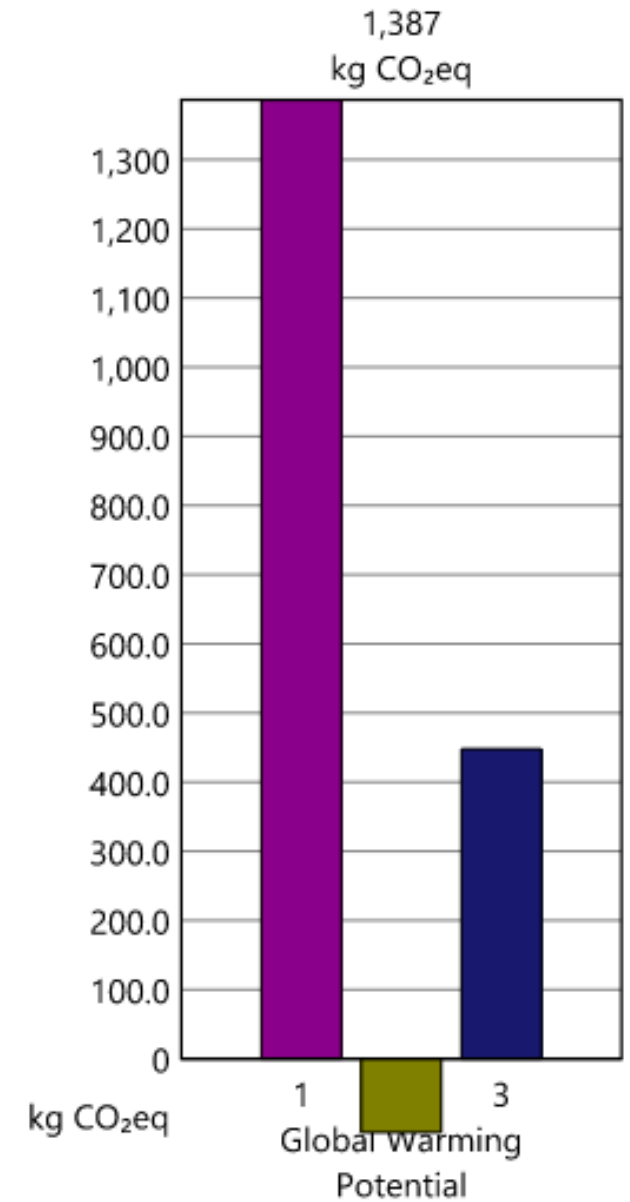
### PERCENTAGE OF CARBON CONSUMPTION



## Legend

### Design Options

- Concrete
- Glulam
- Steel



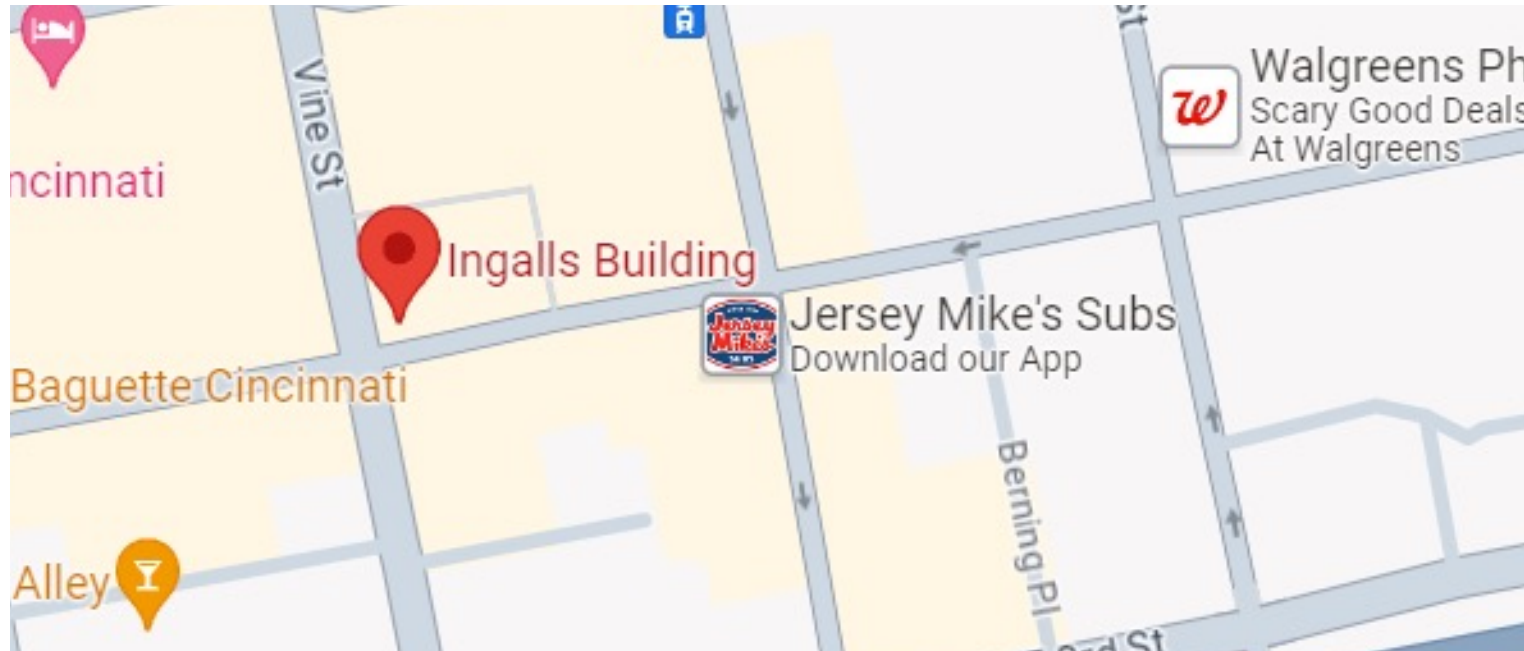
**“When the end of the world comes, I want to be in Cincinnati because it’s always twenty years behind the times.” (Mark Twain)**



*From Life magazine, Aug. 9, 1883*

**Where is the first  
concrete high-rise in  
the world?**

# Where is the first concrete high-rise in the world?



Cincinnati

schaefer

Credit: wikipedia



**Where is the first  
concrete high-rise in  
the world?**



# learning objectives

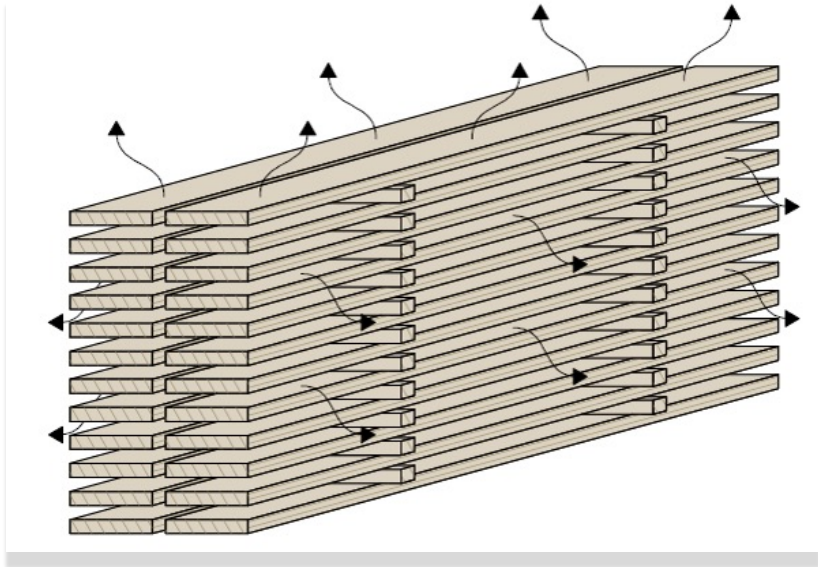
- > Consider potential **applications of CLT** based on its structural characteristics, including strength + shrinkage properties
- > Determine how CLT impacted the Redstone Arsenal project with regard to **schedule, site + labor constraints**, and building performance objectives
- > Discuss **lessons learned** during the design + construction processes and considerations for future projects
- > Review the **Life Cycle Analysis** on the **Cincinnati Public Radio** project



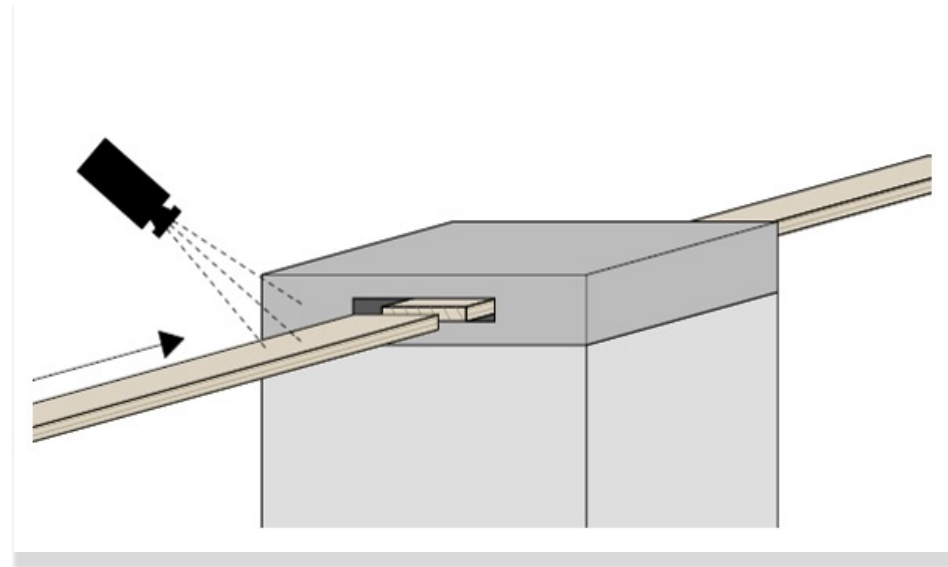
CLT basics

# CLT basics | steps 1 + 2

> Kiln drying  
12% +/- 3%

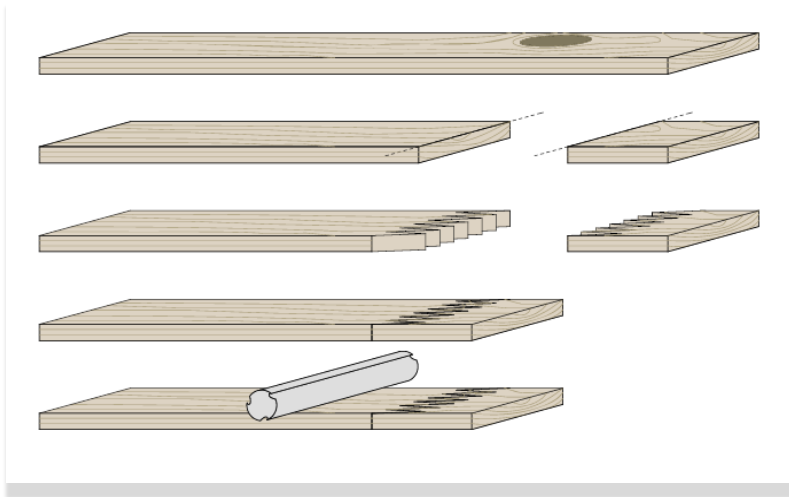


> Grading  
Visual or MSR

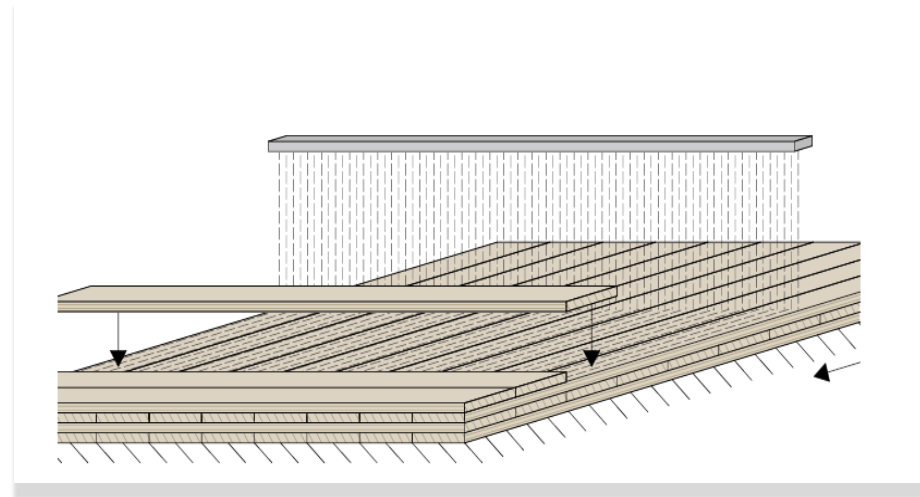


# CLT basics | steps 3 + 4

- > Strength optimization
- > Finger-jointing
- > Planing / sanding

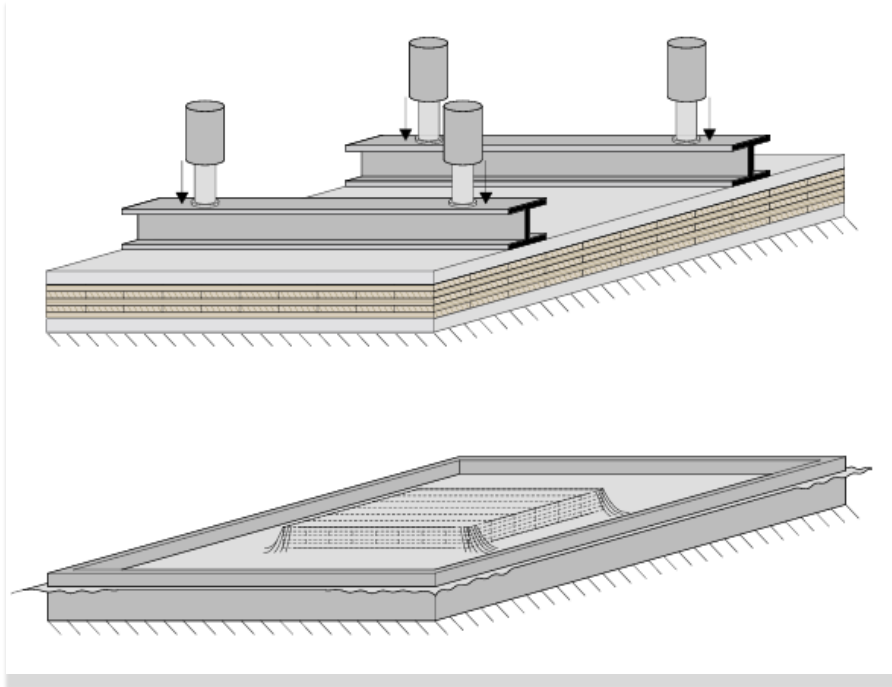


- > Pressure rack loading
- > Glue application (PUR/MUF)

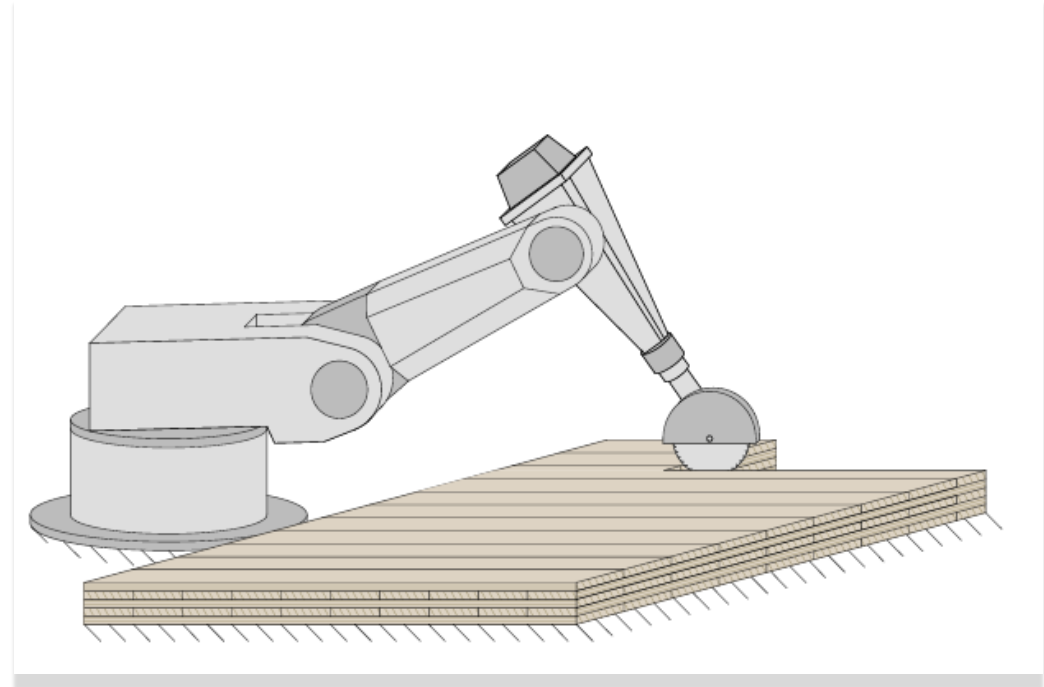


# CLT basics | steps 5 + 6

- > Pressure application
- > Hydraulic / vacuum



- > CNC / robot
- > Cut to final size



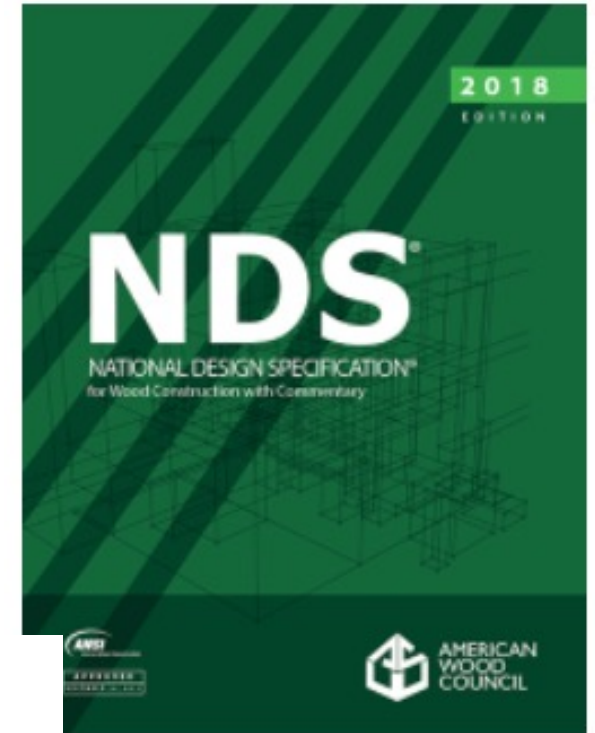
# CLT basics

Design Resources:

ANSI/APA PRG-320 | Standard for  
Performance-Related Cross  
Laminated Timber

CLT Handbook

2018 NDS | Chapter 10



# CLT basics

Design Resources:  
2018 NDS | Chapter 10

NATIONAL DESIGN SPECIFICATION FOR WOOD CONSTRUCTION 59

## CROSS-LAMINATED TIMBER

10.1 General	60
10.2 Reference Design Values	60
10.3 Adjustment of Reference Design Values	60
10.4 Special Design Considerations	62

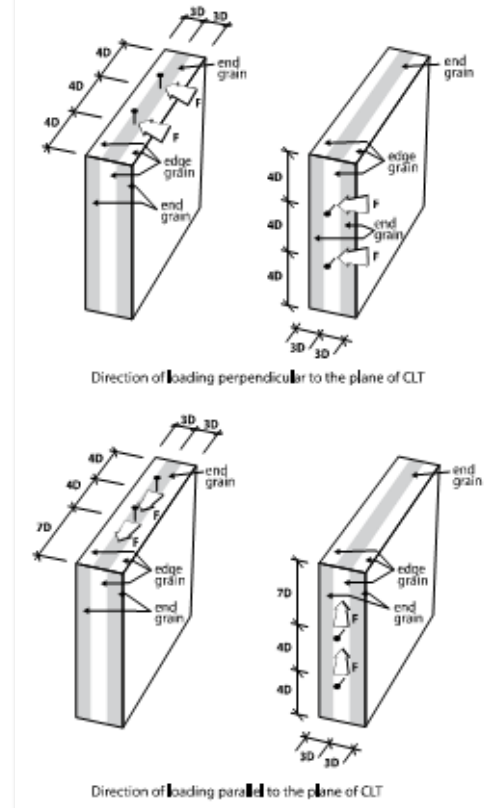
  

Table 10.3.1	Applicability of Adjustment Factors for Cross-Laminated Timber	61
Table 10.4.1.1	Shear Deformation Adjustment Factors, $K_s$	62

10

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**Figure 12I** End Distance, Edge Distance and Fastener Spacing Requirements in Narrow Edge of Cross-Laminated Timber





**TABLE 504.3  
ALLOWABLE BUILDING HEIGHT IN FEET ABOVE GRADE PLANE<sup>a</sup>**

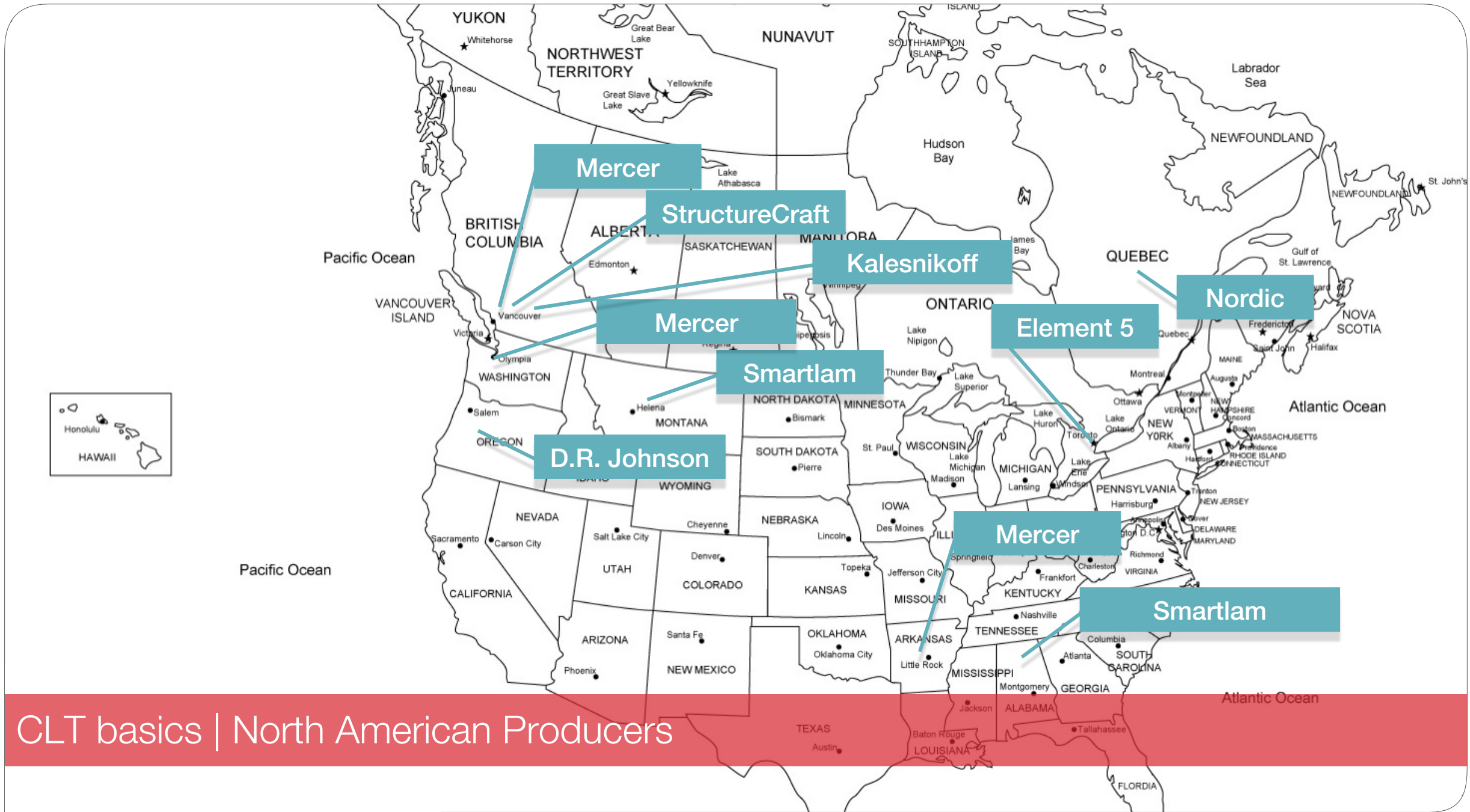
OCCUPANCY CLASSIFICATION	TYPE OF CONSTRUCTION											TYPE OF CONSTRUCTION	TYPE OF CONSTRUCTION
	SEE FOOTNOTES	TYPE I		TYPE II		TYPE III		TYPE IV					
		A	B	A	B	A	B	A	B	C	HT	A	B
A, B, E, F, M, S, U	NSb	UL	160	65	55	65	55	<u>65</u>	<u>65</u>	<u>65</u>	65	50	40
	S	UL	180	85	75	85	75	<u>270</u>	<u>180</u>	<u>85</u>	85	70	60
H-1, H-2, H-3, H-5	NSc, d	UL	160	65	55	65	55	<u>120</u>	<u>90</u>	<u>65</u>	65	50	40
	S												
H-4	NSc, d	UL	160	65	55	65	55	<u>65</u>	<u>65</u>	<u>65</u>	65	50	40
	S	UL	180	85	75	85	75	<u>140</u>	<u>100</u>	<u>85</u>	85	70	60
I-1 Condition 1, I-3	NSd, e	UL	160	65	55	65	55	<u>65</u>	<u>65</u>	<u>65</u>	65	50	40
	S	UL	180	85	75	85	75	<u>180</u>	<u>120</u>	<u>85</u>	85	70	60
I-1 Condition 2, I-2	NSd, e, f	UL	160	65	55	65	55	<u>65</u>	<u>65</u>	<u>65</u>	65	50	40
	S	UL	180	85									
I-4	NSd, g	UL	160	65	55	65	55	<u>65</u>	<u>65</u>	<u>65</u>	65	50	40
	S	UL	180	85	75	85	75	<u>270</u>	<u>180</u>	<u>85</u>	85	70	60
Rh	NSd	UL	160	65	55	65	55	<u>65</u>	<u>65</u>	<u>65</u>	65	50	40
	S13D	60	60	60	60	60	60	<u>60</u>	<u>60</u>	<u>60</u>	60	50	40
	S13R	60	60	60	60	60	60	<u>60</u>	<u>60</u>	<u>60</u>	60	60	60
	S	UL	180	85	75	85	75	<u>270</u>	<u>180</u>	<u>85</u>	85	70	60

For SI: 1 foot = 304.8 mm.

UL = Unlimited; NS = Buildings not equipped throughout with an automatic sprinkler system; S = Buildings equipped throughout with an automatic sprinkler system installed in accordance with Section 903.3.1.1; S13R = Buildings equipped throughout with an automatic sprinkler system installed in accordance with Section 903.3.1.2; S13D = Buildings equipped throughout with an automatic sprinkler system installed in accordance with Section 903.3.1.3.

**TABLE 504.4  
ALLOWABLE NUMBER OF STORIES ABOVE GRADE PLANEa, b**

OCCUPANCY CLASSIFICATION	TYPE OF CONSTRUCTION										TYPE OF CONSTRUCTION	TYPE OF CONSTRUCTION	TYPE OF CONSTRUCTION
	SEE FOOTNOTES	TYPE I		TYPE II		TYPE III		TYPE IV	TYPE IV	TYPE IV	TYPE IV	TYPE V	
		A	B	A	B	A	B	A	B	C		HT	A
R-1 h	NSd	UL	11	4	4	4	4	<u>4</u>	<u>4</u>	<u>4</u>	4	3	2
	S13R	4	4									4	3
	S	UL	12	5	5	5	5	<u>18</u>	<u>12</u>	<u>8</u>		5	4
R-2h	NSd	UL	11	4	4	4	4	<u>4</u>	<u>4</u>	<u>4</u>	4	3	2
	S13R	4	4	4								4	3
	S	UL	12	5	5	5	5	<u>18</u>	<u>12</u>	<u>8</u>		5	4
R-3h	NSd	UL	11	4	4	4	4	<u>4</u>	<u>4</u>	<u>4</u>	4	3	3
	S13D	4	4									3	3
	S13R	4	4									4	4
	S	UL	12	5	5	5	5	<u>18</u>	<u>12</u>	<u>5</u>		5	4
R-4h	NSd	UL	11	4	4	4	4	<u>4</u>	<u>4</u>	<u>4</u>	4	3	2
	S13D	4	4									3	2
	S13R	4	4									4	3
	S	UL	12	5	5	5	5	<u>18</u>	<u>12</u>	<u>5</u>		5	4
S-1	NS	UL	11	4	2	3	2	<u>4</u>	<u>4</u>	<u>4</u>	4	3	1
	S	UL	12	5	3	4	3	<u>10</u>	<u>7</u>	<u>5</u>		5	4
S-2	NS	UL	11	5	3	4	3	<u>4</u>	<u>4</u>	<u>4</u>	4	4	2
	S	UL	12	6	4	5	4	<u>12</u>	<u>8</u>	<u>5</u>		5	5
U	NS	UL	5	4	2	3	2	<u>4</u>	<u>4</u>	<u>4</u>	4	2	1
	S	UL	6	5	3	4	3	<u>9</u>	<u>6</u>	<u>5</u>		5	3



CLT basics | North American Producers

# CLT basics | north american producers

## > Mercer

- Maximum panel size 10ft x 40ft (BC)
- Maximum panel size 10ft x 60ft (Ark)

## > Nordic

- Maximum panel size 8ft x 64ft

## > D.R. Johnson

- Maximum panel size 10ft x 24ft
- Working to increase maximum panel size

## > Mercer

- Maximum panel size 10ft 6in x 41ft 4in
- Working to increase to 10ft x 50ft

## > StructureCraft

- Maximum panel size 8ft x 64ft

## > Others – New Facilities popping up all around + European Suppliers as well

# CLT basics | strength

TABLE A1

**ASD REFERENCE DESIGN VALUES<sup>a</sup> FOR LAMINATIONS USED IN BASIC CLT GRADES**

CLT Grade	Laminations Used in Major Strength Direction						F <sub>b</sub> (psi)
	F <sub>b</sub> (psi)	E <sup>(b)</sup> (10 <sup>6</sup> psi)	F <sub>t</sub> (psi)	F <sub>c</sub> (psi)	F <sub>v</sub> (psi)	F <sub>a</sub> (psi)	
E1	1,950	1.7	1,375	1,800	135	45	500
E2	1,650	1.5	1,020	1,700	180	60	525
E3	1,200	1.2	600	1,400	110	35	350
E4	1,950	1.7	1,375	1,800	175	55	450
E5	1,650	1.5	1,020	1,700	150	50	500
V1	900	1.6	575	1,350	180	60	525
V1(N)	850	1.6	500	1,400	180	60	475
V2	875	1.4	450	1,150	135	45	500
V3	750	1.4	450	1,250	175	55	450
V4	775	1.1	350	1,000	135	45	450
V5	850	1.3	525	1,300	150	50	500
S1	2,250	1.5	1,500	1,950	130	40	2,250
S2	1,900	1.3	1,300	1,650	150	50	1,900
S3	1,750	1.3	1,200	1,500	115	35	1,750

For SI: 1 psi = 0.006895 MPa

- a. The ASD reference design values for laminations in the basic CLT grades made of visually graded lumber limit the lamination sizes used, the ASD reference design values for laminations in basic CLT grades are adjustment factors when calculating the ASD reference design properties for basic CLT grades provided in Table A1.
- b. The tabulated E values are published E for lumber and flatwise (plank) apparent E for SCL.

# CLT basics | strength

## Wall

*CrossLam® Wall Panel Load Table (Axial Loading Only)*

Panel d (in)	SLT3	SLT5	SLT7	SLT9
	3.90	6.66	9.42	12.18
<b>L (ft)</b>	<b>Pr (lbs/ft)</b>			
6	31062	51778	71115	90263
8	26993	50462	70352	89724
10	21381	48275	69224	88968
12	16393	44782	67581	87938
14	12688	39887	65209	86551
16	10021	34344	61864	84689
18		29124	57440	82206
20		24667	52187	78947
22		21005	46663	74823
24		18028	41385	69917
26		15603	36626	64514
28			32464	58993
30			28871	53670

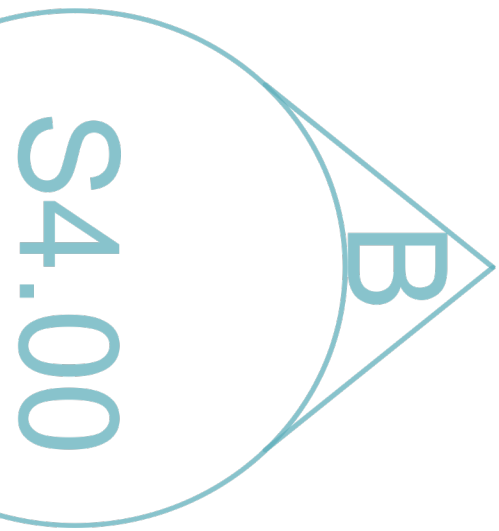
# CLT basics | strength

**P**

Concentric end loads  
**Allowable uniform load P (lbf)**

L (ft)	Major strength direction			
	Layup Combinaison			
	78-3s	105-3s	131-5s	175-5s
6	29 730	49 150	59 300	83 490
7	24 930	44 990	56 780	82 020
8	20 720	40 130	53 370	80 090
9	17 270	35 200	49 140	77 600
10	14 510	30 640	44 420	74 440
12		23 260	35 250	66 170
14		17 960	27 810	56 520
16			22 190	47 360
18			17 980	39 590
20			14 790	33 270

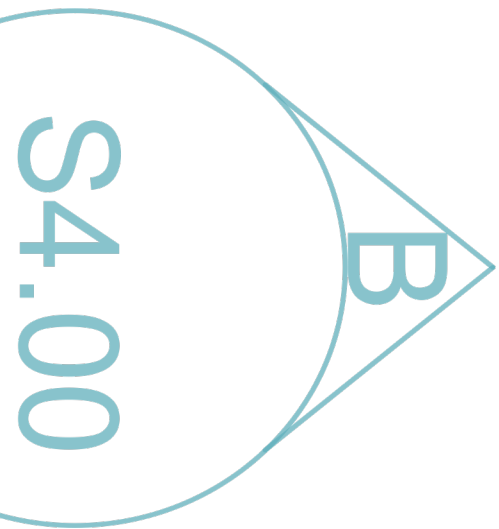
# POLL QUESTION



Both wood and concrete shrink...  
which material shrinks more?



# POLL QUESTION



Both wood and concrete shrink...  
which material shrinks more?

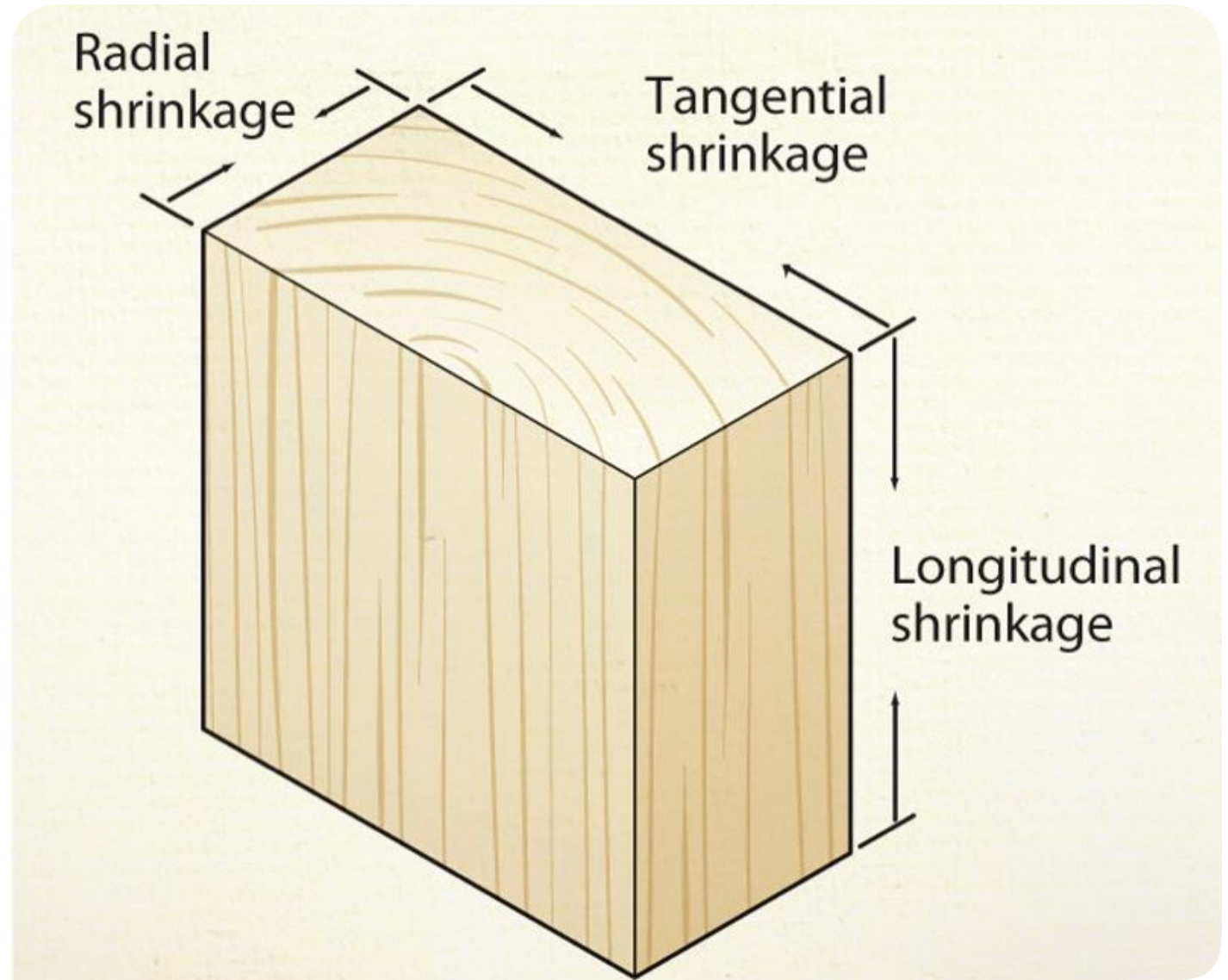
**It depends!**

# CLT basics | shrinkage

## Amount of Shrinkage for 30% Change in MC

Radial	4-5%
Tangential	7-8%
Longitudinal	0.1-0.2%

- > 40 times less shrinkage in longitudinal direction than the average radial/tangential direction



# CLT basics | shrinkage

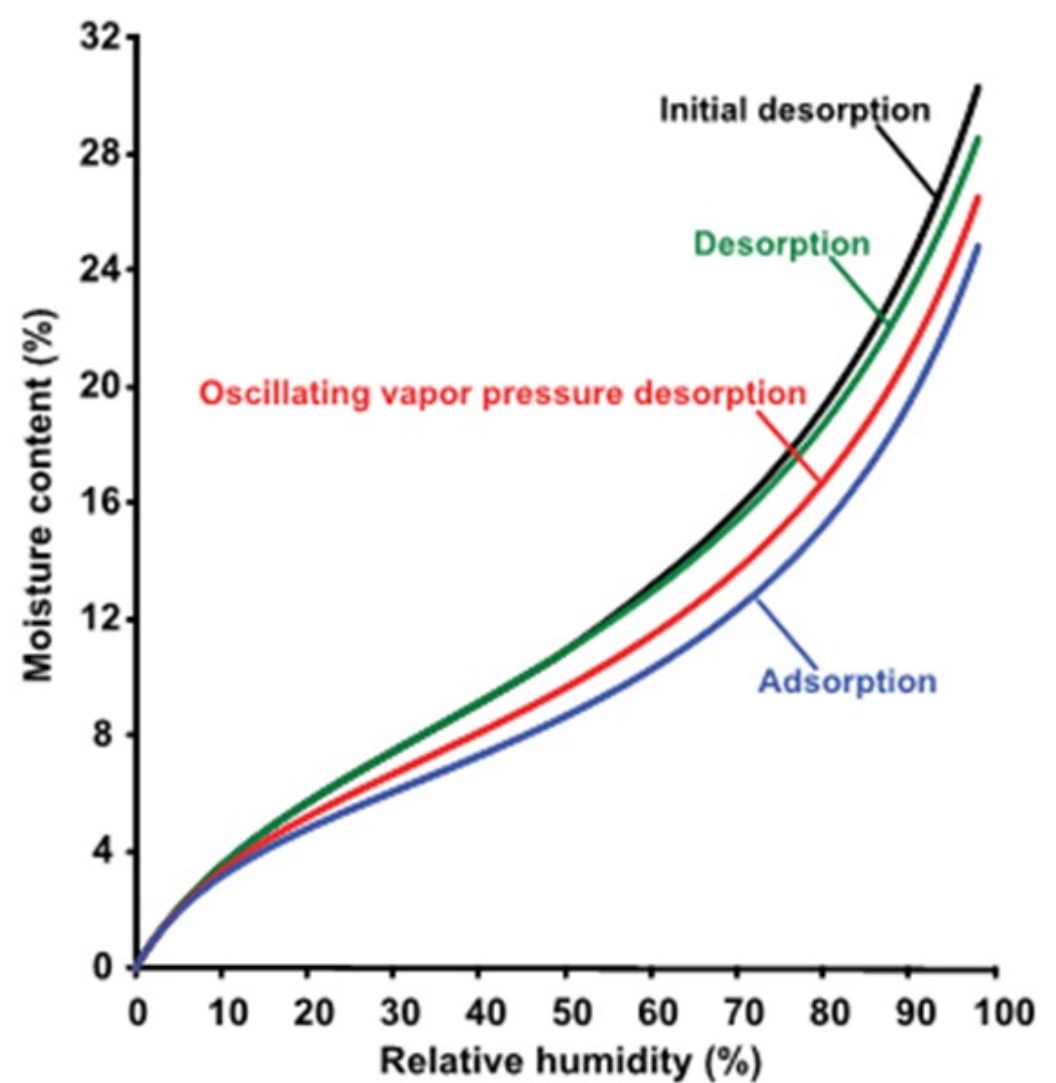
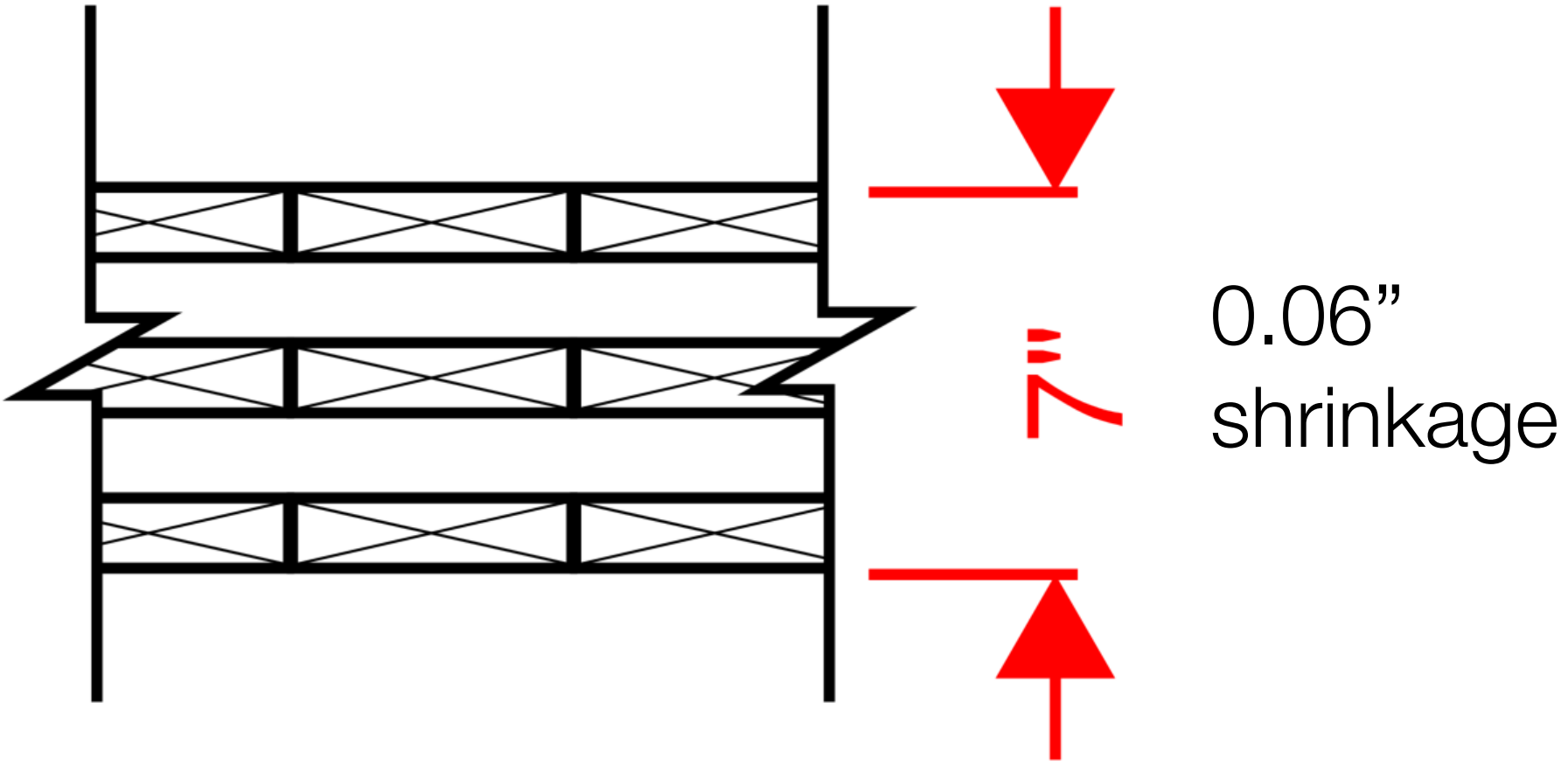


Figure 4–2. Moisture content–relative humidity relationship for wood under adsorption and various desorption conditions.

# CLT basics | vertical shrinkage



# CLT basics | horizontal shrinkage

>CLT: 1/4" over 100-feet

>Concrete: 5/8" over 100 ft

>Takeaway | CLT shrinks less than concrete



CLT basics | shrinkage



CLT basics | shrinkage

# CLT basics | shrinkage calculation at Redstone

	Cumulative Shrinkage (inches)
Top of First Floor Wall	0.03
Top of Second Floor	0.05
Top of Second Floor Wall	0.08
Top of Third Floor	0.11
Top of Third Floor Wall	0.13
Top of Fourth Floor	0.16
Top of Fourth Floor Wall	0.19
Top of Roof	0.20





candlewood suites at redstone arsenal

# the team

owner

Rest Easy LLC c/o  
Lend Lease US Public Partnerships

design/build contractor

Lend Lease US Public Partnerships

architect/MEP/civil/fire

Leidos Engineering

structural engineer

**Schaefer**  
Nordic

CLT supplier

Nordic

# why mass timber

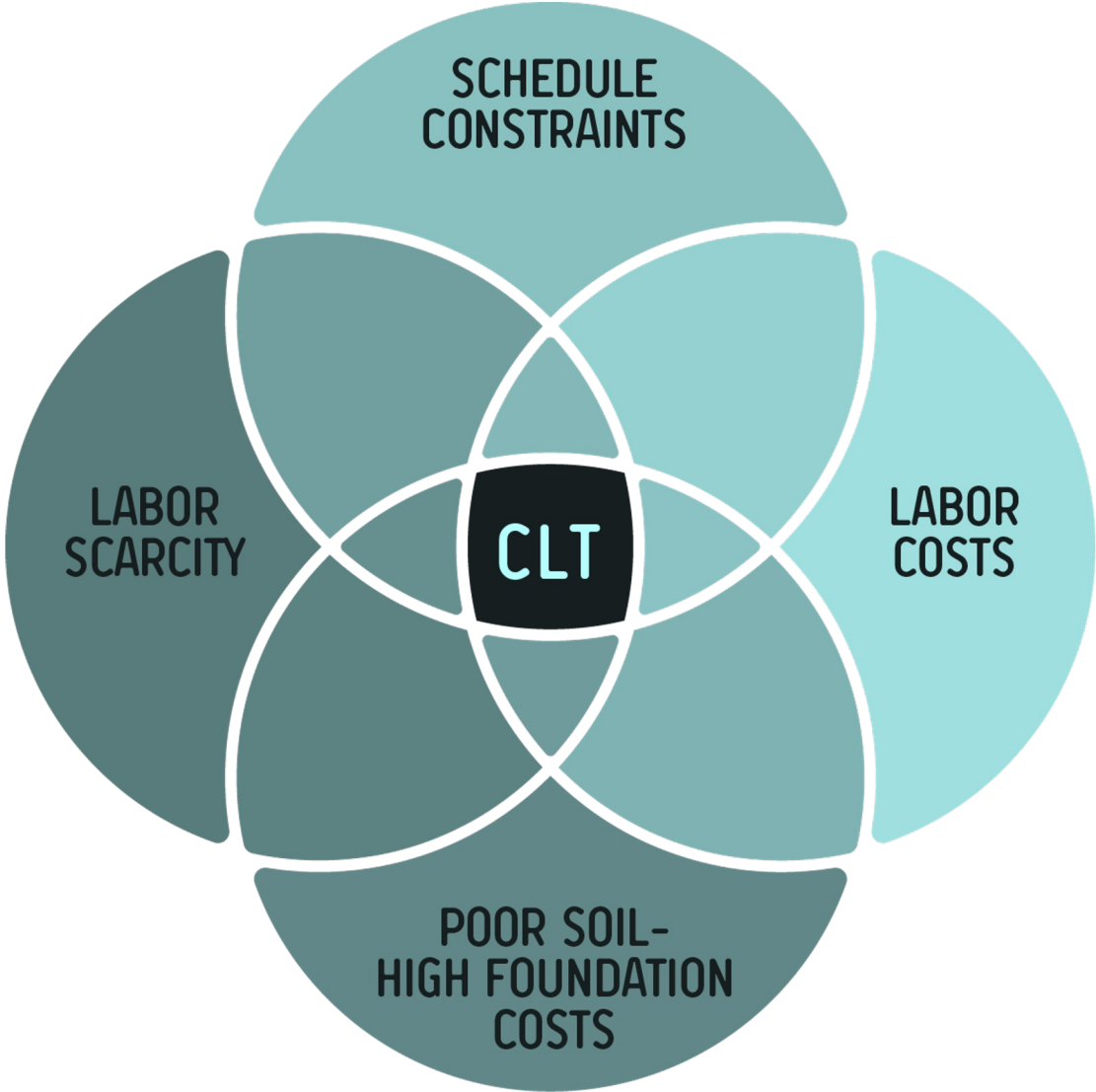
- > Acoustics
- > Building performance
- > Speed of construction
- > Dimensionally stable
- > Extends construction season
- > Less labor
- > Light weight
- > Less foundations
- > Lighter cranes
- > Highly mechanized production-accurate

# why mass timber

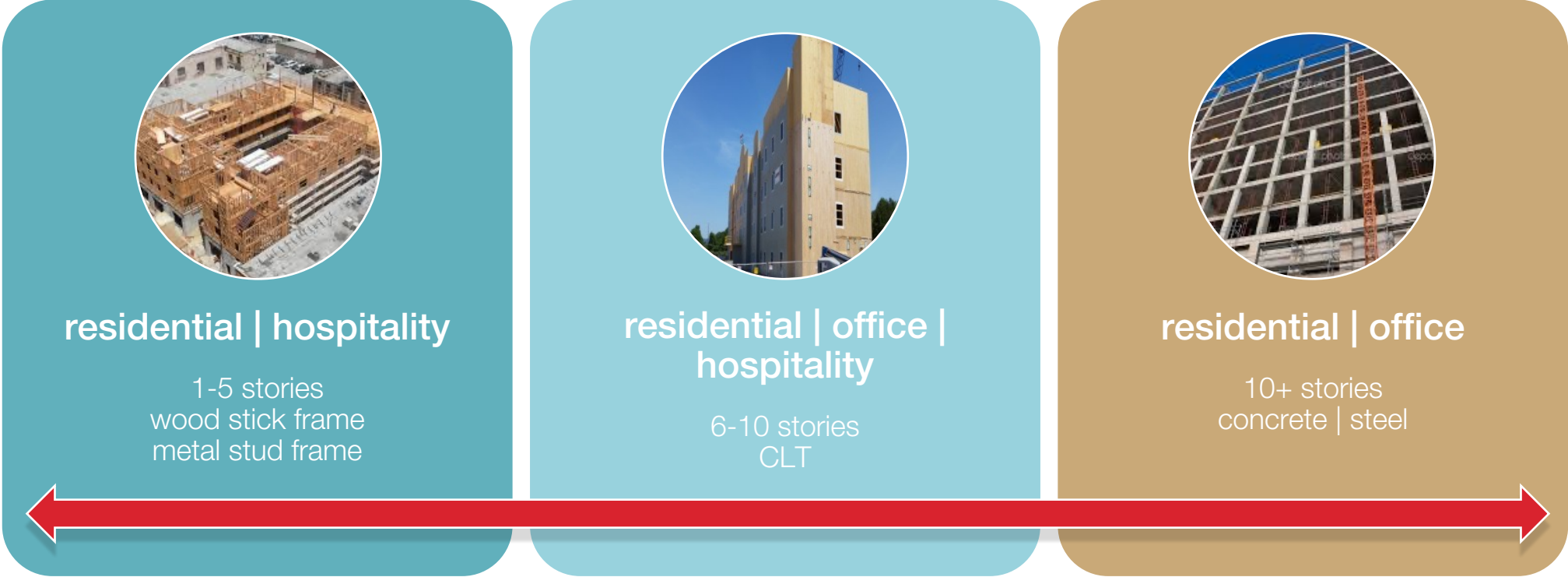
- > Reduce onsite inventory
- > Reduce pilferage
- > Clean, safe worksite
- > Conventional tools + connectors
- > Carpenters
- > Reduced high risk work
- > No formwork
- > Reduced site impact
- > Renewable Resource
- > Increase Forestry Demand

# market sector strategies

- > The sweet spot
- > CLT should be strongly considered when a project experiences 3/4 of these conditions



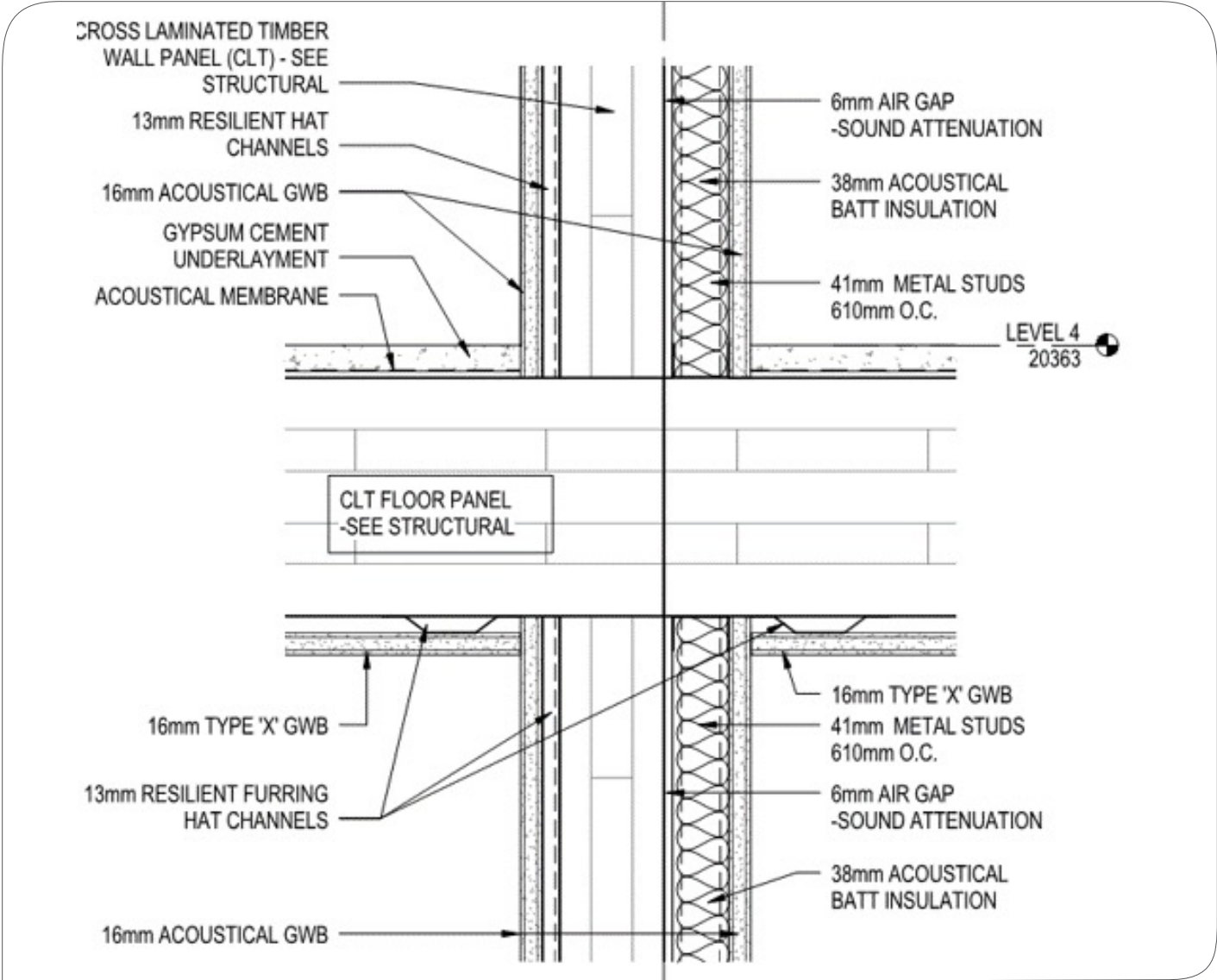
# the CLT optimal spectrum



\*When all development, design + construction costs are aggregated, the schedule savings achieved through CLT with other speed + value-added solutions can be cost competitive in 1-5 stories construction

# why CLT *acoustics*

- > Quiet construction site
- > Higher measured STC than anticipated





shear wall holdowns | sill detail





stair shafts



stair shafts



second floor framing



second floor framing



second floor installation



second floor installation



wood stairs – view from below



stair shaft installation





preinstalled screws | platform construction



roof + parapet installation



exterior



exterior



**OxBlue**<sup>®</sup>

# takeaways

PAL Portfolio	Typical New PAL Hotel (actual*)	Redstone Arsenal (actual)	Difference
gross sq ft	54,891	62,688	+14%
average number of employees	18 (peak 26)	10 (peak 11)	-43%
structural duration (days)	123	78	-37%
structural man hours	14,735	8,203	-44%
structural production rate/day (sq ft)	460 sq ft/day	803 sq ft/day	+75%
overall schedule	15 months	12 months	-20%

# takeaways

## > Economic

- 37% faster than traditional metal stud construction
- Cost neutral to metal stud framing on military installations

## > Environmental

- 31% more energy efficient than previous PAD new hotels of similar size per current energy model
- 1,656 tons carbon sequestered (1m<sup>3</sup> of timber = 1 ton CO<sub>2</sub>)

## > Social

- Unemployed veterans upskilled in construction trades
- Eliminated exposure to falls for workers from elevated heights

# where to next?

> What is most important to the owner/end user?

- Initial cost
- Operating cost
- Efficiency
- Speed
- Long-term durability
- Acoustics
- Sustainability



**where to next?**

buffalo harbor center |  
buffalo, new york



## where to next?

michigan state university  
STEM teaching, learning  
+ interdisciplinary  
research facility



## where to next?

michigan state university  
STEM teaching, learning  
+ interdisciplinary  
research facility



where to next?

90 arboretum |  
newington,  
new hampshire



where to next?  
princeton university  
art museum |  
princeton, new jersey



Photos Credit Adjaye Associates

where to next?  
brown university |  
providence, rhode island



Photos Credit Shawmut

where to next?  
san jacinto college |  
texas



# where to next?

university of  
pennsylvania |  
philadelphia,  
pennsylvania



Photos Credit Lake Flato Architecture



**where to next?**

salvagnini |  
hamilton, ohio



where to next?

salvagnini |  
hamilton, ohio



**where to next?**  
salvagnini |  
hamilton, ohio



where to next?

salvagnini |  
hamilton, ohio



where to next?

salvagnini |  
hamilton, ohio



where to next?  
cincinnati public  
radio |  
cincinnati, ohio





CINCINNATI  
PUBLIC RADIO

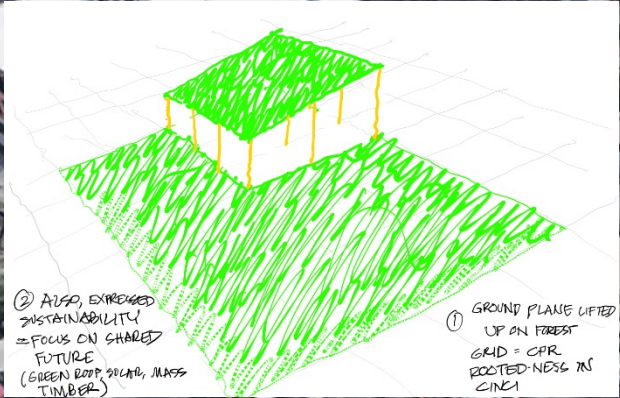
CINCINNATI  
PUBLIC RADIO



view from evanston park







view from dana & realistic



Stair and shear wall



Gathering/performance space





Heading to broadcast studios





# Offices





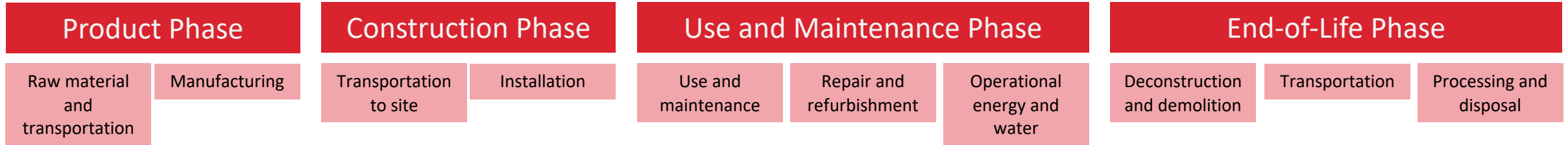
view to lobby



view of entry - SE corner



Majority of Emissions



ANALYSIS TOOL: TALLY

LEED MATERIAL RESOURCE CREDIT: BUILDING LIFE-CYCLE IMPACT REDUCTION

FSC WOOD

# *Environmental Product Declaration (EPD)*

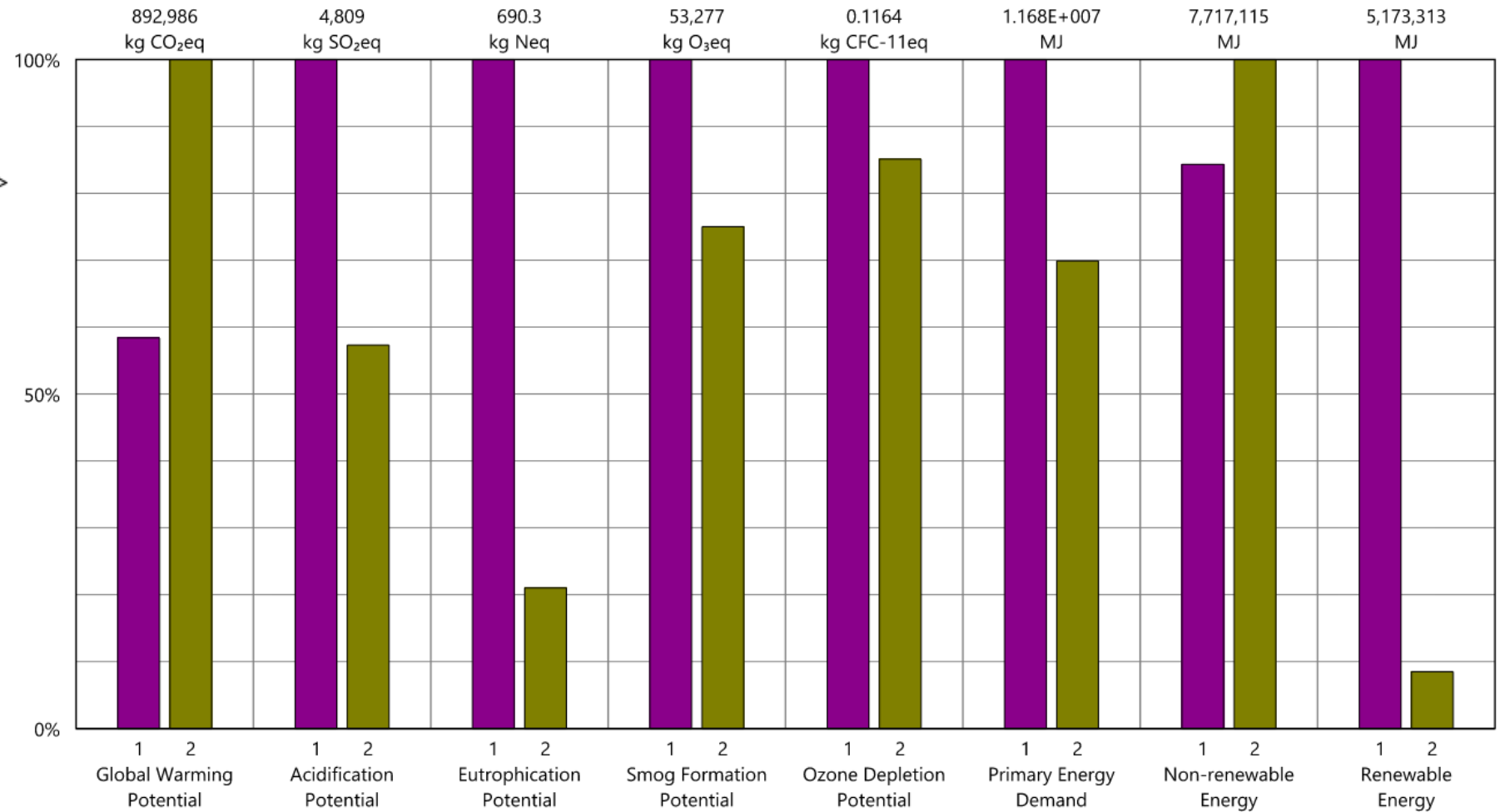
FROM NORDIC LAM EPD FOR 1 CUBIC METER OF GLULAM WOOD

<b>Carbon Balance</b>	<b>Kg of CO2 equivalent</b>
Forest Carbon Uptake	-741.36
Life-cycle GHG emissions	100.38
Unaccounted biogenic carbon emissions in GWP reporting	26.70
Net GWP	-614.27

## Legend

### Design Options

- Mass Timber Structure <primary>
- Steel Structure



## Legend

↔ Net value (impacts + credits)

### Design Options

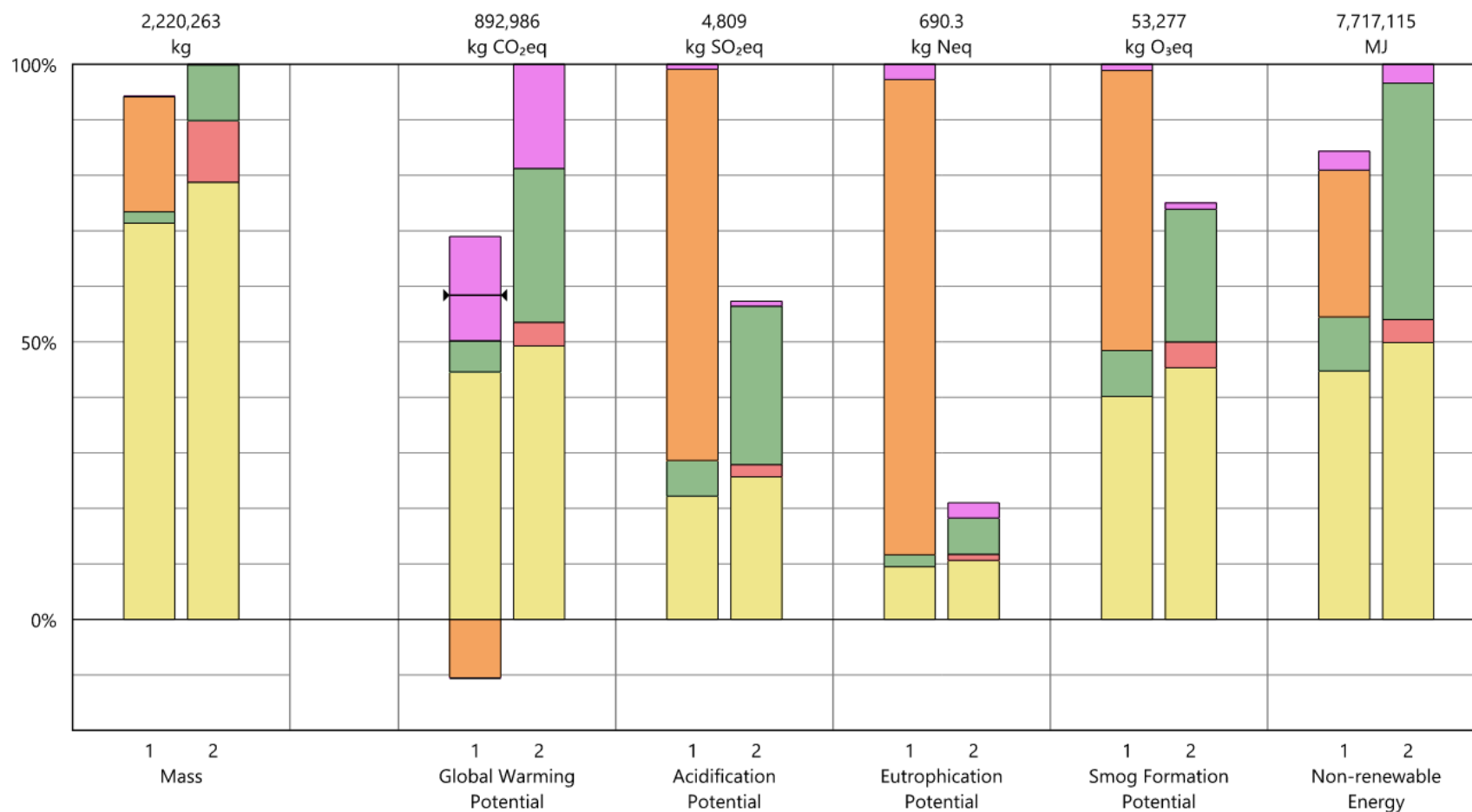
Option 1 - Mass Timber Structure <primary>

Option 2 - Steel Structure

### Divisions

- 03 - Concrete
- 04 - Masonry
- 05 - Metals
- 06 - Wood/Plastics/Composites
- 07 - Thermal and Moisture Protection

## Results per Division



## Legend

↔ Net value (impacts + credits)

### Design Options

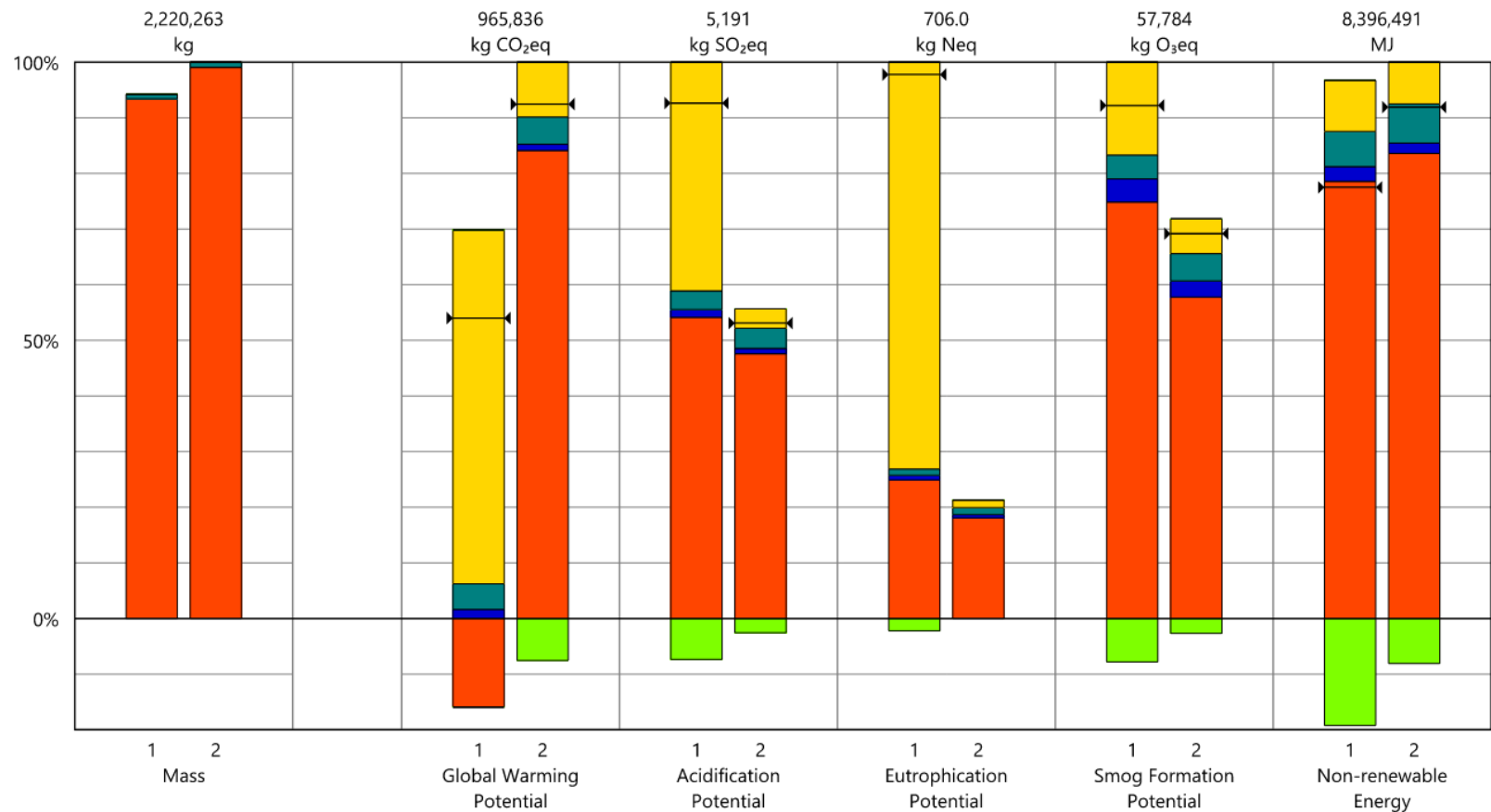
Option 1 - Mass Timber Structure <primary>

Option 2 - Steel Structure

### Life Cycle Stages

- Product [A1-A3]
- Transportation [A4]
- Maintenance and Replacement [B2-B5]
- End of Life [C2-C4]
- Module D [D]

## Results per Life Cycle Stage



view from evanston park





schaefer  
emersion DESIGN

questions?



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