Decarbonization in Design and Post-Occupancy:

The Next Generation of Healing and Learning Environments



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- Describe the difference between operational and embodied carbon and how design teams' decisions impact each.
- Identify the tools needed to develop a campus's carbon reduction roadmap.
- Identify the energy efficiency benefits of retro and monitoring based commissioning for post occupancy carbon reduction.
- Identify the simplest things that can be done right now to lessen the carbon footprint of healthcare and education campuses.
- Demonstrate examples of past projects success and challenges through the decarbonization process.



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Learning Objectives



World Carbon Dioxide (CO2) Emissions From Fossil Fuel Combustion and Global Atmospheric Concentrations CO2 (1751 - 2020)



Carbon Dioxide (CO₂)

Methane (CH₄)

Nitrous Oxide (N₂O)

Halocarbon & SF6

Molecular Hydrogen (H₂)

Carbon is the leading cause of climate change and there are health and environmental co benefits if the healthcare industry drastically reduces its carbon footprint and targets zero carbon







HEALTH SECTOR CLIMATE PLEDGE

2030 - Reduce emissions by 50%
2050 - Net Zero

2. 2023 - Designate an Elective Lead 2024 - Develop an inventory of Scope 3 emissions

3.²⁰²³ - Climate Resilience Plan for Continuous Operation







From 2020 to 2021, the district completely remodeled the district's Early Learning Center and renamed it Prairie Trails School. The renovation focused on making the building better suited for our students, as well as more energy efficient and eco-friendly. Both objectives were achieved, resulting in an innovative school that houses the district's pre-kindergarten and kindergarten students, as well as becoming Mount Prospect's first net-zero energy facility. Learn more about the school and some of its features.

Increase in Education Sector Goals

Understanding Carbon

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Scope 1, 2, 3 emissions



Two Primary Carbon Streams



Carbon Reduction Roadmap

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ASSESS CARBON FOOTPRINT

- Operational Carbon
- Embodied Carbon



2 OPTIMIZE BUILDING PERFORMANCE

- Energy modeling
- Monitoring & Analytics



INTEGRATE RENEWABLE ENERGY

- Consider on site and off site options
- Identify path to net zero energy and carbon neutral

Decarbonization approach



energy and carbon neutral

Analytics

Decarbonization approach

Carbon Footprint Assessment Components

- Building data: SF, energy usage, owned/leased, utility source, BAS, ENERGY STAR number
- Energy use intensity (EUI) and operational carbon footprint
- Facility master plan
- Capital program
- Asset management
- Infrastructure renewal
- Operation and maintenance





ASSESS CARBON



Optimizing Energy Performance and Carbon Reduction For Scope 1 & 2 Carbon Emissions

trategies Goals & Plans



Carbon Footprint Assessment

Plan Execution: Commissioning, Retro-commissioning, BAS Optimization





OPTIMIZE BUILDING PERFORMANCE







Process Integration: master/capital planning, asset management, O & M

Optimizing Energy Performance and Carbon Reduction

Plan Execution: Retro-commissioning impact on energy performance and carbon reduction

- 1. Retro-commissioning: 10-20% energy usage reduction
 - 0-2 year payback energy efficiency measures
- 2. Capital energy efficiency measures: 10-20% energy usage reduction
 - 2-10 year payback energy efficiency measures
- 3. Capital program/infrastructure renewal: 10-20% energy usage reduction
 - Design standards
 - Performance targets (OPR)







30% - 50% total energy usage reduction

Sustaining Energy Performance and Carbon Reduction Plan Execution: Retro-commissioning impact on energy performance and carbon reduction

ANALYTICS-BASED RETRO-COMMISSIONING (RCx)





OPTIMIZE BUILDING PERFORMANCE

ANALYTICS-BASED COMMISSIONING (Cx)



Optimizing and Sustaining Performance Measuring Results & Process Integration

- Carbon and energy tracking
- Continuous verification and improvement
- Portfolio-wide existing and new
- Integrated with overall FM and PDC



2 OPTIMIZE BUILDING PERFORMANCE





Electrification

Generating HWS





	Electric resistance	Air Source Heat Pump	Heat recovery chiller	Geothermal WTW HP
Minimum OA operating temp.	NA	0 - 15 F	NA	NA
Heating COP	1.0	2.0 - 3.5	3.5 - 7.0	4.0 – 5.5
Key Benefit	Lowest first cost	Energy cost on par with gas when OA >30F	High COP at any OA temp	Ground heat exchange, not air
Key Limitation	High energy cost 3x+	Minimum OA temp Low HWS temp Capacity falls off as OA drops	Only handles simultaneous load Maintenance and min. load	Well field size and cost
Max HWS temp	Same as gas	125 - 130 F	130 – 140 F	130 – 140 F

Electrification options – Hydronic

Offsetting with Renewables

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3 INTEGRATE RENEWABLE ENERGY

Reducing Operational Carbon in Buildings



3 INTEGRATE RENEWABLE ENERGY • Consider on - site and off site options • Identify path to net zero energy and carbon neutral

Path to Carbon Neutral



Offset with renewable energy

SOLAR PV FOR PORTFOLIOS





3 INTEGRATE RENEWABLE ENERGY

Decarbonization Project Examples

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Optimization Strategies & Goals Healthcare Example

Strategies

- Design standards
- Project planning
- Commissioning (Cx), retro-Cx, monitoring-based Cx
- Utility analytics
- Building automation system (BAS)
- Funding/financial
- Regulatory compliance

Goals

- Return-on-investment
- EUI
- ENERGY STAR
- Carbon emissions





FOOTDDIN

EUI Portfolio Assessment Healthcare Example

		لے					
Hospital Size (SF)		Industry Medians*		Baseline (2021)	Current (thru 3/2023)	% Change	Assess
	Industry Survey	CBECS					
1 st Campus	1,878,964	234.3	229.1	209.9	208.2	-0.8%	FOOTPR
2 nd Campus	264,678	234.3	229.1	163.8	229.3	+40.0%	Opportunity
3 rd Campus	248,117	234.3	229.1	150.0	149.4	-0.4%	
4 th Campus	189,726	234.3	229.1	215.7	286.7	+32.9%	Opportunity
Off Campus Owned Building	173,235	N/A	51.2	75.6	76.0	+0.5%	

*ENERGY STAR Portfolio Manager Technical Reference U.S. Energy Use Intensity by Property Type

EUI Change for RCx Buildings Healthcare Example



PERFORMANCE

Buildings

EUI Change for Non-RCx Buildings



Buildings

Energy and Carbon Tracking Healthcare Example

Energy Use Intensity Trend for an MOB on the Main Camus



OPTIMIZE BUILDING PERFORMANCE

Lessons Learned & Keys to Success Healthcare Example





>University Example

- Midwest
- Old buildings with steam coils and high temp hot water

• Goals:

- No NG over the next 15-17 years – how to transition?
- Path to convert to geothermal

SCOPE 1-EMISSIONS ELIMINATED BY 2040

Scope 1 GHC emissions result from **direct**, **on-campus sources**. To eliminate them, our first actions include **installing geothermal heating and cooling** for some new construction projects (a first step in phased transition of heating and cooling systems), **electrifying our bus fleet**, and **launching a revolving fund for**

University Example: Decarbonization - Electrification



Data Analytics



Assessing EUI



Assessing Carbon



Optimization - Load Reduction Opportunities



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15,300sqft

100

- ·16000 CFM AHU HW COIL
- DX Cooling

- 40 tons Condensing Unit
- Steam Dom. HW
- \cdot Heating Water Radiation

BASEMENT 6132 sqft 1st Floor: 49,000 sqft 2nd Floor: 17,200 sqft

· 3 Pool Units on 2nd Floor

- Radiant Infloor Heat
 Hydronic Hx
- Domestic Hx W/Tank
- \cdot Heat Recovery for water heating
- · RTU on Roof
- \cdot 3 Accus Replaced by One Larger

BASEMENT: 47,000 sqft Ground Floor: 22,600 sqft Ground MEZZ: 3,900 sqft Ist Floor: 39,400 sqft 2nd Floor: 6,400 sqft 3rd Floor: 6,400 sqft

Steam to HW HX
215 tons Cooling
3 AHUS, 2 with Energy Recovery
Vav Reheat System

C-D BERICOLDER

BASEMENT: 6,100 sqft 1st Floor: 18,500 sqft 1st Floor MEZZ: 9,500 sqft 2nd Floor: 17,000 sqft

• No MEP Asbuilt

Steam to Hot Water HX Some perimeter heat Reheat coil system Two central AHUs Air Cooled Chiller

• Air Colled Chiller 100T

- Steam/Hx HWS/R
- 4 Pipe Fan Coils
- · Doas No Heating Recovery
- •1650 MBH Heating

- Gas Fired HW Boilers 2 @ 1200 MBI • Gas Fired Humidifiers
- · 130 T ACCU
- AHU VAV Reheat

40 ton Air Cooled Chiller
Electic Humidification
4 Pipe Fan Coil (200 F Water)
Electric Resistance Heating
Electric Water Heating

>NEED to have hourly meter data

 Sporadic peaks can cause oversizing of future electrified systems Phase the discussion about campus decarbonization

 University campuses are usually huge so understanding the overall goal and where can we focus our efforts Hardest part is sequencing a campus conversion to electric

> Need to be on the same page that its going to be a 15 yr commitment

Steam University: Lessons Learned

First Steps to Carbon Reductions

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INITIAL STEPS

Lighting Upgrades 5% - 10%



Energy efficiency – VFD, controls, etc 5% - 15%

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Retro-Cx and Monitoring based Cx 5% - 15%

Solar PV

10% - 20%

B ANNAL MANAGEMENT

ALL BUILDINGS
Monitor electricity and gas use

- Benchmark energy use (EUI)
- Low temperature hot water (retrofit and new)

FUTURE CAMPUS PLANNING



Heat Recovery Chiller



Convert from Steam to Hot Water

3

Electricification - ASHP, geo





A Practical Approach for the Built Environment

By Eric Vandenbroucke | Mike Zorich | Adam McMillen | Doug Sitton

Decarbonization of the built environment is rapidly gaining attention in healthcare. Many in the industry have come to recognize the significant and symbolic role that healthcare organizations, their designers, and builders, can play in reducing the carbon emissions, or greenhouse gases, introduced by the built environment of their facilities. Others are skeptical of the need to decarbonize, dubious of the impact it will have, or, understandably, overwhelmed at the effort and expense it could entail.

On a global scale, the healthcare industry accounts for a yearly average of 5 percent of the total carbon emissions of industrialized nations, according to Environmental Research. Letters. Despite having only 4.25 percent of the global population, the United States is responsible for 28 percent of all global emissions. With healthcare responsible for 8.5% of the nation's emissions, doing the math shows that the U.S. healthcare industry is responsible for 2.4 percent of the world's total emissions and nearly 50 percent of global healthcare emissions. As the scientific data and environmental organizations confirm, per capita healthcare emissions in the U.S. are greater than that of any other country.

Considering the operational burden of U.S. healthcare facilities such as hospitals and clinics—24/7 operation, large consumption of supplies, exacting climate control and electricity needs, 6.6 million hospital personnel driving to and from work every day—it's understandable that the industry owns such an outsized portion of carbon emissions. By rethinking the built environment, however, healthcare—and other industries—can substantially accelerate its decarbonization goals in a path-ofleast-resistance toward net-zero carbon emissions.



Decarbonization in Healthcare

