



# Using VRF to Achieve Net Zero

Variable Refrigerant Flow Technology

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Mitsubishi Electric Cooling & Heating

# Carbon Neutral Societies by 2050



Comfort

First Cost

Efficiency

Maintenance

Architectural Impact

# Variable Refrigerant Flow

**What is VRF?**

**Net Zero  
Take-aways**

**End User  
Experience**

**VRF** | Variable  
Refrigerant  
Flow

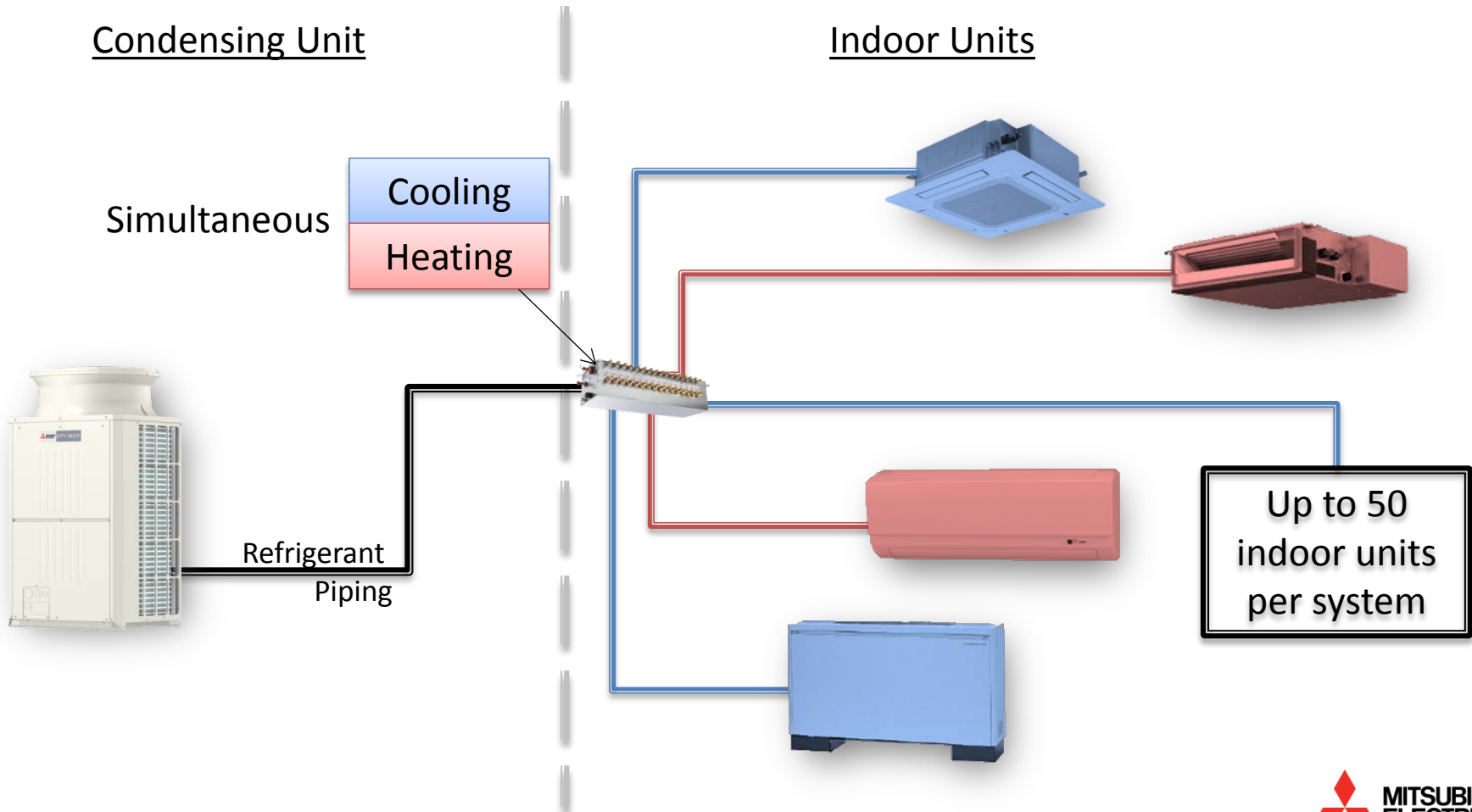
**Net Zero  
Case Studies**

**Architectural  
Impact**

**VRF Energy  
Profile**

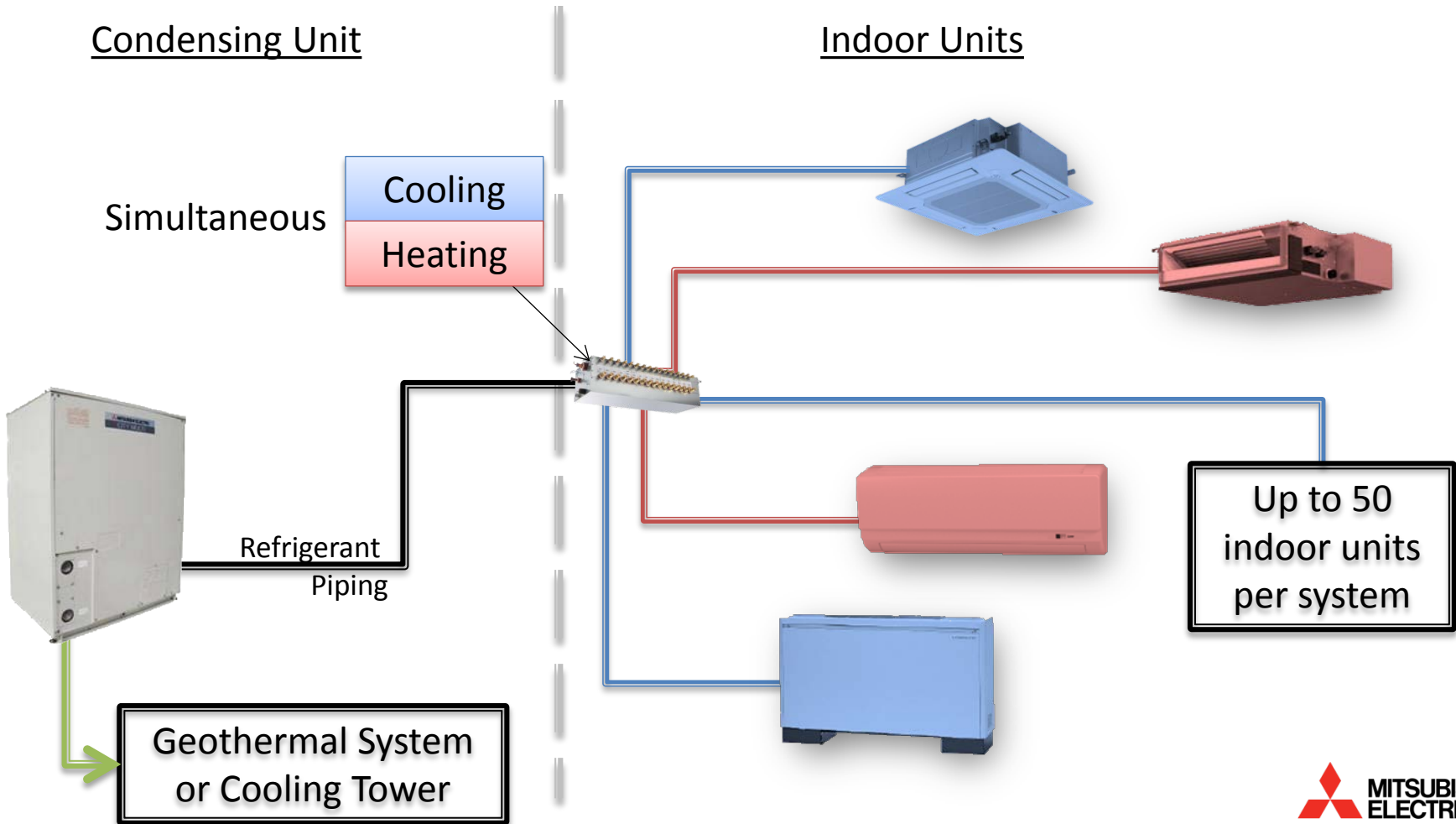
# Commercial System

Heat Pump with Heat Recovery

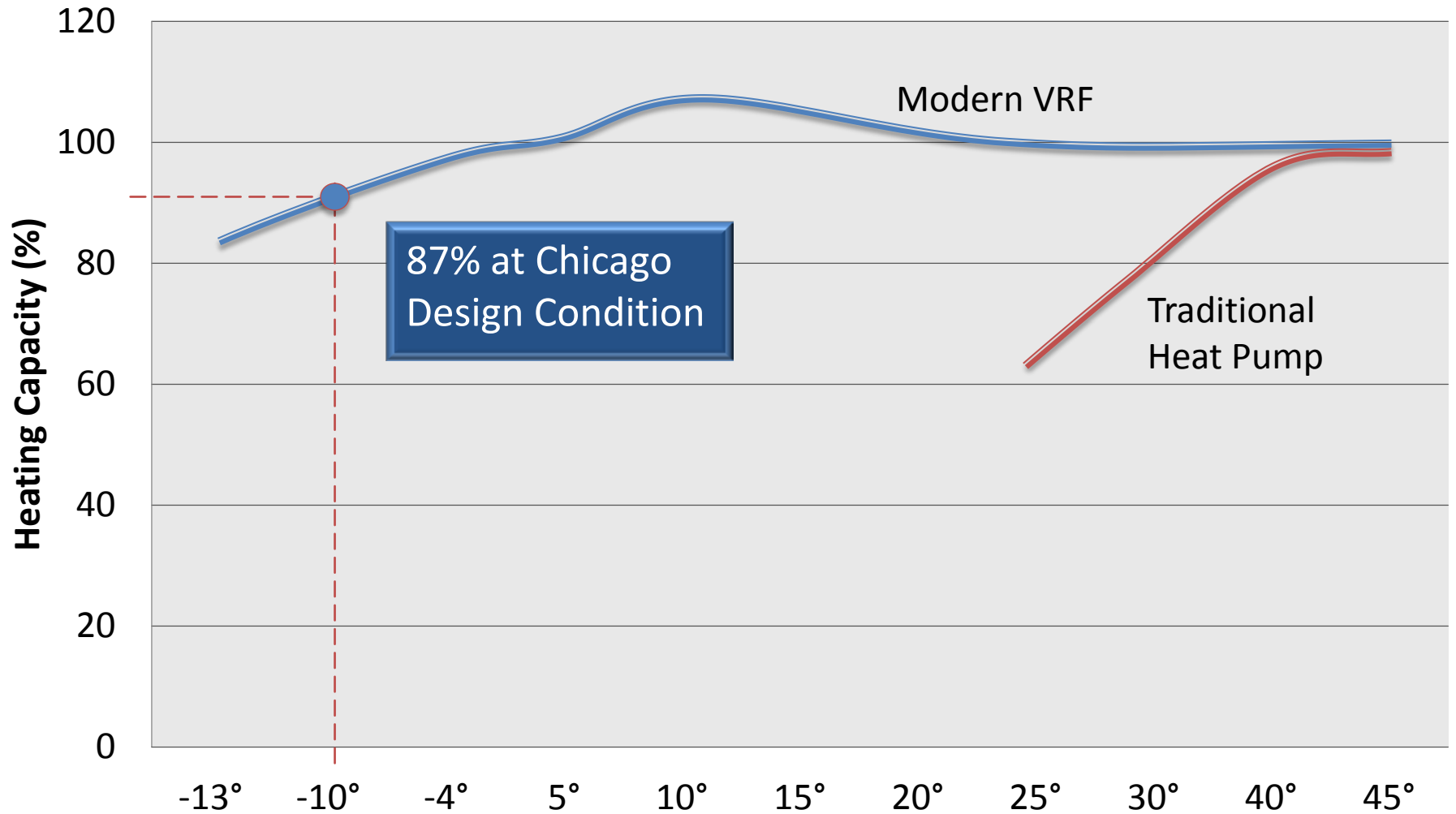


# Commercial System

Heat Pump with Heat Recovery



# Heat in Cold Climates



# Commercial System

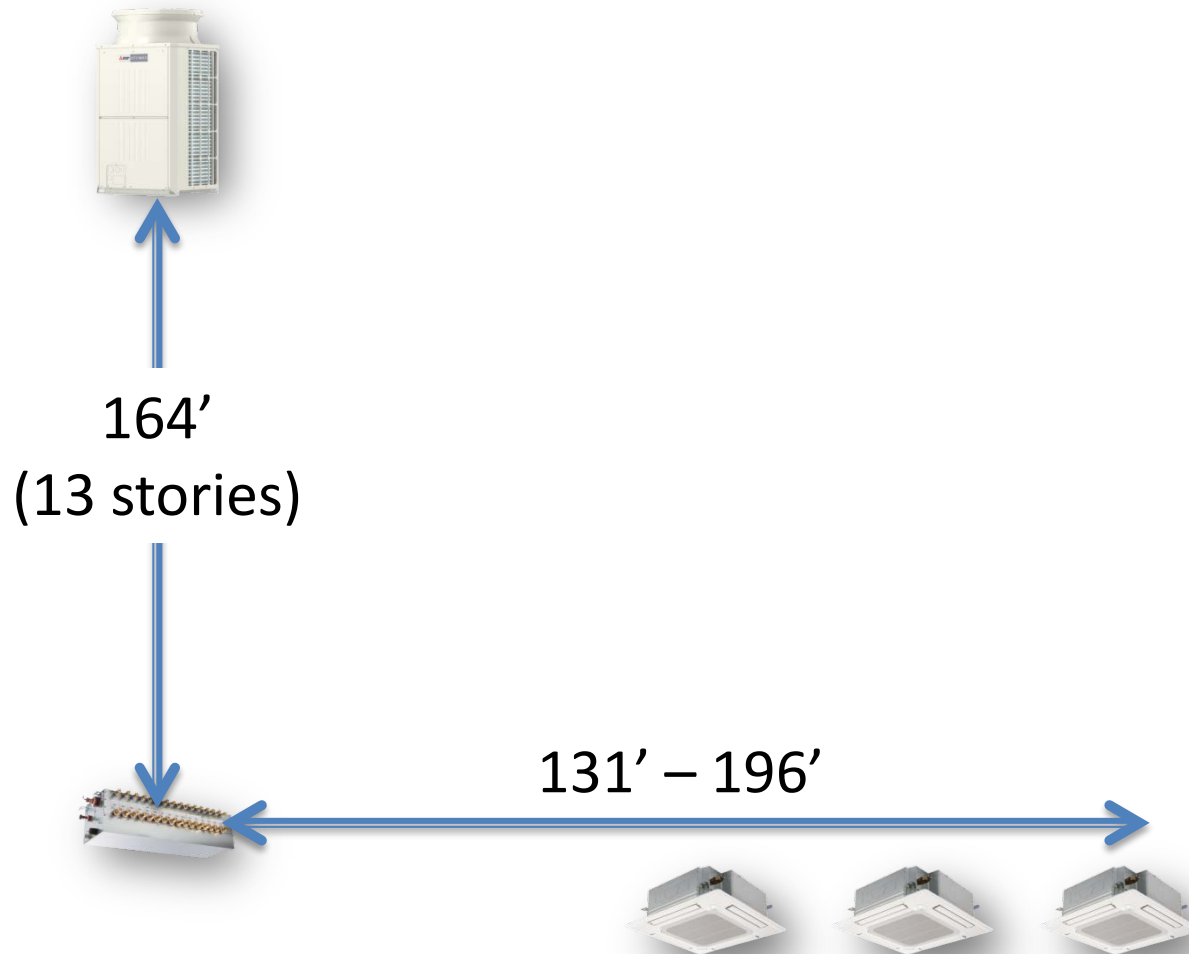
Simultaneous Heating and Cooling Applications



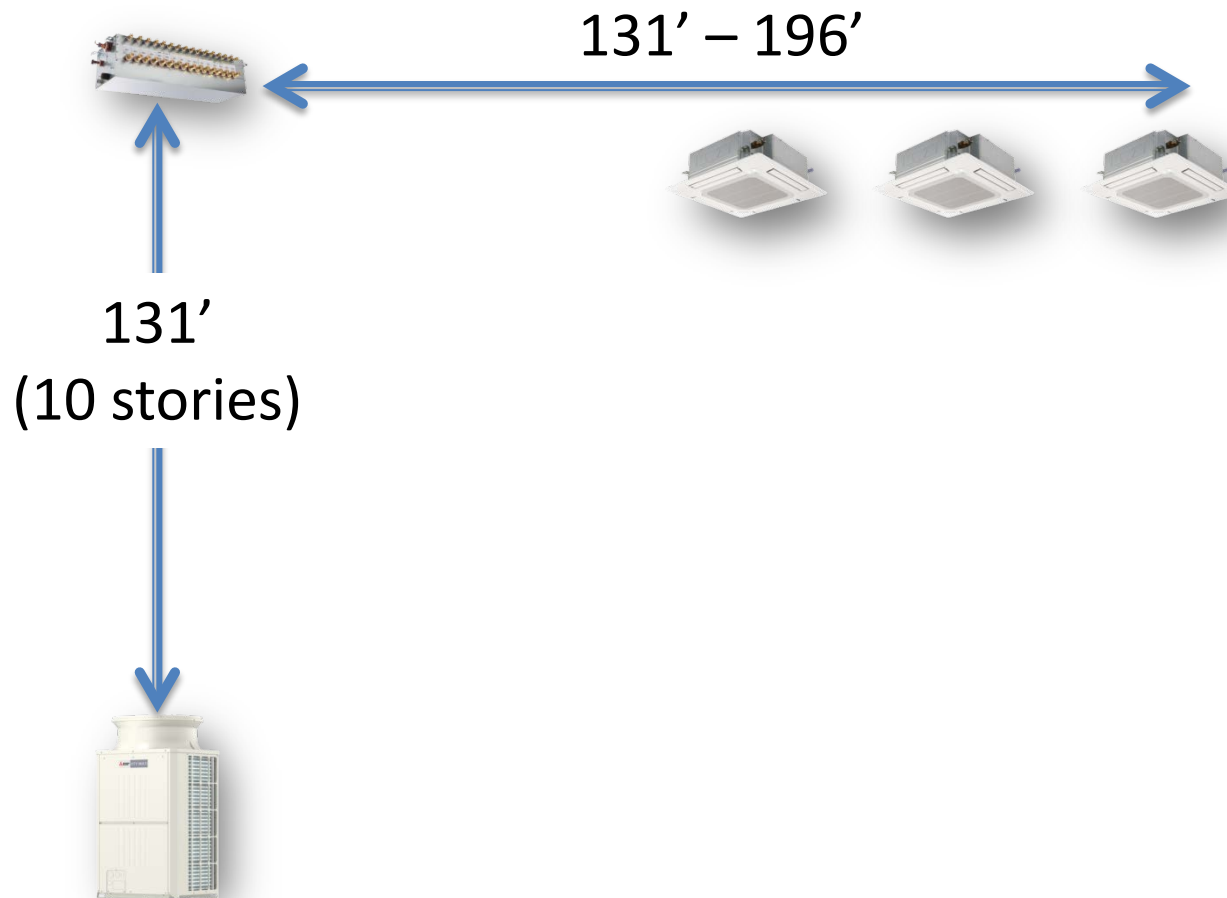
- Multi-family
- Senior living centers
- Schools
- Student housing
- Hotels
- Offices
- Medical facilities



# Refrigerant Lines Lengths

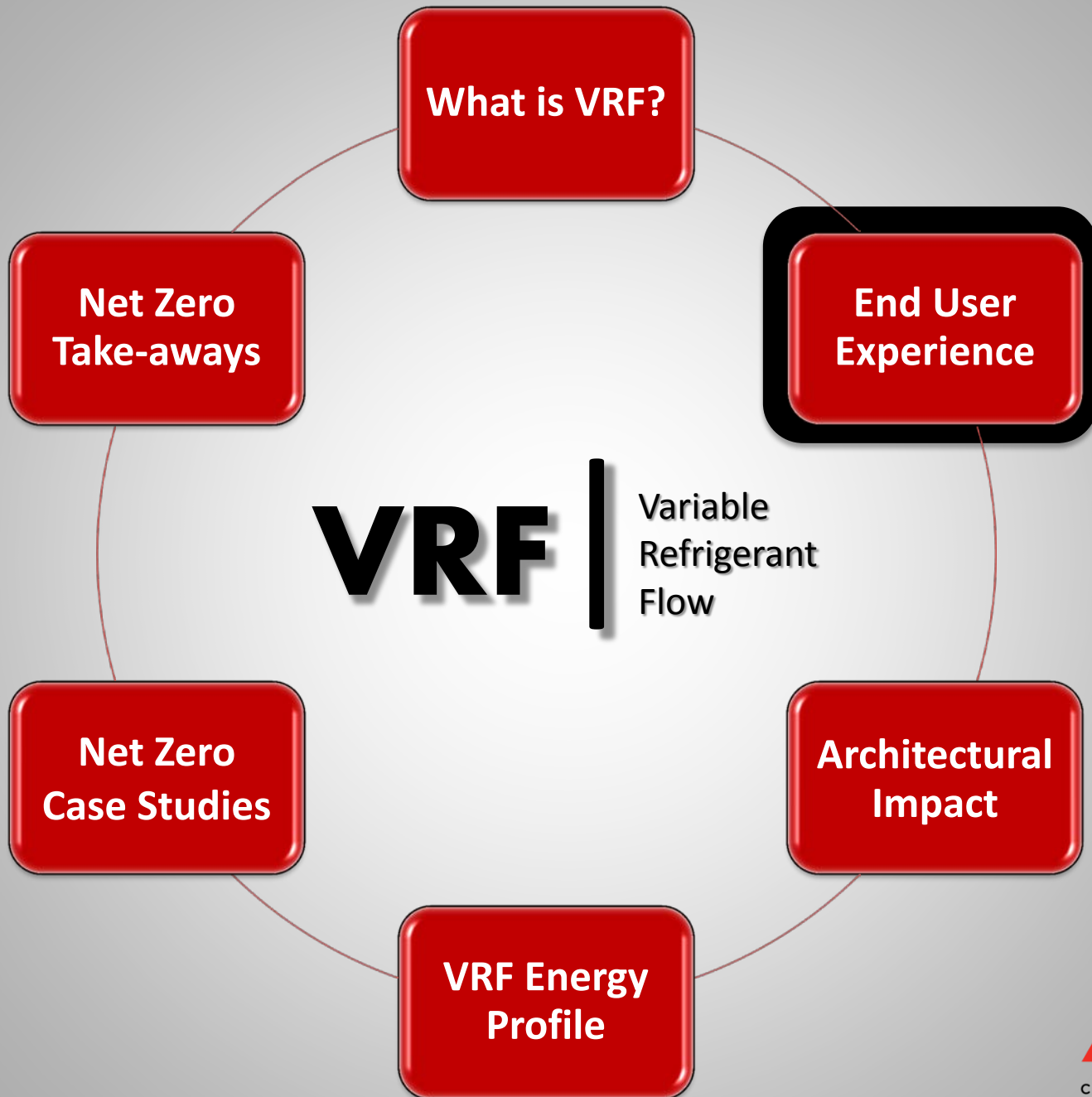


# Refrigerant Lines Lengths



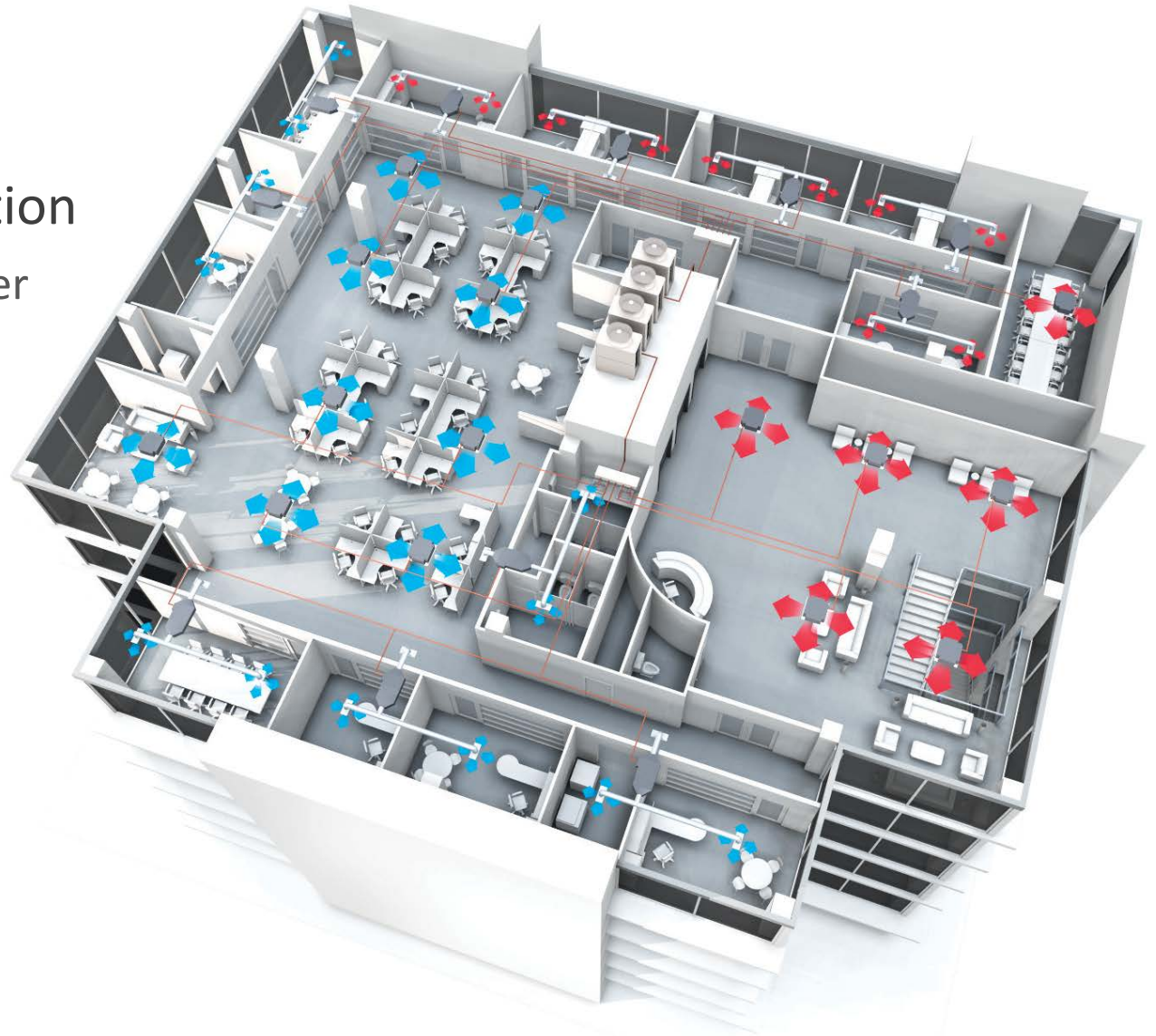
# Refrigerant Lines Lengths

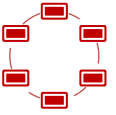




# Eliminate hot and cold spots

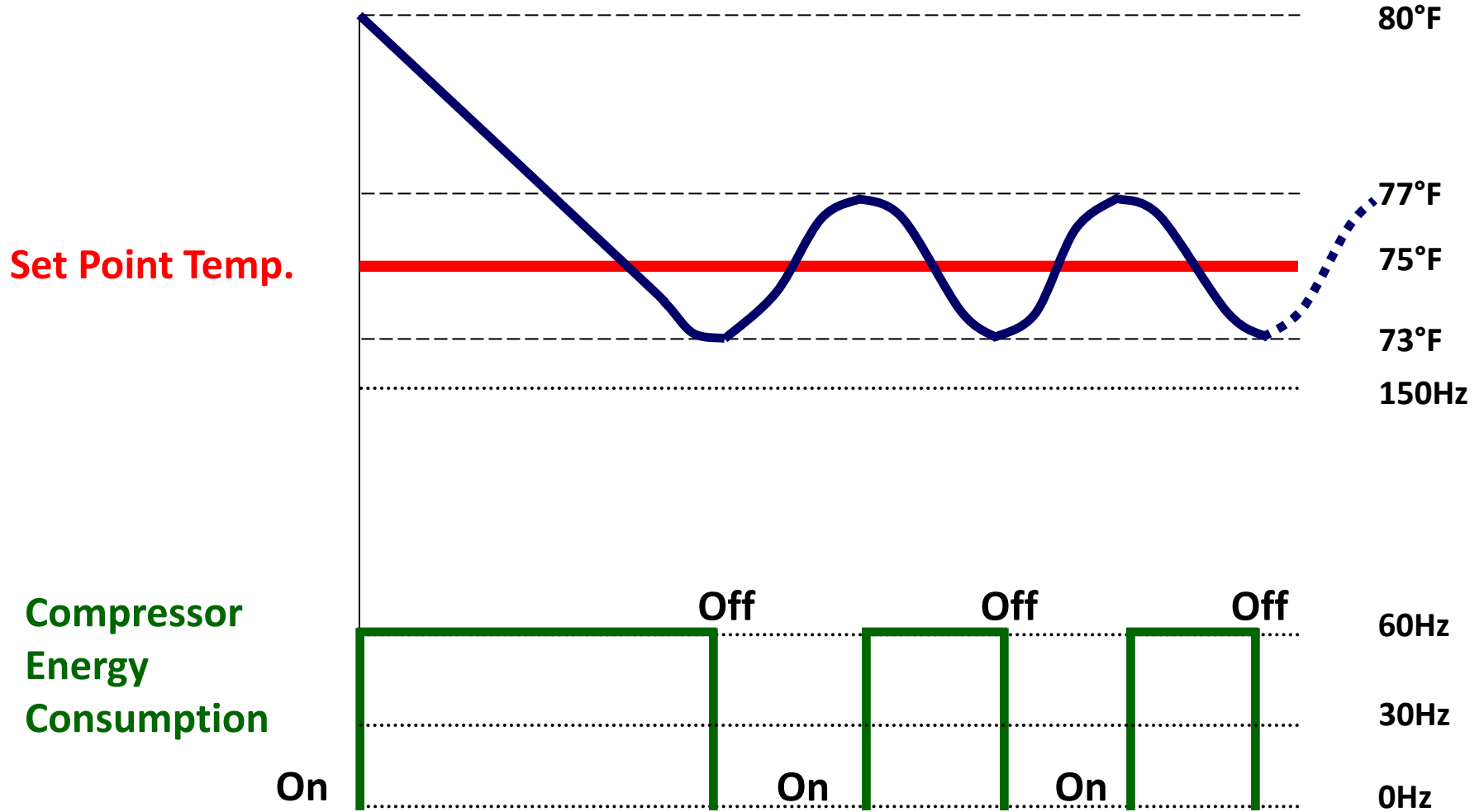
- Individual control
- No season restriction
  - Heat in the summer
  - Cool in the winter

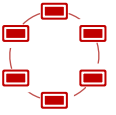




# Precise Temperature Control

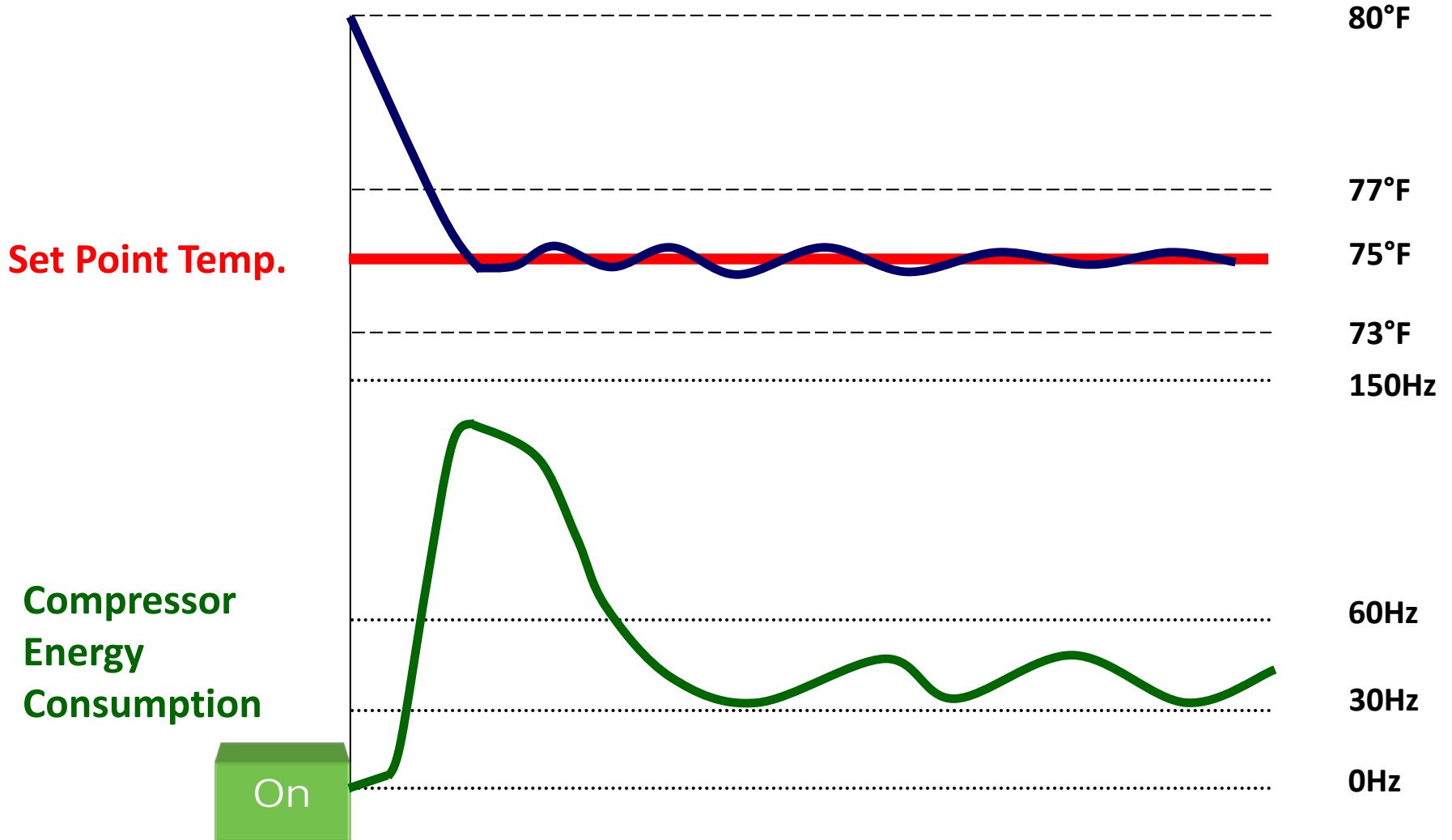
Traditional Compressor





# Precise Temperature Control

Inverter-driven Compressor





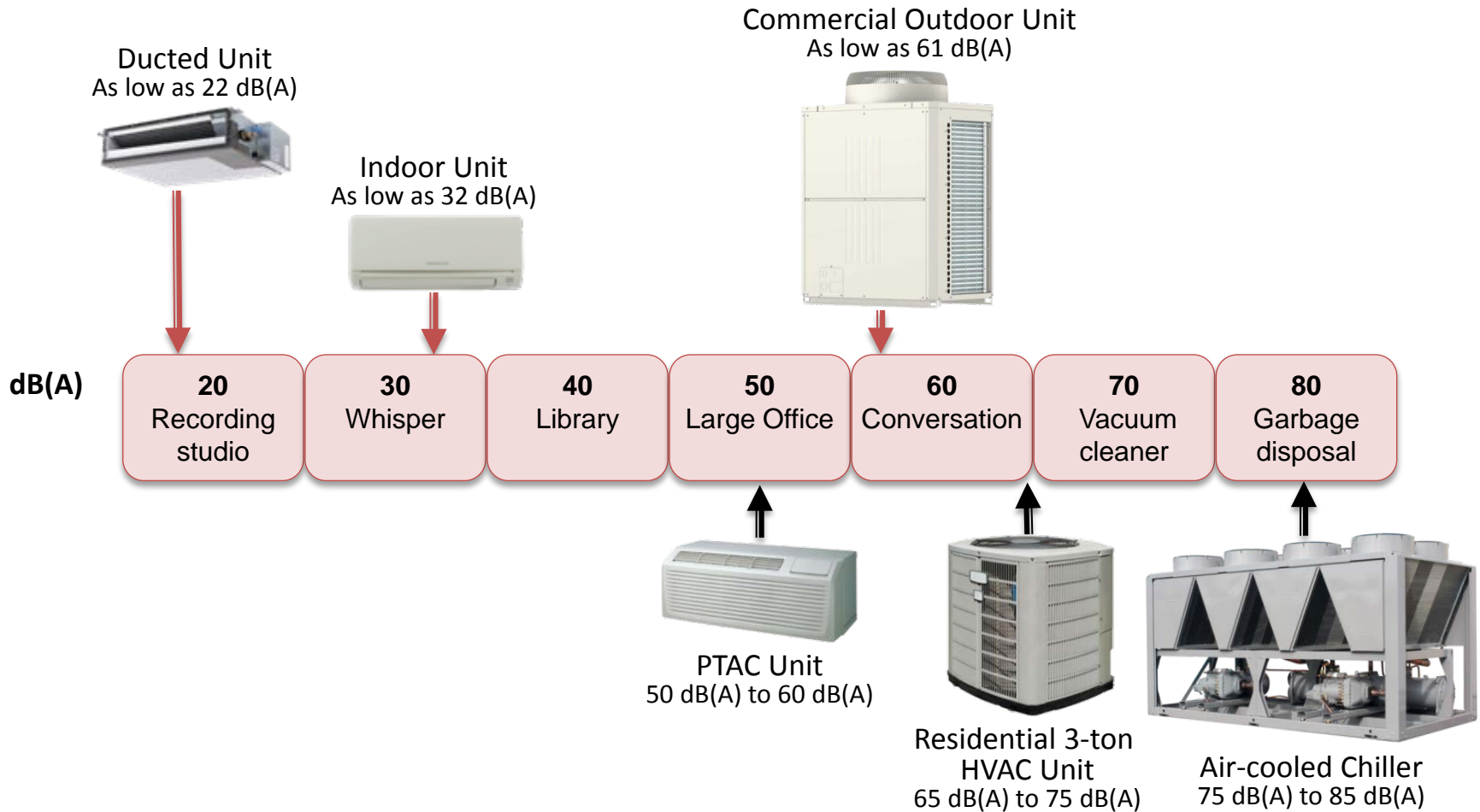
# Precise Temperature Control

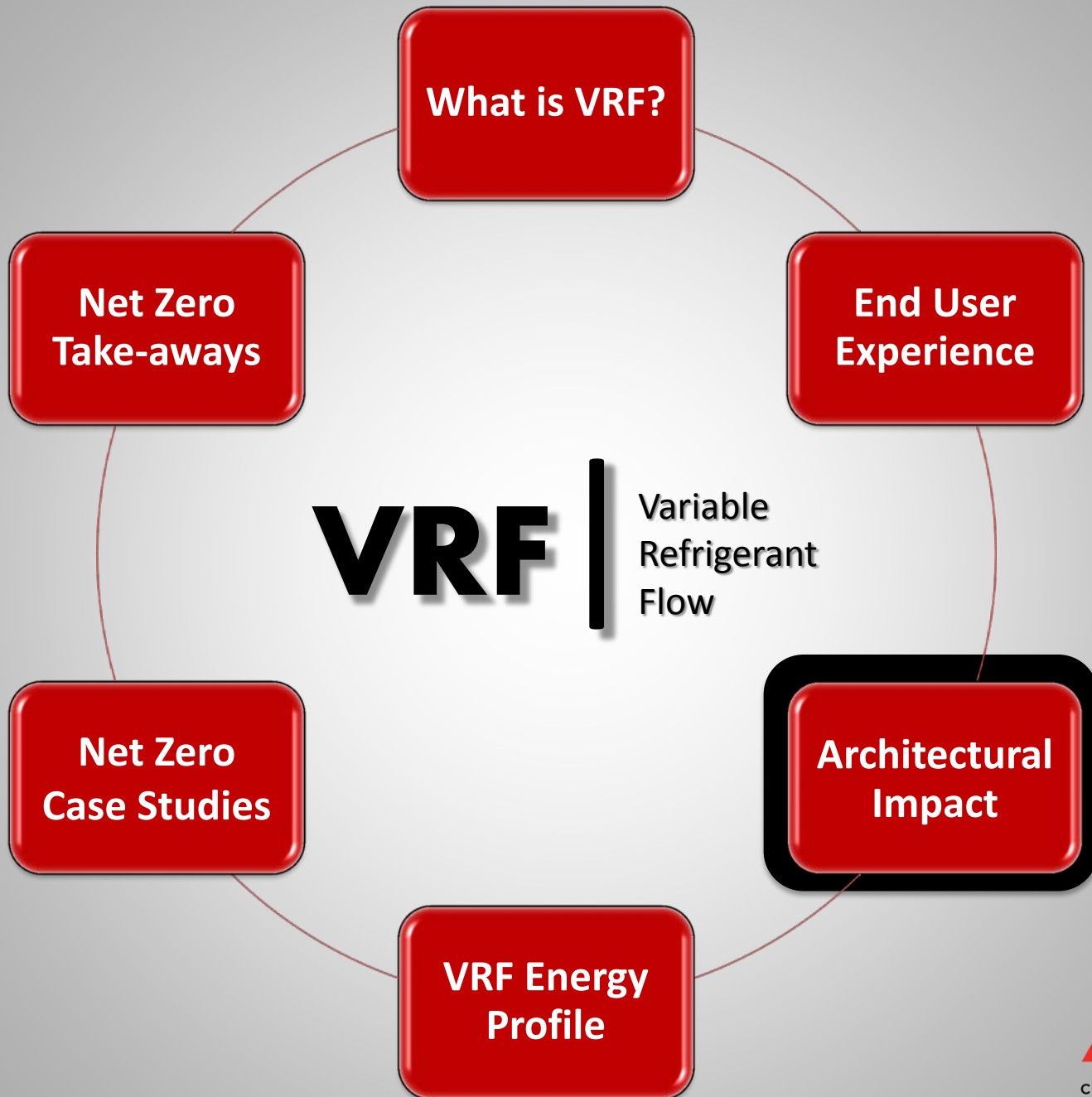
- Maximum comfort
- Eliminate ON – OFF – ON – OFF annoyance
- Extends equipment life – Reduced startup amperage
- Part load dehumidification





# Quiet Operation





# Modular and compact design

Location flexibility – often spread around the property



# Modular and compact design

Location flexibility – often spread around the property



# Modular and compact design

Location flexibility – often spread around the property



Water cooled application

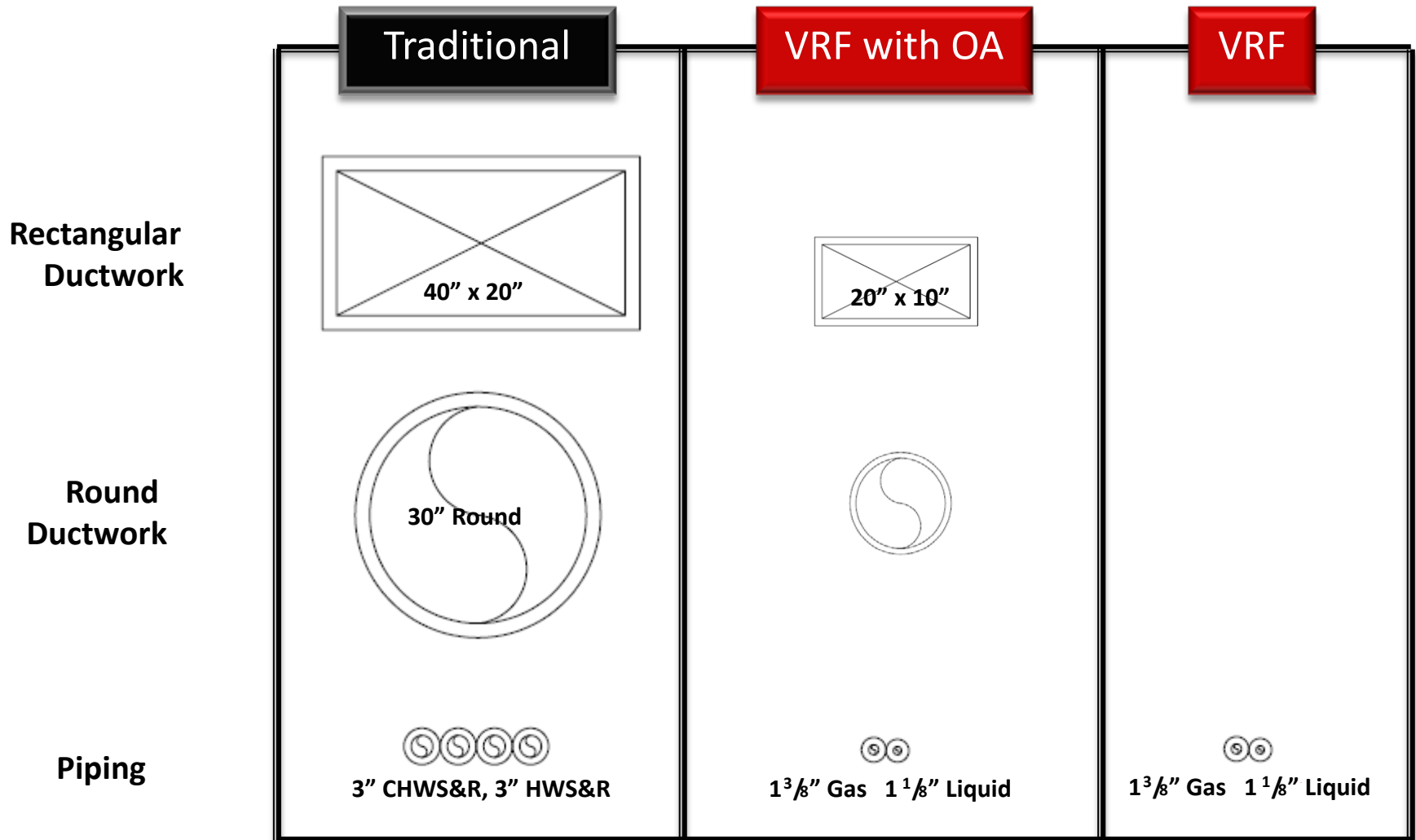
- Cooling tower
- Geothermal

# Eliminate Large Mechanical Rooms

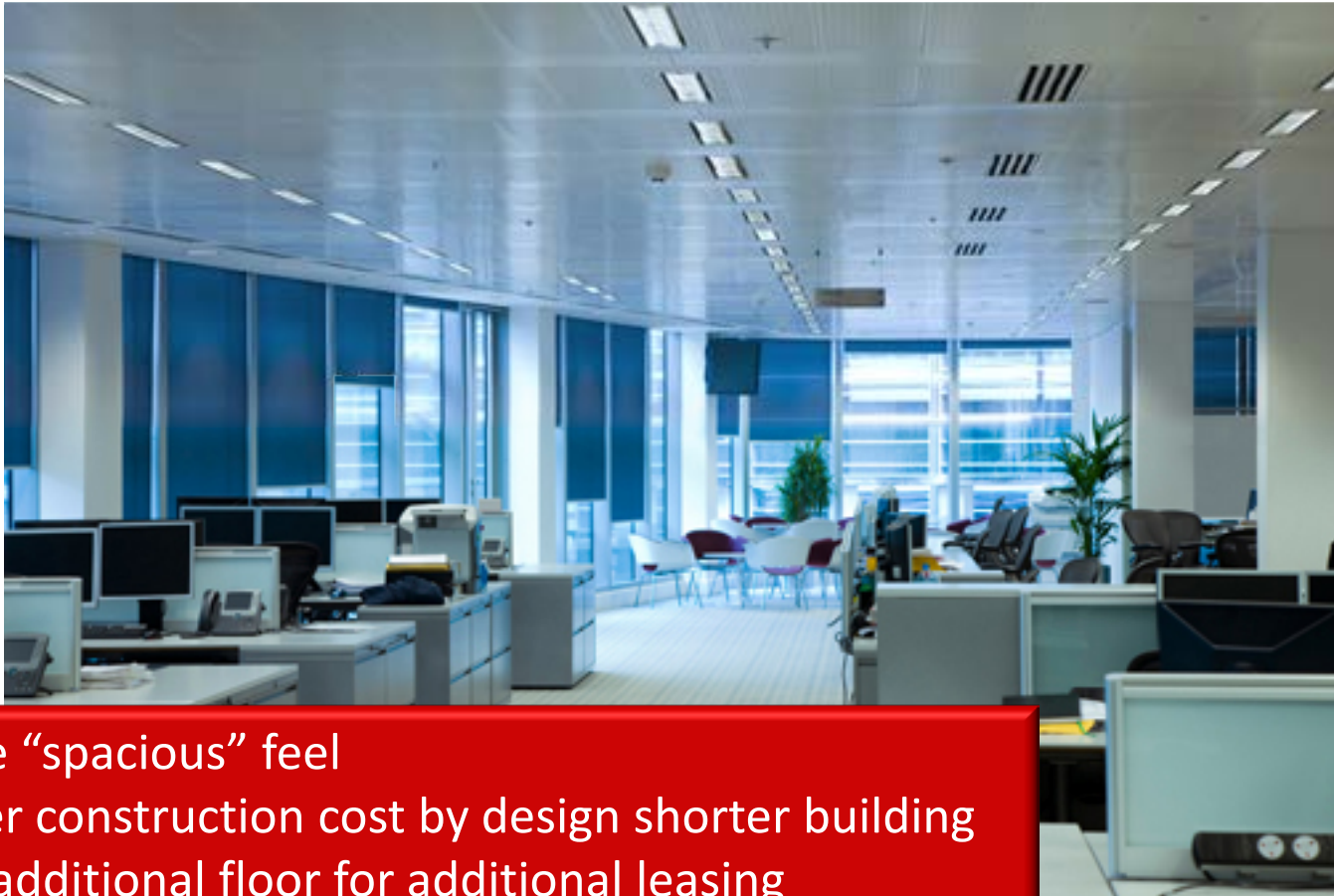


# Space Savings

Space required to deliver 20 tons of cooling



# Reduced ceiling plenum space



- More “spacious” feel
- Lower construction cost by design shorter building
- Add additional floor for additional leasing



# Ducted Units



**Medium Static  
Ducted Unit**



**Low Profile  
Ducted Unit**



**High Static  
Ducted Unit**



**Vertical  
Ducted Unit**

# Ceiling Recessed Cassettes



# Ceiling Recessed Cassettes



# Ceiling Mounted Units

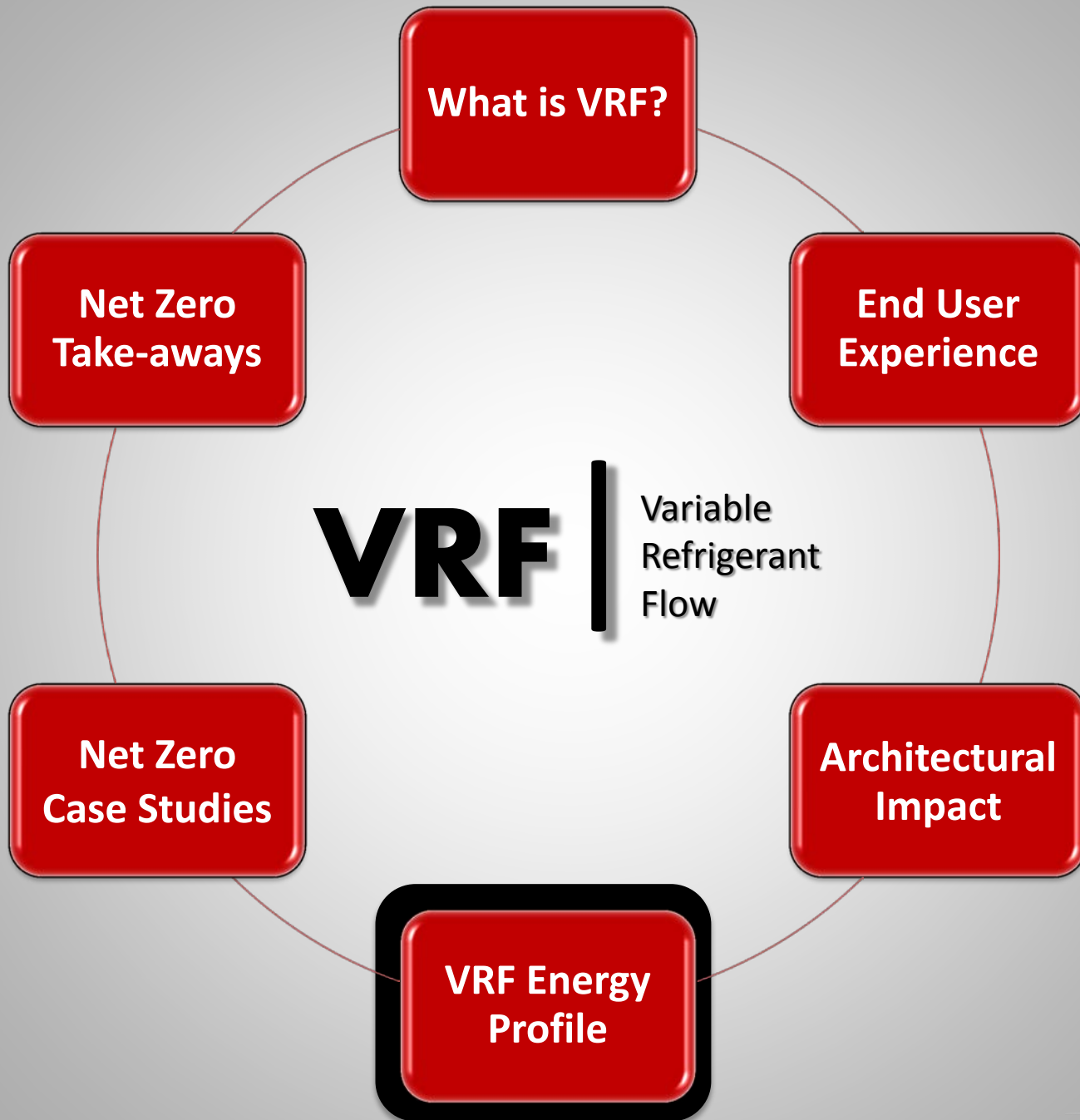


# Wall Mounted Units



# Floor Mounted





# Energy Usage & Utility Costs?



Controllability



Energy



LEED



Maintenance



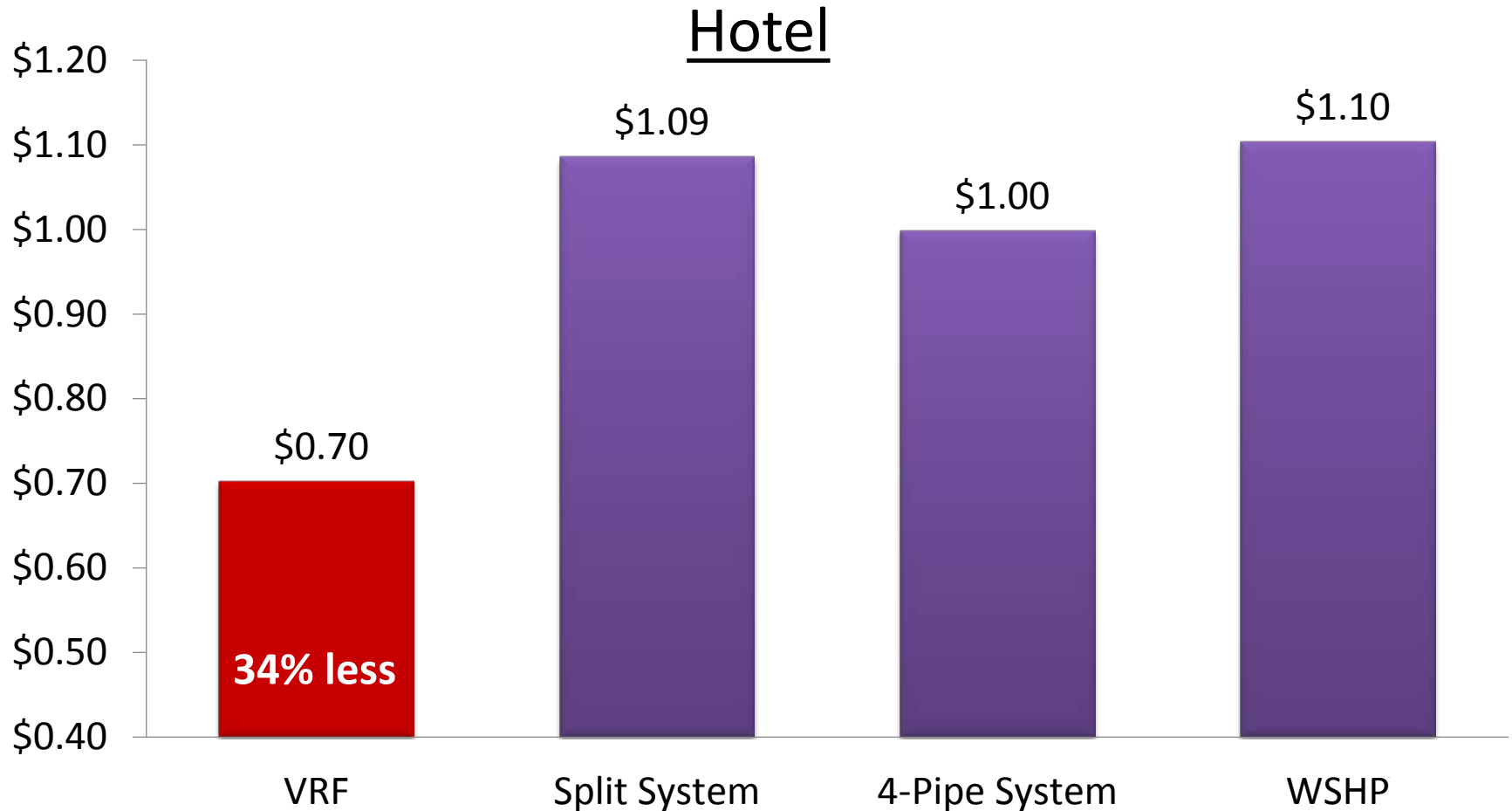
Cost



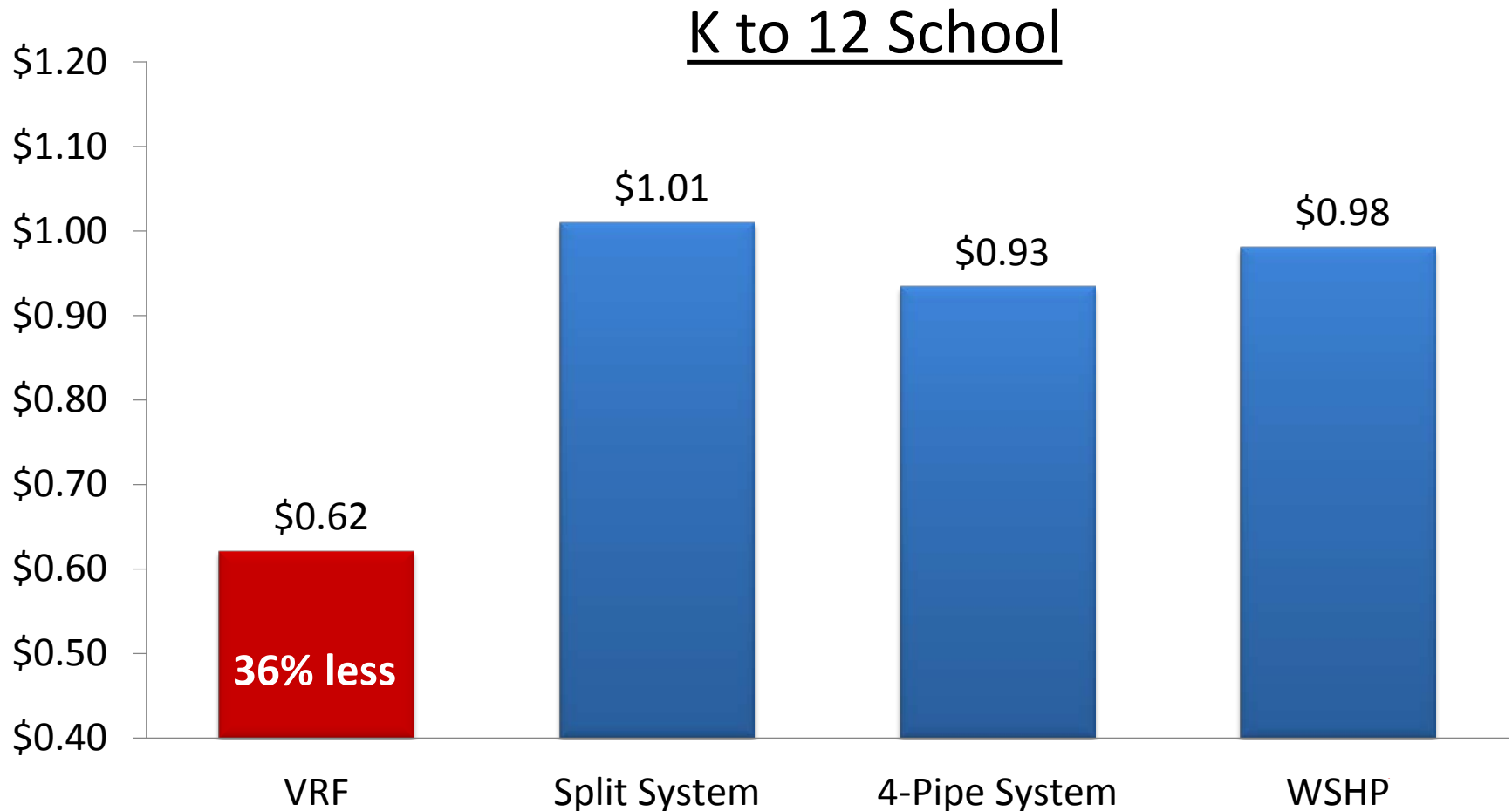
Expandability



# Annual HVAC Energy Cost (\$ / SF / Year)



# Annual HVAC Energy Cost (\$ / SF / Year)



# Annual HVAC Energy Cost (\$ / SF / Year)

## Typical VRF Savings Compared to Conventional HVAC Systems:

- 25% to 40% (New versus New)
- Up to 75% (New versus Old)



# Energy – Why is VRF so efficient?

- VRF uses the “free” heat in the building
- Advanced Heat Pump Cycle (fossil fuel friendly)
- Inverter matches load & equip capacity
- ECM low static fan motors – 50% typical
- Zero or minimal pumping energy



Controllability



Energy



LEED



Maintenance



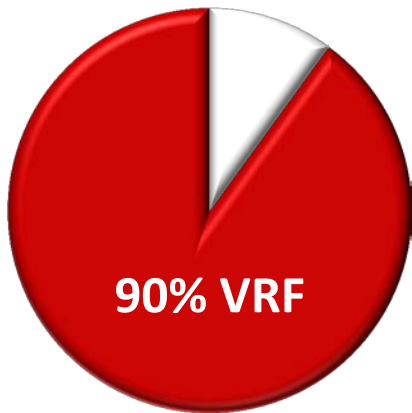
Cost



Expandability

# Energy around the world

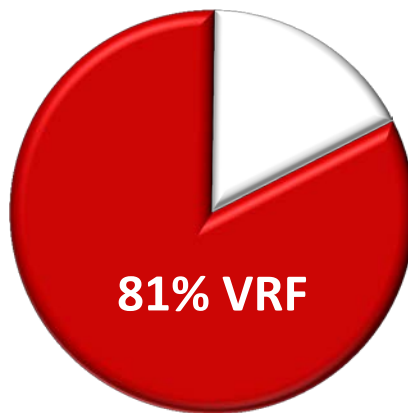
- Electric rates 3-6x higher than US
- Use of VRF validates energy efficiency



90% VRF

**Japan**

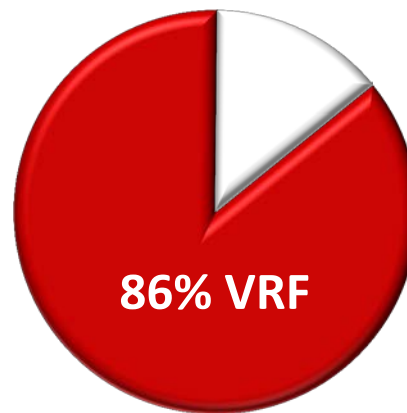
7.2M Systems



81% VRF

**Europe**

7.6M Systems



86% VRF

**China**

16.7M Systems



Controllability



Energy



LEED



Maintenance



Cost




Expandability

# What about First Cost for NZEB Options?



Controllability



Energy



LEED



Maintenance

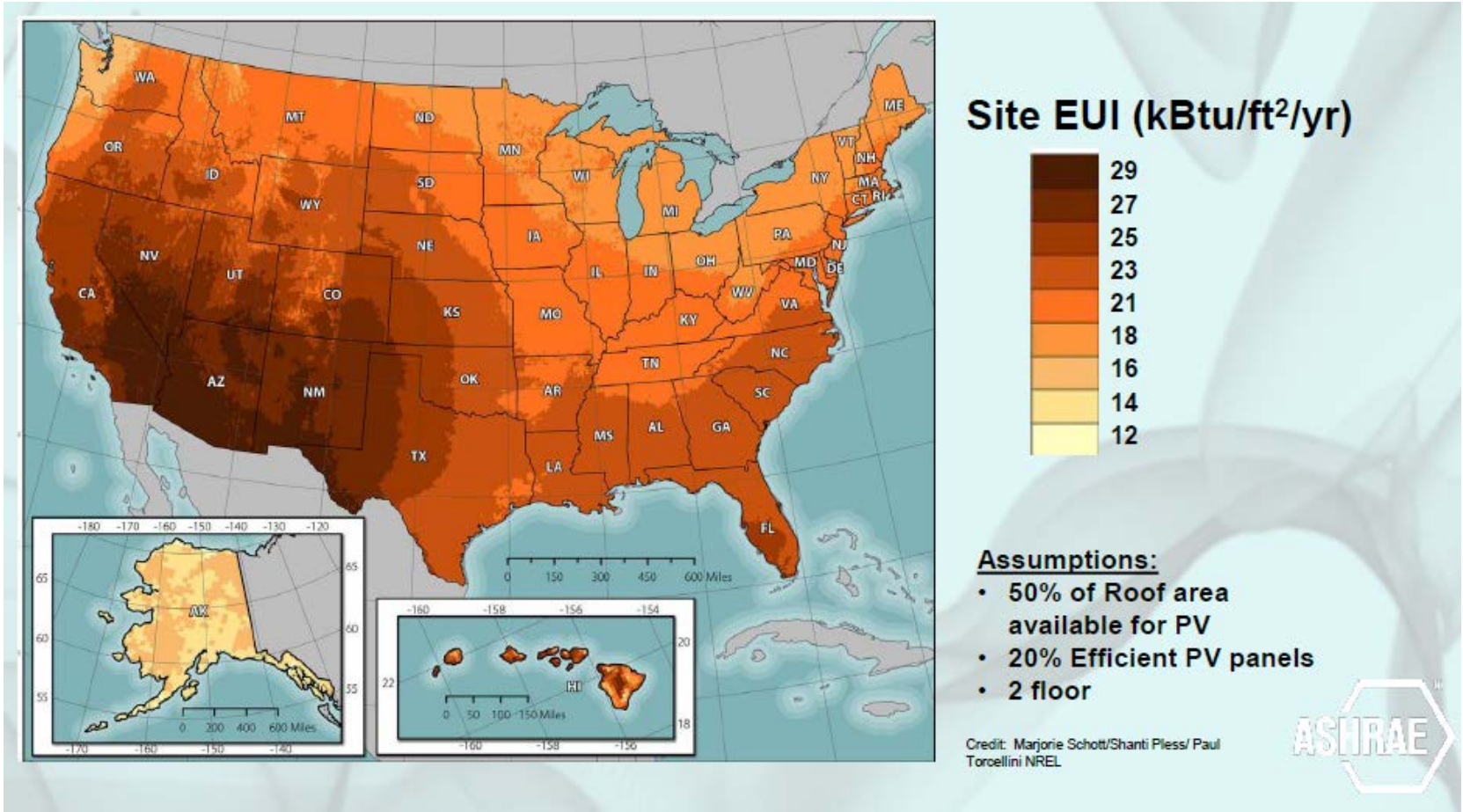


Cost

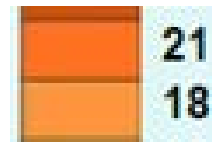


Expandability

# Midwest United States NZEB - Dilemma # 1



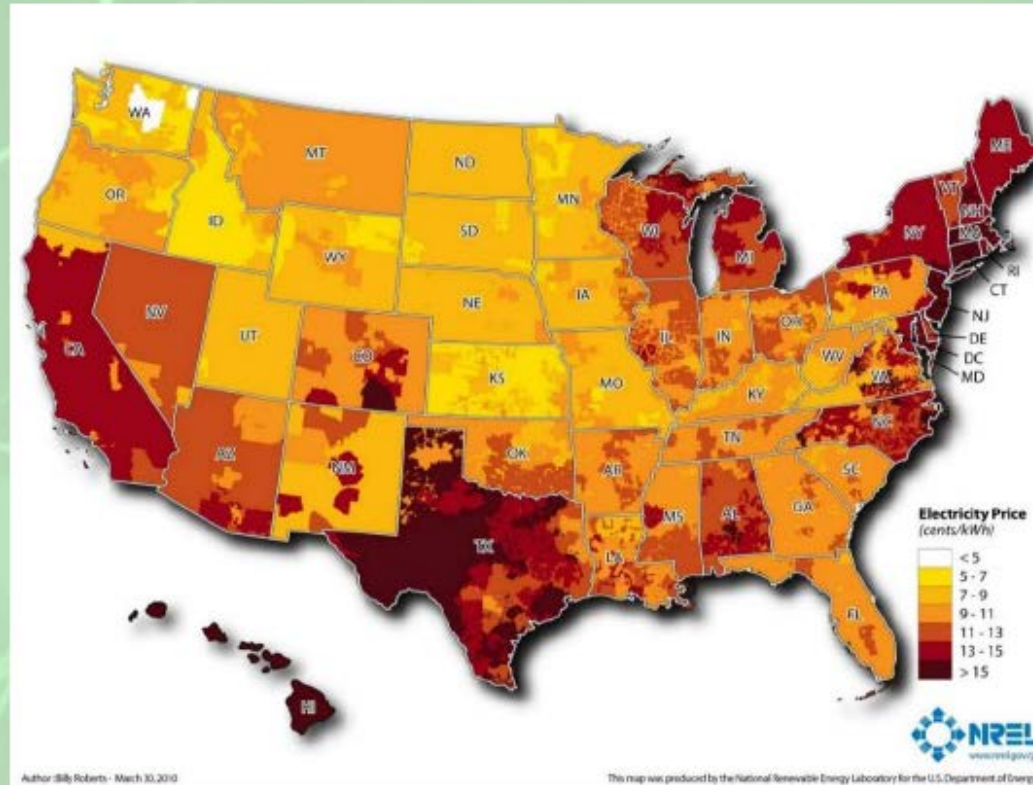
Less sunshine per annum



# Midwest United States NZEB - Dilemma # 2

## Electricity

Costs



Low electricity costs



# Midwest United States NZEB - Dilemma # 3



SOUTHERN CALIFORNIA  
**EDISON**

Three Phase Variable Refrigerant Flow (VRF) Equipment\*

Equipment Type	Tier	Size Category	Sub-Category	Full Load Cooling Efficiency	Incentive (\$/ton)
VRF Heat Pump	1	<960 kBtuh (<80 tons)	Heat Pump	Interim Department of Energy Waiver	\$990
	1	≥960 kBtuh (≥80 tons)		Interim Department of Energy Waiver	\$630
VRF Heat Recovery	1	<960 kBtuh (<80 tons)	Heat Recovery	Interim Department of Energy Waiver	\$1,530
	1	≥960 kBtuh (≥80 tons)		Interim Department of Energy Waiver	\$1,170



Variable Refrigerant Flow Air Conditioners: Air-Cooled	< 65,000 Btuh (5.4 tons)	14 SEER	\$20.00
	65,000 - 134,999 Btuh (5.4 - 11.1 tons)	12 EER***	
	135,000 - 239,999 Btuh (11.2 - 19.9 tons)	12 EER***	
	≥240,000 Btuh (≥ 20 tons)	10.8 EER***	

**Modest utility rebates for energy efficiency**



# HVAC Net Zero Options



Modular or Custom AHU



Traditional VAV



HW & CW Pumps



Heat Pump Chiller

## Option # 1A: Geo Heat Pump Chiller-Heater w/ Conventional AHU – VAV

- First Cost \$ 38 to \$ 46 PSF (Average \$ 42)
- Utility Cost \$ 1.20 PSF per year
- Relative Maintenance Cost 2.0

# HVAC Net Zero Options



Modular or Custom AHU



Traditional VAV



HW & CW Pumps



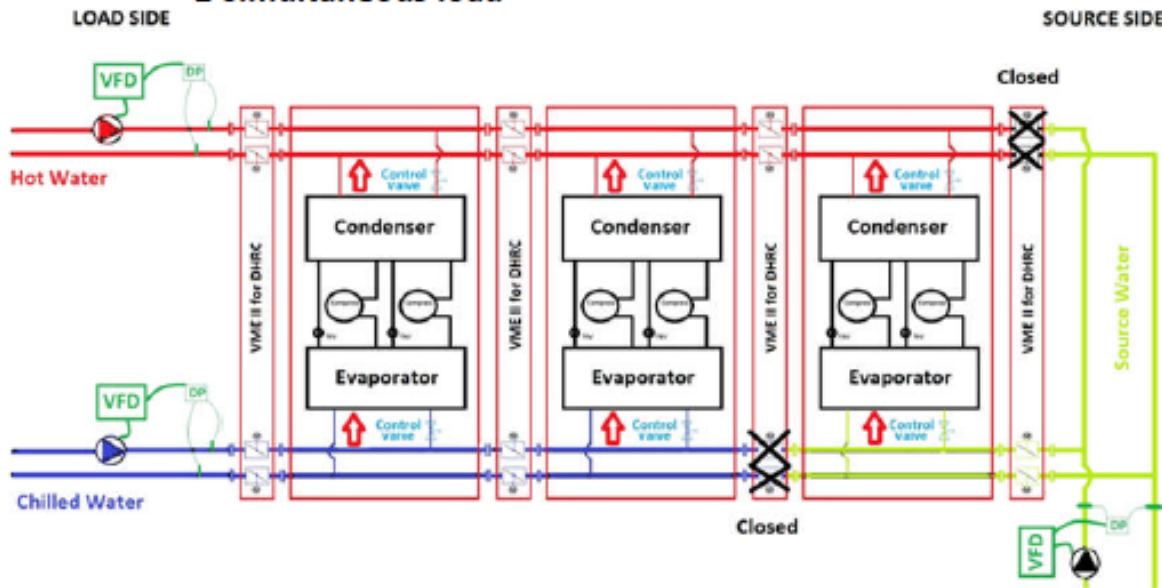
Heat Pump Chiller

## Option # 1A: Geo Heat Pump Chiller-Heater w/ Conventional AHU – VAV

- Makes ~ 120 F Hot Water (Must size HW Coils and VAV's appropriately)
- Not capable of simultaneous Heating and Cooling

# HVAC Net Zero Options

- 2 Cooling
- 3 Heating
- 1 Source extracting
- 2 Simultaneous load

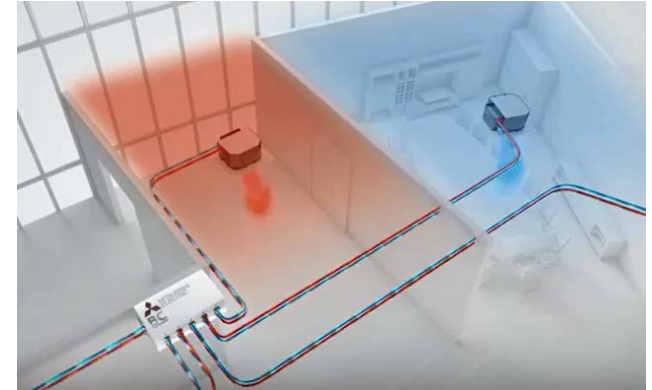
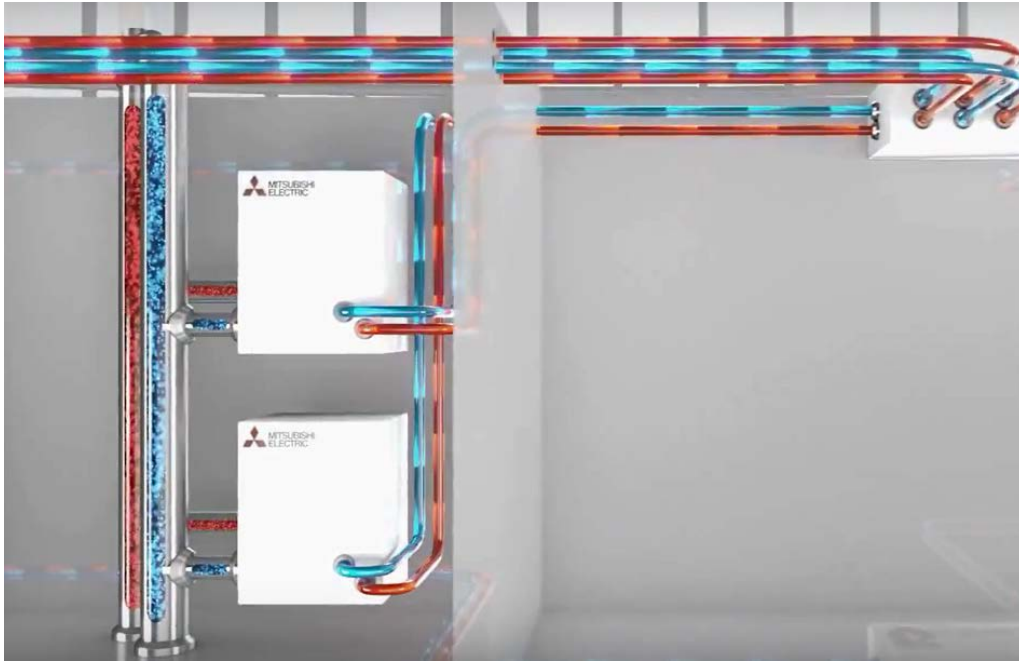


**Simultaneous Heat / Cool Available with Modular Chiller**

## Option # 1B: Modular Geo Heat Pump Chiller-Heater with AHU – VAV

- First Cost \$ 38 to \$ 46 PSF (Average \$ 42)
- Utility Cost \$ 1.00 PSF per year
- Relative Maintenance Cost 2.0

# HVAC Net Zero Options

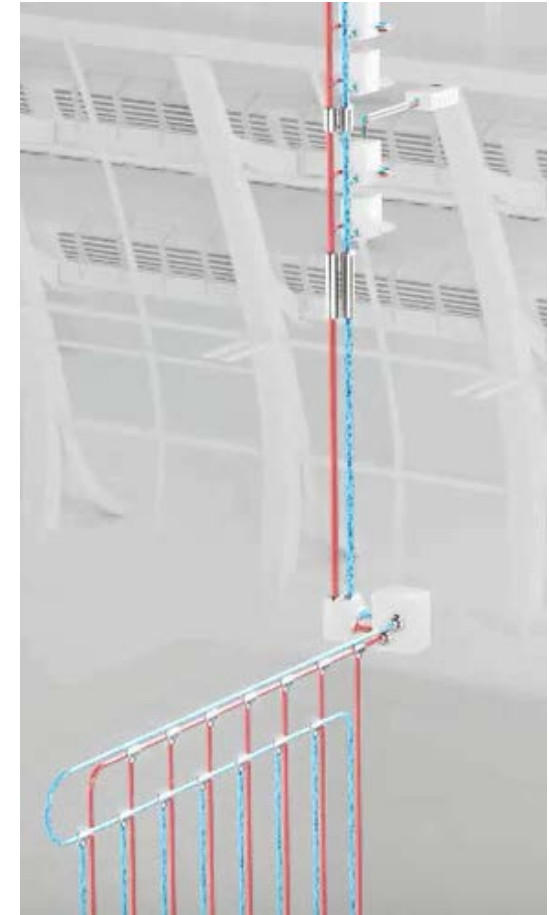


## Option # 2: Geothermal VRF

- First Cost \$ 28 to \$ 36 PSF (Average \$ 32)
- Utility Cost \$ 0.80 PSF per year
- Relative Maintenance Cost 0.80

# HVAC Net Zero Options

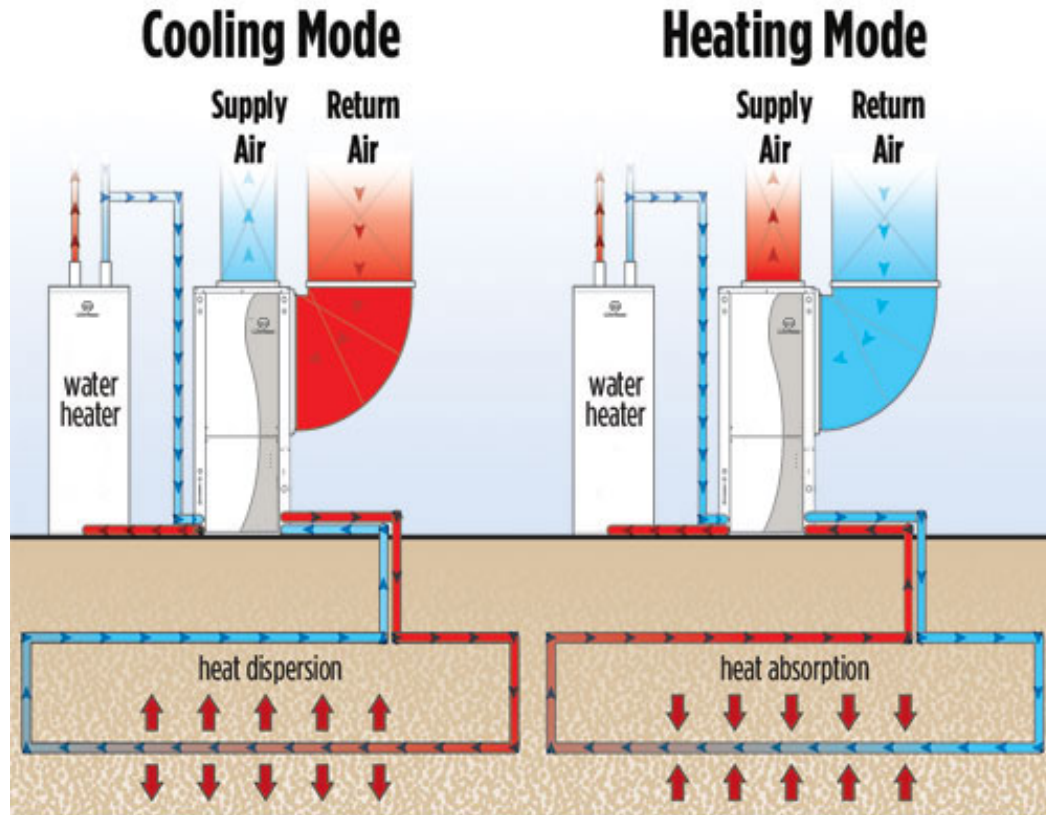
## Domestic Water Preheat with waste heat



## Option # 2: Geothermal VRF

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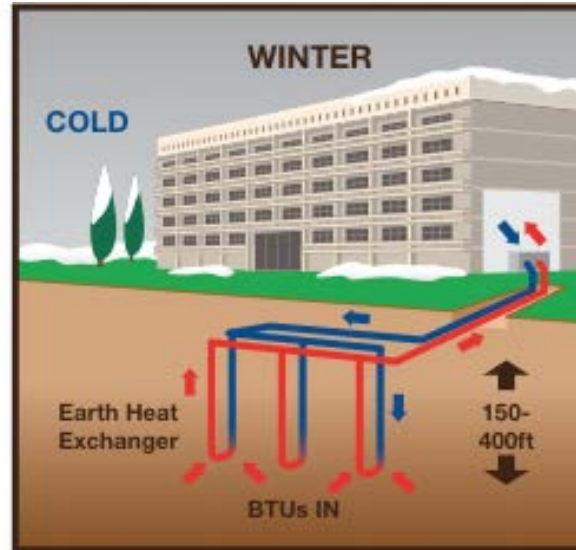
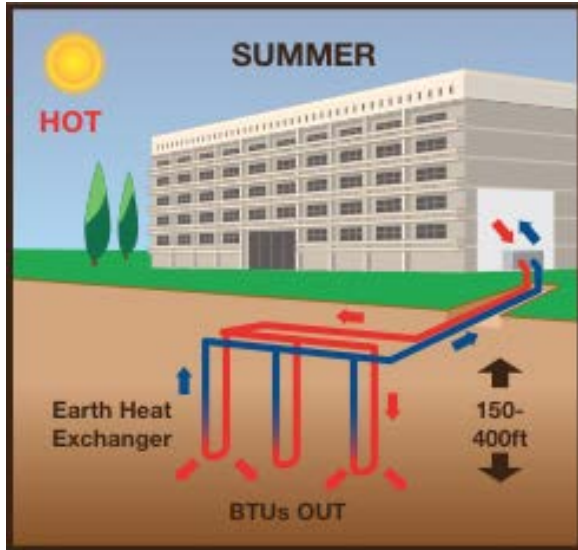
# HVAC Net Zero Options



## Option # 3: Traditional Geothermal GSHP

- First Cost \$26 to \$ 34 PSF (Average \$ 30)
- Utility Cost \$ 0.90 PSF per year
- Relative Maintenance Cost 1.20

# HVAC Net Zero Options



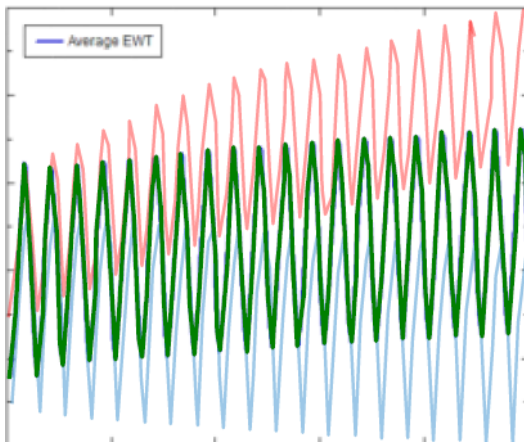
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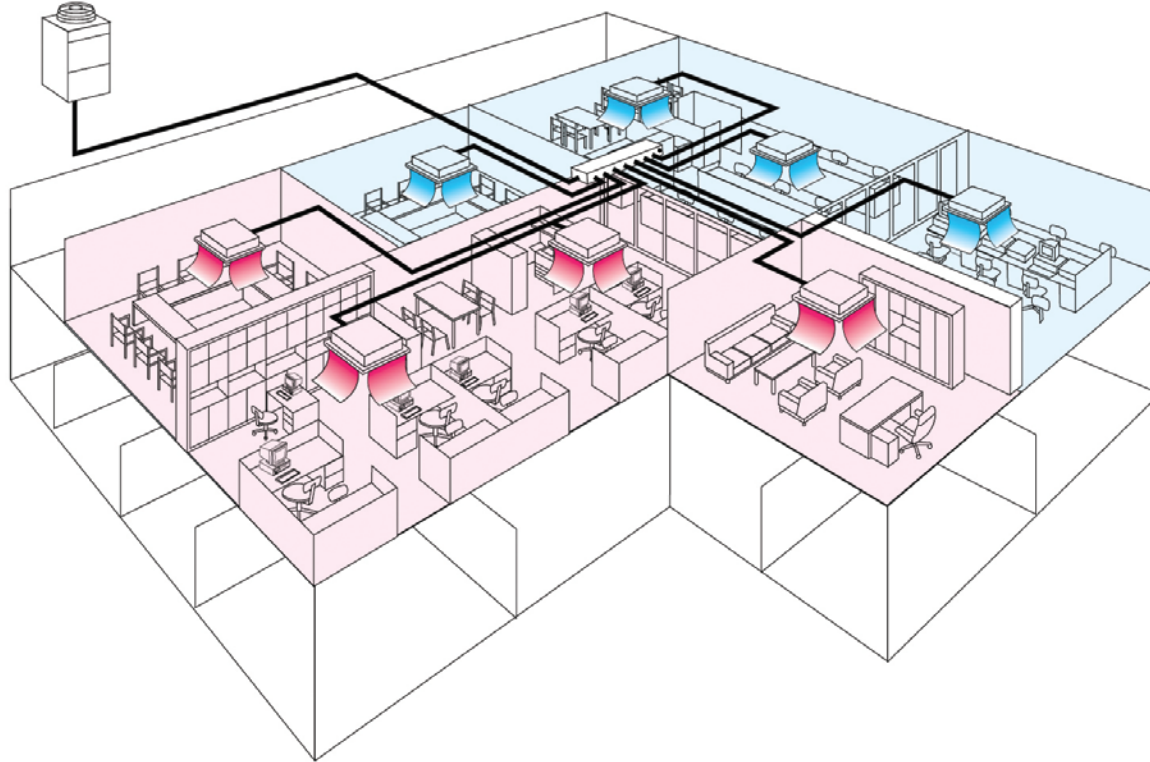
# Geothermal Consideration – Load Balance?

	Church					Retail Store					Multi-family Residential			
	Cooling		Heating			Cooling		Heating			Cooling		Heating	
	kBtu	kBtu/hr	kBtu	kBtu/hr		kBtu	kBtu/hr	kBtu	kBtu/hr		kBtu	kBtu/hr	kBtu	kBtu/hr
Jan	4906	25	189734	385	Jan	19906	25	89734	385	Jan	4906	25	149734	385
Feb	6202	83	135120	366	Feb	28202	83	65120	366	Feb	6202	83	105120	366
Mar	12177	185	81304	312	Mar	30177	185	41304	312	Mar	16177	185	71304	312
Apr	20866	260	36614	170	Apr	40866	260	16614	170	Apr	30866	260	26614	170
May	33946	310	11152	65	May	53946	310	3152	65	May	53946	310	11152	65
Jun	52094	372	3180	28	Jun	82094	372	180	28	Jun	72094	372	3180	28
Jul	62358	497	886	24	Jul	102358	497	0	0	Jul	102358	497	886	24
Aug	62393	417	1725	32	Aug	102393	417	125	32	Aug	92393	417	1725	32
Sep	49245	360	5479	53	Sep	89245	360	2379	53	Sep	49245	360	5479	53
Oct	13821	169	24702	137	Oct	63821	169	9702	137	Oct	23821	169	14702	137
Nov	7571	79	86784	298	Nov	41571	79	36784	298	Nov	7571	79	66784	298
Dec	4884	22	146775	348	Dec	27884	22	76775	348	Dec	4884	22	126775	348
	<b>330463</b>	<b>497</b>	<b>723455</b>	<b>385</b>		<b>682463</b>	<b>497</b>	<b>341869</b>	<b>385</b>		<b>464463</b>	<b>497</b>	<b>583455</b>	<b>385</b>
	EFLH	665	EFLH	1877		EFLH	1373	EFLH	887		EFLH	935	EFLH	1514



- Same Peak Load but different aggregate load
- Which of these is best balanced?
- What happens to ground temp over time?

# HVAC Net Zero Options



## Option # 4: Air Source VRF

- First Cost \$ 18 to \$ 22 PSF (Average \$ 20)
- Utility Cost \$ 1.10 PSF per year
- Relative Maintenance Cost 1.0

# HVAC Net Zero Options Summary

Net Zero HVAC System Type	Average First Cost	Average Operating Cost	Relative Maintenance Cost	Achilles Heal
GEO Heat Pump Chiller Heater	\$ 42 PSF	\$ 1.00 PSF / YEAR	2	First Cost, Maint Cost
GEO VRF	\$ 32 PSF	\$ 0.80 PSF / YEAR	0.8	First Cost
Traditional GEO GSHP	\$ 30 PSF	\$ 0.90 PSF / YEAR	1.2	First Cost, # of Compressors
Air Source VRF	\$ 20 PSF	\$ 1.10 PSF / YEAR	1	Extreme Winter Days



## Payback of Traditional GEO vs Air Source VRF

- First Cost Increase \$ 10 PSF
- Utility Cost Savings \$ 0.20 PSF
- Simple Payback 50 Years

# HVAC Net Zero Options Summary

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Air Source VRF	\$ 20 PSF	\$ 1.10 PSF / YEAR	1	Extreme Winter Days

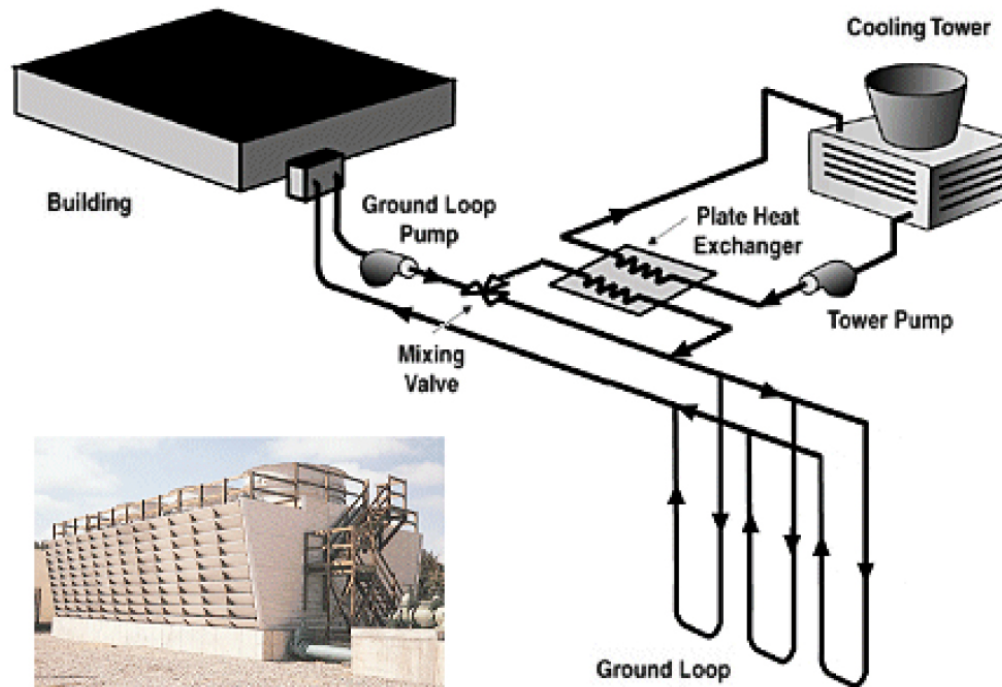


## Payback of GEO VRF vs Traditional GEO

- First Cost Increase \$ 2 PSF
- Utility Cost Savings \$ 0.10 PSF
- Simple Payback 20 Years
- Life Cycle Cost Payback 2 to 4 Years



# What about Hybrid Geothermal Systems?



## Considerations:

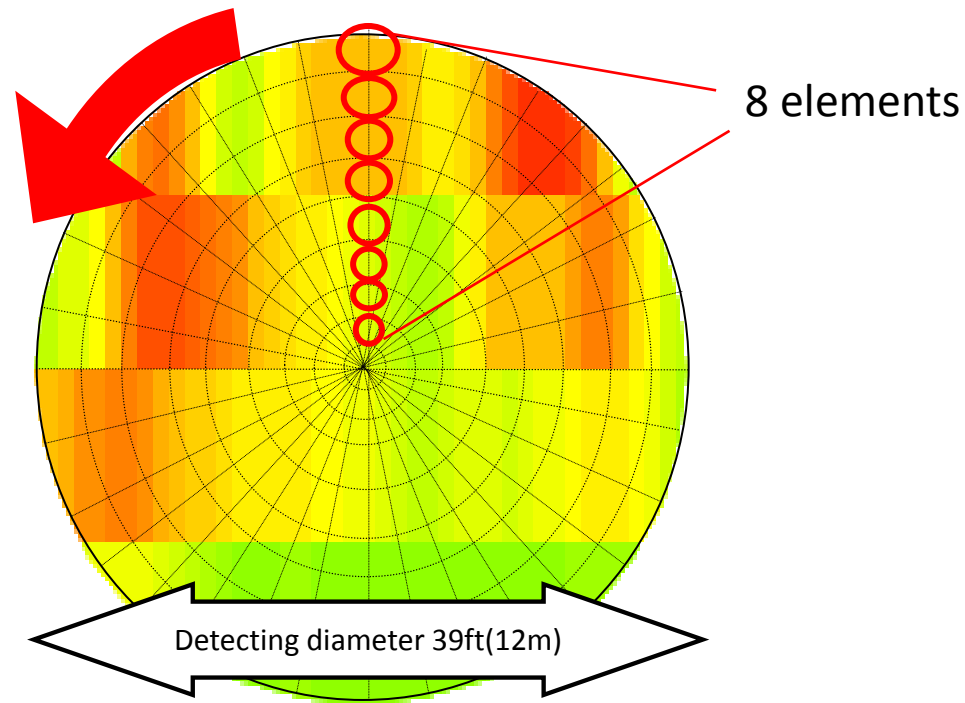
- Well Field can decrease by half or more
- \$ 4 to 5 PSF first cost savings
- Can do predictive conditioning of geothermal well field
- Complicates controls

# New PLFY Large Cassette



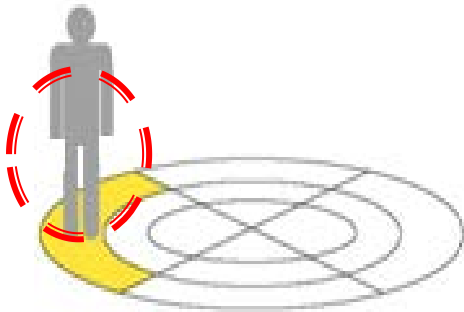
# New PLFY - 3D Infrared Sensor

Sensor elements detect 1,856 temperature points

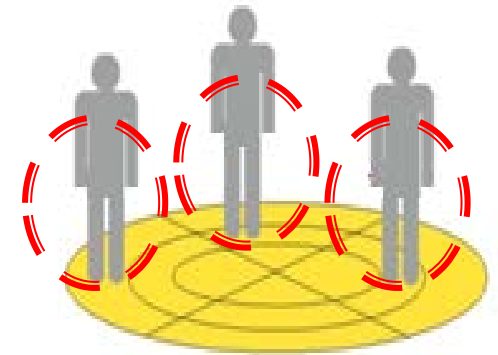


# 3D Infrared Sensor Features

Detects occupant location

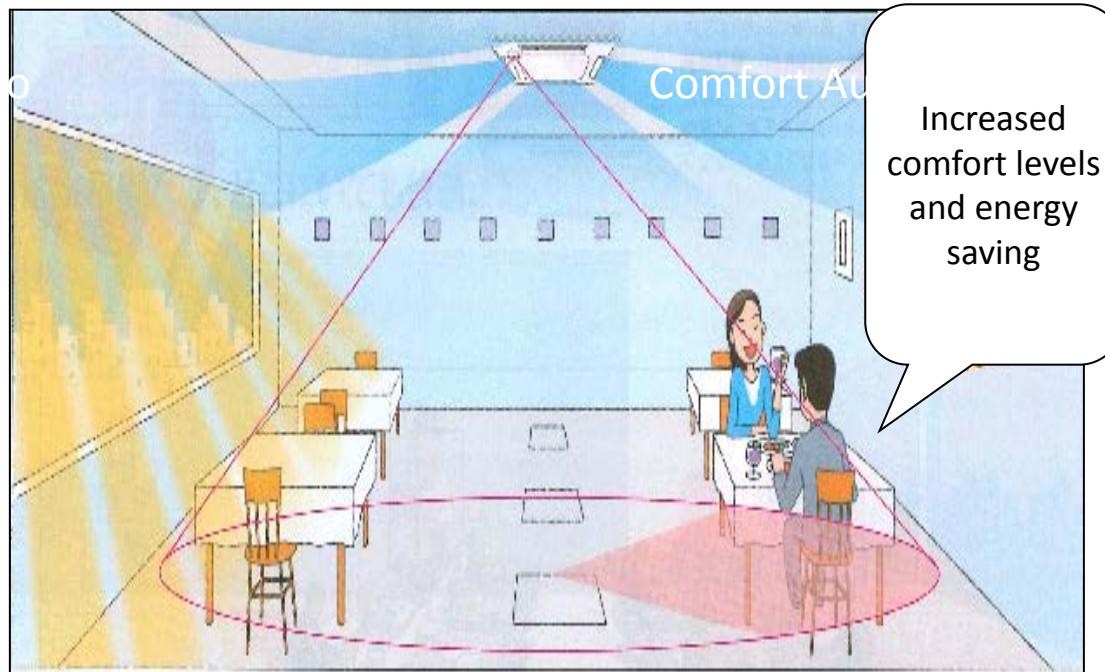


Counts number of people in the room



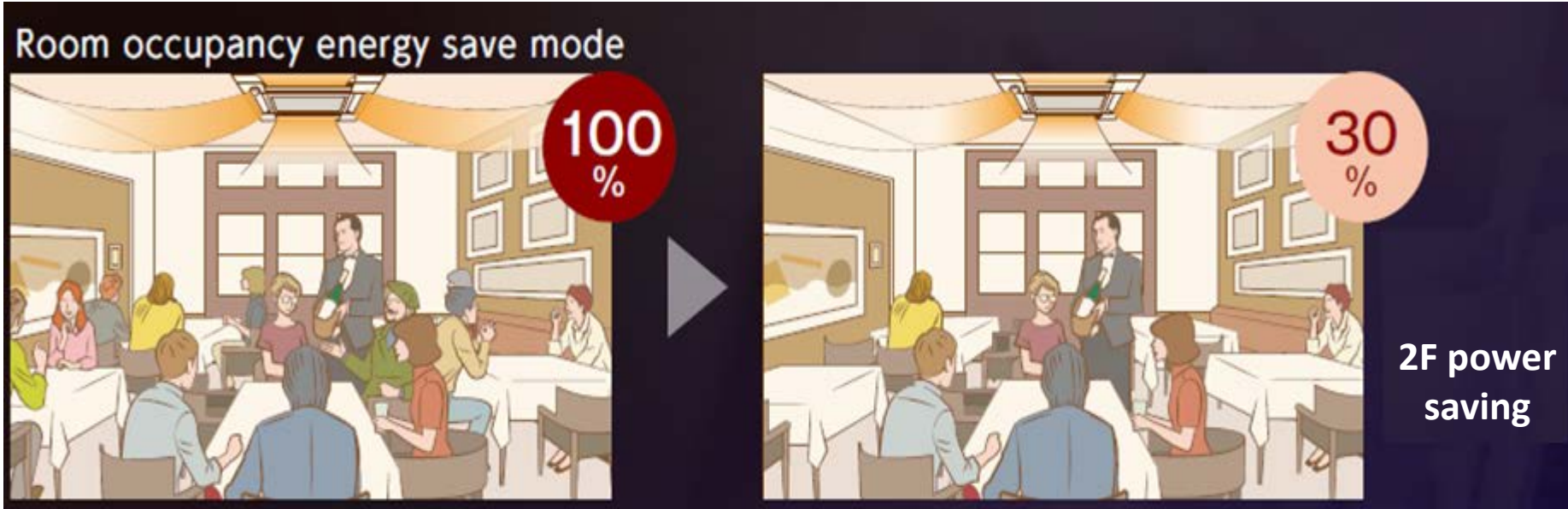


# 3D Infrared Sensor



**3D Infrared sensor detects temperature where occupants are located and ignores hot spots if they are not occupied. This prevents unnecessary cooling or heating without decreasing comfort levels.**

# Occupancy Energy Save Mode



The room temperature is automatically adjusted according to the number of people in the room detected by the 3D i-see-sensor.

When the i-see sensor detects room occupancy is approximately 30% energy consumption is reduced by offsetting the set temp by +/- 2F

# Unoccupied Energy Save Mode

No occupancy energy save mode



4F power saving

When the room is empty for more than 60 min, energy is saved by adjusting the set temp by +/- 4F

# Unoccupied Auto Off Mode

No occupancy Auto-Off mode



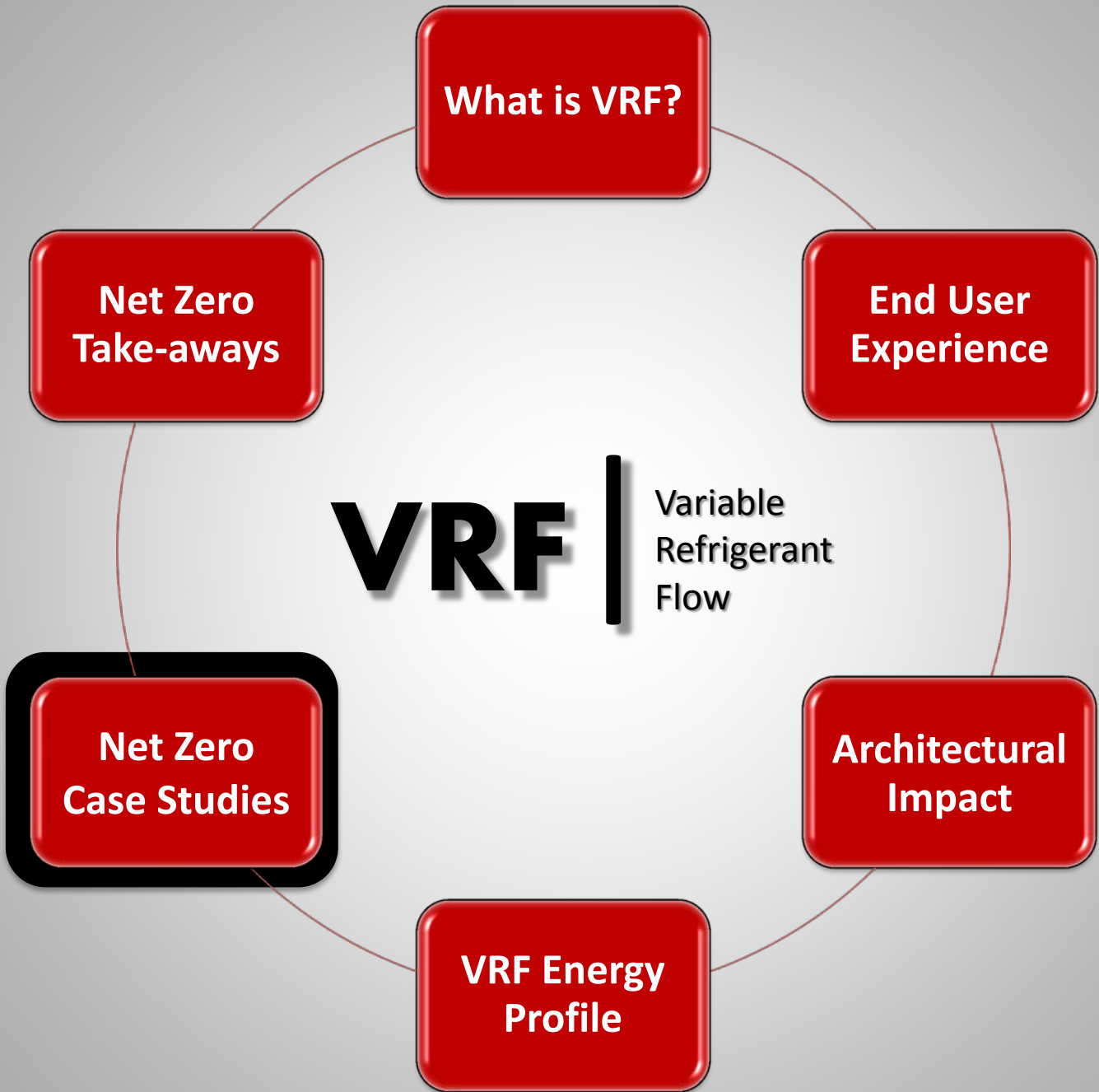
Auto-Off

When the room is unoccupied for 60-180 min, the units stop automatically.  
(Adjustable in 10 min increments)

# Smart Controls with Motion Sensor

Function	Occupied -> Vacant	Vacant -> Occupied
(1)ON/OFF control	ON -> OFF	OFF -> ON
(2)Setback control*1	Into Setback mode	Back to normal mode
(3)Indoor unit thermo control	Thermo off	Thermo on
(4)Set temperature slide	During Cool mode: set temp. xx°F up During Heat mode: set temp. xx°F down	Back to normal setting
(5)Fan speed control	Low fan speed	Back to normal speed





# Living Building / Brock Environmental Center



Virginia Beach, VA

# Brock Environmental Center



- 10,500 Square Feet
- 80 Seat Conference Center
- Energy Star Rating of 100
- Annual EUI: 14 Kbtu/sf
- Net EUI: - 12 Kbtu / sf
- Carbon Footprint: 0
- Building Cost: \$ 4.3 Million
- Building Cost: \$ 409 / sf

- First US Building to have Federal certification use rainwater as drinking water
- Analyzed Traditional Geothermal versus VRF Geothermal
- PV cost - \$ 0.20 / KWH
- Wind cost - \$ 0.38 / KWH



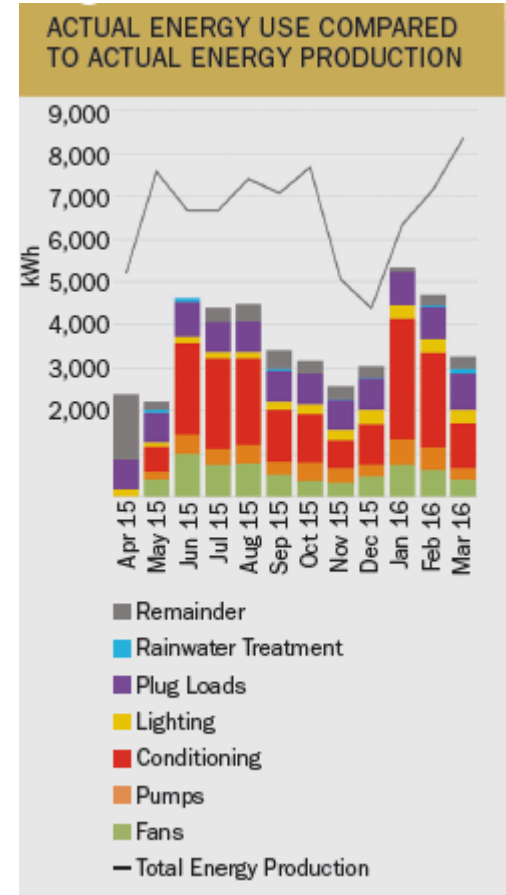
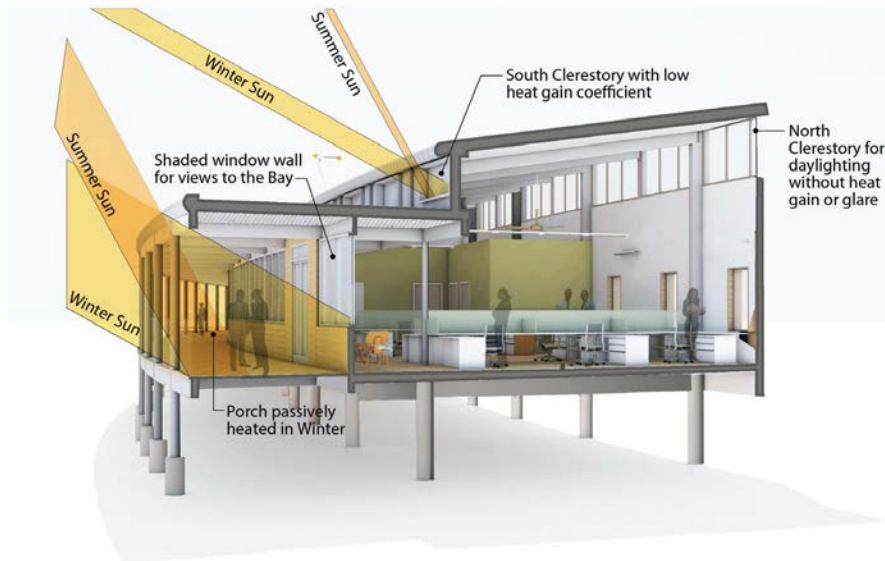
# Brock Environmental Center



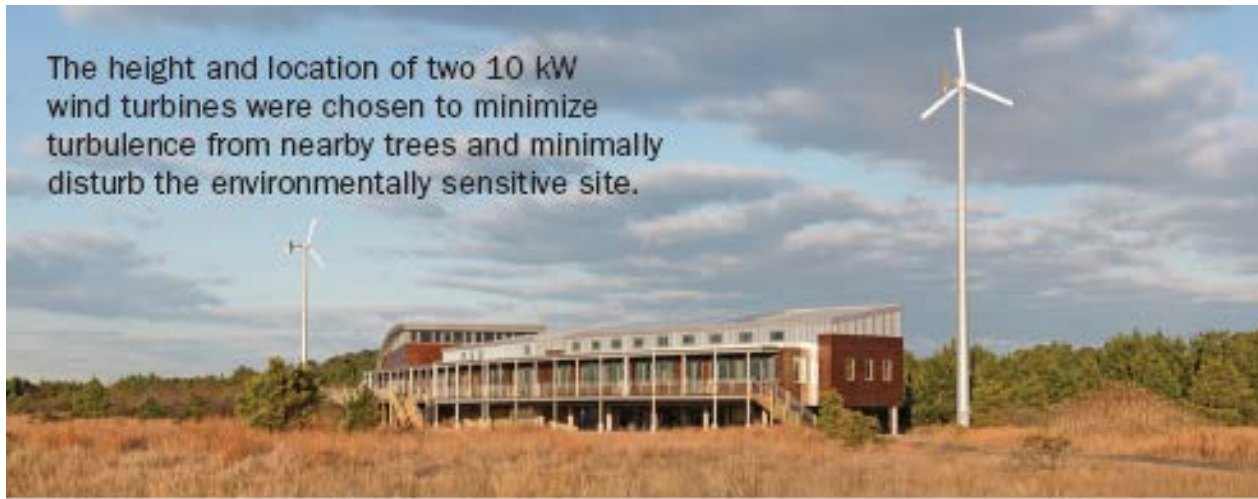
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- Carbon Footprint: 0
- Building Cost: \$ 4.3 Million
- Building Cost: \$ 409 / sf

- Selected Geothermal VRF over traditional GSHP due to energy savings
- 21 tons of Water Cooled Heat Recovery VRF with 18 Indoor VRF fan coils
- 18 Closed Loop Geo Wells at 250' deep

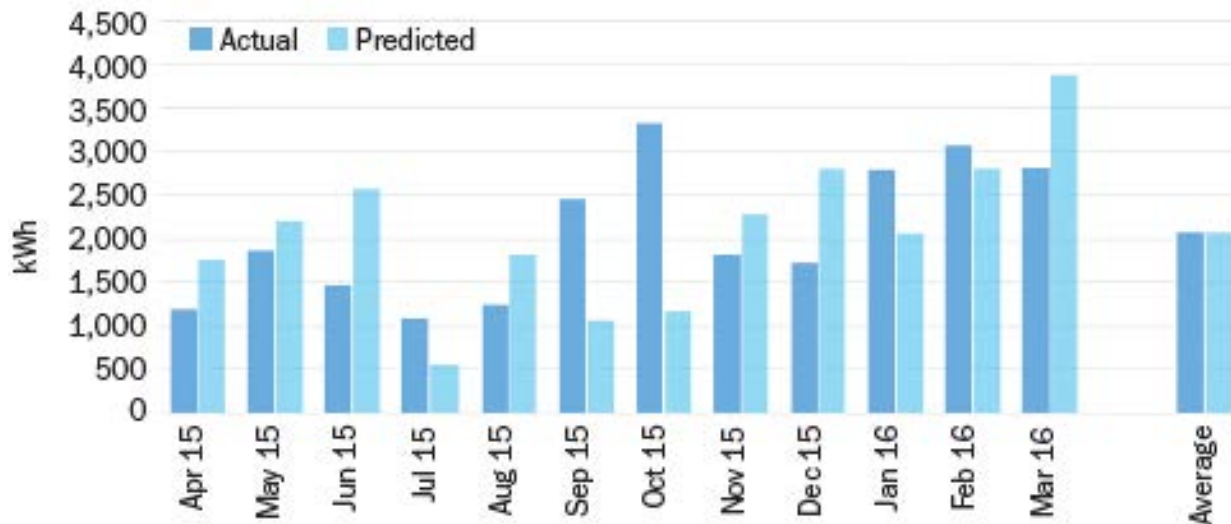
# Brock Environmental Center



# Brock Environmental Center



**Figure 3** WIND TURBINE OUTPUT: PREDICTED VS ACTUAL



# Living Building / Willow School



Gladstone, NJ

# Willow School



- Selected Air Cooled VRF over Traditional GSHP
- 20,000 Square Feet
- Annual EUI: 21 Kbtu/sf
- Annual EUI: 15 Kbtu / sf (less kitchen)
- Largest Living Building Challenge Certified School in the US

# Willow School

*"A conventional facility built to code uses between 100-150 kBtu per square foot ... but this building uses only 21 kBtu per square foot – and that was including our commercial kitchen. If you remove the kitchen, it would only use 15 kBtu per square foot. When people look at this building, they're looking at one of the most energy-efficient buildings in the country."*

*- Mark Biedron, co-founder, The Willow School*



# Net Zero Energy Center / IBEW Local 595



San Leandro, CA

# IBEW Local 595



- 45,000 Square Feet / 1000 Student Peak Occupancy
- Annual EUI: 15 Kbtu/sf (Modeled 17.9)
- Net EUI: -5.5 Kbtu/sf
- Cost: \$ 13 Million (Renovation)
- Cost: \$ 288.88 psf



# IBEW Local 595



- \$ 81,000 Utility Incentive for Owner / \$ 25,000 Utility Incentive for Design Team
- 4 KW Wind Turbines
- 11.3 KW Solar Tree Entry Canopy
- 154.8 KW Roof Mounted Photo Voltaic Panels
- VRF Heat Recovery System with Fan Coils interlocked with Operable Windows

# IBEW Local 595

FIGURE 2 VARIABLE REFRIGERANT FLOW DIAGRAM

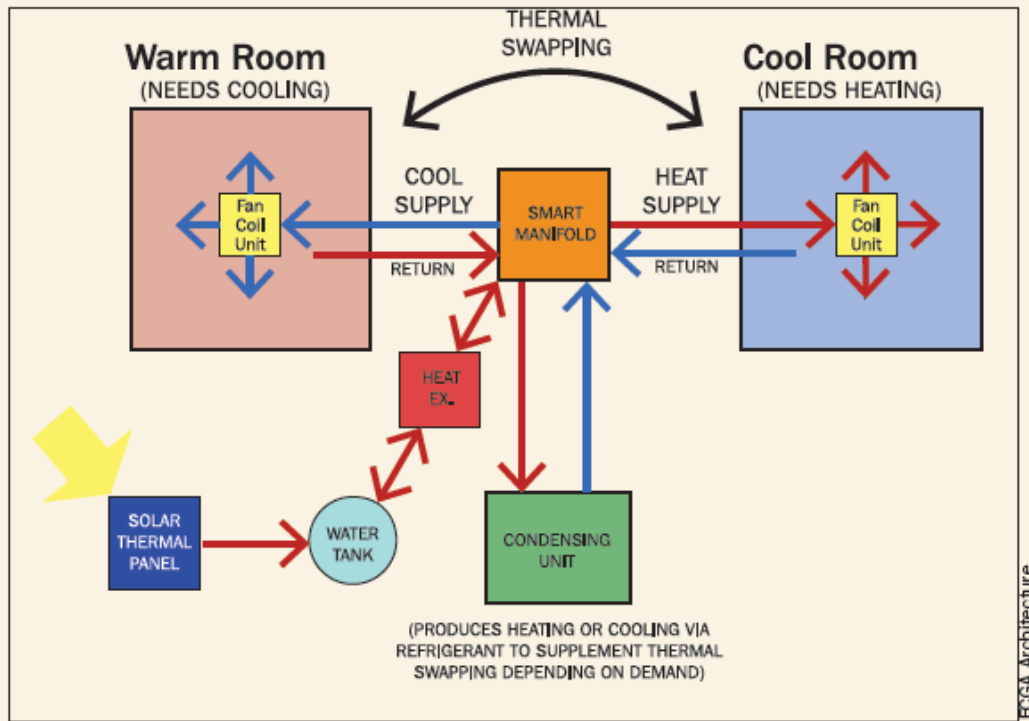
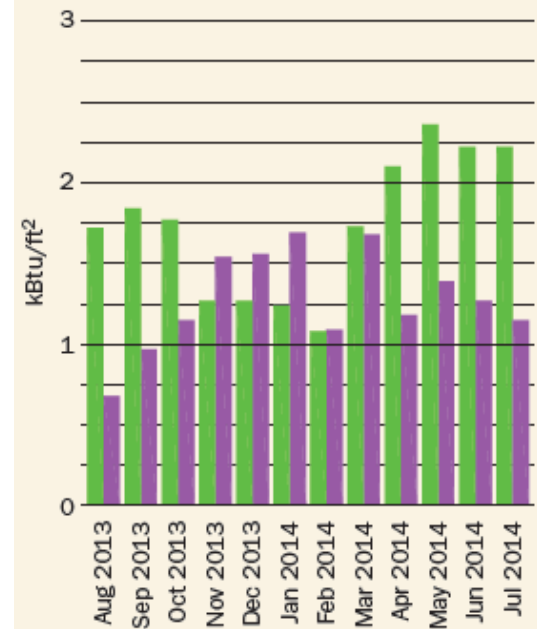


FIGURE 1 MONTHLY GENERATION VS. CONSUMPTION



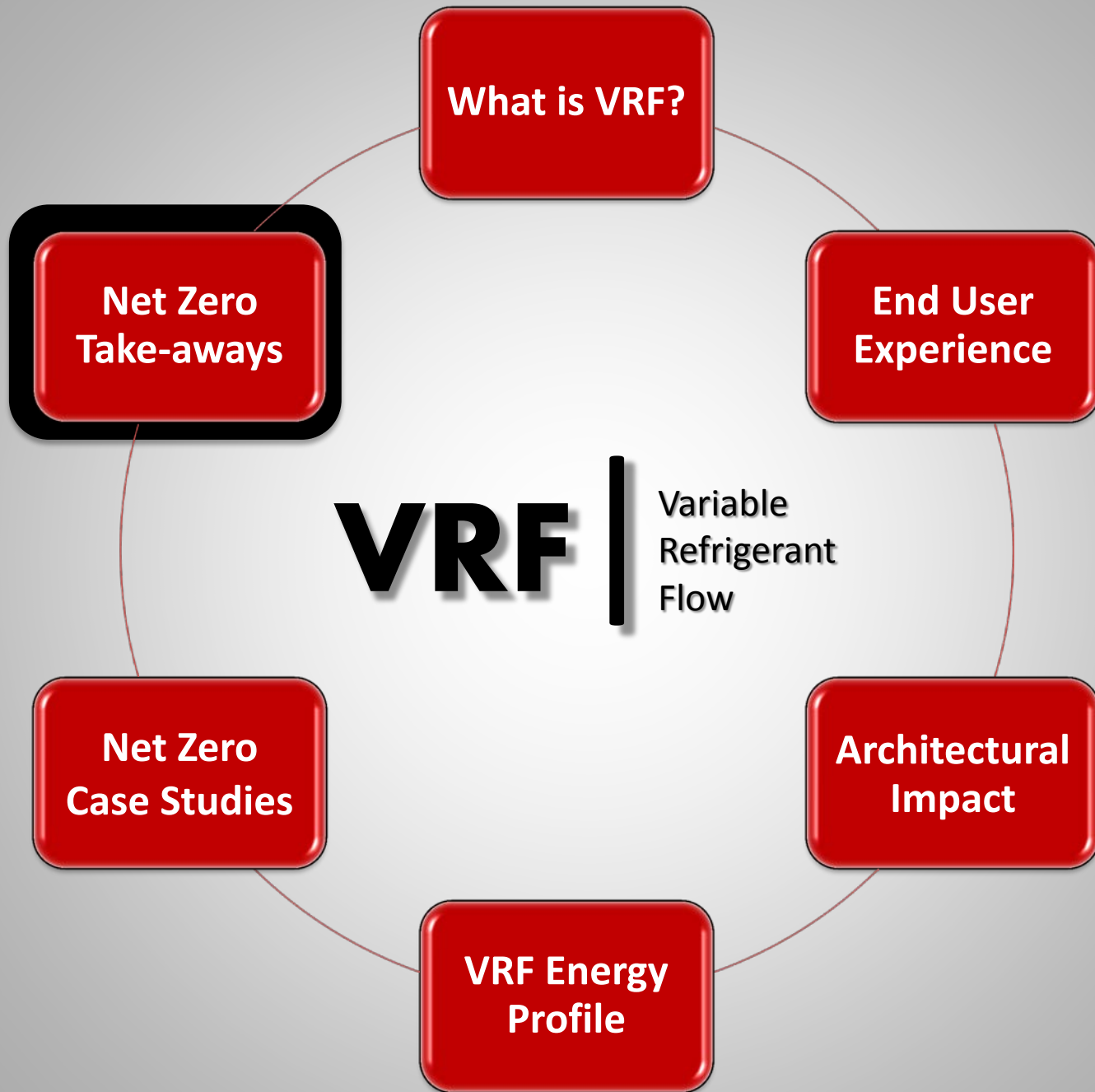
Yearly Totals:

■ Generation: 20.82 kBtu/ft<sup>2</sup>  
 ■ Consumption: 15.32 kBtu/ft<sup>2</sup>

- Domestic water preheat using both VRF and Solar

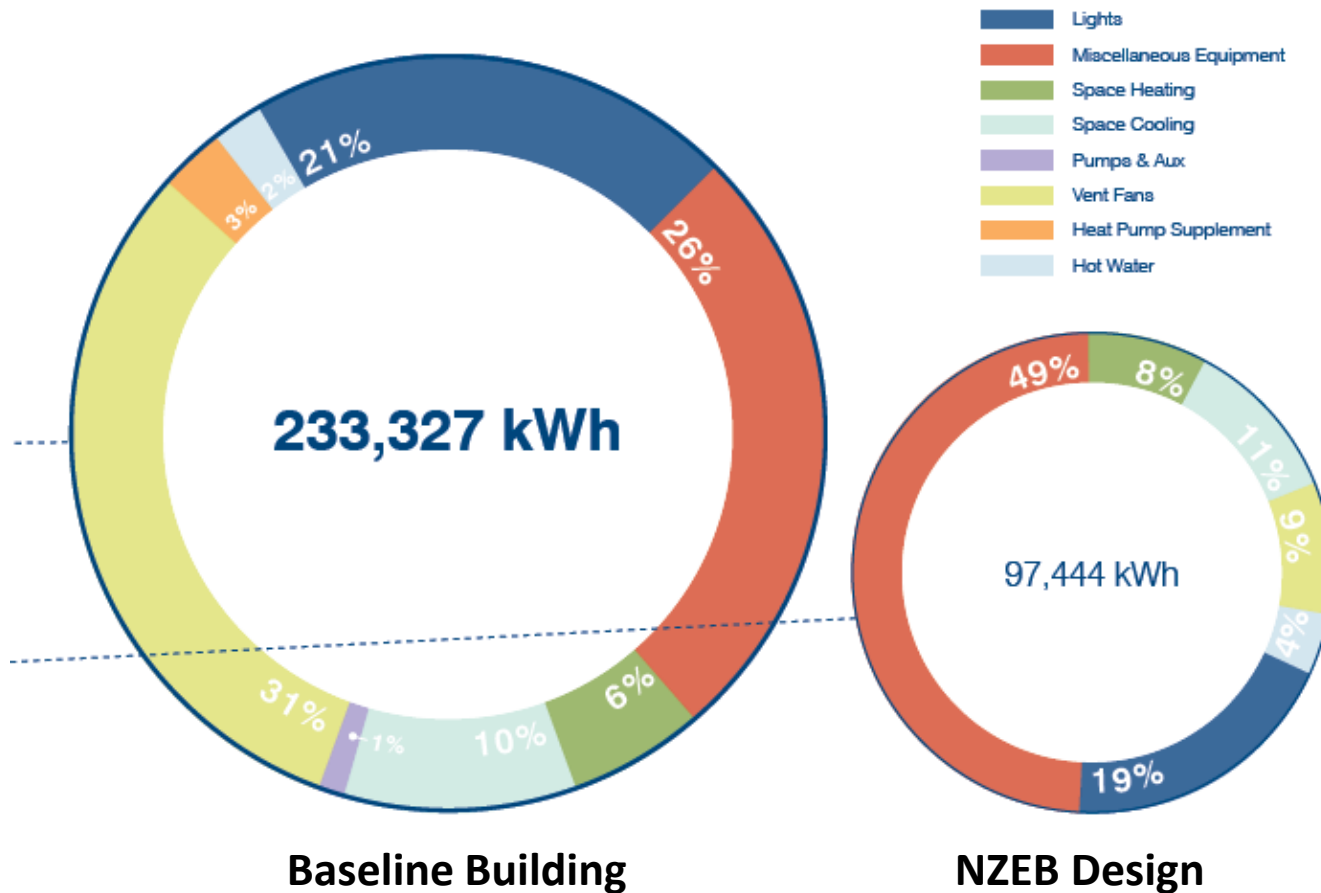
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The team selected a two pipe variable refrigerant flow (VRF) condensing unit/fan coil system (*See VRF System and Figure 2*). The VRF system performs better and cost \$1 million less than a traditional code baseline forced-air HVAC system. Additionally, the VRF system eliminated the need for roof mounted units, which would have increased the roof retrofit cost and reduced the area available for PV.



# Net Zero / 15,000 S.F Office Building

## End-use Comparison



**Plug Loads  
become a larger  
share of the pie  
as other loads  
shrink**

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# Net Zero / 15,000 S.F Office Building

Decreasing  
Return from  
overspending  
on the  
envelope

BASELINE	NZE READY		
	"Good" Envelope	"Better" Envelope	"Best" Envelope

Shaded fields are the final design utilized in the energy and cost model

BASELINE	"Good" Envelope	"Better" Envelope	"Best" Envelope	
<b>ROOF INSULATION</b>	<b>R-38</b> - Uninsulated roof cavity w/ insulated attic R-38 loose fill cellulose insulation	<b>R-29</b> - 8¼" EPS SIPs	<b>R-41</b> - 6½" Polyurethane SIPs	<b>R-52</b> - 12¼" Graphite enhanced EPS SIPs
<b>WALL INSULATION</b>  <i>Notes:</i> 1. R-Values in this chart are not degraded for thermal bridging. The energy model does, however, degrade assemblies based on thermal bridging.  2. Metal SIPs do not receive additional exterior cladding; they are the exterior finish.	<b>R-14.4</b> - 1½" XPS exterior rigid insul, sheathing, 6" metal studs w/R-13 fiberglass batt insulation	<b>R-28</b> - 3½" Metal EPS SIPs w/ 2x3 interior wall	<b>R-40</b> - 5" Metal EPS SIPs* w/ 2x3 interior wall	<b>R-48</b> - 6" Metal EPS SIPs* w/ 2x3 interior wall
		<b>R-26.9</b> - 5½" semi rigid mineral wool w/6" fiberglass clips, sheathing, 2x6 metal studs w/o insulation	<b>R-47.0</b> - 5½" semi rigid mineral wool w/6" fiberglass clips, sheathing, 2x6 wood studs w/4" closed cell spray foam	<b>R-54.3</b> - 5½" semi rigid mineral wool w/6" fiberglass clips, sheathing, 2x6 wood studs w/5½" closed cell spray foam
<b>WINDOWS</b>	Thermally broken extruded aluminum storefront w/ 1" IGU w/ Low-E on face 2	Insulated fiberglass frame windows w/ ultra-wide IGU w/ suspended film	High performance insulated fiberglass frame windows w/ ultra-wide IGU w/ twin suspended film	High performance insulated fiberglass frame windows w/ ultra-wide IGU w/ twin suspended film
<b>SLAB ON GRADE INSULATION</b>	No insulation	R-10 6' from perimeter	R-10 Continuous	R-10 Continuous
<b>ENVELOPE COST</b>	Highest	Lowest*	Mid-range	High

Sustainable Energy Fund 2015 Study

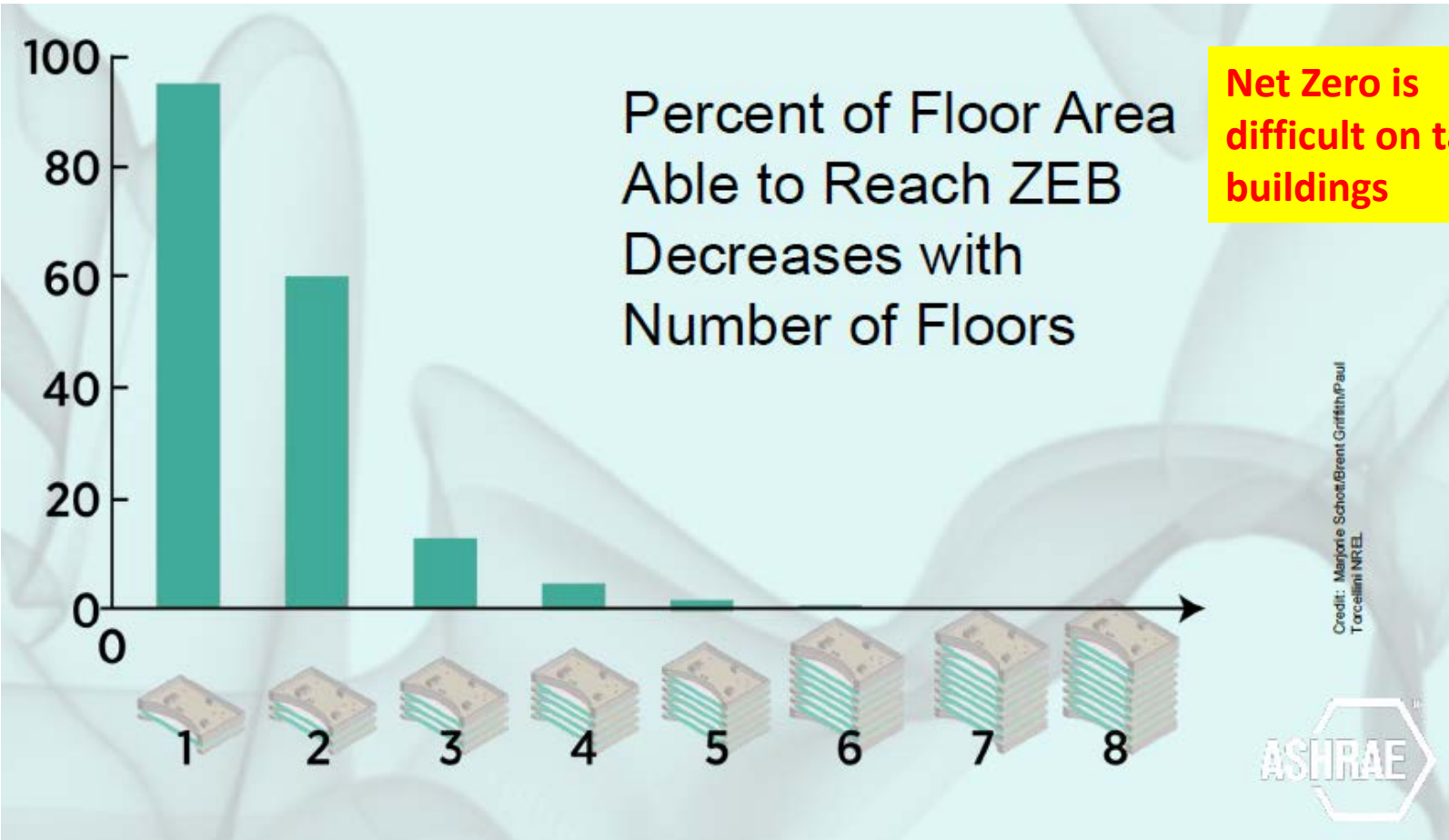
# Net Zero / 15,000 S.F Office Building

Getting the NZE Ready design to be more energy efficient than the Baseline was straightforward. However, it took numerous iterations to find the sweet spot for energy efficiency and first cost. An EUI of 21 kBtu/ft<sup>2</sup>/yr was not the lowest possible, but the “smartest” level balancing first cost with anticipated return.



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# Other Considerations



**Net Zero is difficult on taller buildings**



# Other Considerations

## Reducing Plug Loads

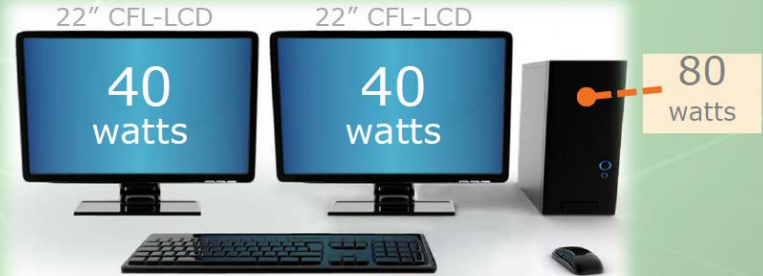
2007



250 watts

## Reducing Plug Loads

2009



160 watts

## Reducing Plug Loads

2010



90 watts

## Reducing Plug Loads

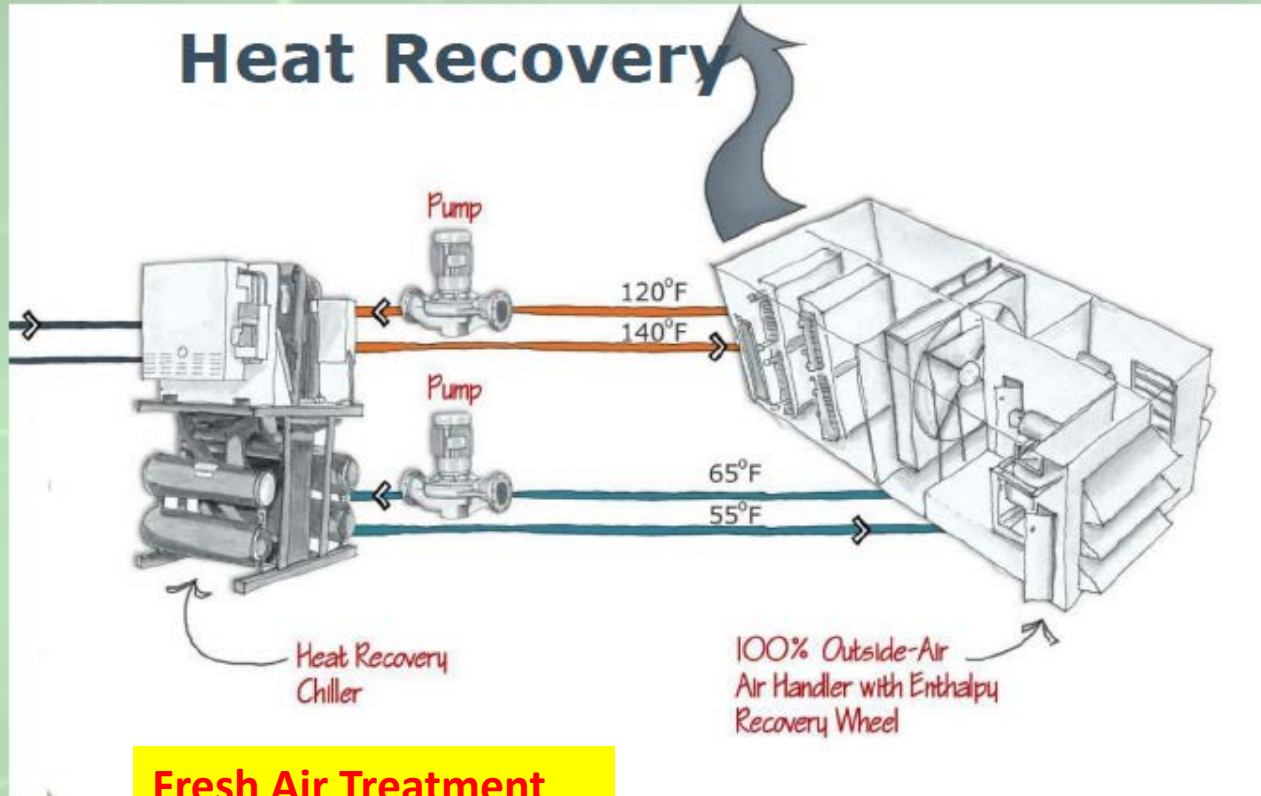
2013



56 watts

**Don't Forget  
Management of Plug  
Loads**

# Other Considerations



**Fresh Air Treatment  
Must Use Heat  
Recovery**

# Other Considerations

## Air-Source Heat Pumps



Heat Pump Technology is the only HVAC Option to get to Net Zero



# Other Considerations



**Wind Energy is about double the cost of PV as a site generated utility**

# Other Considerations

**PV**

The Workhorse

**Solar Power is the Workhorse  
But only buy how much you  
need**



# Other Considerations

## Solar Resource



Harvest Solar Power  
Wisely

The earth receives more energy from the sun in just one hour than the whole world uses in a year. \*

\*solarbuzz.com

# Net Zero – What is the best bang for the buck?

- Lighting and Plug Loads **Yes – Mandatory**
- Occupant Training **Yes – Mandatory**
- Building Orientation **Yes – If Possible**
- Building Envelope **Yes – But How Much?**
- HVAC System Selection **Yes – VRF, Geo, or Geo VRF**
- On Site Renewables **Yes – Which Ones?**
  - Photo Voltaic
  - Wind
  - Solar Water Heating

# PACE Financing

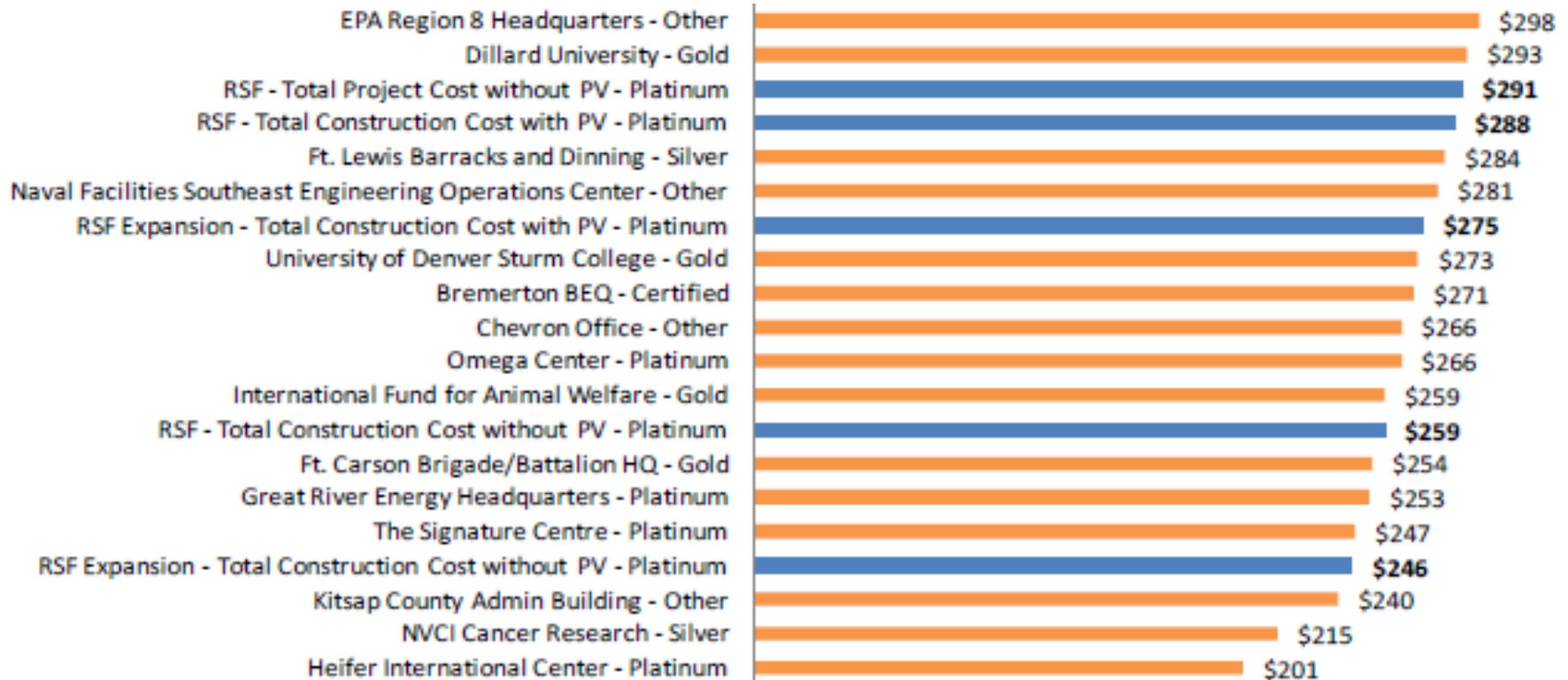
## What is PACE Financing?



- Established in 2009 by U.S. Department of Energy
- Financing for energy efficient projects
- PACE is a property-secured financing framework
- Connects property owners to the capital markets through a tax lien in the amount the property owner desires to have financed
- The capital provider enjoys the benefit of a senior lien
- The property owner enjoys the benefit of lower interest rates and convenient repayment



# For NZEB to be Commercially Viable.....



**NZEB PROJECTS UNDER \$ 300 PSF per DBIA**

.....We will need to utilize COST EFFECTIVE technologies.

**Thank you for your time!**

**Questions?**

