

**GRASSY LAKE FITNESS AND HEALTH CLUB  
MEMBERSHIP APPLICATION**

<b>Name:</b>		
<b>Date of Birth:</b>	<b>Phone:</b>	<b>email:</b>
<b>Current Address:</b>		
<b>City:</b>	<b>Province:</b>	<b>Postal Code:</b>
<b>Membership Type:</b>	Single \$50/year <input type="checkbox"/>	Family \$75/year <input type="checkbox"/> Key Deposit \$10 <input type="checkbox"/>
<b>Total Fee: \$</b>		

**EMERGENCY CONTACT**

<b>Name:</b>	<b>Relationship</b>
<b>Address:</b>	<b>Phone:</b>

**SPOUSE INFORMATION (FAMILY MEMBERSHIP ONLY)**

<b>Name:</b>		
<b>Date of Birth:</b>	<b>Phone:</b>	<b>email:</b>
<b>Current Address:</b>		
<b>City:</b>	<b>Province:</b>	<b>Postal Code:</b>

**Children (Must be 16 year or older to be unattended at gym and living with parents)**

<b>Name:</b>	<b>Date of Birth</b>
<b>Name:</b>	<b>Date of Birth</b>
<b>Name:</b>	<b>Date of Birth</b>

**Rules**

- Membership is valid for 1 year from the date of purchase
- \$10 Deposit for gym key is mandatory
- Members under the age of 16 must be accompanied by an adult; small children are not to use the fitness machines and weights.
- Members only; no guests.
- Clean and proper footwear is required when using the fitness machines and area
- All equipment must be put away and powered off after use

**SIGNATURES**

I understand that any injuries that may occur at the Grassy Lake Fitness and Health Club are my own responsibility and not the responsibility of the Grassy Lake Fitness and Health Club. The Grassy Lake Fitness and Health Club is not responsible for any lost, stolen or damaged property of gym members. Failure to follow the rules will result in the termination of the membership without refund.

<b>Signature of Applicant:</b>	<b>Date:</b>
<b>Signature of Parent or Guardian of Minor:</b>	<b>Date:</b>
<b>Signature of Board Member:</b>	<b>Date:</b>

*Grassy Lake Fitness and Health Club is a division of the Grassy Lake Recreation Association*

Membership Card No.:

### Rules and Regulations

1. Clean and appropriate foot wear is to be worn while using the fitness equipment and playing on the court.
2. Fitness equipment is to be wiped clean with towel and provided cleaning solution after each use.
3. Food is not permitted in the fitness area. Water and Energy drinks are the only exception.
4. Equipment is to be put away after use and turned off.
  - a. Weights removed from bars and stacked neatly
  - b. Mats, exercise balls, basketballs, volleyballs, floor hockey equipment, etc. put back into storage room
5. Equipment is to be used only for its sole purpose.
6. Only 1 user on a fitness machine at a time.
7. If there is a gym rental, Fitness Club members will not be able to use the court area but will be permitted to use the fitness equipment and floor space behind the mesh screen.
8. Archery equipment is off limits, at all times. This equipment is owned solely by the Archery Club.
9. Be courteous of other gym users.
  - a. Foul language and explicit music is not acceptable. Use headphones if your music is not suitable for the general public.
  - b. Keep your personal belongings off the equipment you are not using and out of the way of foot traffic.
  - c. Clean up your water bottles, towels, etc.
10. Do not increase the thermostat.
11. You may not loan your key to anyone that is not listed on your membership, including other gym members.
  - a. If your key is lost or stolen; report it to a Grassy Lake Recreation Board member immediately.
12. Children under the age of 16 must be supervised by a competent adult that is a gym member.
13. Fitness machines and heavy weights are to be used by members 14 years and older.

**Failure to abide by the rules will result in the suspension of your gym membership, without refund.**

### Terms and Conditions

1. I recognize the risks associated with the use of the gym equipment and release the Grassy Lake Fitness Club from any and all claims or liability for physical injury or damage to my person or property that may occur while I am on the Fitness Club's premises or result from such activity. I agree that I use the Fitness Club's services, equipment and facilities at my own risk, and I accept full responsibility for all injuries or damages.
2. I commit to behave in accordance with the Fitness Club's rules and regulations which I acknowledge having read and understood and received a copy.
3. A Family Membership is valid for family members living, full time, within the same household as primary gym member.
4. This membership and its' privileges are non transferable.
5. I accept responsibility for any damage that I cause to any of the Fitness Club's property or equipment, either willfully, involuntarily or through negligence, and I agree to compensate the Fitness Club for the full cost of the repairs or replacement that result from said damage.
6. The Fitness Club shall not be responsible for any of my personal property that is lost, damaged or stolen on the Fitness Club's premises.
7. I agree that the Fitness Club reserves the right to temporarily close the facility and/or suspend activities for maintenance or for other reasons deemed necessary by the Fitness Club's management. Temporary closure may take place without prior notice. In such cases, I agree that I shall not seek compensation or a refund for the period of closer and/or suspension of activities or services.
8. I agree that, with good cause, which includes but is not limited to a breach or violation of the terms of this contract, the Fitness Club has the right to suspend indefinitely or to cancel this contract at any point of the term. In event of cancellation by the Fitness Club, I agree that I will be refunded, within a reasonable amount of time, not more than the remaining portion of the contract for which was paid in advance. Breach or violation of terms of this contract will result in indefinite suspension of contract with no refund.
9. I have read, understood, agree with and accept ALL the term and conditions of this contract and hereby acknowledge having received a signed duplicate of this contract and a copy of the Fitness Club's rules and regulations.

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Client Initials