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| **Sponsor Name** | **Phone Number** | **Pledge per Lap** | **(or) Flat Donation** | **Total Amount** |
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“WALK FOR GRACE”

5K WALKATHON

Pledge Form

On Saturday, August 19, 2023, I will be participating in the Walk for “Grace” 5k walkathon.

I will have an hour and a half 30 to complete as many laps as possible around the Faxon Field run and walking track. The funds collected will go to “GRACE” From Above Ministries to help pay for the production and expenses of the ***“OUR NEW NORMALS”*** podcast for Traumatic Brain Injury Survivors like John, **FREE** listings of nation wide Help and Hotlines, Free Funds raised will go towards the production and costs related to the ***"OUR NEW NORMALS PODCAST"*** for Traumatic Brain Survivors like John, costs for future events to be held, website, phone, and internet costs and maintenance, **free listings** of National Help and Hotlines, **free listings** of faith-based 12-step recovery meetings and ministries, **free listings** of faith-based psychologists, and therapists, **free listings** of shelters for men, shelters for women and children, **free listings** of death and loss or bereavement recovery meetings and in ***all 50 states!*** Its money well spent!

**I hope you can help by sponsoring me** for such a good cause helping others