

# OVER HERD

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#### SAVING THE OLD HOUSE

In 1991, the old house was unlivable. The front porch had been closed in with various construction materials, like aluminum, vinyl, and wood siding. The back of the house wasn't in any better condition. It was an old porch that had been closed in, with screens where there should have been windows

The biggest problem to remedy was the lack of foundation under the house. The only supports were 12" high by 8" wide granite blocks spaced under the house. In between, it was filled in with cider blocks with no foundation. I contacted a company in Charlotte, and Mr. Wholehouser and his crew were terrific at raising the house. It was expensive but worth it.

The next problem was finding a company to dig the new foundation and install the needed supports under the house. I had helped a cement company that needed to buy baled straw to cover their new cement work because a hard freeze was predicted. They had been up and down Miller Road, and no one would sell them any straw. Mr. Brown



asked if I had any hay or straw I would sell him. I said, "No, but if you can use the old hay up in the hay loft, I will give it to you. You would be doing me a favor by helping to clean it out." When they had finished making multiple trips, Mr. Brown gave me his card and said he would give me a reasonable price if I needed any cement work done.

Mr. Brown and his crew did a perfect job putting the foundation and supports under the house for a meager price.

Mr. Wholehouser helped me purchase a hole tractor trailer load of bricks for only \$250.00 to complete the foundation. I had many pallets of bricks left over which I gave to people who could use them.

A new septic system and leach field had to be installed, the front porch rebuilt, and the well needed extensive repair. A new electrical service had to be run to the house, which had a fuse box and a 60-amp system. The plumbing was galvanized pipe, and there was no heating system. The back porch was rebuilt to be part of the house.

All the walls and doors had been painted with lead-based paint, the windows had rotted off at the base, there was no insulation in the walls, and the roof leaked. The upstairs floor was built on study 2" by 4" on a base 24 " apart. The chimney had to be removed because the old brick was disintegrating. The ceilings upstairs were so low I could reach up and touch them. Two walls upstairs had to be removed because there was no support under them. A bean had to be installed to open up the kitchen area, the bathrooms needed to be moved and rebuilt, and a half bath was added.

The floor plan downstairs had to be changed, walls moved, and some removed. A large steel beam had to be installed to support the new wall upstairs. The only good parts of the old house were the wall joists and the downstairs floor joists.









### Meet the Newest Sweet Heart to Join the Herd

Heroines and heroes make a difference in the world. The newest little pony has her own heroine, who saved her life.

A horse and a pony were in a leased field in Alleghany County. The horse's owner relocated him, but the pony's owner never returned. There was a stream for water but no shelter.

Our heroine moved the poor little pony to her property in Davie County in October 2023. The sweet little pony received the necessary veterinarian and farrier care. But the cost of another mouth to feed was too much with all the other critters. She was also concerned that the little pony needed to gain more weight and was at a loss as to what to do next.

Our heroine searched the Internet for the best rescue to call, hoping they would take in the pony. HPS was called after she saw the pictures of our facility and read about the rescue.

The little mare was delivered to HPS, and she first called as loud as she could to the horses in the pond field. To her delight, many of the horses answered her back. We were told she was standoffish. However, several of us were in the round pen with her, and she came over and stood next to us, close enough to get loved on. She will be happy here and well cared for.







All the volunteers have fallen in love with our new little girl. Her head and face looks like a Hackney pony, but she is the wrong color. Christina calls her color 'Carolina Red' because the red mud often hides the horse's actual color. She may be light silver, but the horses frequently change color with time and good feed.

She has a new name, "Cadbury," and her full name is "Cadbury Bunny." Our little girl is a little less than 11 hands tall.

# **RED ALERT!** Do Not Give Your Horse Beet Pulp!

Once again, an article on a respected equine Internet site touted beet pulp for horses. However, the article did not address the issues affecting the animals or people who eat this contaminated food.

The processing of the sugar beets must have improved. A fears years ago, the beet pulp tested out to be 15% sugar. Today, most test out at 9.5% to 10% sugar. It is still too much sugar for horses to eat!

Most sugar beets that are **Genetically Modified** (**GM**) will have taken up glyphosate which is sprayed in the fields to kill weeds, and are called **'Roundup Ready' sugar beets.** Over 95 percent of the nation's sugar beet farmers grow GM sugar beets.

In the past few years, food companies have accepted that the public wants non-GM products. Some food producers are now using sugar derived from sugar cane. There are not enough non-GM seeds to meet the present demand for growing sugar beets that are non-GM. Folks please read the labels on the products you buy.



GM sugar beets are infused with Monsanto's Carcinogenic herbicide glyphosate, which synergistically enhances the damaging effects of other chemicals and has been scientifically linked to cancer, autism, diabetes, MS, Celiac disease, Parkinson's, obesity, and Alzheimer's. Since these are a few of the illnesses caused in humans, what is it doing to our horses?

#### Is This the Year to Plant a Garden?

Have you been thinking about putting in a garden? This may be the year to do it finally. Starting with raised beds is easy. We have an extra-old bathtub that we will use for strawberry plants. (Weeds took over our strawberry patch.)
HPS has been composing the old hay and horse manure for years, and now we have excellent compost. Make a donation, and you can help yourself get some superb soil.

There are reliable seed companies that sell safe organic heritage seeds. Other companies sell GMO, GE, GM, and highbred seeds that you may not be happy with if you save seeds. Saving seeds may become necessary. Heritage seeds will reproduce accurately.

When you purchase plants, you need to know whether they are **Genetically Modified (GM)**, **Genetically Modified Organisms (GMO)**, or heritage. Here are a few companies you can find online: Seed Savers Exchange, Baker Creek Heirloom Seeds, Annie's Heirloom Seeds, and Johnny's Select Seeds. Johnny's sells large packets of seeds, and if you want to sell at the farmer's market or have a truck farm, this may be the company for you.

To start your garden, think about what your family likes to eat. Carrots, peppers, cucumbers, lettuce, and tomatoes are good choices for a small area. Cucumbers and tomatoes can be grown vertically to save space. Bush beans only take up a little space; they may be a good choice if you have room to add zucchini.

The difference in flavor and even smell is so much better when fresh from the garden. Before HPS, I went to the Flea Market to look for, *I forgot what, a*nd smelled fresh carrots before I saw them. I followed the smell to a large wagon overflowing with fresh carrots with the green tops still attached.

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The young man thought he would be the carrot Barron of Rowan County. He rotated planting his carrot seed, but his one flaw was he forgot to find a market to sell his carrots. He was selling his carrots for \$1.00 for a full plastic grocery bag.

There is no such thing as a coincidence in life! For most of the summer, I purchased fresh carrots. Sundance came to us pre-HPS, blinded in one eye from a beatting. The fresh carrots caused the scar tissue to dissipate, and she got her sight back in that eye. It also gave us directions on how to stop recurrent uveitis that causes more blindness in horses than anything else.

# **Fly Predators**

It is time to prepare for the invasion of the FLIES. I just ordered the fly predators from a different company, which offers free shipping and lower prices than the company we have used for years. You may qualify for a reduced price if you are equine rescue or therapeutic riding stable. HPS has experimented over the years and found that having deliveries every other week is the best for keeping the flies under control.





#### **Burke County Old Mare**

The past week has been crazy! It is why the newsletter is going out a little late. First, there was the horse in Burke County, a 31-year-old thoroughbred who had been in the same field all her life. According to the owner, she hates people, and no one has never worked with her. They feed her, but differently than we would, only hay and alfalfa. Given her dangerous attitude, this field is the best place for her to stay for the rest of her life.



#### **Old Blind Mare**

I received pictures of horse number two, which is in Catawba County. The photos showed a thin horse with an eye infection and overgrown hooves. We went to meet her on Monday, April first. The mare was a large, old Appaloosa that was blind. She was in a small area with two tame goats and had lived there since she went blind. The best place for the horse is where she is presently. She had been with the family since she was four years old. Moving an old blind horse to a new property can be disastrous.



#### **Please Consider**

This is often the time of year when folks do their estate planning. Please consider leaving a legacy to the rescued horses at the Horse Protection Society of NC Inc. It can make all the difference, as the amount left to HPS did in 2008 when the economy plummeted! It allowed us to get through the downturn and have a safety cushion that we have worked hard to try to maintain for the horses' security. It was only possible because of a foundation's grant funding. The devaluation of the dollar has made life a guessing game.

# In honor of Ginger Johnson who has been a long-time supporter of the Horse Protection Society. By Deb Hall

In remembrance of my good horse friend, Dean Caldwell. By Carole Payne

#### YOU FOLKS ARE THE BEST!

About 100 donors have aided the rescue since HPS's early years and continuing into 2024. You have blessed the rescued horses and helped make the sanctuary a better place. Our prayers are with you. May you be blessed!

We last heard from a smaller group of long-term donors during the COVID issues. It is not about the contributions. It is about concern that these wonderful folks are okay. Our prayers are with these folks and that all is well with them.

Each person helps to keep the horses cared for and safe. Our heartfelt appreciation goes out to each donor.

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horseprotection@windstream.net
This will save money in printing & postage.
THANK YOU!

## **Two New Kitties**

The Horse Protection Society took in Oliver years ago. The poor little kitty had herpes virus, and about once or twice a year, he had to be on antibiotics due to a secondary infection. We don't know what caused his death, but we lost Oliver.

Time has passed, and we missed our barn kitty, but the mice didn't and are taking over. Christina took her two boys, Elisha and Gabriel, to Animal Control to pick two new kittens for the sanctuary. Gabriel chose a little black boy kitten named Panther. Elisha chose a little gray tabby boy, whom he named Smoky.

Christina brought her large kennel for the kittens. They are let out in the feed room at various times to play. They are so tiny!

