

OVER HERD

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Have a safe blessed 4th of July

Vacation Time

It used to be scary to leave on vacation and head off to Colorado for three weeks. Not this time! We have some great folks caring for the horses and taking care of the sanctuary. They communicate back and forth, research issues with the horses they were not familiar with, love the horses, treat the volunteers with value and respect, and there is no drama at the stable. Thank you Melanie Ruscoe and Christina Smith and their family members for all your hard work.

Meanwhile Back at the Ranch By Christina Smith

Ebony was not feeling well; she was staying to herself more than usual. Not going much further than the barns. She started showing lameness in her hooves, slow moving and you could tell she was in pain and was running a fever. Joanie called Dr. Elise to come out and check Ebony and run some blood tests. The first test results showed liver issues



and Ebony was put on Milk Thistle.

Joanie left for vacation and an additional test result came back showing her insulin levels. The blood test determined Ebony had EIR (equine insulin resistance) and her insulin level was 98 when it should have been around 40. The veterinarian put Ebony on Metformin, which is also used to help people with type II diabetes. It decreases intestinal absorption of glucose.

I did some research and decided to make some changes to Ebony's feed. I added turmeric helps to suppress insulin as well as black pepper that helps the body to absorb the turmeric. Flax seed oil also helps to improve insulin. Vitamin E was also added to her diet. The flax seed oil aids in the absorption of fat soluble vitamins like vitamin E.

This is how Ebony feels about having her picture taken. Now, just in time for Joanie to return, Ebony is better than ever with no signs of lameness or pain. This sweet gentle girl is waiting for her forever home.

By Melanie Ruscoe

Since I was a little girl, I used to pray to God that I could please, please have a horse. Horses consumed my thoughts, and every book and movie I watched revolved around horses. My prayers were never answered back then; at least not in the way I expected. Now, I have my own little girl who is just as obsessed with horses now as I was back then. I had long given up on my dream, but little did I know my prayers would finally be answered by my little girl's persistence and determination. Lanie found HPS on the internet and nagged me for weeks to visit during the Saturday visiting hours. My husband and I finally gave in and my journey to today began.

We started volunteering and little by little, we developed relationships with the horses and workers here at HPS. I find it a great privilege to be the main feeder during the week



here now! Not only am I surrounded by the most amazing horses, but I have unlimited access to the wealth of information that Joanie, the volunteers, and HPS have to offer. I have been told repeatedly through life to never, ever stop learning, and what an amazing learning opportunity this has been for me. *Continued on page #2*

Continued from Page # 1, Meanwhile Back at the Ranch, By Melanie Ruscoe

I knew it would be challenging with Joanie on vacation. I ran to her fifty times a day with questions and insecurities, and thank goodness she was so patient. I also knew that when she was gone, I would have the volunteers and other workers to lean on. Working together is so important, and being understanding and cooperative can mean the difference between success and failure. Thank you to everyone here at HPS for working together and showing our young people how to be successful in any endeavor when we use these skills!

The vet office that we use also taught me some valuable lessons while Joanie was away. We were trying to incorporate our new mare, Meeka, into the herd, when on day 2 of her joining them I came in the morning to find her drooling. I know I've certainly never seen this at HPS, so I called Christina, our evening feeder, and together we decided to call the vet. We knew it wasn't a choke or an injury because there was clear drool coming only from her mouth, although in fairly large quantities. I talked a couple times that morning with the vet office, with them explaining exactly what I should do with the feed for her and possibilities of what could be going on, the main conclusion being that she had eaten something that was causing the salivating.

After our new-to-the-practice veterinarian, Dr. Rachel, had completed her examination, it was determined that Meeka had done exactly what they were assuming, and that clover was the main culprit. Lo and behold, several of the horses throughout the rest of that week began drooling as well, though not nearly to the extent that Meeka had been. This season has produced this result in many horses, not just here at HPS, but in surrounding areas as well. I am so thankful that we have such a fantastic vet service, as well as all our other resources here at HPS, to be able to safely care for these animals that are in our care. We have an extremely wonderful program going here and I just want to give a shout out to all the participants and encourage you all to keep up the good work! I am proud to be a part of it!

Finding the Right Horse

HPS is always working to improve the lives of the rescues and to try and find them new homes. Many of our horses need to have refresher courses under saddle. Our volunteers that work with the horses to help with the training also need refresher courses on riding. We need a well put together Quarter horse like Commodore or a draft cross. (If only Commodore had not been hurt before he came to HPS.) A couple of us have been looking for several months to no avail. Dawn has gone to visit a few places and the horses are not as represented. In one case it was a bait and switch. A gelding was advertised and the stable brought out a mare to show.

Over the years since 1991 there have only been about 7 or 8 horses that have come here that are close to what we are looking for in the way of a horse. We could wait years and years and not have the right horse come to us, so we are looking in the normal market place.

I had not been searching long when I ran across several horses that were listed on the same site and located in 4 or 5 different towns in North Carolina, same ad. I emailed for the fun of it and SURPRISE! The horse is located in Los Angeles, CA. And it will only cost an additional \$1,000 to ship the horse. Of course, the owners are always sick, blah... blah...blah. TOTAL SCAM!!!

Clues that the horse ad is a scam:

- 1. Same horses are listed in multiple different towns across North Carolina (or other States)
- 2. Your dream horse for \$800 to \$1,000 Most of the time, too good to be true.
- 3. Text only Buyers want to talk to real sellers and vice versa
- 4. Exact same ad under different breeds of horses: Cute Arabian...Cute Morgan ..Cost is really cheap at \$800 to ?
- 5. All the cheap priced horses are only 6 to 8 years old
- 6. Page #10 on "Horseweb," I think I have finally reached some <u>real</u> horses that are for sale.
- 7. Ask questions, say beloved horse, just want loving home and will deliver.

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Simply put, if it wasn't for faithful supporters like you, we wouldn't exist. So thank you for supplying the funds that we need to make a difference in the lives of the wonderful horses.



Elaine Addison Missy Anderson Sybil P. Athey Sandra Babinski Tony J. Bell Carol & William Bellinghausen Alice Bischoff Susan G. Buzza Pam & Steve Carlton June Clancey Kay Coltrain Betsy D. Dean Susan Fegruson Mary May Gillespie Brenda & Charles Hemperley Dr. Leskie . Henson Constance M. Jewett Virginia M. Johnson Stephen & Mary Kicinski Randi Kinney Susan Kotraba Henry H. Land Judy & Mike LeGrett Betty B. Lentz Kathy Lofgren A. Burton & Nancy Mackey, Jr. Myra Mahoney Roberta McCardle

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Marilynn Burr Houck left a bequest in her will for HPS. She spent summers on a farm in New York and developed a strong love for that farm and lifestyle. Jan. 5, 1923 - June 8, 2017

In honor of Sybil Athey's birthday. She was a devoted volunteer at HPS. By Dottie Rebhan

In memory of Nugget, my horse years ago. By Missy Anderson

In memory of my beloved German Shepherd, "Sage." By Henry Land

In Loving memory of Comanche gentle friend and protector of Angel and Snickers - July 14, 2000. Always, Roberta

In memory of two very special HPS horses ~ "Queenie" and "Denali." By Dottie Rebhan

Continued from page #2, Finding the Right Horse

Horse sales are considered "Buyer beware" most of the time. The sellers often use disposable phones and false names. Sometimes the pictures are just stolen from a different website or a Facebook page picture. They work you to encourage you to send money before you see the horses.

Search Google for additional legal advice. It is worth your time if you are looking for a horse to buy. Or better yet, talk to us about getting a horse from HPS.

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You can help support our efforts to save horses by providing your email address to us at: hps@horseprotection.org This will save money in printing & postage. THANK YOU!



Tusca's picture when he came to the <u>sanctua</u>ry.

> Tusca's picture



The sweet 5 year old Tennessee Walking Horse has selected his new name: Tusca it means "Warrior."

He still has weight to gain, but is doing great now.



Tractor is Broken

There are often repairs that need to be done here. While cleaning the covered hay feeder the wheel fell off the tractor. It was time to do all the needed maintenance recommended service and our trusted tractor repair person, Francis Menius, will take care of everything for us. The wheel bearing broke and had to be ordered. This is always a large expense and adding the wheel issue is going to just increase the cost. Sometimes Joe, Melanie's husband, kindly repairs things for us. We

needed the pressure washer and it was put away broken, and the last person to use it didn't tell us. He fixed the propane weed burner and

other things. His help is so greatly appreciated!