

NEWSLETTER OF THE HORSE PROTECTION SOCIETY OF NORTH CAROLINA

501(c)(3) nonprofit organization ~ www.horseprotection.org

# OVER HERD



May 2015

#### News from the Herd

Although 'News from the Herd' does not usually appear as a front page article in our newsletter, we felt that it was the best way to honor the passing of three of HPSs' long time residents.

It has been a sad time here at the sanctuary. **Legacy** was found lying in the woods having passed on. His recurrent airway obstruction had continued throughout the winter and he had to remain on his medication. This was the first winter he needed his medication. Legacy was 26 and except for a short time, had been with HPS since he was 11 years old.

Aurora had a swelling on the front of her chest that had no heat and there was no indication of a



cause. All we could do was watch the area. The area broke open, the skin was shredded and it showed no sign of infection. She was put up in the hospital stall and Dr. Mary removed the dead skin. A small biopsy was done, and no cancer

showed, but the tissue was necrotic even though it looked healthy. Dr. Mary felt that since Aurora was 41 years old and had Cushing's, which lowers the immune system, the area would not heal. The kindest choice was to not let her suffer and allow her to go with dignity.

**Spirit** had been going downhill and was having a great deal of difficulty moving around. He had been on Pergolide for three years for Cushing's syndrome. The medication is not a cure and only helps with symptoms for a time, but can have many bad side effects. Spirit was 38 years old and we could not stand to see him in

distress. Spirit was gently let go to cross the Rainbow Bridge.

This is the hardest part of dealing the rescued horses.... Knowing when it is time.... Doing the right thing is the obligation of every animal owner.

I like to think of the three babies running free in green pastures together now. They will be greatly missed until we meet again.

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#### Lincoln County Court Case Postponed

Once again the trial concerning Rising Sun, Black Velvet and Lazarus (R.I.P.) has been postponed. The new date is May 7 at 9:00 a.m. in Courtroom #1. The public is allowed to attend. We were told that the defendant's lawyer was sick and that is why the date was canceled. So, more pictures have to be taken of the horses and the costs of care have to be updated. Dr. Mary will bring the veterinary bills to show during her testimony.

Both horses are doing great! Halters were left on while they were with their past owner and finally the marks no longer show on their faces. Every indication is that the two horses had been chased and chased to be caught. When owners act like predators and chase the horses to catch them, the horses become afraid of people. Horses like this always take special work to be able to get them to trust people again. It has to be slow, easy and often treats are needed to help establish trust again. We use alfalfa pellets as treats.

Rising Sun is an Arabian and is very intelligent. I knew she would be the easier of the two to turn around; Black Velvet was more traumatized with the loss of sight in his left eye before he came to HPS. It is always more difficult when dealing with two horses in the same area since one will play off the other one. If one horse runs, the other one will also. I had another person standing quietly not looking at the horses, waiting so I could hand off Rising Sun and then take Black Velvet's halter and work with him. It is important that only one person work with horses like this until the trust is rebuilt. It took 45 minutes the first time and each day the time became shorter as they understood that they were going to the hospital stall for evening feeding.

One morning when the two were being returned to the front field, Black Velvet got away from his handler. He is a large horse who spooks easily and can be intimidating. (Cont. on Page 3)



# HUGE SALE HORSE TACK & Treasures Sale! May 2<sup>nd</sup> – Saturday 8:00 am – 4:00 pm

May 2<sup>nd</sup> – Saturday 8:00 am – 4:00 pm May 3<sup>rd</sup> – Sunday 10.00 am -3:00 pm 2135 Miller Road, China Grove NC 28023 Rain or Shine – to be held in our indoor arena To benefit the rescued horses at the Horse Protection Society

#### **Tack Sale Items**

English & Western Saddles Australian Saddle Endurance Saddle Saddle Pads – all types English Girths Western Cinches Breast Collars Bridles - all types Martingales & Surcingles Bits - Many Different Types Halters – synthetic, leather & rope Blankets - Sheets to Heavy Winter Long Lines & Training Equipment Fly Sheets & Show Covers Leg Wraps, Shipping Boots Shipping, Bell & Sport Boots English Show Clothes & Boots ARIAT and Paddock Boots **Riding Helmets** Grooming Boxes & Tools Stirrups & Spurs Travel Bags Saddle Racks & Saddle Bags Hay bags & Hay Racks Braiding Bands & Tools Clippers And so much more! Many Items are Brand New 100s & 100s of Items – Priced to sell!!

#### **Treasures Items**

Decorative Items Two Wheel Iron & Wood Grape Cart With plants Furniture – Chairs, Stools & Tables Rods, Reels & Tackle- huge collection Stainless Steel Tea Kettle Home Designer Items -Stainless Steel Silverware Dishes - Full Sets **Small Appliances** Lamps- table & floor Hand Made Pottery Framed Art & Decorator Prints Old Prints & Water Color Prints Collector Items -Dresden, Limoges egg, Wedgewood, Erphila, Deft, Jugs, Pottery and Glass Pitchers R.J. Reynolds' collectibles, rare items Hummels, Old Milk Glass Jewelry – Some collector Items & Sterling Silver pieces, Rodgers Flatware, 1957 -104 pieces - Exquisite Paintings, Decorated Windows, Numbered Prints, and more Great Toys & Kids Golf Clubs Many Items are Brand New 100's & 100's of Items-Priced to sell!

#### **Tack and Treasure Sale**

Please post the information about the sale on your Facebook page, print the flyer (also available on our website) and put it up anywhere you can. The more you can help, the better the sale will be. The income will help to offset the lower donations during the summer months. Please help to make sure the horses are provided with everything they need to remain healthy. Hope to see you at the sale. *Thank you for caring!* 

### Honors and Memorials

In honor of Betty on our wedding anniversary, April 16. By Floyd Lentz

# In honor of Floyd on our 22 wedding anniversary, April 16th. By Betty Lentz

In honor of my daughter-in law for her 50th birthday on May 3, 2015. By Barbara Folstad



#### A Special Thanks To Our Wonderful Contributors

Linda Anderson Sybil P. Athey Tony J. Bell Amy & Douglas Bernstein Sharon A. Bishop Judy Blackmon Teresa M. Bonk David Brown Wanda K. Burton Wanda K. Burton Susan Buzza Pam & Steve Carlton Dorothy B. Cobb Kay Coltrain Dianne Doub Eva R. Duggins Rhonda H. Duncan Sandra Fisher Barbara E. Folstad Donna Frescatore Janet & Jeff Gilliam Gina D. Goff Lisa A. Hachey

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#### Lincoln County (Cont. from Page 1)

This was early on in their retraining and he was running around the field dragging a lead line which is very dangerous. Stepping on the line was scaring him even more. Horses can pick up pictures we mentally send to them, so I went out in the field and quieted my thoughts, having them picture me walking up to him, removing the halter and lead line and, also, giving him a treat. I waited to do this until he was standing still and looking towards me. I was then able to walk up to him and remove the halter and line with no problem.

Any incorrect handling at this point could throw them backwards and we would have to start over. Today other people are able to handle the two horses with just a soft line over their neck. Everyone has to be quiet in their body and move slowly and gently with the horses. It still does not take much to spook them. They still are not receptive to males working with them. That is just going to take more time for them to trust men again.

They are gaining weight and improving every day! HPS could still use funds to help offset some of the upcoming cost of these two abused and starved horses. *Thank you for your help!* Joanie Benson

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#### Address Correction Requested

## **Health Tips**

Who has not had an outbreak of acne at some point in their life? There are a number of adults who have adult onset of acne as it is not just a teenage problem. The Federal Drug Administration (FDA) has announced that over-the-counter, topically-applied acne products that list benzoyl peroxide or salicylic acid as its active ingredient may cause users to develop dangerous, potentially life-threatening, reactions. There are no warnings on the product labels!





Fortunately, two foods found in nature -- aloe vera and co-

conut oil -- are proven to treat acne effectively and without side effects. There's a good reason why aloe vera is found in so many cosmetic products: this succulent and mucilaginous plant, which is characterized by its green, spear-shaped leaves, is wellknown for its ability to heal, soothe and rejuvenate the skin. Indeed, virtually all cultures that had contact with aloe vera came to recognize its significant skin-boosting properties over time, and it remains a popular natural remedy for treating skin issues such as eczema, psoriasis, burns and rashes. To use aloe vera for acne, simply apply some aloe vera gel

onto the affected area daily. The gel will improve the swelling, redness and inflammation associated with acne, and also prevent future outbreaks.

Like aloe vera, coconut oil is beloved for its skin-boosting properties, and is used throughout the world as an anti-aging cream, natural sunblock, lip gel, moisturizer and massage oil. It is also effective at treating skin disorders, and is shown to combat blisters, pimples, sores, rashes and more.

In fact, there doesn't seem to be any skin condition that coconut oil can't at least improve, and that's also true of acne. In 2009, Chinese researchers found that the main saturated fatty acid in coconut oil, lauric acid, possessed even stronger antibacterial activity against acne than palmitic acid or oleic acid. Furthermore, lauric acid loaded with liposomes (vesicles that can administer nutrients) was shown to "fuse with the membranes of P. acnes and release the carrier (lauric acid) directly into the bacterial membranes, thereby killing the bacteria effectively."